As studies explore the association between religious participation and health, the question must be asked, “How does one learn the resources that religious belief and practices have to bear on the experience of health and illness?” Clergy, because of their leadership role within congregations, are in a key position to articulate the teachings of faith traditions on matters of health as well as to model the connection in their own life. Pastors and rabbis who theologically understand, and personally experience, a connection between faith and health will have the resources to preach and teach on the subject as well as understanding the theological foundation for congregationally-based health ministries. To accomplish this goal there is a need to integrate education on health for clergy just as we have seen an integration of spirituality in medical education. This paper will discuss the wellness initiative of one Protestant seminary to prepare clergy who understand the personal, congregational and communal implications of the connection between faith and health. Through required courses and community activities on faith, food & fitness students are being encouraged to develop healthy habits that will sustain them through the rigors of theological education and ministry, as well as recognizing the church’s role in improving the health of communities. To fully realize the potential of religious practices to positively influence health, clergy need to understand the connection between faith and health and use that knowledge to shape congregational ministries.