Geriatric principle # 3
GIVING brings LIFE to an elder

Statement: When a younger person places himself/herself in a position to receive from an elderly person, both benefit.

Scripture: Remember the words of the Lord Jesus, how he said, “IT IS MORE BLESSED TO GIVE THAN TO RECEIVE.” (Acts 20:17b)

Example: In the land of Israel, the Sea of Galilee and the Dead Sea both receive the same water. One is alive (full of fish) and the other, ALTHOUGH VERY RICH IN MINERALS, IS DEAD. Many elderly people may be likened to a dead sea. They have many rich life experiences but few to share them with.

If the Dead Sea had an outlet, life would return to it. That would take someone kicking a hole in the dike and allowing the rich water to flow outward. Similarly, one of the keys to the health of elderly people is for them to be able to give out of their life to a younger person. THIS REQUIRES THAT THE YOUNGER PERSON HUMBLE HIM/HERSELF (become lower; i.e. recognizing that they count) in the presence of an elderly person, so that he/she can receive.