Spirituality, Health and Human Flourishing: Meaning? Measurement? Implications? 

June 25–27, 2008

R. David Thomas Executive Conference Center
Duke Fuqua School of Business
Durham, North Carolina

Sponsored by the Duke University School of Medicine
Learning Objectives
At the conclusion of this activity, participants should be able to:

• Better understand religion/spirituality and human flourishing
• Identify or develop methods of measuring spirituality, religion, health, and human flourishing
• Examine individual and community health effects of participation in a religious/spiritual community

Faculty Disclosure
The Duke University School of Medicine adheres to ACCME Essential Areas, Standards, and Policies regarding industry support of continuing medical education. Disclosure of faculty and commercial relationships will be made known at the activity. Speakers are required to openly disclose any limitations of data and/or any discussion of any off-label, experimental, or investigational uses of drugs or devices in their presentations.

Disclaimer
The information provided at this CME/CE activity is for continuing education purposes only and is not meant to substitute for the independent medical/clinical judgment of a healthcare provider relative to diagnostic and treatment options of a specific patient’s medical condition.

Accreditation
The Duke University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation
The Duke University School of Medicine designates this education activity for a maximum of 9.0 AMA PRA Category 1 credits™. Physicians should only claim credit commensurate with their participation in the activity.

CEU Credits: 1.4 total
Duke University Health System Education Services Department of has been approved as an Authorized Provider by the International Association for Continuing Education and Training (IACET), 8405 Greensboro Drive, Suite 800, McLean, VA 22102. In obtaining this approval, Duke University Health System Education Services Department has demonstrated that it complies with the ANSI/IACET Standards which are widely recognized as standards of good practice internationally. As a result of their Authorized Provider membership status, Duke University Health System Education Services Department is authorized to offer IACET CEU’s for its programs that qualify under the ANSI/IACET Standards.
Speakers

This meeting is made possible in part by a grant from The John Templeton Foundation (www.templeton.org).

William Roper, M.D, M.P.H., Professor of Health Policy and Administration and Professor of Pediatrics, is the Chief Executive Officer of the UNC Health Care System and the Dean of the School of Medicine. Near the beginning of his career, Dr. Roper held several key positions in Washington, D.C., including administrator of the Health Care Financing Administration. From there he went on to lead the National Centers for Disease Control and Prevention. Formerly the Dean of the School of Public Health, Dr. Roper has been at UNC since 1997. He is broadly published and acknowledged for leadership in American Medicine having received numerous distinguished service awards from the U.S. Public Health Service, the Association for Health Services Research, the National Association of Health Data Organizations, Emory University, and the University of Alabama.

John M. Templeton, Jr., M.D. serves as President of the John Templeton Foundation, directing all Foundation activities in pursuit of its mission to encourage progress in scientific and religious knowledge and the enhancement of character development and free enterprise. He works closely with the Foundation’s staff and international board of advisors of more than 50 leading scholars, scientists, researchers and theologians to develop substantive programs in this endeavor. Dr. Templeton has been actively involved in the Foundation since its inception in 1987. In 1995, he retired from his medical practice to serve full-time as president of the Foundation. His more than 25-year career as a physician and long-held spiritual beliefs provide both the formal science training and the commitment to advance the Foundation’s work.

Kenneth I. Pargament, Ph.D. is a Professor of Psychology at Bowling Green State University. He received his B.A. in Psychology and his Ph.D. in Clinical-Community Psychology from the University of Maryland. Dr. Pargament has been a leading figure in the effort to bring a more balanced view of religious life to the attention of social scientists and health professionals. Dr. Pargament has published extensively on the vital role of religion in coping with stress and trauma. He is author of The Psychology of Religion and Coping: Theory, Research, Practice and co-editor of Forgiveness: Theory, Research, Practice. He is also author of the recently published book, Spiritually Integrated Psychotherapy: Understanding and Addressing the Sacred.

John Swinton, Ph.D., Professor and Chair in Practical Theology and Pastoral Care and Professor of Nursing at the University of Aberdeen, Scotland, United Kingdom, has worked as a registered mental nurse and a community mental health chaplain and is an ordained minister of the Church of Scotland. He received his B.D. and Ph.D. from Aberdeen. Dr. Swinton’s interests include the
between spirituality and health and the theology and spirituality of disability. His recent publications include *Theology, Disability and the New Genetics: Why Science Needs the Church*; *Raging with Compassion: Pastoral responses to the problem of evil*; *Spirituality in Mental Health Care: Rediscovering a “Forgotten Dimension;”* and *Resurrecting the Person: Friendship and the Care of People with Mental Health Problems*. In 2004 Dr. Swinton founded the Centre for Spirituality, Health and Disability at the University of Aberdeen. ([www.abdn.ac.uk/cshad](http://www.abdn.ac.uk/cshad))

**Ellen L. Idler, Ph.D.** is Professor in the Department of Sociology and the Institute for Health Policy Research, as well as Acting Dean of Social and Behavioral Sciences at Rutgers University. She earned her B.A. in Sociology from the College of Wooster and her M.Phil. and Ph.D. in Sociology from Yale University. Her current research deals with decision-making and quality of life at the end of life, and her previous research has included topics such as religion and spirituality in cardiac patients, religion and aging, perceived health, and geriatric depression. Dr. Idler has contributed various articles to journals such as *Psychosomatic Medicine and Health Psychology*. Her books are *Cohesiveness and Coherence: Religion and the Health of the Elderly* and *The Hidden Health Care System: Mediating Structures and Medicine*.

**Jeff Levin, Ph.D., M.P.H.** is an author, epidemiologist, and religious scholar. He received an A.B. from Duke University, an M.P.H. from the University of North Carolina School of Public Health, and a Ph.D. in Preventive Medicine and Community Health from the Graduate School of Biomedical Sciences at the University of Texas Medical Branch. He lectures nationally and internationally on methodological, theological, clinical, and historical dimensions of the relationship between religion and health. Dr. Levin’s recent publications include *Faith, Medicine, and Science; Religion in the Lives of African Americans; God, Faith, and Health; Essentials of Complementary and Alternative Medicine*; and *Religion in Aging and Health*. 
**Schedule of Events**

**Wednesday June 25**

6:00PM–7:00PM  Reception  
7:00PM–7:30PM  Welcome and Introduction:  
Keith Meador, M.D., Th.M., M.P.H.  
Harold Koenig, M.D., M.H.Sc.  
7:30PM–8:00PM  Opening Remarks: John Templeton, M.D.  
8:00PM–9:30PM  Keynote: William Roper, M.D., M.P.H.  
“Spirituality, Theology and Health:  
Challenges and Possibilities”  
9:30PM  Closing Remarks

**Thursday June 26**

8:30AM–10:00AM  Plenary: Kenneth Pargament, Ph.D.  
“Religious Struggles:  
A Fork in the Road to Growth or Decline”  
10:00AM–11:00AM  Poster Session  
11:00AM–12:30PM  Plenary: Ellen Idler, Ph.D.  
“Religion and Health in Aging Societies:  
Reaping What is Sown”  
12:30PM– 2:00PM  Lunch, posters still available for viewing  
2:00PM– 2:50PM  Paper Sessions  
3:00PM– 3:50PM  Paper Sessions  
4:00PM– 4:50PM  Paper Sessions

**Friday June 27**

8:30AM–10:00AM  Plenary: John Swinton, Ph.D.  
“Spirituality and Health:  
The Role of Practical Theology”  
10:15AM–11:45AM  Plenary: Jeff Levin, Ph.D., M.P.H.  
“Human Flourishing:  
An Epidemiologist’s Perspective”  
11:45AM–12:30PM  Conclusion of Conference:  
Keith Meador, M.D., Th.M, M.P.H.  
Harold Koenig, M.D., M.H.Sc.  
12:30PM  Lunch

*There will be opportunities for questions and answers at the end of the Keynote Address and at the end of each Plenary and Paper session.*

**Activity Medical Co-Directors:**  
The Duke Center for Spirituality, Theology and Health

sponsors the

1st ANNUAL MEETING OF

THE SOCIETY FOR SPIRITUALITY
THEOLOGY & HEALTH

June 25 – 27, 2008

R. David Thomas Executive Conference Center
Duke Fuqua School of Business • Durham, North Carolina

Name ________________________________ Preferred First Name ____________________
(Please print all information) (First and Last)

Organization __________________________ Credential/Title ________________________

Industry □ Healthcare □ Academic □ Religious

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City __________________________________ State ____________________ Zip __________

Email________________________________ Fax____________________________________

For Duke employees, please include your Duke Unique ID __________________________

Emergency Contact ______________________________________________________________

First and Last Name                     Relationship                            Preferred Number

Conference Registration (per person)

☐ Check the box to indicate your choices and write the total in the Total Blank.

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Total US$ ____________________________

Please note, $50 of your registration fee is non-refundable.

Questions? Registration questions should be directed to Duke University Conference Services by email at ConfServ@notes.duke.edu or by phone at (919) 660.1760 Monday-Friday 8:30 am to 4:30 pm Eastern Time.
Program questions should be directed to the Center for Spirituality, Theology and Health; Elizabeth Alford by email at elizabeth.alford@duke.edu; Kari Lauderback by email at kari.lauderback@duke.edu; OR Catherine Craver by email at catherine.craver@duke.edu.

Registrant Name: ________________________________
Special Needs
If you have mobility, visual, hearing or dietary needs of which we should be aware. Please list:
________________________________________________________________________________
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Method of Payment
All payments are in US dollars. Accepted methods of are Credit Card, Check, or Purchase Order.

☐ Credit Card  ☐ Check  ☐ Purchase Order—PO# _______________________

Checks and purchase orders are made payable to:

Duke University Conference Services
1st Annual Meeting of the Society for Spirituality, Theology & Health
0066 Bryan University Center
Box 90841
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Cancellation Policy: A written notice of registration cancellation must be received by Tuesday, June 3, 2008. A cancellation fee of $50 will be charged. After June 3, 2008, no cancellation refunds will be issued.

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The following are accommodations we recommend for your stay. Prices for each hotel are listed along with a few of the features, the approximate distance from the conference, the contact information, and the date before which you must make your reservation in order to get the group rate*. Shuttle transportation will be provided between the hotels and the Thomas Center.

**The R. David Thomas Executive Conference Center** *(HOST LOCATION)*

(919) 660-6400
1 Science Drive
Email your reservation to reservations@fuqua.duke.edu
$159 per room, per night
- Complimentary Full breakfast buffet
- Complimentary Gourmet buffet dinner
- Access to private guest lounges, featuring fully-stocked kitchenettes with premium ice creams, coffee & snacks
- Fitness center and nature trails
- Host location

**Homewood Suites***

(919) 401-0610
3600 Mt. Moriah Rd.
$109 per room, per night
- Reserve by May 26 for group rate
- Fully equipped kitchen
- Complimentary hot breakfast
- Complimentary Manager’s Reception in the evening with meal and drinks
- Fitness center
- 5 miles from Southpoint Mall
- 8 minutes; 5.21 miles from Host location

**Staybridge Suites***

(919) 401-9800
3707 Mt. Moriah Rd.
$119 per room, per night
- Reserve by May 25 for group rate
- Spacious Studio Suites
- Recreation Center
- Wireless Internet
- Complimentary Breakfast
- 24-hour convenience store
- 11 minutes; 5.3 miles from Host Location

**La Quinta Inn & Suites***

(800) 531-5900
4414 Durham Chapel Hill Blvd.
$109 per room, per night
- Reserve by June 4 for group rate
- Complimentary breakfast
- Guest laundry facility
- 7 minutes; 4.27 miles from Host location

**Hilton Durham***

(919) 383-8033
3800 Hillsborough Rd.
$109 per room, per night
- Reserve by May 28 for group rate
- Fitness Center
- Business Center
- High-speed internet access
- Proximate to several Restaurants
- 100% Smoke Free
- 6 minutes; 3.04 miles from Host location

**Comfort Inn***

(919) 490-4949
3508 Mt. Moriah Rd.
$79 per room, per night
- Reserve by May 26 for group rate
- Complimentary breakfast
- Fitness center
- Laundry facilities
- Guest use fax and copy machines
- 8 minutes; 5.14 miles from Host location

**Quality Inn & Suites***

(919) 382-3388
3710 Hillsborough Rd.
$67.49 per room, per night
- Reserve by May 25 for group rate
- Refrigerator
- Complimentary high-speed internet
- Complimentary continental breakfast
- Fitness center
- 6 minutes; 2.92 miles from Host location
- Additional charges include local taxes + auxiliary fees

**Millennium Hotel***

5 minutes; 1.8 miles from Host location
(919) 383-3575.

**Washington Duke Inn & Golf Club***

Across the street from the Host location. Call CSTH at (919) 660-7556 to receive the Duke rate.

* Additional charges include local taxes + auxiliary fees

**OTHER ACCOMMODATIONS AVAILABLE UPON INDIVIDUAL REQUEST:**

**Millennium Hotel***

5 minutes; 1.8 miles from Host location
(919) 383-3575.

**Washington Duke Inn & Golf Club***

Across the street from the Host location. Call CSTH at (919) 660-7556 to receive the Duke rate.