

2004 Duke Spirituality & Health Research Class (July 6-10, Class I)

Marilyn Baetz, MD, FRCP(C). I am an Assistant Professor in the Department of Psychiatry at the University of Saskatchewan, in Saskatoon, Saskatchewan, Canada. I have been a psychiatrist for six years and have a clinical practice focusing on adult mood and anxiety disorders, along with teaching and research. My research interests are in spirituality and mental health and to date has included a national survey of psychiatrists and patients regarding spiritual interest, analysis of national data on spirituality and depression, psychiatric inpatient study and am hoping to undertake a longitudinal study in spirituality and depression outcome. I have been involved in developing a curriculum to integrate teaching about spirituality into the Psychiatry post-graduate training program. I am married with two children aged 4 and 7 years. Contact: m.baetz@usask.ca

Cynthia Brown RN, MSN. Florida Atlantic University. 2nd year student in Doctor of Nursing Science Program/ Nursing Instructor. I received my MS in holistic nursing at FAU in 2001. My interests include: Caring for Self: Mind, Body and Spirit, Hospice care, Meditation, Creative Imagery, and Spirituality. I teach undergraduate, experiential, holistic classes in Caring for Self and Spiritual Caring, and instruct a clinical group in the long term care and hospice areas. I am currently creating a CD using music and positive affirmations for relaxation, motivation and self care. I recently visited Thailand and I would like to study further their methods of holistic care. My research topic is caring for self: mind, body and spirit. I am conducting a pre- and post- test survey with students in the Caring for Self class to look at students' perceptions of self care before taking the class and after completing the class. Contact: cbrown@fau.edu

Patricia Cadle, MRE. Patricia is a member of the pastoral care staff at University of North Carolina Hospital. She is a full-time oncology chaplain. Contact: PCadle@unch.unc.edu

Andrea L. Canada, Ph.D. Dr. Canada is a clinical psychologist in the Department of Behavioral Science at The University of Texas M. D. Anderson Cancer Center. Her research interest is in psychosocial oncology, and she currently has funded projects involving the design and delivery of quality of life interventions for the cancer survivor. Dr. Canada's career goal is to become an independent investigator with a fully funded program of research in the area of faith/spirituality/religiosity and cancer outcomes. Specifically, she is interested in searching for mediating pathways that will explain the connections between faith and health, adjustment, and quality of life in patients with cancer. Dr. Canada is also interested in investigating the potential relationships between faith/spirituality/religiosity and cancer preventive behaviors (e.g., screening, lifestyle). Contact: alcanada@mdanderson.org

Catherine Carstarphen, MDiv, Emory, Candler School of Theology. Contact: ccarstarphen@msn.com

Nancy Dann RN, DMin. Before becoming a chaplain I worked as a nurse practitioner. While attending seminary I became very interested in the intersection of spirituality and health. This probably explains my decision to become a board certified chaplain rather than a parish minister after ordination. For the last five years I have worked as the Interfaith Oncology Chaplain at

Baystate Medical Center in Springfield, MA. Last spring I completed my Doctor of Ministry degree in Faith, Health and Spirituality at Andover Newton Theological School. I am currently the principal investigator of three interventional (soon to be four) studies with oncology patients. I am interested in developing and analyzing spiritual interventions such as worship services and prayer and subsequently studying patient preferences and satisfaction. In addition, two of my research projects are designed to study the effect of prayer and a series of worship services on the psychological distress experienced by those who have cancer. Contact: nandann@earthlink.net

Douglas Dickens, DMin, professor of pastoral care and counseling, Gardner-Webb University, Boling Springs, NC. Contact: ddickens@gardner-webb.edu

Daniel H. Grossoehme, BCC, is staff chaplain at Cincinnati Children's College Hill Campus, a residential adolescent psychiatric program. He is the author of a book and journal articles dealing with the spiritual care of children and teenagers, and the influence of spirituality on mental illness. Contact: daniel.grossoehme@cchmc.org

Vickie Height, M.D., M.P.H., Southern California. Contact: heightvy@yahoo.com

Debra A. Horn, MA, is currently a student in the doctor of psychology program at George Fox University, Newberg, Oregon, and will receive her second MA in May of this year in clinical psychology. She received her first masters in 1998 at Multnomah Biblical Seminary in Portland, Oregon, in biblical studies with a thesis topic of James 5, prayer and healing. Deb is continuing her research on prayer, health, and psychotherapy in her doctorate program. Contact: joydehorn@earthlink.net

Glenn Jones, M.D., M.Sc. Dr. Jones is a staff Radiation Oncologist and Associate Professor at McMaster University in Ontario. He has a BSc in Biochemistry and Chemistry and an MSc in Clinical Epidemiology and Biostatistics (thesis: measuring social preferences to guide health economic allocative decisions under binding budgets). He has several grants and more than 100 publications that include several textbook chapters. He is a contract scientific investigator and statistician for randomized trials of the radiotherapy division of the International Atomic Energy Agency. Glenn's emerging research focus is to improve clinical oncology care by better measuring, understanding and managing the "cancer experience," otherwise ignored or discounted within conventional medical practice. Determinants of that experience may include spirituality and religion, but research is very sparse in this area. Glenn's recent studies include cross-sectional and longitudinal surveys of quality of life, religion-spirituality and mental state, in patients with gastro-intestinal, breast and cutaneous T-cell malignancies. His collaborative network is developing clinical and physical measures of secondary/tertiary allostatic 'unravelling,' to help study unconventional therapies inside the context of the cancer experience and cumulative allostatic dysfunction. Contact: eva.kastikainen-jones@sympatico.ca

Bert Kae-Je', D. Min., Ph.D. is the Dir. of Pastoral Counseling at the Tri-Cities Chaplaincy. She is licensed as a Psychologist, Approved MFT Supervisor, Registered Art Therapist, Clergywoman and an RN. Her Passion is around the integration of Art Therapy with Psychotherapy, working with groups of cancer clients (or issues of loss, change and transition)

with an art psychotherapy modality, providing quality staff supervision, and enjoys--mostly dreams about--doing PRACTICAL, qualitative, field research around the things she is doing. She finds it disheartening to write proposals when they aren't accepted. Personal interests include rocks and gems, Silversmithing, bead design and listening to books on tape. Contact: tithonian@msn.com

David Kerrigan, PhD, LCSW, is a clinical associate at the National Catholic School of Social Service at The Catholic University of America in Washington DC, developing a proposal for a center for spirituality and integral social work. He also works at Adoption Attachment Partners, PC, in Burke, VA, a therapy practice specializing in helping children with attachment problems and their families. His research interests include: mixed (combined quantitative and qualitative) methodology; intervention research (including psychospiritual interventions such as prayer and meditation); bio-psycho-social-spiritual well-being (including physiological measurement of well-being); experiences of mystical union and heightened awareness; the helping relationship in psychotherapy and spiritual guidance; attachment processes (from the pathological to the optimal); the development of empathy; consciousness development and social justice; and attachment theory, transpersonal theory, and integral theory. Contact: KERRIGAN@cua.edu

Mary Kraft, MD, MPA. Dr. Kraft is a staff anesthesiologist at the Massachusetts General Hospital (Boston, MA) and an Instructor in Anesthesia, Harvard Medical School. She was awarded her BA magna cum laude from Boston University, her MD from Boston University School of Medicine, and her Masters in Public Administration from Harvard University. Having served as an anesthesia resident at the Massachusetts General Hospital, she was appointed as the Department of Anesthesia's Chief Resident, the first female to be awarded this honor. In 1998 she was the first physician to be named as Schwartz Fellow in Pastoral Care, and completed her unit of clinical pastoral education at the Massachusetts General Hospital. She is a member of the American Society of Anesthesiologists and a member of the Society's Occupational Health Committee. She sits on the Board of Directors and the Clinical Advisory Committee of Physician Health Services (a subsidiary of the Massachusetts Medical Society). She is a member and past Chair of the Committee on Women, Massachusetts Medical Society. Recently the focus of her professional interests has been spirituality and medicine, and she has been invited to present over twenty lectures and workshops on various aspects of this topic. As course co-director, she was instrumental in introducing the elective course The Healer's Art to Harvard Medical School in AY 2002-2003. She enjoys cooking, horseback riding, traveling, nature watching, reading, and being the proud mother of Gordon, a Harvard College freshman. Contact: mkraft@massmed.org

Joshua Mann, M.D., received his Doctor of Medicine from the University of Mississippi School of Medicine in 1996 and his Master of Public Health from the University of South Carolina School of Public Health in 1999. He completed residency training in Preventive Medicine at the University of South Carolina School of Medicine in 1999, and became board-certified in General Preventive Medicine and Public Health in January 2001. He is currently an Assistant Professor of Clinical Preventive Medicine and the Medical Director of Employee/Student Health at the University of South Carolina School of Medicine. He lectures to first and second year medical students on basic preventive medicine topics. Finally, his academic interests include spirituality/religion and health, sexually transmitted disease epidemiology and prevention, maternal-child health, and adolescent risk behaviors. Contact: joshua.mann@palmettohealth.org

Kay Nathanson MSW, MPH, has a Master's degree in Social Work and a Master's degree in Public Health. Her prior research has involved: (1) " Admission Predictors of Pneumonia and Sepsis in 939 Elderly Patients with Isolated Hip Fractures"; (2) "Values and Utilities of Neuroleptic Side Effects"; (3) "Primary Caregiver Perceptions of Timely Hospice Referral." Her current Interests include: (1) exploring what can be learned from concepts of time as these apply to end of life care/bereavement; (2) understanding concepts associated with time in illness/terminal illness with a particular emphasis on the spiritual inclination of physicians. Contact: thefamilymatters@msn.com

John Oliver, DMin. Dr. Oliver is the Chief of Chaplain Service and a Clinical Pastoral Education Supervisor at the Durham Veterans Affairs Medical Center in Durham, North Carolina. He has provided spiritual support to Veterans, their families and loved ones since 1997. John was raised in Colombia, South America. He and his wife Karin have three children. John earned his BA and BM degrees from Samford University, his Masters of Divinity from Southwestern Baptist Theological Seminary, and his Doctor of Ministry degree from Columbia Theological Presbyterian Seminary. John completed his Clinical Pastoral Education Supervisory Training at Duke University Medical Center. John's doctoral work focused on pastoral care to those who have experienced traumatic events. Much of John's energy has been dedicated to training clergy to care for people as they engage their spiritual resources. Contact: John.Oliver@med.va.gov

Kathleen A. Pforr, M.Div., M.P.A.: Ordained United Church Of Christ Pastor and Healthcare Chaplain, having completed two clinical residencies at Duke University Medical Center and the Cleveland Clinic Foundation, serving seventh year as chaplain at Rockynol Retirement Community in Akron, Ohio, a CCAC – accredited continuing care retirement community, one of eleven communities of the Ohio Presbyterian Retirement Services System, based in Columbus, Ohio. Provide residents, families, and staff members pastoral ministry and counseling as part of an interdisciplinary healthcare team. Interested in research involving impact of spiritual care on quality of mental and physical health and life of older adults in CCRC environments. Also concerned with learning more about the importance of spiritual care of individuals and families as they deal with end – of- life issues. Contact: KPFORR@rockynol.oprs.org

Kate M. Piderman, Ph.D. Canadian by birth, but a Minnesotan, at present. Home is in Rochester, MN., and very happy to be a staff chaplain at Mayo Clinic. My primary responsibilities are to patients and families in our Medical Psychiatry Unit, Addiction Programs, and Physical Medicine and Rehabilitation Unit. I have many opportunities to work with staff and students in a supportive and consultative role, and to teach about spirituality and health care. I am also the primary investigator of a study called, "Spiritual Variables, Predictors of Recovery, and Recovery Outcomes in Persons with Alcohol Dependence". Part of this study will be used in my Ph.D. (Psychology) dissertation which I hope to submit this spring. I am involved in other research projects related to spirituality and health at Mayo, including one with persons with spinal cord dysfunction. Always find myself oriented toward those with chronic conditions. I hope that my future research will involve spiritual interventions that bring the hope of a better quality of life for those I serve. Contact: piderman.katherine@mayo.edu

Loren Townsend, Ph.D., is Professor of Pastoral Care and Counseling at Louisville Presbyterian Theological Seminary, Louisville, KY since 1996. Native of the Pacific Northwest, earned degrees from East Texas Baptist College, East Texas State University, Golden Gate Theological Seminary, and Ph.D. from The Graduate Theological Union in Psychology and Religion. Teaching and publication has centered around theological method for conversations between behavioral sciences and practice of ministry, with a focus on how theology is constructed within this interaction. Current research includes a qualitative project exploring spiritual development of children experiencing divorce. Passions include releasing children to collegiate success, whitewater kayaking, and playing jazz guitar. Contact: LTOWNSEND@lpts.edu

Helga S. Walz, Ph.D., is at the University of Baltimore in Baltimore, Maryland. Her interests are gerontology and expectations for care of elderly persons and their children. Contact: hswalz@ubalt.edu

Joanne Zeis (Uxbridge, MA): Joanne has a BS in Psychology from Tufts University, with additional classes through the Continuing Education Department of Harvard Medical School and the Mind/Body Medical Institute. Has spent the last several years researching, writing and publishing material on Behcet's disease for patients and healthcare providers; most recent books include *Essential Guide to Behcet's Disease*, and *You Are Not Alone: 15 People with Behcet's*. Owner and founder of Central Vision Press. Joanne runs the *Behcet's Disease Books and Resources Online Store* at <http://www.bdbooks.info> , and offers an informational website for patients at <http://www.behcetsdisease.com>. Fluent in piano and hammered dulcimer, and one of eight worship leaders providing contemporary music in weekly services at United Presbyterian Church of Whitinsville. Would like to take research knowledge learned through this seminar and apply it to a population of Behcet's patients: none of the 4900+ published studies on Behcet's looks at the relationship between the spiritual practices of BD patients and positive (or negative) health outcomes. Contact: jzeis@charter.net