

2004 Duke Spirituality & Health Research Class (July 20-24, Class II)

Herschel Allen, interested in research related to religion, spirituality and health; and especially interested in issues of the relationship of these subjects to various treatments of mid-life and late-life depression. Atlanta, GA. Contact: Herschallen@aol.com

Peter A. Boelens, MD, MPH. After completion of a one year rotating internship at Cook County Hospital in Chicago and with an additional 6 months specialty service, I left for Korea as a Medical missionary from 1961 – 1967. Realizing that the future of a society lies with its children and that medical care in and of itself has little affect on the health of a society, I returned to the States for residency in pediatrics and public health at the University of Minnesota (1967 – 1970). Next, served as medical missionary in the delta of Mississippi (1970 –1979), serving as Maternal Child Health Director of a five county area. Served as Executive Director of the Luke Society, Inc. (1979 – 1999), work that expanded to 15 countries. Retired from the Luke Society, I began asking myself the same question as my book title, Where next, Lord? Have been involved in Shalom Prayer Ministry -- 2001 to present, and involved in the arena of healing prayer. We have had phenomenal success in applying psychiatric techniques with prayer for our clients, many of whom have been or are under professional care. I would like to explore the possibility of researching the effects of these prayers in patients referred by physicians, psychiatrists and therapists. Contact: boelens3554@gmail.com

Dr. Franz Fischer. Head of the psychology department of a clinic in Langenthal, Switzerland. Contact: [franzfischer.name/contact](https://www.google.com/) (paste into <https://www.google.com/>)

Annekathryn Goodman, M.D. attended undergraduate school at The University of Pennsylvania, and went on to receive an M.S. in Chemistry. She obtained her medical degree from Tufts University School of Medicine, where she then completed a residency in obstetrics and gynecology. She completed her fellowship in gynecology oncology in 1990 at the Massachusetts General Hospital (MGH) in Boston where she has been on staff since 1993. Dr. Goodman was certified in acupuncture in 2002. She is presently taking her first unit of clinical pastoral education through the Schwartz fellowship at MGH. Dr. Goodman is an Associate Professor of Obstetrics, Gynecology and Reproductive Biology at Harvard Medical School. Currently, she is the Associate Director of the Gynecology Oncology Department at Massachusetts General Hospital, as well as the Director of the Gynecologic Oncology Fellowship Program. She is a member of the Admissions Committee at Harvard Medical School. She is the past president of The Obstetrical Society of Boston. She is currently secretary-treasurer of the New England Society of Gynecologic Oncologists. Contact: AGOODMAN@PARTNERS.ORG

Jo Anne Grace, Ph.D., is a pastoral theologian and health educator. She received her Ph.D. from the Union Institute, Cincinnati, Ohio. Her work addresses the physiological impact of faith and belief experienced in states of pain, stress and conflict. Dr. Grace brings insight to the contemporary issue of health and wholeness from her 22-year experience as a stress management specialist, a health motivational therapist and a spiritual director. Her consultation practice includes systems and persons who want to integrate faith and health by using physiologically creative approaches and theologically sound reflective processes. Currently, Dr. Grace is the Director of Faith in Action: The Spiritual Health Partnership - Loveland, a coalition of nine faith

communities and eleven health organizations. Jo Anne's home is on 70 acres in the foothills outside of Loveland, Colorado where she enjoys her horses, swimming and tennis. Contact: Spiritual.Health@bannerhealth.com

Mary Guthrie is a graduate student in the field of pastoral counseling. She is in the midst of writing her dissertation. Her focus is on the spiritual core of physicians. It will describe the lived experiences of physicians of many faiths, who believe they were "called or led" to the service of healing, and how those physicians experience God in their daily life. She hopes to defend in Jan 2005. She is a wellness consultant by calling and works primarily with people who have had or are presently living with life threatening diseases. Contact: Guthrie@Brinet.com

Rene Hefti, M.D., internist and head of a psychosomatic department in a clinic in Langenthal, Switzerland. Contact: rene.hefti@rish.ch

Petar-Kresimir Hodzic M.D., CIMI is coming from Croatia. He graduated in 2001 at School of Medicine University of Zagreb, the Capital of Croatia. While studying in 1997 he was elected as the first president of medical students at School of Medicine in Zagreb. He was especially active in International Federation of Medical Students' Associations being the International Project Coordinator for two projects: "Influence of Studying on Students Health" (1998-2000) and "Nurturing Music in Prenatal and Perinatal Medicine and Child Development" (2000-2002). His field of expertise is field of prenatal and perinatal education, psychology and health. In February 2002 he is nominated as the International Advisor for Association for Prenatal and Perinatal Psychology and Health from USA, and since October 2002 he is the first president of the Croatian Society for Prenatal and Perinatal Education and Health. Together with his wife Rafaela, molecular biologist and flutist, he is coordinating internationally recognized project PROKREOS and organizing programs for couples and families in Croatia since March 2003. Since 2004 he is on position of the Assistant of the Head at the Office for Family of the Croatian Conference of Bishops. He would like to pursue his career in practical and scientific aspects combining prenatal and perinatal field with religiosity, spirituality and their overall effects on health. Contact: pkhcroat@yahoo.com

Douglas R. Johnson is a senior Pastor for West Hialeah Baptist Church; but also, a graduate student of Clinical Psychology in Carlos Albizu University in Miami. As you know in Miami we have 220 different languages and almost the same number of different cultures. My name is Anglo but I'm from Peru, South America. I was born Jewish, but became a Christian when I was 21, when my oldest brother died and I start looking for answers. My Dissertation is going to be in How Spirituality affect Psychotherapy. I'm 51 years old. I got a master degree in Architecture (Peru), master degree in Divinity from the Southern Baptist Seminary in Trujillo, Peru; and now I'm working in the Psy.D. I have been a missionary in the Peruvian jungle, missionary for the migrants in St. Petersburg Florida, and now Pastor for the Cuban community in Miami. I found that in every place there wasn't a good program for the mental health patient. They were ignore or not treated. That is the reason why I went to the university to study Psychology. Trying to understand the mental disorders and in the future provide therapy or any kind of help for this poor people. Pretty soon we are going to start an Adult Day Center in our church and try to give them the best therapy that I know for them: Love and prayer. My research interest is: Religion Identity development; therapeutic implications. Contact: maridoug@msn.com

Fleetwood Loustalot is a PhD student in nursing, and a nurse practitioner in the Metabolic Clinics at the University of Mississippi Medical Center in Jackson, MS. His research program is funneled through the Jackson Heart Study (JHS), a longitudinal cardiovascular disease study in African Americans (N=5000+). The JHS is the largest cardiovascular disease study ever undertaken in an all-African American population, and will complete data collection in March of this year. Along with the numerous variables included in the JHS, spiritual experiences, religiosity, and religious coping instruments have been included in the baseline exam. His dissertation will examine these variables as they effect certain health outcomes, specifically blood pressure. Future research could be endless utilizing the theoretical and conceptual framework to assess other outcomes, and using the numerous variables available. He is 6-weeks into marriage, has one sister, a niece, loves triathalons in the summer, and has a 75 pound golden retriever that rules their house. Contact: floustalot@cdc.gov

Karen Mundy, PhD, is Professor of Sociology at Lee University in Cleveland, Tennessee. She received her Ph.D in sociology from the University of Tennessee in 1985, specializing in medical sociology and epidemiology, and sociology of religion and religious movements. She continued her post-doctoral studies in epidemiology in the School of Public Health at the Johns Hopkins University in Baltimore, later receiving a sabbatical to work in their sociology department. Recently she spent a year as a visiting scholar in the School of Divinity at Duke University. In the summer of 2005, she attended the Hopkins School of Public Health to research the global health consequences of human rights violations. The material from this course, as well as ongoing research in South Africa and a family history in Guatemala, led her to develop a course on Social Justice and Human Rights. She is currently on the Steering Committee of the Christian Sociological Society, and completing the third year of faith-based research in South Africa. Contact: kmundy@leeuniversity.edu

J. Robert (Bob) Nations, jr., D. Min. is Director of Counseling and Congregational Life at Centenary United Methodist Church, Winston-Salem, NC. He is a United Methodist Minister and marriage and family counselor. His professional memberships include Carolinas Group Psychotherapy Society, Individual Member of Association of Clinical Pastoral Education, International Transactional Analysis Association, American Counseling Association, International Association of Marriage and Family Counselors, National Council on Family Relations, and Association for Couples in Marriage Enrichment trained facilitator. He is a member on the board of trustees for The Children,s Home in Western North Carolina. Bob serves as adjunct professor and visiting lecturer for Wake Forest University's Masters in Counseling program, Pfeiffer University's Masters in Christian Education program, and the Caribbean Graduate School of Theology's Masters in Counseling program, Kingston, Jamaica. He also serves on the book review staff for the Family Journal. Bob's research interests include spiritual formation, use of spirituality in marriage and family therapy, and attachment theory. Contact: BNations@centenary-ws.org

Michelle Pearce, M.S., is currently in her fourth year of the clinical psychology program at Yale University. She received a joint honors Bachelor of Arts degree in psychology and English from the University of Waterloo in 2000. She has published articles on religious coping, health, and health service use among bereaved adults; religiousness and depression among adolescents;

religiousness and conduct problems among high-risk youth; and adolescent obesity and peer victimization. She is currently gathering data for her dissertation, which will explore the effects of religious coping on the caregiving experience and well-being of informal caregivers of terminally ill patients. She is also interested in psychoneuroimmunology and intends to pursue a career in integrative behavioral medicine. Michelle's research has been supported by a number of awards including the Social Science and Humanities Research Council of Canada (SSHRC) Doctoral Fellowship (2002-2005), Yale University Fellowship (2000-2006), and the Natural Science and Engineering Research Council of Canada (NSERC) Undergraduate Award (1999). She is presently the student director of the Yale Psychological Services Clinic and a member of the Interdisciplinary Research Center (RAND), Graduate Students Of Psychology Subcommittee of Women, APA (Division 12; Clinical; 36 Religion; 38 Health), and the Society for the Scientific Study of Religion. She volunteers as a peer advisor and an international scholar mentor. Contact: MPearce@som.umaryland.edu

Lois Ramondetta, M.D., is a board certified gynecologic oncologist now beginning her seventh year at University of Texas M.D. Anderson Cancer Center. She completed her Obstetrics and Gynecology residency at Thomas Jefferson University in Philadelphia, Pennsylvania and specialized in gynecologic oncology at University of Texas M. D. Anderson Cancer Center. She is the director of the Division of Gynecologic Oncology at Memorial Hermann Hospital and Lyndon Baines Johnson Hospital, Harris County Hospital District and holds a full time Assistant Professor position in the Department of Gynecologic Oncology at University of Texas M. D. Anderson Cancer Center. She has a BA in Religion and a BS in Biology from Emory University, has completed a Lay Chaplaincy program, and continues to focus her career in resident and fellow training on improving spiritual issues in Oncology Patient care. She has recently completed a large survey exploring the attitudes of gynecologic oncology physicians towards end-of-life situations and factors influencing these approaches. Her initial interest in spirituality and world religions emerged from her mixed religious background and desire to learn initially about religious organizations. After initiating work at MD Anderson, she noticed a wide variety of psychological/spiritual responses to the diagnosis of cancer and end of life situations both from the physicians view point and the patients view point. She is a member of the University of Texas Health and Human Spirit Committee and Memorial Hermann and University of Texas M.D. Anderson Clinical Bioethics Committee, and the MD Anderson Spirit at Work Task Force. She continues to try to explore new ways to conduct research on the subject of spirituality, cancer, women, and end of life care across cultures. E-mail: lramonde@mdanderson.org

Roy R. Reeves, M.D., received his training in Neurology and Psychiatry and is board certified in both fields, and also in Geriatric Psychiatry. The major emphasis of his earlier research involved the application of quantitative EEG and evoked potentials in the diagnosis and treatment of psychiatric disorders. He is now interested in the interactions of mind and brain - how the mind affects the brain and vice versa - and what role spirituality plays in these interactions. He is also interested in the effect of spirituality on the neuropsychoneuroendocrinological status of individuals. Contact: roy.reeves@med.va.gov

Rodine Russell, finishing a dual degree (MACE, MDiv) from Erskine Theological Seminary. Contact: faith5fz@greenwood.net

Dr. Toya V. Russell, University of Alabama at Birmingham. Contact: trussell@fms.uab.edu

John Shuster, M.D., Director, University of Alabama at Birmingham Center for Palliative Care. Contact: shuster@uab.edu

Mike Taylor RN, MHA, CDE. Originally from California, Mike and his family moved to Maryland in 2001 to open the Joslin Diabetes Center at North Arundel Hospital where he is the director. North Arundel Hospital is a member of the University of Maryland health system. He has spoken regionally and nationally to the diabetes professional community about spirituality and health. He is the current chair elect for the Integrative Care Specialty Practice Group of the American Association of Diabetes Educators where he has held a number of positions including Board of Directors and Nominating Committee. His research interest involves the concept he developed of a spiritual health pyramid similar in concept to the food pyramid. He is looking to conduct research to validate the concept. Contact: MikTay@northarundel.org

Mary Martha Thiel, M.Div. is Director of Interdisciplinary Training in the Chaplaincy at Massachusetts General Hospital. As a Clinical Pastoral Education (CPE) Supervisor, Mary Martha helped to develop a unique program at MGH to train healthcare professionals in the skills and arts of spiritual assessment and caregiving, so they could integrate these into the practice of their own disciplines. The program has become so successful that it has been replicated at other CPE Centers across the country. A number of Mary Martha's alums are doing research in spiritual issues, and Mary Martha's primary reason for attending this course is to be able to guide and support them in their research endeavors with greater expertise. Mary Martha has an AB in the History of Religion from Bryn Mawr College, an M.Div. from Union Theological Seminary, is a Board Certified Chaplain in the Association of Professional Chaplains, and a CPE Supervisor in the Association for Clinical Pastoral Education. Her clinical pastoral expertise is in palliative care. Her teaching areas include: hope, Protestant spirituality, the spiritual distress of caregivers, clinical narrative theology, and planning effective interfaith worship. One of her research interests lies in the spiritual distress of caregivers (including, but not limited to chaplains): documenting the distress, identifying its diverse components, designing interventions that ameliorate the distress depending on the components, and measuring the reductions in stress. Contact: MaryMarthaThiel@hsl.harvard.edu

Ann Webster, Ph.D., Program Director of the Cancer and HIV+/AIDS Programs, and Co-Director of the Mind/Body Program for Successful Aging, earned her Doctoral degree in Health Psychology at Albert Einstein School of Medicine/Yeshiva University. She completed a research fellowship with the American Cancer Society. Dr. Webster has received several awards, most notably from the AIDS Action committee and the Northern Lights Alternatives, for her work with HIV+/AIDS patients. She was also a finalist for the Compassionate Caregiver Award in 2002 from the Kenneth B. Schwartz Center. Dr. Webster is a Scientist and a Health Psychologist at the Mind/Body Medical Institute, Beth Israel Deaconess Medical Center and an Instructor in Medicine at Harvard Medical School. She is also an Instructor of Psycho-Oncology at the Albert Einstein School of Medicine, Instructor of Mind/Body Medicine at the Massachusetts College of Pharmacy and is on the Board of Directors of The Medical Foundation. Her areas of interest are in cancer, HIV+/AIDS, aging well and healthy lifestyle

issues. She is a major contributor to The Wellness Book and the Director of “21st Century Medicine” on Brookline Access Television. Contact: awebster@bidmc.harvard.edu

Eddie Young MBA. Currently I’m on the staff at The Peter F. Drucker and Masatoshi Ito Graduate School of Management at Claremont Graduate University in Southern California. My MBA is from the Drucker School in 1989. Before then I worked in church for 15 years, and for about 10 years I was active in healing through prayer. My interest was and is to learn how to heal quickly and thoroughly and to support other people in learning how to heal through prayer. My B.A. in Religion is from Swarthmore College. I’m considering returning to grad school to finish a masters and maybe earn a doctorate in New Testament. I’m looking at the Gospel of Matthew as a guidebook on how we can develop spirituality by practicing the Beatitudes, as well as a “proto-handbook” of personal crisis management for new Christians. Related to that is a study of the book of Job and the problem of suffering. Second, I’m developing a syllabus for teaching spirituality from a Christian standpoint, to see if the quality of prayer in experiments on the efficacy of prayer can be improved by instructing the people who’re praying. A third research interest is learning to pray for groups—including research teams—to see if organizational effectiveness and creativity can be enhanced. Contact: Eddie.Young@cgu.edu