

DR. LYNN LATIFAH HOBIN, DMD, MPH, MDiv

MULTIPLE SCLEROSIS:

A PATHWAY TO HEALING BODY AND SPIRIT



CENTER FOR SPIRITUALITY,
THEOLOGY AND HEALTH
DUKE UNIVERSITY

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An unexpected awakening

No Answers

“Oh, so you’re the one
with MS...”





Fix Me

A long-exposure photograph of a winding road at sunset or sunrise. The sun is a bright, glowing orb in the upper center of the frame, casting long, radiating rays of light across the sky. The road curves from the foreground into the distance, with light trails from vehicles creating a sense of motion. The landscape is flat and open, with distant hills visible on the horizon. The overall color palette is dominated by warm oranges, yellows, and deep blues.

Full Speed Ahead



My Ah Ha Moment

(Six-year review)

Thanks, ChatGPT...

The Allopathic Approach



Opening to Alternative Treatments





**2007:
reevaluate
treatment after
13 years**

The Big Pivot



Allopathy isn't working

Unraveling My Plan




Religion vs. Spirituality



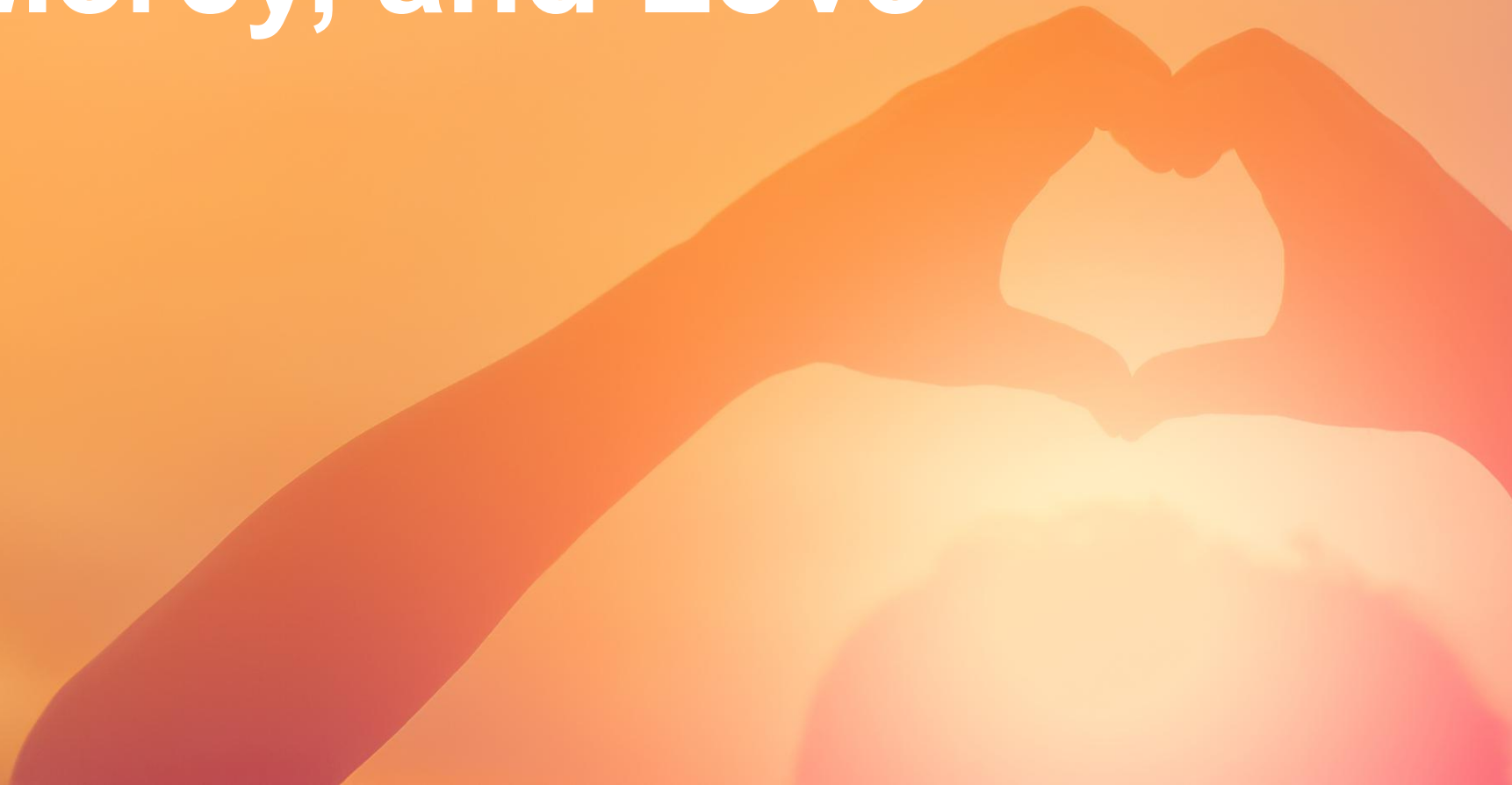
Curiosity and a place of more



A glowing, translucent heart with a warm orange and yellow light emanates from its center. It sits on a dark, wet, and reflective surface, possibly a rock or pavement, which mirrors its form. The heart is covered in small droplets of water. The background is dark and out of focus, featuring several bright, circular bokeh lights in shades of yellow and orange, suggesting a sunset or city lights at night. The overall mood is romantic, hopeful, and serene.

Healing,
Hope, and
Love
and the unknown

Embodiment of Self-compassion, Mercy, and Love

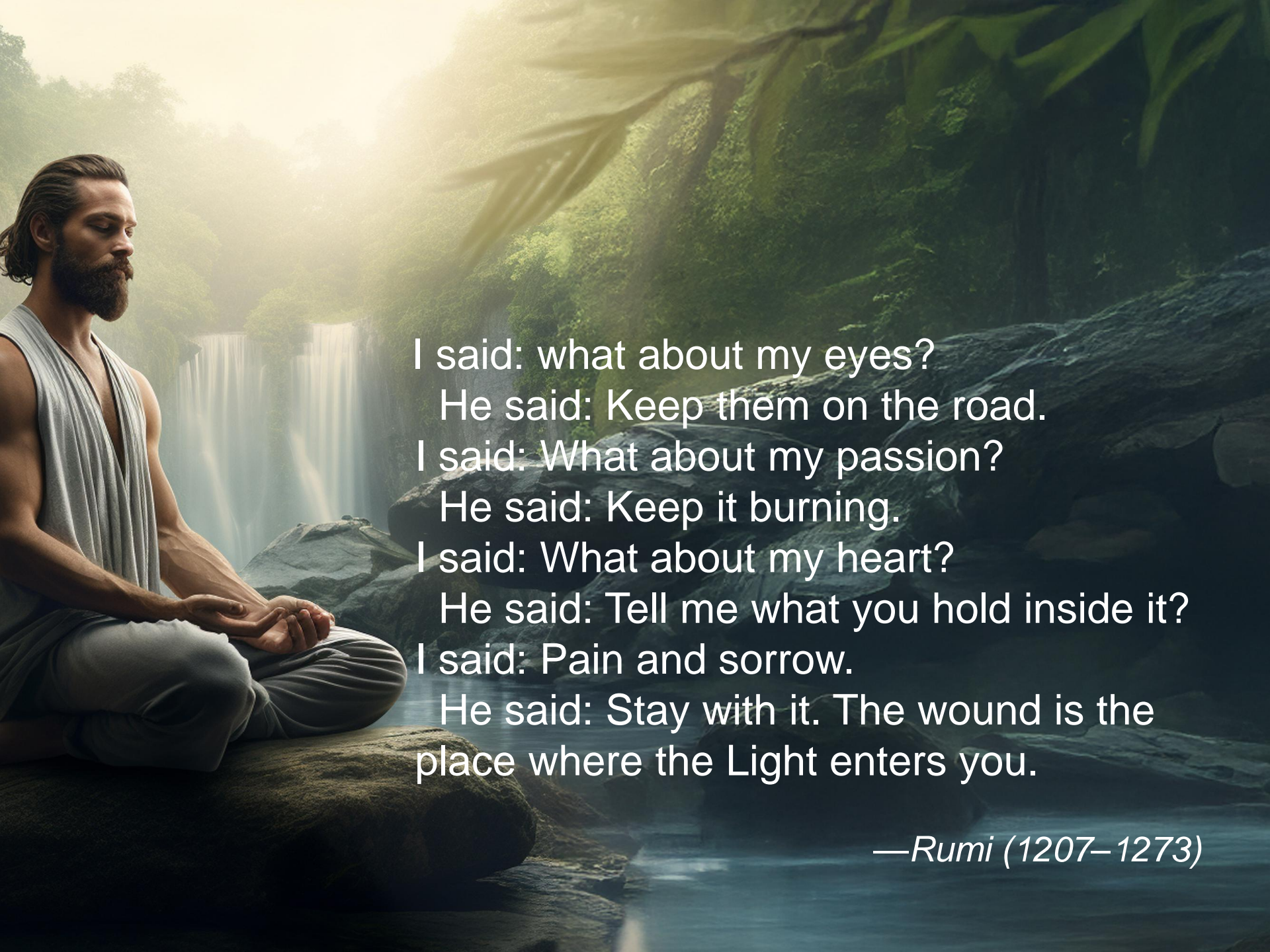


A high-contrast, black and white image showing the silhouette of a person with long, wavy hair. The person's face and upper body are mostly obscured by deep shadow, with only the edges of their hair and shoulders catching some light. The background is a solid, deep black.

Conscious Introspection

Expanding Consciousness





I said: what about my eyes?
He said: Keep them on the road.
I said: What about my passion?
He said: Keep it burning.
I said: What about my heart?
He said: Tell me what you hold inside it?
I said: Pain and sorrow.
He said: Stay with it. The wound is the
place where the Light enters you.

—Rumi (1207–1273)

Giving back to humanity



Questions and Reflections?