

**ACCOMMODATIONS FOR 2023 SUMMER WORKSHOP INCLUDE:**

Prices are per night, are for ranges of different styles of rooms, and include group discounts. Most prices are for 2022. See recommended method of transportation below hotels.

*Courtyard-Marriott Durham (3-star hotel)*

(919) 309-1500

1815 Front St.

1.85 miles (approximately 3 minutes by car) from Workshop site

Indicate that you are attending Duke University Spirituality & Health 5-day Workshop

\$99/night plus tax

Start Date: Sunday, August 13, 2023

End Date: Saturday, August 19, 2023

Last Day to Book: Sunday, July XX, 2023

Amenities

- Complimentary transportation (shuttle) Monday-Friday 7am-5pm
- Restaurant serving Breakfast, Dinner and Full Bar 7 Days a week (only open for dinner Thursday-Sunday, although several restaurants within walking distance)
- The Market, offering food choices 24/7 in the lobby
- Complimentary wireless Internet throughout entire hotel

Comment: Better than SureStay Plus Hotel and Comfort Inn (below), but not the Hilton

*SureStay Plus Hotel By Best Western (3-star hotel)*

(919) 382-3388

3710 Hillsborough Rd, Durham, NC 27705

\$65/night plus tax (2022 rate)

Indicate that you are with Dr. Koenig's group (Duke University's Center for Spirituality, Theology & Health)

1.4 miles (approximately 2 minutes by car) from Workshop site

Comment: Not the Hilton or the Courtyard. However, the staff is responsive to guest needs and tolerable if you don't have the budget to stay at other places.

*Comfort Inn Medical Park (2-star hotel, but much better than Quality Inn below)*

1816 Hillandale Rd, Durham, NC 27705

Phone:(919) 471-6100

\$106-\$138/night plus tax (2022)

2.2 miles (approximately 3 minutes by car) from Workshop site

Amenities

- Free hot breakfast
- Outdoor pool
- Sauna & Gym
- Complimentary wireless Internet throughout entire hotel

Comment: best of the low-cost hotels

*Hilton Durham (3-star hotel)*

(919) 383-8033

3800 Hillsborough Rd.

1.52 miles (approximately 3 minutes by car) from Workshop site

\$121-195/night plus tax (2022)

Comment: Nice, but you have to pay for it

*Motel 6 (1-star motel)*

(919) 309-0037

3454 Hillsborough Road, Durham, NC 27705

1.57 miles from Workshop site

Ask for special rate for Duke Spirituality & Health Workshop participants

\$75/night plus tax (2022 rate)

Comment: Only if you can't afford to stay anywhere else; not a good area.

*Millennium Hotel (3-star motel)*

919-383-8575

2800 Campus Walk Avenue

2.5 miles from Workshop site

\$101-110/night plus tax (2022 rate)

Comment: Nice, but farther away from workshop. Has shuttle that runs every 30 minutes, on the hour and the half hour, from 7am until 10pm; shuttle passes are \$5 per room (not per person) per day, within 5 mile radius of hotel. Indoor pool and exercise facility.

*Hampton Inn*

(919) 688-8880

1542 North Gregson Street

4.2 miles (approximately 6 minutes by car) from Workshop site

\$133-147/night plus tax (2022 rate)

*La Quinta Inn & Suites*

(800) 531-5900

4414 Durham Chapel Hill Blvd.

6.65 miles (approximately 11 minutes by car) from Workshop site

\$97/night plus tax (2022 rate)

**Alternative Lodging Arrangement**

Whitney Air B&B

*Address*

4012 Forrestdale Drive, Durham, NC 27712, United States

812-345-0147

30-minute walk to workshop site

??? cost \$\$

**Recommended Transportation**

If you do not drive to Durham, we strongly suggested that you **rent a car**, as you will need individual transportation, and the weather during the summer months can be very hot or stormy. You will need to travel for lunch and dinner, mentoring sessions, and to get to the library or other places of interest during your free time.