

## Malik Muhammad Sohail, PhD



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### Academic Positions

- Apr 2022-Present Assistant Professor, Department of Sociology, University of Chakwal, Pakistan
- June 2018-Present Senior Research Fellow, the Center for Health Policy & Inequalities Research, Duke University, Durham, USA
- Sep 2020-Apr 2022 Lecturer, Department of Sociology, Institute of Arts and Sciences, Government College University Faisalabad (Chiniot Campus), Pakistan
- Dec 2017-Jun 2018 Research Fellow, Department of Anthropology, Harvard University, Boston, USA

### Administrative Positions

- Apr 2022-Present Deputy Director, Quality Enhancement Cell, University of Chakwal, Pakistan
- 2020-2022
- In-charge, Department of Sociology, Institute of Arts and Sciences, GCUF, Chiniot Campus, Pakistan
  - Coordinator, Quality Enhancement Cell
  - Convener, Student Affairs Committee

### Education

- 2014-2020 PhD, Department of Sociology, University of Sargodha, Pakistan

	Dissertation Title: Role of Religion, Spirituality and Social Support in Coping with Chronic Illness among Hepatitis patients in Punjab, Pakistan.
2011-2013	M. Phil, Department of Sociology, GC University Faisalabad, Pakistan
2009-2011	M. Sc., Department of Sociology, University of Sargodha, Pakistan

### **Professional Experiences and Achievements**

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|-------------------|---|
| Apr 2020          | Won SSHRC research grant of 5000 CAD to work on my PhD thesis and world values survey under supervision of Dr. Zachary Zimmer   |
| Dec 2017-Jun 2018 | IRSIP Research Fellow, Department of Anthropology, Harvard University, Cambridge, Massachusetts, USA  |
| Aug 2017-Jan 2018 | Research Associate, Project on Self, Identity and Wellbeing, University of St Andrews, Scotland, United Kingdom   |
| 2012-2017         | Visiting Lecturer of Sociology at; <ul style="list-style-type: none"> <li>- National Textile University, Pakistan (2012-2017)</li> <li>- Government College University Faisalabad, Pakistan (2014-2015)</li> <li>- NFC Institute of Engineering and Fertilizer Research Faisalabad, Pakistan (2014-2016)</li> </ul> |
| Jun-Dec 2010      | Worked as research coordinator and administered a research survey in Sarsabz Foundation Pakistan (Faisalabad based NGO)   |
- Got first position throughout Punjab in PPSC (lectureship) 2017
  - Won *Gold Medal* in M.sc Sociology from University of Sargodha.
  - Writing blogs/features on diverse psychosocial issues in different news agencies and websites; Baseerat Afroz, Sujag, Jang news and Duniya news in Pakistan
  - PhD work is a pioneer work in the field of *Religion and Health* and *Social Medicine* in Pakistan

### **Grants, Contracts and Research Awards**

- Religion, spirituality, physical and psychological well-being in Muslims: Exploring associations within new and unique Pakistani contexts. Principal Investigator, July 2020 - March 2022, SSHRC Explore Grant, \$4,999 CAD.

### **Conferences, Seminars and Trainings**

- Attended European Conference on Religion, Spirituality and Health from 23 May to 28 May 2021.
- Attended a workshop on “Anxiety & Depression in Children” facilitated by Rutgers New Jersey Medical School, New Jersey, USA on 27 August 2021.
- Presented a paper titled ‘Coping with Terminal Illness: Role of Faith and Social Relationships’ in the International Online Medical Sociology Annual Conference 2021 Organized by the Department of Sociology, Bahauddin Zakariya University Multan, Pakistan.
- Participated in Pre-Conference Workshop on ‘Researching A Sensitive Issue: Some Methodological Considerations’ held on 3rd January 2021 Organized by The Department of Sociology, Bahauddin Zakariya University Multan, Pakistan.

- Attended an online webinar on Women in Science and Global Health by Aga Khan University, Karachi, Pakistan on November 25, 2020
- Presented paper “Coping through Religiosity, Spirituality and Social Support among Muslim Chronic Hepatitis Patients” in 1st National Conference on Public Health held on March 08, 2019 in Department of Public Health, Institute of Social and Cultural Studies, University of the Punjab, Lahore
- Attended induction training for lecturers by Punjab Public Service Commission from 9<sup>th</sup> to 21<sup>st</sup> July 2018.
- Presented paper “Faith and Wellbeing of Patients: Future Role of Sociology in Healthcare” in a two days 1st National Conference on Teaching Sociology in the Muslim World: Challenges and Remedies” held on 21-22nd March, 2017 in Department of Sociology, Gujrat University, Gujrat
- Attended the workshop offered through Duke University’s Social Science Research Institute (SSRI) on Qualitative Data Analysis on 14 February, 2018
- Attended a conference (Mind Body Research Conference) in school of public health, university of Maryland college park on 10 April 2018.
- Attended a conference, Department of Anthropology, Quaid-i-Azam University Islamabad Pakistan and co-authored paper on “Evaluation of International Migration as a Determinant of Poverty Reduction in Faisalabad, Pakistan” 27-28 March, 2014 supported by Higher Education Commission Govt. of Pakistan, British Council Islamabad, University of Sussex, Brighton, UK, and Preston University, COMSATS & International Labor Organization (ILO).
- Presented paper “Social and Psychological Issues of Left behind Families of Workers Migrated to Gulf Countries” in Two Days International Conference on Labor Migration and the Role of Broker in the Recruitment of Work force in Pakistan held on 17-18, February 2016 in University of Sargodha, Pakistan
- Presented paper “Who Gives and Why? A Study on Social Factors Affecting Charity Giving Behavior” in Two Days International Conference on Islamic Charity and Social Development in Pakistan held on 09-10, March 2016 in Quaid-e-Azam University Islamabad, Pakistan (HEC Funded Thematic Research Project Phase III)

## **Publications**

1. Saeed, S., Asim, M. & **Sohail, M.M.** (2021). Fears and barriers: problems in breast cancer diagnosis and treatment in Pakistan. *BMC Women's Health* 21, 151.
2. Mahmood, Q. K., Jafree, S. R., **Sohail, M. M.** & Akram, M. B. (2021). A Cross-Sectional Survey of Pakistani Muslims Coping with Health Anxiety through Religiosity during the COVID-19 Pandemic, *Journal of Religion and Health*. DOI: 10.1007/s10943-021-01218-5.
3. Wilder, J. M., Evon, D. M., Jean Proeschold-Bell, R., Yao, J., **Sohail, M.M.**, Niedzwiecki, D., ... & Muir, A. J. (2021). Why do patients with chronic hepatitis C drink alcohol? An examination of pain, depression, and drinking motives. *Journal of Viral Hepatitis*. DOI: 10.1111/jvh.13474.
4. **Sohail, M.M.**, Jia, Y., Muir, A., Evon, D., & Proeschold-Bell, R.J. (2021). Change in alcohol use and association with positive and negative emotions: Results from an alcohol treatment study with hepatitis C patients. *Alcoholism Treatment Quarterly*, DOI: 10.1080/07347324.2020.1868957.

5. **Sohail, M. M.**, Manj, Y. N., & Sher, F., (2020). Socio-Demographic Differences in Coping among Chronic Hepatitis Patients. *International Review of Social Sciences*, 8(9), 272-281.
6. Mahmood, Q.K., Jafree, S.R. & **Sohail, M.M.** (2020). Pakistani Youth and Social Media Addiction: the Validation of Bergen Facebook Addiction Scale (BFAS). *International Journal of Mental Health and Addiction*.  
<https://doi.org/10.1007/s11469-020-00391-0>
7. Keyes, C.L.M., **Sohail, M.M.**, Molokwu, N.J., Parnell, H., Amany, C., Kaza, V. G. K., Saddo, Y. B., Vann, V., Tzudier, S., & Proeschold-Bell, R.J. (2020). How would you describe a mentally healthy person? A cross-cultural qualitative study of caregivers of orphans and separated children. *Journal of Happiness Studies*.
8. **Sohail, M. M.**, Qaisar Khalid Mahmood, Falak Sher, Muhammad Saud, Siti Mas'udah & Rachmah Ida (2019). Coping Through Religiosity, Spirituality and Social Support Among Muslim Chronic Hepatitis Patients. *Journal of Religion and Health*.
9. **Sohail, M. M.**, Ahmad, S. & Maqsood, F. (2019). The Role of Socio-demographics in Adoption of Religious–Spiritual and Other Coping Strategies Among Muslim Chronic Patients with Hepatitis C in Pakistan, *Journal of Religion and Health*,
10. Proeschold-Bell, R. J., Molokwu, N. J., Keyes, C. L., **Sohail, M. M.**, Eagle, D. E., Parnell, H. E., ... & Biru, B. M. (2018). Caring and thriving: An international qualitative study of caregivers of orphaned and vulnerable children and strategies to sustain positive mental health. *Children and Youth Services Review*.
11. **Sohail, M. M.** Belief in God's Help during Hepatitis-C; A Qualitative Study on Muslim Patients, *Journal of Religion and Health*, 2018.
12. **Sohail, M. M.** & Yasin, G. Religious coping in hepatitis C in Punjab, Pakistan, *Rawal Medical Journal*, 2018; 43 (1), pp. 14-17
13. Asim, M. Saeed, S. **Sohail, M. M.** Safdar, R. & Sher, F. Religiosity in coping with pain, dejection and social isolation; a qualitative study on cancer patients, *JUMDC*, 2017; 8(3).
14. **Sohail, M. M.**, Ahmad, S. & Yasin, M. G. A phenomenological account of social sources, coping effects and relational role of social support in nursing among chronic patients with hepatitis, *Journal of Research in Nursing*, 2017; 0(0) 1–17.

### Services as Reviewer

- Currently reviewer of international journals;
  - Journal of Community Psychology
  - Rawal Medical Journal
  - International Journal of Human Rights in Healthcare
  - Journal of Research in Nursing
  - Journal of Quality Assurance in Education