

ACCOMMODATIONS FOR 2019 SUMMER WORKSHOP INCLUDE:

Prices are per night (quoted in 2018), are for ranges of different styles of rooms, and include group discounts. See recommended method of transportation below hotels.

#1. *Courtyard-Marriott Durham (3-star hotel)*

(919) 309-1500, ask for Harold Koenig's Duke Workshop

1815 Front St.

1.85 miles (approximately 3 minutes by car) from Workshop site

\$99/night special rate

[Book your group rate for Duke Workshop](#)

Contact: Ken Mueller if problems (DurhamCYDOS@ih-corp.com)

Website: <http://www.marriott.com/hotels/travel/rdufs-courtyard-durham-near-duke-university-downtown/>

Amenities

- Complimentary transportation Monday-Friday 7am-9pm
- Restaurant serving Breakfast, Dinner and Full Bar 7 Days a week
- The Market, offering food choices 24/7 in the lobby
- Complimentary wireless Internet throughout entire hotel

Comment: better than Quality Inn and Comfort Inn (below), but not the Hilton

#2. *Comfort Inn Medical Park (2-star hotel, but much better than Quality Inn below)*

1816 Hillandale Rd, Durham, NC 27705

Phone:(919) 471-6100

2.2 miles (approximately 3 minutes by car) from Workshop site

Amenities

- Free hot breakfast
- Outdoor pool
- Sauna & Gym
- Complimentary wireless Internet throughout entire hotel

\$75/night

Comment: best of the low-cost hotels

#3. *Quality Inn & Suites (2-star hotel, although that is being generous)*

(919) 382-3388, ask for the Duke Spirituality & Health Workshop

3710 Hillsborough Rd, Durham, NC 27705

1.4 miles (approximately 2 minutes by car) from Workshop site

Exclusive Duke Rate of \$49/nite to include fresh hot breakfast, internet and parking.

Reservations must be made by 7/27/2019.

Online reservations: <https://www.choicehotels.com/reservations/groups/ET26K8>

Amenities: Outdoor pool, gym, two-room suites with refrigerator, microwave

Comment: Not the Hilton or the Courtyard, and rooms smell smoky, may affect allergy-prone people, and rather large bugs have been reported in some rooms. However, the staff is responsive to guest needs and tolerable if you don't have the budget to stay at other places.

Hilton Durham (3-star hotel)

(919) 383-8033

3800 Hillsborough Rd.

1.52 miles (approximately 3 minutes by car) from Workshop site

\$159-224/night

Comment: Nice, but you have to pay for it

Motel 6 (1-star motel)

(919) 309-0037

3454 Hillsborough Road, Durham, NC 27705

1.57 miles from Workshop site

Ask for special rate for Duke Spirituality & Health Workshop participants

\$45-60/night

Comment: Only if you can't afford to stay anywhere else; not a good area.

Millennium Hotel (3-star motel)

919-383-8575

2800 Campus Walk Avenue

2.5 miles from Workshop site

\$90-120/night (ask for Duke Spirituality & Health Workshop rate)

Comment: Nice, but farther away from workshop. Has shuttle that runs every 30 minutes, on the hour and the half hour, from 7am until 10pm; shuttle passes are \$5 per room (not per person) per day, within 5 mile radius of hotel. Indoor pool and exercise facility.

Hampton Inn

(919) 688-8880

1542 North Gregson Street

4.2 miles (approximately 6 minutes by car) from Workshop site

\$133-147

La Quinta Inn & Suites

(800) 531-5900

4414 Durham Chapel Hill Blvd.

6.65 miles (approximately 11 minutes by car) from Workshop site

\$84-104

Recommended Transportation

If you do not drive to Durham, we strongly suggested that you **rent a car**, as you will need individual transportation, and the weather during the summer months can be very hot or stormy. You will need to travel for lunch and dinner, mentoring sessions, and to get to the library or other places of interest during your free time.