

Rabbi Jonathan Schwartz, PsyD



Education:

PsyD. (Clinical) Ferkauf Graduate School of Psychology, Yeshiva University, January, 2002.

M.A.: Psychology, Yeshiva University, January, 1999

B.A.: Psychology, (Magna Cum Laude) Yeshiva University, May 1996.

Honors and Awards:

Jerry Clair Scholarship, Yeshiva University, 1999-2001

Elanore and David Rukin Scholarship, Yeshiva University, 1997-1999

Sternberg Award for Excellence in Psychology, Yeshiva University, 1996

Dean's List, Yeshiva University, 1994-1996

Psi Chi, 1995-1996

Rudy Rosen Community Service Award, Woodmere, NY, 1994

Walter Wolff Contribution to Community Award, 1992

Professional Experience:

Licensed Clinical Psychologist, State of New York

Licensed Clinical psychologist, State of New Jersey

Clinical Director, Center for Anxiety Relief. Union, NJ. April, 2010-Present. Duties: Run all aspects of a clinical practice. Individual, Group and Couples therapy. Specialty in OCD and Anxiety disorders.

Senior Staff Psychologist, Center for Cognitive Behavioral Psychotherapy. New York, NY (www.ocdonline.com). April 2004-Present. Duties: Individual, Group and Couples therapy. Specialty in OCD and Anxiety disorders. Occasional supervision of

interns and junior staff. Steven Phillipson PhD, Clinical Director, Ivy Marcus PhD, Administrative Director.

Senior Rabbi at Congregation Adath Israel in Elizabeth, NJ (a congregation of 165 families), currently

Assistant Rabbi at the Fifth Avenue Synagogue in Manhattan, New York (formerly)

Visiting Assistant Professor, Stern College for Women. New York, NY. September, 2002-September 2004. Duties: Teach introductory and advanced courses in Psychology to undergraduate students. Courses include: Introductory Psychology, Lifespan Development, Personality Theory, Geropsychology, Health Psychology.

Psychotherapist, Tikvah at OHEL, Brooklyn, NY. January 2002-August, 2003. Duties: Intakes, Assessments, individual, couples and group therapy with patients suffering from a variety of psychological disorders. Patient age ranges from School-aged children to geriatric patient load. Supervisors: Hindie M. Klein, PsyD Clinical Director, Susan Binsky, CSW, Clinical Coordinator.

Psychology Internship: Department of Veteran's Affairs, Bronx VA Medical Center, Bronx, NY. October 2000 - October 2001. Duties: Intakes, Inpatient and Outpatient individual, couples, and group psychotherapy. Psychological testing and evaluation. Supervision of extern. Rotations include: Inpatient Psychiatry, Outpatient Psychiatry, Primary Care Psychology, Spinal Cord Injury, Palliative Care, Substance Abuse Services, Geriatric Psychology, Memory Program, Weight Management program in an APA approved internship program. Dr. Steven Bacon PhD, Chief, Psychology Service, Dr. Gail Maurer, PhD. Co-Director of Training.

Coordinator, Special Project - Pesach Tikva Door of Hope Continuing Day Treatment Program, Williamsburgh, NY. November, 1999 - May 2000. Duties: Develop, plan and coordinate specialleaming program for Milieu therapy-based program of ultra-orthodox Jewish adults in continuing day treatment. Involves training hired mental health assistants to work with this population and coordination with regular mental health team. Dr. Neal Goldberg, PhD. Executive Director.

Adjunct Instructor in Psychology - Touro College, Brooklyn, NY. Summer sessions, 1999, 2000, 2002. Duties: Teach advanced courses in Child Psychopathology, Developmental Psychology and Theories of Personality to undergraduate students. Marc Press, PhD, Department Chair.

Psychology Extern, Department of Psychiatry - Bird S. Coler-Goldwater Memorial Hospital, Roosevelt Island, NY, September, 1998-June, 1999. Duties: Intakes, assessments, individual and group psychotherapy with inpatient population in New York City's largest long term care facility. Worked with diverse populations including: geriatric, rehabilitation, AIDS and cardiac rehabilitation. Supervisor: Dr. A. Thomas Gambacorta PhD., Chief Psychologist.

Psychotherapist, Max and Celia Parnes Center for Psychological and Psychoeducational Services- Bronx, NY, September, 1997-September,2000. Duties: Intakes, Assessment and individual therapy with patients in an outpatient school-based community mental health clinic. Supervisors: Carl Auerbach, PhD, Marcel Perlman, PhD, Martin Rock, PhD.

Psychology Extern, Phobia and Anxiety Relief Center - Penninsula Counseling Center, Lynbrook, New York, August 1997 - August 1998. Duties: Intakes, Assessments, individual couples and group therapy with patients suffering from a variety of psychological disorders. Patient age ranges from adolescence to geriatric patient load. Supervisor: Dr. Marla Sue Ince PhD., Director of Phobia Center.

Psychology Extern, Ezra Project - Penninsula Counseling Center, Woodmere, New York, August 1997 - August, 1998. Duties: Individual and Group therapy with Orthodox Jewish patients with a variety of psychological disorders. Age range from school-age children to late adolescence. Supervisor: Dr. Marla Ince PhD., Program Director: Elizabeth Schwartz, CSW.

Consultant, Web Project, Ferkauf Graduate School of Psychology, Yeshiva University, New York, Fall 1995- January, 2002 .. Duties: proposed, created and helped design Ferkaufs home page on the World Wide Web (<http://www.yu.edu/fgs>) to be user-friendly for undergraduate and graduate students alike. Supervisor: Michael Gill M.A., Assistant to the Dean, Director of Masters programs, Marc Rosenthal, Director of Academic Computing.

Research Experience:

Research interest in the fields of religion and spirituality, Anxiety, OCD, Trauma and Geropsychology, Holocaust survivors. (Fluency in Hebrew, Proficiency in Yiddish)
Dissertation title: *Stunned Silence: Trauma, Safety and the Aging Holocaust Survivor.*
Carl Auerbach, PhD, Dissertation Chair. Dissertation approved and accepted December 7,2001.

Research Interviewer, Edward and Esther Polisher Research Institute, Philadelphia Geriatric Center, 1999-2000. Duties: Interview elders, caregivers, family members, and administrative staff working with Elder survivors of trauma in long term care. Michelle Gagnon, PsyD. Project Coordinator, Allen Glicksman, PhD. Principal Investigator.

Professional and Honor Societies:

Psi Chi, National Honor Society in Psychology
American Psychological Association
NEFESH

Publications:

1. Auerbach, C.F., Mirvis, S, Stern, S. & Schwartz, J. (2009). Structural dissociation and its resolution among Holocaust survivors:A qualitative research study. Journal of Trauma and Dissociation, 10 (4), 385 – 404.
2. Schwartz, J. (2009). Did I do it right?: Mikvah with Tikvah. Mind, Body & Soul, 28-30.
3. Schwartz, J. (2008, February). Am I too Perfect??: Obsessive Compulsive Personality Disorder and the Orthodox Jewish Community. The Jewish Press Supplement on Mental Health. The Jewish Press, M16.
4. Schwartz, J. (2007, March). Did do it right??: OCD and the Orthodox Jewish community. The Jewish Press Special supplement on mental health. The Jewish Press, M8.
5. Schwartz, J. (2006). Mature Melancholia??: Beating the depression blues in the later years. The Jewish Press (January, 2006). M6.
6. Schwartz, J. & Phillipson, S. (2006). Unscrupulous Scruples?: God Forbid. OCD Online. See website: http://www.ocdonline.com/Unscrupulous_Scruples_JSchwartz.php
7. Schwartz, J. (1998). Psychodynamic perspectives on a classification of a geriatric depression. Carpe Mentum, 3, 45-55.
8. Schwartz, J. (1996). Alcoholism and Alcoholic's Anonymous. Carpe Mentum, 1,43-65.
9. Schwartz, J. (1996). Heinz Kohut and Self Psychology. Carpe Mentum, 1, 65-77.
10. Schwartz, J. (1996). Lessons from the Dark: Rabbinical dream philosophy. Orchos Aliyah: The Forum for Ascent, 2 (3), 8-12.
11. Schwartz, J. (1994, March). A man's communal obligations: A Talmudic perspective. B'Lektcha BaDerech (Hebrew), 35, 57,.,62.
12. Schwartz J. (1992). When a child hears conflicting commands. Maskil Li'asyon (Hebrew), 1,68-73.

Presentations:

Schwartz, J. (2011). When and Why to Refer? Rabbi Isaac Elchanan Theological Seminary, November 1, 2011.

Schwartz, J. (2011) Obsessive Compulsive Disorder: Assessment, Treatment and Special populations. Full day seminar at Zachter OHEL Institute for Training, Brooklyn, NY. June 13, 2011.

Schwartz, J. (2010). Obsessive Compulsive Disorder and the Orthodox Jewish Community. Yeshiva University. December 10, 2010.

Schwartz, J. (2010). Obsessive Compulsive disorder. Keynote session as part of Yeshiva University Medical Ethics Society conference, "A Beautiful Mind: Jewish Approaches to Mental Health." October 31, 2010.

Schwartz, J. (2010). Rabbinic limitations: how and when to refer. Rabbi Isaac Elchanan Theological Seminary, October 17, 2010.

Schwartz, J. (2010). When to refer. Rabbi Isaac Elchanan Theological Seminary, January 15, 2010. New York, NY.

Schwartz, J. (2008). Flipping out?: The Israel study syndrome. Leil Iyun of the Federation of Central New Jersey, January 15, 2008. Scotch Plains, New Jersey.

Schwartz, J. (2007). Prayer and Health: Where Grey's Anatomy meets Chicago's Hope. Leil Iyun, Federation of Central New Jersey, January 12, 2007. Scotch Plains, New Jersey.

Schwartz, J. (2006). Death: Dealing with emotions. Riverside Memorial Chapels Conference ("Death, a reality of life; how do you cope?"). November 2, 2006. New York, NY.

Schwartz, J. (2006). I am yours and my Dreams are yours: Rabbinical approaches to dreams. Federation of Central New Jersey Leil Iyun. January 15, 2006. Scotch Plains, New Jersey.

Schwartz, J. (2003). Dare to Dream: Psychological and Judaic approaches to dream interpretation. Bialastoker Society. December 25, 2003. New York.

Schwartz, J. (2002). Psychotrauma: Terror and Response. An Evening with Dr. Danny Brom. Moderator, Young Leadership of Fifth Avenue Synagogue. April 29, 2002: New York.

Schwartz, J. (2001). Current Perspectives on the Dissociative Style. Bronx V A Medical Center Psychiatry Resident Psychology Intern Grand Rounds. April 20, 2001: Bronx, NY.

Schwartz, J. (1999). "Alcoholism and Substance Abuse in the Orthodox Jewish Community" RIETS Yom Iyun Program Coordinating Co-Chair, Rabbi Issac Elchanan Theological Seminary, September 16, 1999: New York.

Schwartz, J. (1998). "It could happen in our home: Spousal and Child Abuse

in the Jewish Community" RIETS Yom Iyun Program Steering Committee, Rabbi Issac Elchanan Theological Seminary, October 4, 1998: New York.

Schwartz, J. (1997) "Graduate School and the Orthodox Jewish student" Psychology club meeting Yeshiva College, April 14, 1997: New York.

Schwartz, J. (1996) "So You Wanna Go to Graduate School." Psi Chi meeting, Y.U. Chapter, November 26, 1996: New York.

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