



Michelle J. Pearce, Ph.D.

Dr. Michelle Pearce is a clinical psychologist who specializes in behavioral medicine and spirituality and health. Dr. Pearce received her Ph.D. from Yale University after completing an internship in medical psychology at Duke University Medical Center. She completed one post-doctoral fellowship in Cognitive Behavioral Therapy (CBT) at Duke University Medical Center and another in Spirituality and Health at the Duke Center for Spirituality, Theology, and Health. She is currently an Assistant Professor in the Center for Integrative Medicine within the Department of Family and Community Medicine at the University of Maryland School of Medicine. She is also an Adjunct Assistant Professor in the Department of Psychiatry and Behavioral Sciences at Duke University Medical Center.

Dr. Pearce researches the relationship between religion/spirituality, coping, and health; spiritual needs among end of life oncology patients; and the integration of spirituality into the practice of psychotherapy. She has a passion for the application of clinical research to improve patient care and quality of life. She is also committed to teaching and training students and health care professionals. Dr. Pearce is licensed to practice psychology in Maryland and North Carolina. Her areas of clinical expertise include Cognitive Behavioral Therapy, mind-body stress reduction methods, existential issues, and behavioral medicine to address the intersection of mental and physical illness, particularly coping with chronic illness. She is the author of the book *Cognitive Behavioral Therapy for Christians with Depression: A Practical, Tool-Based Primer*.