

Kathleen S. Peindl, M.S., Ph.D.



(updated 12/10)

Primary academic appointment: Research Assistant Professor

Primary academic department: Department of Psychiatry

Date and rank of first Duke Faculty appointment: October, 2004

Citizen of: U.S.A.

<u>Education</u>	<u>Institution</u>	<u>Date (Year)</u>	<u>Degree</u>
College	Westminster College	1968	B.S. Biology
Graduate School	Duquesne University	1971	M.S. Microbiology
Graduate School	University of Pittsburgh	1993	Ph.D. Epidemiology
Certificate Program	Guild for Spiritual Guidance	2008	

Professional training and academic career:

<u>Institution</u>	<u>Position/Title</u>	<u>Dates</u>
Point Park College	Laboratory Coordinator/Biology	1968-1971
Duquesne University	Teaching Assistant	1971
University of Pennsylvania	Research Associate	1971-1975
University of Illinois/ Peoria	Research Associate	1975-1976
Community College of Beaver County	Chemistry Instructor	1981-1986
University of Pittsburgh	Research Associate	1987-1993
Case Western Reserve University	Assistant Professor	1993-2001
University of Louisville	Assistant Professor	2001-2002
Thomas Jefferson University	Research Associate Professor	2002-2004
Duke University	Research Assistant Professor	2004-
Southlight, Inc	Research Development Consultant	2007-
Faculty Scholar Duke University	Center for Spirituality and Health	2010

Trainings

Training for Interviewing with the SADS, University of Pittsburgh, Department of Psychiatry	1993
Certificate for Spiritual Guidance, The Guild for Spiritual Guidance Ossining, New York	2008

Administrative Positions

Case Western Reserve University	Research Coordinator	1993-2001
Coordinated all aspects of three NIH funded grants and created and managed all databases and coordinated the efforts for three research assistants		
University of Louisville	Research Coordinator	2001-2002

Coordinated all aspects of 3RO1 NIH funded grants including database management and statistical analyses, hiring of research staff, assisting in financial management and completing all grant renewals at Case Western Reserve and the University of Louisville

Publications:

Peer-Reviewed

Hammond BF, Steel CF, Peindl KS: Antigens and surface components associated with virulence of Actinomyces viscosus. J Dental Research 55: A19-A25, 1976.

Hammond BF, Peindl KS, Socransky SS: Isolation of plasmids from Actinomyces viscosus. J Dental Research 54: A55, 1975.

Hammond BF, Peindl KS, Socransky SS: Virulence associated with Actinomyces viscosus. J Dental Research 53:72, 1974.

Wisner KL, Peindl KS, Hanusa BH: Relationship of psychiatric illness to childbearing status: A hospital-based epidemiological study. J Affective Disorders 28: 39-59, 1993.

Wisner KL, Peindl KS, Hanusa BH: Symptomatology of affective and psychotic illnesses related to childbearing. J Affective Disorders 30: 77-87, 1994.

Wisner KL, Peindl KS, Hanusa BH: Psychiatric episodes in women with young children. J Affective Disorders 34:1-11, 1995.

Peindl KS, Zolnik EJ, Wisner KL, Hanusa BH: Effects of postpartum psychiatric illnesses on family planning. Psychiatry in Medicine 25:291-300, 1995.

Wisner KL, Peindl KS, Hanusa BH: Effects of childbearing on the natural history of panic disorder with comorbid mood disorder. J Affective Disorders 41: 173-180, 1996.

Peindl KS, Day NL, Wisner KL: Alcohol use during pregnancy. Primary Psychiatry 3: 43-45, 1996.

Wisner KL, Perel JM, Peindl KS, Findling RL, Hanusa BH: Effects of the postpartum period on nortriptyline pharmacokinetics. Psychopharmacology Bulletin 33:243-248, 1997.

Peindl KS, Wisner KL, Hanusa BH: Alcohol dependency and affective illness among women of childbearing age. Arch Women's Mental Health 1: 117-123, 1998.

Wisner KL, Peindl KS, Gigliotti T: Obsessions and compulsions in women with postpartum depression. J Clinical Psychiatry 60:176-180, 1999.

Wisner KL, Peindl KS, Gigliotti T: Tricyclics vs SSRIs for postpartum depression. Arch Women's Mental Health 1:189-191, 1999.

Piontek CM, Baab S, Peindl KS: Serum valproate levels in 6 breastfeeding mother-infant pairs. J Clinical Psychiatry 61:170-172, 2000.

Wisner KL, Perel JM, Peindl KS, Hanusa BH: Prevention of recurrent postpartum depression: a randomized clinical trial. J Clinical Psychiatry 62: 82-86, 2001.

Sultana D, Peindl KS, Wisner KL: Rash associated with St, John's Wort treatment in Premenstrual Dysphoric Disorder. Arch Women's Mental Health 3:99-101, 2001

Piontek CM, Wisner KL, Perel JM, Peindl KS: Serum fluoxetine levels in breastfed infants. J Clinical Psychiatry 62:111-113, 2001.

Oren DA, Wisner KL, Spinelli M, Epperson CN, Peindl KS, Terman JS, Terman M: An open trial of morning light therapy for treatment of antepartum depression. Am J Psychiatry 159:666-669, 2002.

Wisner KL, Peindl KS, Perel JM, Hanusa BH, Piontek CM, Baab S: Verapamil treatment for women with bipolar disorder. Biological Psychiatry 51:745-752, 2002.

Baab SW, Peindl KS, Piontek CM, Wisner KL: Serum Bupropion levels in two breastfeeding mother-infant pairs. J Clinical Psychiatry 63:910-911, 2002.

Meinert JA, Blehar MC, Peindl KS**, Neal-Barnett A, Wisner KL: Bridging the Gap: Recruitment of African-American women into mental health research. Academic Psychiatry 27:21-28, 2003
**Corresponding Author

Peindl KS, Wisner KL: Successful recruitment for women in postpartum mental health trials. J Psychiatric Research 37:117-125, 2003.

Wisner KL, Perel JM, Peindl KS, Hanusa BH: Timing of depression recurrence in the first postpartum year. J Affective Disorders 78:249-252, 2004.

Epperson CN, Terman M, Terman JS, Hanusa BH, Oren DA, Peindl KS, Wisner KL: Randomized clinical trial of bright light therapy for antepartum depression: preliminary findings. J Clinical Psychiatry. 65:421-425, 2004.

Patkar AA, Mannelli P, Peindl K, Murray H, Vergare MJ, Berrettini WH: Relationship of serum prolactin with severity of drug use and treatment outcome in cocaine dependence. Psychopharmacology 03 April, 2004 On-line publication.

Peindl KS, Wisner KL, Hanusa BH: Identifying depression in the first postpartum year: guidelines for office-based screening and referral. J Affective Disorders 80:37-44, 2004

Wisner KL, Perel JM, Peindl KS, Hanusa BH, Piontek CM, Findling RL: Prevention of postpartum depression: a randomized clinical trial. Am J Psychiatry 161:1290-1292, 2004.

Peindl KS, Weinstein S, Patkar AA, Silberman E, Vergare M: ACGME research requirements for residents in Psychiatry: Our Solution. Academic Psychiatry 28:4, 2004

Patkar AA, Mannelli P, Peindl K, Murray H, Vergare M, Berrentini WH: Relationship of serum prolactin with severity of drug use and treatment outcome in cocaine dependence. Psychopharmacology 17:68-76, 2004.

Wisner KL, Hanusa BH, Peindl KS, Perel JM: Prevention of postpartum episodes in women with bipolar disorder. Biological Psychiatry 2004;56:592-6.

Gracious BL, Hanusa BH, Wisner KL, Peindl KS, Perel JM: Weight Changes in postpartum women with remitted depression. J Clin Psychiatry 66:291-293, 2005.

Mannelli P, Patkar AA, Murray HW, Certa K, Peindl K: Polymorphism in serotonin transporter gene and response to treatment in African-American cocaine and alcohol abusing individuals. Addiction Biology 2005; 10:261-8

Patkar AA, Mannelli P, Peindl K, Murray HW, Leone FT: Changes in tobacco smoking following treatment for cocaine dependence. Am J Drug & Alcohol Abuse 2006; 32:135-48

Patkar AA, Mannelli P, Peindl H, Hill KP, Gopalakrishnan R, Berrettini WH: Relationship of disinhibition and aggression to blunted prolactin response to meta-Chlorophenylpiperazine in cocaine dependent patients. Psychopharmacology 2006; 185:123-132.

Patkar AA, Peindl K, Mago R, Mannelli P, Masand P: An Open-label, rater-blinded study of Aripiprazole as an augmenting agent in patients with treatment-resistant depression. Primary Care Companion 2006; 8:82-

Wisner KL, Hanusa BH, Perel JM, Peindl KS, Piontek, CM, Sit DKY, Findling RL, Moses-Kolko EL Postpartum Depression: A randomized trial of Sertraline vs Nortriptyline. J Clin Psychopharmacology 2006; 26:353-60.

Patkar AA, Masand PS, Pae CU, Peindl K, Hooper Wood C, Mannelli P, Ciccone P: A randomized, double-blind, placebo controlled trial of augmentation with an extended release formulation of methylphenidate in outpatients with treatment-resistant depression. Psychopharmacology 2006; 26:653-6.

Patkar AA, Mannelli P, Peindl K, Hill KP, Gopalakrishnan R, Berrettini WH: Relationship of disinhibition and aggression to blunted prolactin response to meta-chlorophenylpiperazine in cocaine-dependent patients. Psychopharmacology 185_123-32, 2006.

Patkar AA, Manelli P Hill KP, Peindl K, Pae CU, Lee TH: Relationship of prolactin response to meta-chlorophenylpiperazine with severity of drug use in cocaine dependence. Human Psychopharmacology 2006; 21:367-75.

Patkar AA, Masand PS, Krulewicz S, Mannelli P, Peindl K, Beebe KL, Wei J: A randomized, double-blind, placebo-controlled study of controlled release paroxetine in the treatment of Fibromyalgia Syndrome. Am J of Medicine 2007;120:448-54

Peindl KS, Mannelli P, Patkar AA: Trends in nonheroin opioid abuse admissions: 1992-2004. J Opioid Management 2007; 3:215-223.

Peindl KS, Masand P, Mannelli P, Narasimhan M, Patkar A: Polypharmacy in pregnant women with major psychiatric illness: A pilot study. J Psychiatric Practice 2007; 13:385-392.

Mannelli P, Patkar AA, Peindl K, Murray HW, Wu LT, Hubbard R: Effectiveness of low-dose naltrexone in the post-detoxification treatment of opioid dependence. J Clin Psychopharmacology 2007; 27:468-474.

Mannelli P, Peindl K, Masand PS, Patkar AA: Long-acting injectable naltrexone for the treatment of alcohol dependence. Expert Rev Neurotherapeutics. 2007; 7:1265-1277.

Patkar AA, Mannelli P, Peindl K, Hill KP, Wu LT, Lee T, Kuhn C. Relationship of the serotonin transporter with prolactin response to meta-chlorophenylpiperazine in cocaine dependence. J Psychiatr Res. 2008; 42: 1213-9.

Mannelli P, Patkar AA, Peindl K, Gorelick DA, Wu LT, Gottheil E. Very low dose naltrexone in opioid detoxification: a randomized, controlled trial. Addiction Biol. 2009; 14:204-213.

Mannelli P, Patkar AA, Peindl K, Gottheil E, Wu LT, Gorelick DA. Early outcomes following low dose naltrexone enhancement of opioid detoxification. Am J of Addictions. 2009; 18:109-116.

Mannelli P, Peindl K, Patkar AA. Reduced cannabis use after low-dose naltrexone addition to opioid detoxification. J Clin Psychopharmacol. 2010; 30:476-8.

Non-peer Reviewed:

Peindl KS, Wisner KL: Postpartum Depression. PCC News, University of Louisville, School of Nursing, 2002

Peindl KS: Postpartum Depression Parents Magazine, 2002

Book Chapters:

Wisner KL, Gracious BL, Piontek CM, Peindl KS, Perel JM: Postpartum Disorders: Phenomenology, treatment approaches, and relationship to infanticide. In MG Spinelli (ed) Infanticide American Psychiatric Association Press, Washington, D.C., pp35-60, 2002.

Peindl KS: Screening for depression over the first postpartum year. In C Henshaw, S Elliott (eds) Screening for Perinatal Depression Jessica Kingsley Publishers, London, UK, 2005.

Selected abstracts

1. Mattila-Evenden M, Patkar AA., Mannelli P., Peindl K., Murray HW., Bilal L..., Berrettini WH. Serotonin transporter polymorphism and Cocaine Dependence Treatment Outcome. American Psychiatric Association Annual Conference, New York, NY, May 1-6, 2004.

2. Murray HW, Patkar AA., Peindl K., Mannelli P., Purcell C, Vergare MJ., Leone FT. Tobacco smoking following treatment for cocaine dependence. American Psychiatric Association Annual Conference, New York, NY, May 1-6, 2004.
3. Bilal LA, Masand P, Marcus-Stein K, Peindl K, Mattila-Evenden M, Patkar A. Aripiprazole as an Augmentation agent in Treatment-Resistant Depression.
4. Purcell C, Peindl K, Krulewicz S, Dube E, Jiang W, Masand P, Patkar A. Predictors of response to a Placebo-controlled, Double-blind Trial of Paroxetine Controlled Release in Fibromyalgia.
5. Peindl KS, PatkarAA, Masand P et al. Psychiatric history as a predictor of drug response in irritable bowel syndrome. American Psychiatric Association Meeting, Atlanta, GA 2005
6. Peindl K A randomized double-blind placebo controlled trial of methylphenidate extended release in the treatment of antidepressant-related sexual dysfunction. American Psychiatric Association Toronto Canada May, 2006.
7. Peindl KS, Mannelli, P, Patkar A, Narasimham M. Pregnancy and Psychotropic Medication. American Psychiatric Association May 2008
8. Mannelli P, Peindl, K, Patkar A, Wu LT, Pae CU, Gorelick DA, Changes in Cannabis Use Following very low dose Naltrexone-assisted opioid detoxification

Editorial Positions

2003-Reviewer, General Hospital Psychiatry

2004-Reviewer, Social Science & Medicine

2007-Reviewer, International Journal of Psychiatry in Clinical Practice

2007-Reviewer, Social Psychiatry and Psychiatric Epidemiology

2007-Reviewer, Journal of Opioid Management

2005-Reviewer, Journal of Clinical Psychiatry

Awards and Special Recognition

1970 Phi Sigma, Honor Society in Microbiology

1989-1993 Doctoral Fellow, National Institute of Alcohol and Alcoholism, University of Pittsburgh, Graduate School of Public Health

1993 Doctoral Dissertation: Correlates and Patterns of Alcohol Consumption among Women during Pregnancy and into the Postpartum

1996 Nominated for Glennan Excellence in Teaching Award, Case Western Reserve University, Cleveland, Ohio

2000 Invited Participant in "Excellence in Leadership: A Foundation", Case Western Reserve University, Cleveland, Ohio

2002 First Place in Innovative Research, Faculty Poster Presentation, University of Louisville, Louisville, KY

2004 Faculty member, Supercourse: Depression During Pregnancy Department of Epidemiology, Graduate School of Public Health, University of Pittsburgh, Pittsburgh, PA

Invited Presentations:

National and International

1995: Effects of childbearing on the natural history of panic disorder (paper presentation) American Psychiatric Association, Miami, FL

1997: Use of Screening Instruments to identify postpartum depression (lecture). Conference on Treatment Advances in Postpartum Disorders, Cleveland, OH

1997: Postpartum Mental Disorders (Grand Rounds, Family Medicine). Case Western Reserve University, Cleveland, OH

1998: How to Critically Review A Paper (Residents' Journal Club, Department of Psychiatry). Case Western Reserve University, Cleveland, OH

1998: Alcohol dependency and affective illness among women of childbearing age (paper presentation). American Psychiatric Association, Washington D.C.

1999: Review of Clinical Trials (Child Psychiatric Residency Didactic Lecture), Case Western Reserve University, Cleveland, OH

1999: Prevention of postpartum depression (paper presentation). American Psychiatric Association, Toronto, Canada

2000: Effective screening for postpartum depression (paper presentation). Marcé Society, Manchester, UK

2001: How to start in research (lecture). Family and Community Medicine, University of Louisville, Louisville, KY

2001: Effective screening for postpartum depression (paper presentation). American Psychiatric Association, New Orleans, LA

2001: Perimenopausal mood disorders (lecture). Reproductive Endocrinology, University of Louisville, Louisville, KY

2002: Epidemiology of mood disorders among women (presentation). Twenty-eight Symposium for Advances in Clinical Psychiatry and Psychopharmacology, Louisville, KY

2002: Effects of Terrorism on Physical and Mental Health: An Epidemiological Perspective (presentation). Conference on Taking Care of Our Own: Mental Health Issues in Times of Trouble, Louisville, KY

2002: Using Statistics (presentation). Women in Academic Medicine Regional Meeting, Louisville, KY

2003: Empowering Self (presentation). Women's Health Source, Spring Conference, Thomas Jefferson University Hospital

2003: Empowering Self (presentation). Women's Health Source, Fall Conference, Thomas Jefferson University Hospital

2003: Screening for postpartum depression using the Edinburgh postnatal depression scale. Virtua Health, Voorhees, NJ

2003: Postpartum changes as they relate to fatherhood (presentation). Infant Care Nursery, Thomas Jefferson University Hospital.

2004: The Edinburgh Postnatal Depression Scale: A tool for prevention. National Institute of Mental Health, Bethesda, Maryland

2004: The Edinburgh Postnatal Depression Scale use through the first postpartum year. Grand Rounds, Department of Obstetrics & Gynecology, Thomas Jefferson University, Philadelphia, PA

2005: Recruitment of women into clinical trials: some strategies. NIDA Clinical Trials Network North Carolina Node Meeting, March 2005, Raleigh, North Carolina

2008: Non-heroin opioid treatment admissions: trends 1992-2004 Translational Addiction Seminar Series, Duke University

2009: Cannabis Use Following Low Naltrexone Addiction in Opioid Detoxification American Psychiatric Association Annual Meeting San Francisco, CA, May 2009.

Memberships in Professional and Scientific Societies:

1996-2003	American Suicide Foundation
2002-	American Public Health Association
2002-2007	Marce Society
2002-	Member, Public Health Reserve Corps, Orange County, NC
1997-2001	Research Committee, Department of Psychiatry, School of Medicine, Case Western Reserve University, Cleveland, OH
2000-2001	Representative for Department of Psychiatry, Committee on Tenure and Promotion, Case Western Reserve University, Cleveland, OH
2000-2001	Steering Committee for Women's Faculty, School of Medicine, Case Western Reserve University, Cleveland, OH
2001-2002	Research Committee, Department of Psychiatry, University of Louisville, Louisville, KY
2003-2004	Advisory Board Member, Women's Health Center. Thomas Jefferson University Hospital, Philadelphia, PA
2004-2004	Research Committee, Department of Psychiatry & Human Behavior, Thomas Jefferson University, Philadelphia, PA
2004	Grant Reviewer Susan B Korman Foundation NC Affiliate
2005	Spiritual Directors International

2007- Member Center for Spirituality, Theology and Health, Duke University, Durham, NC

2008- Community of Scholars, Center for Spirituality, Theology and Health, Duke University, Durham, NC

Teaching Activities:

1997-2000	Developed and taught an eleven-week course for PGY2 residents “Research Methods and Statistics”
1998-2001	Developed a mentoring program for medical students and residents as part of a rotation through our women’s clinic.
2000-2001	Member, Advisory Committee for Master Thesis, School of Nursing, Case Western Reserve University, Cleveland, OH
2002	Taught an eleven-week course to PGY-2 residents on Research Methods and Statistics in the Department of Psychiatry & Human Behavior, University of Louisville, Louisville, KY

Grants and Awards

1986-1987 “An Epidemiologic Study of Psychiatric Initial assessment relative to Pregnancy Status”, Research Associate, Principal Investigator: Katherine L. Wisner, M.D. Western Psychiatric Institute & Clinic, MHCRC Seed Grant #125 (\$7500)

1988-1993 “Puerperal Mental Illness and Maternal/Child Functioning”, MH-4287, Research Associate, Principal Investigator: Katherine L. Wisner, M.D. National Institute of Mental Health (\$350,000). 100% Effort

1994-1998 “Prevention of Recurrent Postpartum Major Depression: A double-blind, randomized clinical trial”. MH-53735, Project Coordinator, Principal Investigator: Katherine L. Wisner, M.D. National Institute of Mental Health (\$1,075,188) 100% Effort

1997-2002 “Postpartum Depression: Nortriptyline vs Sertraline: A double-blind, randomized controlled clinical trial, MH-57102, Project Coordinator, Principal Investigator: Katherine L. Wisner, M.D., National Institute of Mental Health, (\$1,802,000) 100% Effort

1997 “Obsession and Compulsion in Women with postpartum onset Major Depression, Project Coordinator, Obsessive-Compulsive Foundation, Principal Investigator: Katherine L. Wisner, M.D., (\$9,202) 0% Effort

1997-1999 “Prevention of postpartum episodes in women with bipolar disorder: A

randomized controlled clinical trial. Project Coordinator, Principal Investigator: Katherine L. Wisner, M.D. Stanley Foundation, (\$250,000) 15% Effort

1998-2003 “Antidepressant use during pregnancy”, MH-63338, Project Coordinator, Principal Investigator: Katherine L, Wisner, National Institute of Mental Health (\$3,000,000) 100% Effort

2003-2004 “Bipolar Disorder Center for Pennsylvanians” Research Coordinator, Site Principal Investigator: Gail Edelson, M.D., Pennsylvania Department of Health (\$6,000,000) 15% Effort

Database Management and Statistical Analysis

2003-2004 “Abilify for Treatment Resistant Depression, Co-Investigator and Biostatistician, Principal Investigator: Ashwin A. Patkar, M.D. Bristol-Myers Squibb Company Database Management and Statistical Analysis

2003-2004 “Geodon vs Haliperdiol for agitation in dementia patients, Co-Investigator and Biostatistician, Principal Investigator: Ashwin Patkar, M.D., Pfizer Corporation

2003-2006 “Serotonin and Cocaine Dependence: Treatment Implications”, Co-Investigator and Biostatistician, Principal Investigator: Ashwin A. Patkar, M.D. National Institute of Drug Abuse; Database Management and Statistical Analysis

2003-2007 “Low Dose Naltrexone in Opiate Withdrawal” Co-Investigator and Biostatistician, Principal Investigator: Paolo Mannelli, M.D. National Institute of Drug Abuse Database Creation and Management and Statistical Analysis