

Gail H. Ironson, M.D., Ph.D.



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Education

Institution	Degree	Year	Field of Study
State Univ. of N.Y. at Stony Brook.	B.S. summa cum laude	1972	Mathematics
Univ. of Wisconsin, Madison	M.S.	1974	Quantitative Psychology
	Ph.D.	1977	Quantitative Psychology
Bowling Green St. Univ.	Post-Doc.	1977-78	Industrial Psychology
University of Miami	Post-Doc.	1985-86	Behavioral Medicine
University of Miami	M.D.	1986	Medicine
Stanford University	Residency Training	1986-1990	Psychiatry

Professional Experience

Set up and Direct the Trauma Treatment Program at Univ. of Miami	1994-present
Executive Council, American Psychosomatic Society	2003-2006
AdHoc Reviewer NCCAM (Nat'l Center for Complementary & Alternative Medicine)	2007
AdHoc Reviewer MESH (Mechanisms of Emotion, Stress, and Health), NCCAM	2006
Ad Hoc Reviewer BSCH (formerly AARR-8, Reviews psychosocial AIDS Grants)Mar 2004	
Ad Hoc Reviewer AARR-8 (Reviews Psychosocial AIDS Grants) Mar, July, Nov, Mar, July	2002-3
Ad Hoc Reviewer ITV, NIMH (Interventions) Feb, July; NCCAM July	2003
President Academy of Behavioral Medicine Research (www.academyofbmr.org)	2002
Fellow, Society of Behavioral Medicine	2000
Executive Council, Academy of Behavioral Medicine Research	1997-1998
Mental Health AIDS & Immunology Review Committee MHAI-2, NIMH	1992-1996

Board Certified Psychiatrist	1992
Professor of Psychology and Psychiatry, University of Miami (hired as a tenured Full Professor straight out of residency)	1990-present
Licensed Physician, State of Florida	1991
Licensed Physician, State of California	1988
Internship (Rotating: Medicine, Neurology, Psychiatry) and Residency (Psychiatry) Stanford University	1986-90
Adjunct Associate Professor, Department of Psychology, University of Miami	1986
National Heart, Lung, and Blood Institute Post Doctoral Fellow, Behavioral Medicine Research Collaboration with Professor Neil Schneiderman	1985-86
Completed Ph.D. to M.D. program for Ph.D. scientists, University of Miami	1983-85
Associate Professor, Department of Psychology, University of South Florida, Promoted and tenured early (3 years)	1982-83
Assistant Professor, Department of Psychology, University of South Florida, Tampa	1979-82
Visiting Assistant Professor, Department of Psychology, Bowling Green State Univ., Ohio	1978-79
Post-Doctoral Research Associate in Industrial Psychology with Professor Robert Guion	1977-78
Extensive consulting in industry in the areas of: competence assessment, testing, statistics, measurement, and industrial psychology.	
Representative organizations include: American Heart Association, McBer and Co., Boston (Senior Research Associate, Summer 1982), National Center for the Study of Professions (Certification of Mental Health Workers), Educational Testing Service (Princeton, N.J.), Hillsborough County, Inland Steel, Armco Steel, Chicago Police Department, Oceanographic Institute of the State of Washington, Pediatrics Department USF Medical School, Nelson and Sweat (Attorneys)	1977-83

Honors

Recipient of a Senior Investigator Award, Society of Behavioral Medicine	2011
Named as Faculty Scholar (non resident) at Duke University	2011
President, Academy of Behavioral Medicine Research	2002
Winner of Norman Poe Award for Outstanding Cardiovascular Research	1989
Winner of Outstanding Professor Award given by Alumni Assn. Univ. of S. Florida	1983
Wisconsin Alumni Research Foundation Fellowship for study at Univ. of Wisconsin	1972,3,7
Regent's Scholarship, New York State	1968-72
Summer Fellow, Educational Testing Service, Princeton, New Jersey	1975
Fellowship for Institute of Behavior Genetics, Boulder, Colorado	1974

Editorial and Review Activities

Editorial Board, International Journal of Behavioral Medicine	1999-present
Guest reviewer: Arch of Gen Psych, Brain Beh & Immunity, JAMA	2011
Guest Reviewer: Health Psychology, J. of Beh. Med., Psychosomatic Med.	1988-present
Ad Hoc Reviewer, MESH (Mechanisms of Emotions, Stress and Health), Oct	2009
Ad Hoc Reviewer, NCI Eureka Grants, April	2009
Ad Hoc Reviewer, HIV Stimulus Recovery (ARRA) Grants, June	2009
Invited Reviewer DUKE University Spirituality and Health Program/Templeton Foundation	2007
Invited participant/speaker NIMH Mental Health Considerations in Secondary HIV Prevention, July 19,20	2007
Ad Hoc Reviewer MESH (Mechanisms of Emotion, Stress, and Health), June	2006

Ad Hoc Reviewer NCCAM	2003-7
Reviewer State of California UARP Grants	2006
Editor of Special Issue on Positive Psychology Int'l J of Behav. Medicine	Spring 2005
Ad Hoc Reviewer, BSCH (formerly AARR-8, Psychosocial AIDS Grants),	2004
Ad Hoc Reviewer, AARR-8 (Psychosocial AIDS Grants), ITV(Interventions) NIMH	2002-5
Editorial Board, AIDS and Behavior	1996-2004
Associate Editor, Mind/Body Medicine	1994-1999
Mental Health AIDS and Immunology Review Committee, MHAI-2, NIH	1992-1996
Associate Editor, Health Psychology	1992
Consulting Editor, Journal of Applied Psychology	1982-83
Member Numerous Special Review Committees for NHLBI, NIA, NIMH, NCI	1986-present
Topics include psychoneuroimmunology and HIV, psychoneuroimmunology and cancer, health interventions in industry, aging and the immune system, psychological factors and cardiovascular disease, etc.	
Chairperson, Committee on Psychological Tests and Assessments, Amer. Psych. Assn.	
Primary author of APA policy statement on truth in testing legislation	1982
Advisor to Standards Committee (Standards for Educational and Psychological Tests)	
Published jointly by APA, AERA, and NCME	

Invited Presentations

Invited Speaker, Society of Behavioral Medicine, Spirituality and Health, April	2011
Invited Presenter (Webinar), Chronic Fatigue Assn (CFIDS), December	2010
Invited Workshop, Stress Management, SAMHSA, Long Beach California Nov 19-20	2009
Invited Speaker International Conference on HIV Treatment Adherence, IAPAC (April 6)	2009
Invited Speaker, Religious Practice and Health; Heritage Foundation, Dec	2008
Invited Speaker to Represent APS Academy of Psychosomatic Medicine Nov	2008
Invited Speaker, Master Lecture Series, Duke University, Spirituality and Health, Feb.	2008
Invited Speaker NIMH Mental health Considerations in HIV Research, July	2007
Invited Speaker, University of Cincinnati Medical School, Feb	2007
Invited Speaker, CAPS (Center for AIDS prevention Studies),	2007
University of California at San Francisco Medical School, Feb	
Invited Speaker Univ. of California at Berkeley, Metanexus/Templeton Foundation	2006
Spiritual Transformation in HIV, April	
Invited Keynote Speaker PreConference, Society of Behavioral Medicine, Santa Clara University	
Topic: Spirituality	2006
Invited Speaker to represent APS at the American Psychiatric Association Meeting, May	2005
Invited Speaker Harvard October ,University of Southern California Nov.	2004
Psychology of Health and Long Survival with HIV	
Invited Participant NIH/NCI group April; NCCAM strategic planning group June	2004
Invited Speaker, Stanford May; UCLA November, NIMH (AIDS PNI Jan)	2003
Invited Speaker ICIHS/NIH, Spirituality in HIV Patients	2003
Invited Speaker, Dept of Defense, Stress, Massage, and the Immune System	2002
Invited Speaker, UCLA "The Doctor-Patient Relationship and Health in HIV".	2001
Invited Speaker (APS Scholar Award) University of Louisville, Ky.	2001
Invited Speaker, Ohio State. Psychoneuroimmunology	1998
Keynote Speaker, American Massage Therapy Ass'n. "Massage and the immune system"	1998
Invited Speaker, " Changes in the immune system from 2 mos. to 2 yrs. after	

Hurricane Andrew", Amer. Inst. for Stress Research; Montreaux, Switzerland	1996
Invited Speaker, "Hurricane Stress and the Immune System," U.C.L.A.	
Norman Cousins invited lecture series	1995
Invited Speaker, "Stress and Coping," University of Miami	1991,1993,1994
Invited Speaker, "Gender Differences in Stress: Immunological Aspects, " NIH	1993
Invited Seminar Leader: "The Immune System" A continuing education seminar for Health Professionals, Cortext	1988
Invited Presentation: NIMH wkshp., Psychoneuroimmunology of AIDS, Tiburon, CA	1987
Invited Speaker: "Job Stress and Health", Bowling Green State University	
Job Satisfaction Advances in Research and Applications Conference	1987
Invited Panelist: MacArthur Foundation Conference on Ambulatory Monitoring, Duke University Medical Center	1987
Invited Speaker: University Hospital Department of Community Health and Family Medicine, Jacksonville, FL. "Stress and Cardiovascular Disease."	1986
Invited Speaker: Johns Hopkins Univ. (item bias)	1981
Invited Speaker: Univ. of Minnesota (latent trait theory)	1981

Funding

Spiritual Coping with Trauma: Implications for Disease Progression, Health Behaviors, and Ten-Year Mortality in People with HIV. Templeton Foundation, Grant #14536 Role - P.I. \$189,000	7/09– 1/12
Compassionate Love and its relationship to health behavior, disease progression, and 10 year mortality in people with HIV. Fetzer Foundation, Grant 2347.10 \$148,000	11/09-12/13
HIV Prevention and Trauma Treatment for MSM with Childhood Sexual Abuse Histories R01: NIH Role: Co-Investigator; (OCleirigh, PI) Subcontract Direct \$191,000 year 1	7/11-6/16
1RC2 MD004783 Lovell Jones (Multisite Grant PI); Jarrard Goodwin (Miami PI) Gulf Coast Trans Disciplinary Research Recovery Center on Minority Health My role: Project Leader: Mitigation of Acute Traumatic Stress \$277K/year	10/09-7/12
Past Funding: 1R01 MH066697 Ironson (PI) Psychobiological Processes and Health in HIV/AIDS This investigates biological mediators (Cortisol, NK cells, Cytotoxic T lymphocytes) between psychological factors and disease progression in HIV. Role: Principal Investigator NIH/NIMH, 2.9 million	July 03- 6/30/10

1R01 AT002035 Ironson (PI)	7/31/03- 10/31/10
Efficacy of an Emotional Disclosure Intervention in HIV	
This study investigates the efficacy of emotional disclosure and depth processing through writing on health and well being in patients with HIV/AIDS	
Role: Principal Investigator	
NIH/NCCAM, 3.6 million,	
Spiritual Transformation in the Face of Illness: AIDS	6/15/03-1/2010
This study investigates, both qualitatively and quantitatively, the role played by spirituality in adjustment to HIV and in disease progression in HIV. It also investigates the impact of HIV on spirituality.	
Role: Principal Investigator	
Templeton/Metanexus, \$150,000	
NIA Contract: Health and Personality Support Funds	2008
\$58,175	
Glaxo-Smith-Kline "Medical Decision Making in HIV" (P.I.)	\$52,000 1/03-5/06
NIA "Longitudinal Analysis of Depression, Hopelessness, and Personality in HIV"	12/01-7/03
Series of 4 grants (P.I.) \$170,050	
NIMH "Behavioral Intervention for Women with HIV/AIDS"	
(Investigator; S. Weiss P.I.) \$556,910 9/00-8/05	
NCI "Center for Psycho-Oncology Research," Stress Management Intervention	
for Women with Breast Cancer (Project Leader), Project 2 \$10,564,229 9/99-8/04	
NIMH "Behavioral Management and Stress Responses in HIV/AIDS"	
(Project Leader) CBSM for women with HIV/AIDS \$13,815,018 5/98-4/03	
DOD "Message Therapy for Reducing Stress Hormones and Enhancing Immune	
Functioning of Breast Cancer Survivors" (P.I.), \$206,275 ADC 8/99-8/02	
Action for AIDS – (3 grants) Studying Non-Progressors (P.I.), Neurohormones (P.I.,	
3.5 Yr Follow-Up (P.I.) Total \$40,000 6/99-6/01	
NCI "Quality of Life in Adult Cancer Survivors" (Investigator)	\$1,369,438 9/98-8/03
NIH "Psychology of Health and Long Survival with HIV/AIDS" (P.I.)	1996-2001
(\$1.8 million)	
NIH "Behavioral Interventions for Women with AIDS (Co-P.I.; S. Weiss-P.I.)	1996-2000
(\$3.4 million TDC)	
NHLBI "Enhancing Recovery in Coronary Heart Disease Patients"	1996-2001
(Investigator; Schneiderman-P.I.; \$1.4 million TDC)	
NHLBI "Biobehavioral Bases of CHD Risk and Management"	1996-2001
(Investigator; Schneiderman-P.I.; \$7.7 million TDC)	
Health Foundation of South Florida "Recovery from Hurricane Andrew" (P.I.)	1996
(\$50,000)	
Sylvester Cancer Center "Stress Management for Women with Breast Cancer" (P.I.)	
(\$30,000) 1995	
NCI "Adjustment to Breast Cancer Among Younger Women" (Investigator;	
Charles Carver, P.I.; \$828,236 TDC) 1994-1999	
NIMH "HIV+ African American Post Partum Women and their Families" (Investigator)	1993-1996
University of Miami Research Council "Hurricane Andrew Follow-Up" (P.I.)	1993
NIMH funded program project: Behavioral Management and Stress Responses in	
HIV-1 (Statistics Core Leader, Co-Project Leader) 1993-1998	
NHLBI funded program project: Psychophysiology of Cardiovascular Reactivity	

(Project Leader; Neil Schneiderman - P.I.)	1991-1996
Biomedical Research Support Grant (NIH). Neuroendocrine and Immune Reactivity in HIV Seronegative and Seropositive Gay Men. (P.I.)	1990
Collaborated in design and writing of funded Center Grant on exercise, stress, psychosocial variables, immune function and health in HIV positive and negative gay men. (NIMH, Carl Eisdorfer, P.I.)	1986
Collaborated in design and writing of funded Program Project dealing with reactivity and hypertension (NHLBI, Neil Schneiderman, P.I.)	1986
Biomedical Research Support Grant (NIH). Effect of Exercise on Stress Induced Changes in Immune Function in HTLVIII Positive and Negative Gay Men (Co, - P.I.)	1986
National Institute of Education Grant for Study of Item Bias, "Item Bias Techniques when Amount of Bias is Varied and Score Differences Between Groups are Present" (P.I.).	1981

Professional Organizations

Member: American Psychological Association, American Psychosomatic Society
Psychoneuroimmunology Research Society (On council for APS 2003-2006)
Fellow: Academy of Behavioral Medicine Research, Society of Behavioral Medicine
Past President: Academy of Behavioral Medicine Research, 2001-2002

Clinical Interests

I now supervise graduate students in Psychology who are learning to do therapy, and fellows in Psychiatry. In addition I established the "Trauma Treatment Program" at the Psychological Services Center over 15 years ago. I also teach the graduate students "Psychological Assessment in Medical Settings" (see last page of vita), and I supervise graduate students in cognitive-behavioral stress management interventions in HIV/AIDS, cancer, and cardiovascular disease.

Psychiatry Rotations done as part of my training:

Inpatient - General Adult, Drug and Alcohol, Psychosomatic, Affective Disorders, and Schizophrenia Outpatient -Behavioral Medicine (Stanford U. Clinic), Spectrum (Private Practice Group), Kaiser (HMO), Consult-Liaison, Group Therapy for Drug and Alcohol Abuse (co-led group for two years with director of clinic).

Research Interests

Behavioral Medicine, Psychoneuroimmunology, Positive Psychology, Spirituality, Stress Management and Its Impact on Disease (especially HIV/AIDS, cancer and cardiovascular disease), Stress and Coping Effects on Biological Systems (immune, cardiovascular, endocrine), Expressive Writing, Affective Disorders, Measurement and Methodological Issues, Post Traumatic Stress Disorder.

Publications in preparation

Ironson G, O'Cleirigh C, Leserman, J, Fordiani J, Stuetzle R, Schneiderman N, Fletcher MA. Emotional disclosure through augmented trauma writing: Effects on PTSD, depression, physical symptoms, & disease progression in HIV. Invited (after abstract competition) for special issue on Behavioral Medicine. **Journal of Consulting and Clinical Psychology**.
Revise and Resubmit decision 12/23/11.

Ironson G, O’Cleirigh C, Balbin E, Kumar M, Schneiderman N, and Fletcher MA. Psychosocial and Neurohormonal Predictors of Disease Progression in HIV: A 4 YEAR Prospective Study.

Published or in Press (180)

Ironson G, Stuezle R, Ironson D, Balbin E, Kremer H, George A, Schneiderman N, and Fletcher MA. (2011). View of God as Benevolent and Forgiving or as Harsh and Punishing Predicts Disease Progression. **Journal of Behavioral Medicine (Special Issue on Spirituality and Health)**. **34(6)**, 414-425. DOI: 10.1007/s10865-011-9314-z.

Lutz F, Kremer H., & Ironson, G. (2011). Being diagnosed with HIV as trigger for Spiritual Transformation. **Religions** **2(3)**, 398-409. DOI: 10.3390/rel2030398.

Ruffin, R., Ironson, G., Fletcher, M.A., Balbin, E., Schneiderman, N. (15Sept 2011) Health locus of control beliefs and healthy survival with AIDS. **International Journal of Behavioral Medicine**. DOI: 10.1007/s12529-011-9185-2.

Ironson G, and Kremer H (2011) Coping, spirituality, and health in HIV. In Folkman S (Ed.) **The Oxford Handbook of Stress, Health, and Coping**, Oxford Univ Press., p.289-318.

Weiss, S.M., Tobin, J.N., Antoni, M., Ironson, G., et al. (2011). Enhancing the health of women living with HIV: The SMART/EST Women’s Project. **International Journal of Women’s Health**, **3**, 63-77.

Fletcher, M.A., Rosenthal, M., Antoni, M., Ironson, G., Zeng, X.R., Barnes, Z., Harvey, J., Hurwitz, B., Levis, S., Broderick G., and Klimas, N. Neuropeptide Y: a marker for stress and symptom severity in chronic fatigue syndrome. **Behavioral and Brain Functions**, **6**:76 (29Dec 2010).

Schneiderman N, Antoni M, Penedo F, and Ironson G. (2010) “Psychosocial-Behavioral Interventions and Chronic Diseases”. In Steptoe (Ed.); Freedland, J.R. Jennings, M.M. Llabre, S.B.Manuck, E.J. Susman (Assoc. Eds.).**Handbook of Behavioral Medicine: Methods and Applications** Springer, N.Y. , p.989-1007.

Ironson, G, Kremer H (2009) Spiritual transformation, psychological well-being, health, and survival in people with HIV **International Journal of Psychiatry in Medicine**, **32(3)**, 263-281.

Kremer H, Ironson, G (2009) Everything changed: spiritual transformations in people with HIV. **International Journal of Psychiatry in Medicine**, **32(3)**, 243-262.

Kremer H, Ironson G, and Kaplan L (2009) The Fork in the Road: HIV as a potential positive turning point and the role of spirituality. **Aids Care**, **21(3)**, 368-377.

Kremer H, Ironson G, and Porr M (2009) Spiritual and mind-body beliefs as barriers and motivators to HIV treatment decision-making and adherence? **AIDS Patient Care and STDs**, 23(2), 127-134.

Lockenhoff CE, Ironson GH, O' Cleirigh C, Costa PT Jr. (2009) Five-factor model personality traits, spirituality/religiousness, and mental health among people living with HIV. **Journal of Personality**. 77(5):1411-36.

Phillips K, Freund B, Ironson G, Fordiani J, and Kuhn R (2009) Case study of EMDR in the treatment of past domestic violence. **Journal of EMDR Practice and Research**. 3(3), 192-197.

Ironson G, and Hayward, H'sien. (2008). Do Positive Psychosocial Factors Predict Disease Progression in HIV? A review of the evidence. **Psychosomatic Medicine** Jun;70(5):546-54.

Ironson G, Balbin E, Stieren E, Detz K, Fletcher MA, Schneiderman N, and Kumar M (2008). Perceived stress and norepinephrine predict the effectiveness of viral load response to protease inhibitors in HIV. **International Journal of Behavioral Medicine**. 15(3):221-226.

Ironson G, O' Cleirigh C, Costa P, Weiss A and Schneiderman N (2008). Personality and HIV Disease Progression over 4 years: The Role of NEO PI-R Openness, Extraversion, and Profiles of Engagement. **Psychosomatic Medicine** Feb;70(2):245-53.

Leserman J, Ironson G, O' Cleirigh C, Fordiani J, and Balbin E. (2008) Stressful Life Events and Adherence in HIV. **AIDS Patient Care and STDs** May;22(5):403-11.

O' Cleirigh C, Ironson G, Fletcher MA, and Schneiderman N. (2008). Written emotional disclosure and processing of trauma is associated with protected health status and immunity in people living with HIV/AIDS. **British Journal of Health Psychology**. Feb; 13(1), 81-84.

Kremer H and Ironson G. (2008). Measuring the Involvement of People with HIV in Treatment Decision-Making Using the Control Preferences Scale **Medical Decision Making** Nov-Dec; 28(6), 899-908. Also available online Epub Aug 29 (check Google Scholar).

Kazi A, Freund B, and Ironson G (2008). Prolonged Exposure Treatment for PTSD Following the 9/11 Attack with a Person Who Escaped From the Twin Towers. **Clinical Case Studies**. 7(2): 100-117.

West, T. and Ironson G (2008). Effects of Music on Human Health and Wellness: Physiological measurements and research design. In Koen, Benjamin, Jacqueline Lloyd, Gregory Barz, and Karen Brummel-Smith (eds.) **The Oxford Handbook of Medical Ethnomusicology: Music, Medicine, and Culture**. New York: Oxford University Press, p. 410-443.

Blumenthal J, Babyak M, Ironson G, Thoresen C, Powell L, Czajkowski S, Burg M, Keefe FJ, Steffan P, & Catellier D. (2007) Spirituality, Religion, and Clinical Outcomes in patients recovering from an acute myocardial infarction. **Psychosomatic Medicine**. 69(6):501-8.

- Ironson G. (2007). Altruism and Health in HIV. In Post SG (ed.) **Altruism and Health**. Oxford University Press, pp. 70-81.
- Ironson G, Cruess D, and Kumar M. (2007). PTSD, Immune and Neuroendocrine Alterations in Post-Traumatic Stress Disorder. In Ader, R (Ed.). **Psychoneuroimmunology (4th edition)**. Elsevier Academic Press. Burlington MA.
- Antoni M, Ironson G, and Schneiderman N. (2007) **Cognitive Behavioral Stress Management Program – Facilitator Guide**. Oxford University Press.
- Antoni M, Ironson G, and Schneiderman N. (2007) **Cognitive Behavioral Stress Management - Program Workbook**. Oxford University Press.
- O'Cleirigh, C., Ironson, G., & Smits, J. (2007). Does distress tolerance moderate the impact of major life events on psychosocial variables and behaviors important in the management of HIV? **Behavior Therapy**, 314-323.
- O' Cleirigh C, Ironson G, Weiss A, and Costa P. (2007). Conscientiousness predicts disease progression (CD4 Number and Viral Load) in people living with HIV. **Health Psychology** Jul;26(4):473-80.
- Kremer H and Ironson G. (2007) Spirituality and health in HIV. In Plante T and Thoresen C (Eds.) **Spirit, Science and Health: How the Spiritual Mind Fuels Physical Wellness** Greenwood Press/Praeger. Westport, Conn.. pp. 176-190.
- Kremer, H., Ironson, G., Schneiderman, N., & Hautzinger, M. (2007). “It’s my body”: does patient involvement in decision-making reduce decisional conflict? **Medical Decision Making**. Sep-Oct;27(5):522-32.
- Kremer, H., & Ironson, G. (2007). People Living With HIV: Sources of Information on Antiretroviral Treatment and Preferences for Involvement in Treatment Decision-Making. **European Journal of Medical Research**, 12(1), 34-43.
- Ironson G, Stuetzle R, and Fletcher MA (2006). An increase in religiousness/spirituality occurs after HIV diagnosis and predicts slower disease progression over 4 years in people with HIV. **Journal of General Internal Medicine**, 21, S62-68.
- Ironson G., Kremer H, and Ironson D (2006). Spirituality, spiritual experiences, and spiritual transformations in the face of HIV. In: Koss-Chiono J., and Hefner, P. (eds.) **Spiritual transformation and healing: anthropological, religious, neuroscientific, and clinical perspectives**. Walnut Creek, CA: Altamira Press, pp 241-262.
- Kremer, H., Ironson, G., Schneiderman, N., & Hautzinger, M. (2006). To take or not to take: decision-making about antiretroviral treatment in people living with HIV/AIDS. **AIDS Patient Care and STDs**, 20(5), 335-349.

Kremer, H., and Ironson, G. (2006). To tell or not to tell: why people with HIV share or don't share with their physicians whether they are taking their medications as prescribed. **AIDS Care**, 18(5), 520-528.

Mendes deLeon C, et alIronson G (9th author).... Blumenthal J. (2006). The effect of a psychosocial intervention and Quality of Life after acute myocardial infarction: The Enhancing Recovery in Coronary Heart Disease (ENRICH) clinical trial. **Journal of Cardiopulmonary Rehabilitation**, 26 (1), 9-13.

Segal-Isaacson CJ, Tobin JN, Weiss SM, Brondolo E, Vaughn A, Wang C, Camille J, Gousse Y, Ishii M, Jones D, Laperriere A, Lydston D, Schneiderman N, Ironson G. (2006) Improving dietary habits in disadvantaged women with HIV/AIDS: the SMART/EST women's project. **AIDS Behav.** 10(6): 659-70.

Carrico A, Ironson G, Antoni M, Lechner S, Duran R, Kumar M, & Schneiderman N. (2006). A path model of the effects of spirituality on depressive symptoms and 24-hour urinary free cortisol in HIV-positive patients. **Journal of Psychosomatic Research**, 61,(1), 51-58.

Carrico A, Antoni M, Duran R, Ironson G, Penedo F, Fletcher MA, Klimas N, and Schneiderman N. (2006) Reductions in depressed mood and denial coping during cognitive behavioral stress management with HIV-positive gay men treated with HAART. **Annals of Behavioral Medicine**, 31(2), 155-164.

Antoni, M.H., Caricco, A., Duran, R., Spitzer, S., Penedo, F., Ironson, G., Fletcher, M.A., Klimas, N. & Schneiderman, N. (2006). Randomized Clinical Trial of Cognitive Behavioral Stress Management on HIV Viral Load in Gay Men Treated with HAART. **Psychosomatic Medicine**, 68, 143-151.

Arena, P.L., Carver, C.S., Antoni, M.H., Weiss, S., Ironson, G., and Durán, R.E. (2006). Psychosocial responses to treatment for breast cancer among lesbian and heterosexual women. **Women & Health**, 44, 81-102.

Ironson G and Powell LH (2005). An exploration of the health benefits of factors that help us to thrive. **International Journal of Behavioral Medicine** 12(2): 47-9.

Ironson G, O'Cleirigh C, Fletcher MA, Laurenceau JP, Balbin E, Klimas N, Schneiderman N, and Solomon G. (2005). Psychosocial factors predict CD4 and viral load change in men and women in the era of HAART. **Psychosomatic Medicine**, 67(6), 1013-1021.

Ironson G, Balbin E, Stuetzle R, Fletcher MA, O'Cleirigh C, Laurenceau JP, Schneiderman N, and Solomon G. (2005). Dispositional optimism and the mechanisms by which it predicts slower disease progression in HIV: proactive behavior, avoidant coping, and depression. **International Journal of Behavioral Medicine, Special Issue on Positive Psychology** 12(2), 86-97.

Schneiderman N, Ironson G, Siegel S.(2005) Stress and Health: Psychological, behavioral and biological determinants. **Annual Review of Clinical Psychology**. (1), 607-628.

- Ironson G, Weiss S, Lydston D, Ishii M, Jones D, Asthana D, Tobin J, Lechner S, LaPerriere A, Schneiderman N, and Antoni M (2005). The impact of improved self-efficacy on HIV viral load and distress in culturally diverse women living with AIDS: The SMART/EST women's project. **AIDS Care**. 17(2): 222-236.
- Hernandez-Reif M, Field T, Ironson G, Beutler J, and Vera Y. (2005) Massage and Breast Cancer: Natural Killer cells and lymphocytes **International Journal of Neuroscience**, 115, 495-510.
- LaPerriere A, Ironson G, Antoni MH, Stanley H, Jones D, Devieux J, Ishii M, Lydston D, Goldstein A, Cassels A, Brondolo E, Tobin J, Schneiderman N, & Weiss S.(2005) Decreased depression up to one year following CBSM+ group intervention in moderately depressed minority women with AIDS: The SMARTEST women's project. **Journal of Health Psychology** ,10(2): 223-231.
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- Evans DL, Charney DS, Lewis L, Gorman JM,, Ironson G, et al. (2005). Mood disorders in the medically ill: Scientific review and recommendations. **Biological Psychiatry** 58(3), 175-189.
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- Hernandez-Reif M, Ironson G, Field T, Hurley J, Katz G, Diego M, Weiss S, Fletcher MA, Schanberg S, Kuhn , and Burman I. (2004). Breast Cancer Patients have improved immune and neuroendocrine functions following massage therapy. **Journal of Psychosomatic Research**. 57, 45-52.
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Gellman, M.D., Ironson, G.H., Spitzer, S.B., Keen, M., Weidler, D.J., & Schneiderman, N.(1986). Ambulatory blood pressure as a function of race, gender, place and mood. **Circulation, 74 Suppl. II**, 319. (Abstract)

Presentations

Ironson, G. Spirituality and Health. Invited Address as part of Senior Investigator Award given to me by the Society of Behavioral Medicine. Washington D.C. April 2011

Ironson G. Invited panelist (with 3 others), workshop on Getting funded for spirituality Research, and Grant Reviews. Society of Behavioral Medicine, April 2011.

Invited participant, Templeton Foundation, planning committee (5 of us) for conducting nationwide survey on Spirituality and Health. November, 2011.

Courtney B. Kelsch, Gail H. Ironson, Jane Leserman, Conall M. O’Cleirigh, Joanne M. Fordiani, Elizabeth Balbin, and Neil Schneiderman. Change in Self Mastery Predicts Change in Post-Traumatic Stress Disorder (PTSD) Symptoms Through an Expressive Writing Intervention in a Group of HIV-Positive Individuals. Presented at SBM Washington D.C. April 2011.

Balbin E, Ironson G, Stuetzle R, Schneiderman N, and Fletcher MA. The relationship between life meaning and HIV Disease Progression (CD4 cells and HIV-1 Viral Load) over 4-Years. Poster presented at the Society of Behavioral Medicine, April 2011, Wasington D.C.

Ironson, G. Spirituality and Health. Invited Webinar, Chronic Fatigue Association (CFIDS). December 2, 2010.

Ironson, G. and Kremer, H. Update on compassionate love and its relationship to health behaviors, well-being, and disease progression in HIV. Invited Presentation, Fetzer. Kalamzoo, Michigan. Oct, 2010.

Ironson, G., Update on psychosocial and biological factors in HIV: Focus on emotional disclosure, spirituality, and norepinephrine. Academy of Behavioral Medicine Research. Bodega Bay, June, 2010.

Ironson G, O’Cleirigh C, Fordiani J, Schneiderman N, Leserman J. Augmented Trauma Writing in Men and Women With HIV: Effects on HIV symptom reports, CD4 and VL. Annual meeting of the American Psychosomatic Association, March 2010.

Ironson G, O’Cleirigh C, Leserman J., Fordiani J, Balbin E, Schneiderman N, and Fletcher, M. Augmented Trauma Writing in Women with HIV: Effects on HIV symptoms, CD4 and VL. Annual Meeting of the Psychoneuroimmunologic Society. June 2-5, Dublin, Ireland.

Balbin, E., Ironson, G., Stuetzle, Fletcher, M.A., Schneiderman, N. Religiousness is Associated with slower disease progression in HIV. Poster presented at the International Congress of Behavioral Medicine. August, 2010. Washington D.C.

Kaplan, L., Kremer, H., Ironson, G., Religious involvement or spiritual transformation? Associations with psychological well-being among people living with HIV. Poster presented at the XVIII International AIDS conference, Vienna, Austria, July 18-23, 2010.

Kremer, H., Porr, M., Ironson, G., Hautzinger, M. HIV clinical trials with women of color in mind – beyond getting them into trials. Poster presented at the XVIII International AIDS conference, Vienna, Austria, July 18-23, 2010.

Atwood, J., Ironson, G., Kuhn, R., O’Cleirigh C., Fordiani, J., Leserman, J., & Schneiderman, N. “Gay men express more emotions than straight men in an expressive writing intervention”. Poster presented at the annual meeting of the Society of Behavioral Medicine, Seattle, WA, April 7-11, 2010

Kuhn, R., Ironson, G., Atwood, J., Fordiani, J., Leserman, J., O’Cleirigh, C., & Schneiderman, N. Trauma topics differ between HIV-positive men and women in an expressive writing intervention. Poster presented at the annual meeting of the Society of Behavioral Medicine, Seattle, WA, April 7-11, 2010.

Bira, L.B., Ironson, G., Kumar, M., Balbin, E., Kuhn, R., Schneiderman, N. Setting goals: The relationship to wellbeing and norepinephrine in an HIV+ population. Poster presented as part of the Society of Behavioral Medicine Annual Meeting, Seattle, WA, 7-11 April 2010.

Ironson G. Is there an adherent personality? Invited Speaker, International Conference on HIV Treatment Adherence (April 6, 2009) Miami, FL , April 6, 2009

Ironson G, Leserman, O’Cleirigh C, and Fordiani J. Gender Differences: Trauma writing in individuals with PTSD symptoms and HIV Poster presented at the American Psychosomatic Society. Chicago, March, 2009

Fordiani J, Ironson G, Kuhn R, Blount J, Schneiderman N. (2009). Writing About Trauma Reduces Sleep Difficulties in Women with HIV. Poster presented at Society of Behavioral Medicine Conference, Montreal, Canada. April, 2009

Kuhn R, Ironson G, Schneiderman N. Healthy Survivor Status in HIV: Unique Contributions of Internal and Doctors Health Locus of Control Beliefs. Poster presented at the annual meeting of the Society of Behavioral Medicine Meeting. Montreal, April, 2009.

Ironson G, Duran R, Kumar M, Weiss S, et al. Impact of CBSM on Spirituality and Cortisol in Women with Breast Cancer Post Adjuvant treatment. Paper presented at the annual meeting of North American Research Conference on Complementary and Integrative Medicine (NARCCIM). May 12-15, 2009 Minneapolis, Minnesota.

Balbin E and Ironson G. Correlates of Norepinephrine and Predictors of Disease Progression in HIV. Poster presented at the annual meeting of the American Psychosomatic Society. March 2009. Chicago.

Ironson G. Spirituality, Spiritual Transformations and Health in HIV. Invited Speaker: Master Lecture Series; Duke University Feb. 2008.

Ironson G, Leserman J, O' Cleirigh C, Fordiani J, Freund B Randomized Placebo Controlled Emotional Disclosure Intervention in HIV: The GET WRITE study. Paper presented at the American Association of Behavior Therapists; Orlando, Nov 2008.

Ironson G, Leserman J, O' Cleirigh C, Fordiani J, Freund B. An expressive writing Intervention in Patients with HIV and PTSD: The GET WRITE study. Paper presented at the Academy of Psychosomatic Medicine. Miami, Nov. 2008. (Invited Speaker to represent the American Psychosomatic Society).

Ironson G. Religious Practice, Beliefs, and Health in HIV. Heritage Foundation Washington D.C. Dec 2008 (Invited Speaker)

Ironson G. Do Positive Psychosocial factors Predict Disease Progression in HIV? Issues and Answers. Paper presented at the Academy of Behavioral Medicine Research, Calgary, Canada; June, 2008.

Ironson G and Kremer H. Spiritual Transformations in People with HIV Predicts Lower Mortality. Paper presented at the American Psychosomatic Society. Baltimore, March 2008.

Balbin E, Ironson G. and Schneiderman N. Does Self-Esteem add to or buffer the effects of life events on Mood, Behaviors, and Symptoms in HIV? Paper presented at the American Psychosomatic Society. Baltimore, March 2008.

Fordiani J, Ironson G, Kuhn R, Schneiderman N. Writing about daily activities and enhanced quality of sleep in an HIV + sample. Poster presented at the International Congress of Behavioral Medicine Tokyo August 2008.

Kuhn R, Ironson G, Llabre M, Sneiderman N. Depression mediates the relationship between doctor health locus of control beliefs and protected health status in HIV. Poster presented at the International Congress of Behavioral Medicine Tokyo August 2008

Kuhn R, Ironson G, Llabre M, Schneiderman N. Relationship between protected health status and doctor locus of control beliefs for HIV positive individuals using antiretroviral medication. Poster presented at the annual meeting of the Society of Behavioral Medicine. San Diego March 2008

Fordiani J, Ironson G, Kuhn R, and Sneiderman N. The relationship of change in sleep and change in PTSD in people with HIV. Poster presented at the annual meeting of the Society of Behavioral Medicine. San Diego March 2008

Ironson G and Leserman J. Issues in deciding on Control Groups.
Invited Presentation NIMH July 2007. Washington D.C.

Ironson, G. Spiritual Transformation and Emotional Well-Being in AIDS Patients. Presented at the annual meeting of the American Psychological Association. San Francisco, August 16, 2007.

Ironson G, Balbin E, Stieren E, Detz K, Fletcher MA, Schneiderman N, and Kumar M. Perceived stress and norepinephrine predict the effectiveness of viral load response to protease inhibitors in HIV. Paper presented at the annual meeting of the American Psychosomatic Society, Budapest, March 7-10, 2007.

- O'Cleirigh C, Ironson G, Fletcher MA, and Schneiderman, N. Emotional/Cognitive processing of stressful life events predicts HIV disease progression over 4 years. Paper presented at the annual meeting of the American Psychosomatic Society, Budapest, March 7-10, 2007.
- Fordiani J, Fins A, Wohlgemuth W, Duran R, and Ironson G. The Relationship of Objectively Measured Sleep to Pain in a Post-Adjuvant Treatment Breast Cancer Population. Poster presented at the annual meeting of the Society of Behavioral Medicine, Washington D.C., March 2007.
- Ironson G, Leserman J, and O'Cleirigh C. The Effect of Emotional expression through Writing in HIV. Paper presented at the International Congress of Behavioral Medicine. Thailand, Dec 2-5, 2006
- Ironson G. Spiritual transformations in people with HIV. Paper presented at the First International World Congress of Cultural Psychiatry. Beijing, China, Sept 22-26, 2006.
- O'Cleirigh, C., Ironson, G., & Smits, J. The stress-diathesis of distress tolerance in HIV: Its relationship to mood, coping, health behaviors, and reported HIV symptoms. Symposium presented to the 40th Annual Convention of the Association for Behavioral and Cognitive Therapies. Chicago, IL, Nov, 2006.
- Weitzman, O., Ironson, G., Duran, R., Fletcher, M.A., Schneiderman, N., & Antoni, M. Cognitive-Behavioral stress management effects on negative self-related emotions relation to immune correlates and sickness behavior in breast cancer survivors. Paper presented to the 40th Annual Convention of the Association for Behavioral and Cognitive Therapies. Chicago, IL, Nov. 2006
- Kremer, H., & Ironson, G. (2006) To tell or not to tell: why people with HIV share or don't share with their physicians whether they are taking their medications as prescribed. XVI International AIDS Conference. Toronto, August 13-18, 2006. Abstract WEPE0263.
- Ironson G, O'Cleirigh C, Costa P, Fletcher M., and Schneiderman N. Personality and HIV: The Relationship between NEO-PI-R Personality Domains and Facets and Disease progression in HIV over 4 years. Paper presented at the Annual meeting of the American Psychosomatic Society. Denver, March 1-4, 2006
- Freeland K, Mendes deLeon C, Howells W, Ironson G, Blumenthal J, Long-term course of Depression after acute myocardial infarction. Poster presented at the Annual meeting of the American Psychosomatic Society. Denver, March 1-4, 2006
- Balbin E, Ironson G, Stuezle R, O'Cleirigh, Fletcher MA Self-Esteem is Associated with slower CD4 decline in HIV. Poster presented at the Annual meeting of the American Psychosomatic Society. Denver, March 1-4, 2006.
- Carrico A, Ironson G, Antoni M, Lechner S, Duran R, Kumar M, and Schneiderman N A Path Model of the Effects of Spirituality on Depressive Symptoms and 24-hour urinary free cortisol in HIV positive persons on HAART. Paper presented at the annual meeting of the

Society of Behavioral Medicine March 22- 25, San Francisco (Citation Paper). Abstract published in Annals of Behavioral Medicine, 31 (Supplement), S032.

Ironson G, Stuezle R, Fletcher MA, and Ironson D. View of God is Associated with Disease Progression in HIV. (2006) Paper presented at the annual meeting of the Society of Behavioral Medicine March 22- 25, 2006 San Francisco. Abstract published in Annals of Behavioral Medicine, 31 (Supplement), S074.

PreConference SBM held at Santa Clara University. **Keynote Speaker**. Spirituality factors associated with Longevity in HIV; and Assessments and Measurements in Spirituality. March 22, 2006.

Ironson, G. Spiritual Transformation in the Face of Illness: HIV/AIDS Presentation at the Spiritual Transformation Conference at UC Berkeley (Templeton/Metanexus) April, 2006

Gail Ironson, PI, Elizabeth Balbin, Rick Stuezle, Mary Ann Fletcher, Conall O’Cleirigh, JP. Laurenceau, Neil Schneiderman, George Solomon Dispositional Optimism and the Mechanisms by Which it Predicts Slower Disease Progression in HIV. Presented at the annual meeting of the American Psychosomatic Society, Vancouver, March 2005.

Gail Ironson, Dean Cruess, Mahendra Kumar, Charles Benight, Kent Burnett, Tom Mellman, Christina Wynings, Debra Greenwood, J.B. Fernandez, Andrew Baum, and Neil Schneiderman Post-Traumatic Stress Symptoms, Intrusive Thoughts, and Disruption are Longitudinally Related to Elevated Cortisol and Catecholamines Following Hurricane Andrew Presented at APS Vancouver, March 2005

Conall O’Cleirigh, Ph.D. , Gail Ironson, Fletcher, M.A., Balbin, E., and Schneiderman N An Examination of Drug/Alcohol Use as a Mechanism Relating Depression to HIV Disease Progression (CD4 and HIV-1 Viral Load) over 2 Years in a Diverse HIV+ Sample. Presented at APS, Vancouver March 2005

Gail Ironson, Conall O’Cleirigh, Rick Stuetzle, Mary Ann Fletcher, Elizabeth Balbin, Schneiderman, N., George Solomon, with contributions from Jane Leserman Positive and Negative Psychosocial Predictors of CD4 and Viral Load in HIV. Paper presented at the annual meeting of the American Psychiatric Association, Atlanta, May 2005 (Invited, Presidential symposium)

Invited Participant, NCI Sponsored Strategic Meeting May 18, 2005, Washington D.C.

Ironson, G. Spirituality in the Face of HIV. Invited speaker for SBM Special Interest Group on Spirituality. Society of Behavioral Medicine. Boston, Spring 2005

Conall M. O’Cleirigh, and Gail H. Ironson Emotional/Cognitive Processing of Stressful Life Events is related to Antiretroviral Medication Adherence in HIV-Seropositive Gay/Bisexual Men, Society of Behavioral Medicine. Boston, Spring 2005

Adam W. Carrico, M.S., Michael H. Antoni, Ph.D., Ron E. Duran, Ph.D., Gail Ironson, M.D., Ph.D., and Neil Schneiderman, Ph.D. Reductions in Denial Mediate

Decreases in Depressed Mood During Cognitive Behavioral Stress Management with HIV-Infected Gay Men on HAART. Presented at the Society of Behavioral Medicine Spring 2005, Boston

Ironson G. Spirituality and Spiritual Transformation in HIV. Metanexus/Templeton Meeting. University of Pennsylvania, Philadelphia June 2005

Invited Speaker Harvard Medical School Oct.29, 2004

Invited Speaker, University of Southern California, Nov.10, 2004

Invited Speaker, George Washington University, April 26, 2004

Templeton/Metanexus Meeting (University of Pennsylvania, June, 2004)

I gave two talks:

Spirituality Measures

Spiritual Transformation in Patients with HIV

Gail Ironson and Therese West "Psychological and Physiological measures useful in researching the effects of music" Invited paper presented at conference on "Music, Medicine, and Culture: Medical Ethnomusicology and Global Perspectives on Health and Healing". Florida State University College of Medicine, Tallahassee, Florida Oct 10, 2004.

Ironson G, O'Cleirigh C, et al. Psychological Predictors of HIV Disease Progression over 2 years. Academy of Behavioral Medicine Research June 2004 Jackson Hole, Wyoming

Ironson G, Duran R, et al. Changes in spirituality and cortisol in an intervention for women with breast cancer. International Congress of Behavioral Medicine, August 2004, Mainz, Germany.

Ironson G, O'Cleirigh C, et al. Stress, coping, depression, and hopelessness predict CD4 and viral load change in men and women with HIV in the era of HAART. Presented at the annual meeting of the American Psychosomatic Society. March 2004, Orlando, Florida.

Ironson G, Duran R, et al. Impact of CBSM on spirituality and cortisol in women with breast cancer post-adjuvant treatment. Presented at the annual meeting of the American Psychosomatic Society. March 2004, Orlando, Florida.

Balbin E, Ironson G, Detz K, Fletcher MA. Gay disclosure to family, friends and coworkers: Relation to changes in both CD4 and viral load in HIV/AIDS. Presented at the American Psychosomatic Society, Annual Meeting, March 2004, Orlando, Florida.

O'Cleirigh C, Ironson G et al. Mediators of the depression-disease progression relationship in HIV. Presented at the annual meeting of the American Psychosomatic Society. March 2004, Orlando, Florida.

O'Cleirigh, C. & Ironson, G. (2003) Emotional/Cognitive Processing of Stressful Life Events is Related to Antiretroviral Medication Adherence in HIV-Seropositive Gay/Bisexual Men. Paper

presented to the Annual Meeting of the Association for the Advancement of Behavior Therapy, Boston MA.

O'Cleirigh, C., Ironson, G., Kumar, M., Schneiderman, N. & Fletcher, MA. (2004). Written emotional expression of trauma predicts decreases in urinary cortisol at 1-year follow-up in people living with HIV. Paper presented to the Annual Meeting of the American Psychosomatic Society, Orlando FL.

O'Cleirigh, C., Ironson, G., Balbin, E., Fletcher, MA. & Scheiderman, N. (2004) The Effect of Depression on HIV Disease Progression (CD4 and HIV-1 Viral Load) and the Role of Health Risk Behaviors as Mediators of this Relationship. Paper presented to the Annual Meeting of the Association for the Advancement of Behavior Therapy. November, Boston, MA.

Ironson, G, O'Cleirigh CM, Balbin EG, Solomonn G, Stieren ES, Schneiderman N, and Fletcher MA. Socioeconomic Status Predicts the development of Clinical AIDS and Mortality in HIV/AIDS: American Psychosomatic Society, March 2003, Phoenix, Arizona.

O'Cleirigh CM, Ironson G, Solomon G, Balbin E, Schneiderman N, Fletcher MA. Depth processing of traumatic life experiences predicts HIV disease progression (CD4 and Viral Load) at 2 year follow-up: An application of Hierarchical Linear Modeling. American Psychosomatic Society, March 2003, Phoenix, Arizona.

Balbin EG, Ironson G, Detz K, O'Cleirigh C, Steiren E. Worrying may be adaptive for your health: The case of Non-Progression with HIV. American Psychosomatic Society. March 2003, Phoenix, Arizona

Ironson G, Solomon G, Balbin E, O'Cleirigh C, Schneiderman N, & Fletcher MA Psychosocial factors related to sustained health in HIV. International Congress of Behavioral Medicine, Aug. 28-31, 2002, Helsinki, Finland.

LaPerriere A, Ishii M, DeVieux J, Ironson G, ..., Weiss, S. CBSM+ lowers depression over the long term in women living with AIDS. International Congress of Behavioral Medicine, Aug. 28-31, 2002, Helsinki, Finland.

Invited Speaker, Stress, Massage, and the Immune System. Department of Defense 2nd annual Health Conference, Aug 13-16,2002, Baltimore, Maryland.

Presidential address and George Solomon memorial. Academy of Behavioral Medicine Research, June 13-16, 2002, Islamorada, Florida.

Chair, George Solomon Memorial Session, PNIRS, May, 2002 Madison, Wisconsin

Ironson, G, Solomon, G, O'Cleirigh, C, Balbin, E, Schneiderman, N, Fletcher, MA. (2002). Psychoimmunology of Healthy Survival with HIV. Paper presented at the annual meeting of the American Psychosomatic Society, March 13-16, 2002, Barcelona, Spain.

O'Cleirigh, CM, Ironson, GH, Balbin, EG, George, A, Antoni, M, Schneiderman, N. (2002). Emotional processing of trauma predicts HIV disease progression at 1 year follow-up: finding

meaning as mediator of this relationship. Paper presented at the annual meeting of the American Psychosomatic Society, March 13-16, 2002, Barcelona, Spain.

Ironson, G, Solomon G, Balbin, E, O'Clairigh, C. (2002) Spirituality, Compassion, and Long survival with AIDS. Paper presented at the annual meeting of the American Psychosomatic Society, March 13-16, 2002, Barcelona, Spain.

Balbin E, Ironson G, Solomon G, O'Clairigh C, and Fletcher MA (2002). Self and other acceptance, distress and disease progression in HIV. Paper presented at the annual meeting of the American Psychosomatic Society, March 13-16, 2002, Barcelona, Spain.

Pereira D, Antoni, M, Danielson A, Simon T, Potter J, Carver C, Duran R, Ironson G, Klimas N, Fletcher MA, O'Sullivan MJ. (2002) Stress as a predictor of symptomatic genital herpes recurrence in women with HIV. Paper presented at the annual meeting of the American Psychosomatic Society, March 13-16, 2002, Barcelona, Spain.

Weaver K, Lechner S, Antoni MA, Duran R, Ironson G, and Schneiderman N (2002). Adaptive coping relates to greater quality of life in HIV + women via lower perceived stress. Paper presented at the annual meeting of the American Psychosomatic Society, March 13-16, 2002, Barcelona, Spain.

Invited Speaker, "The Doctor-Patient Relationship and Health in HIV." George Solomon Memorial Lecture. Grand Rounds, UCLA Dept. of Psychiatry, Nov. 2001 Los Angeles, California

Invited Speaker (APS Scholar Award) The doctor-patient relationship and others factors related to long survival with HIV" Nov. 2001, University of Louisville, Ky.

Ironson G, Solomon G, Balbin E, O'Clairigh C. Nonprogressors are significantly higher than Progressors on zest for life, distraction coping, and attitudes towards treatment. 16th World Congress on Psychosomatic Medicine, 24-29 August 2001, Göteborg, Sweden.

Solomon G, Ironson G, Balbin E, O'Clairigh C. Psychoneuroimmunology of health and long survival with HIV/AIDS. 16th World Congress on Psychosomatic Medicine, 24-29 August 2001, Göteborg, Sweden

Ironson G. Psychosocial factors, interventions and disease progression in HIV/AIDS: Time for Psychosocial Clinical Trials. Presented at the Academy of Behavioral Medicine Research, June, 2001, Tucson, AZ.

Ironson G. Psychoneuroimmunology and HIV. Symposium Chair, the annual meeting of Psychoneuroimmunology Research Society (PNIRS), May 2001, Netherlands.

Solomon, GF, Ironson, G, Fletcher, MA, Balbin, EG, O'Clairigh, C, George A. "Interview-Derived Positive Psychological Factors Correlating With CD4+ Cell Count, Viral Load and Natural Killer Cell Cytotoxicity in Long Term Survivors With AIDS Compared To An HIV+ Control Group. Paper presented at the annual meeting of Psychoneuroimmunology Research Society (PNIRS), May 2001, Netherlands.

- Ironson, G, Solomon, G, Balbin, EG, Fletcher, MA, Schneiderman, N. Psychosocial Predictors of HIV Disease Progression During One Year: Life Events, Hostility, Social Support, Disclosure, Spirituality, And Attitude Towards Treatment. Paper accepted for presentation at the annual meeting of the American Psychosomatic Society, (APS), March 2001, Monterey, CA.
- Balbin, EG, Ironson, G, Solomon, GF, O' Cleirigh, C, Fletcher, MA, Schneiderman, N. Denial And Coping, An Exploration Into the Psychology of HIV Non-Progression. Poster Accepted Annual Meeting of American Psychosomatic Society (APS), March 2001, Monterey, CA.
- O' Cleirigh, C., Ironson GH, Balbin EG, Antoni MH, Schneiderman, N, McGuffey, L, Fletcher, MA, & Solomon, GF. The Relationship Between Emotional Expression, Favorable Disease Status In AIDS Patients With Low CD4+ Counts And The Mediational Role of Adaptive Coping. Poster Accepted APS, March 2001. Monterey, CA.
- Fletcher, MA, Ironson, G, Solomon, GF, Balbin, EG, Klimas, N, & Schneiderman, N. Can Non-Specific Cellular Immunity Project HIV-Infected Persons With Very Low CD4 Counts. Paper presented 6th International Congress of Behavioral Medicine, Integrating Psychology & Medicine. Auckland, New Zealand, November 2000.
- Solomon, GF, Ironson, G, Balbin EG, & Fletcher, MA. Distressing Life Events, Hostility, CD4+ Cell Decline, and Viral Load Increase in HIV+ Persons. Paper presented at PNIRS, Cape Fear, NC, 2000.
- Maher, K, Fletcher, MA, Solomon, GF, Balbin, EG, Ironson, G. Non-Progression In HIV Disease Is Related to CD38-CD8+ T Cell Subset. Paper presented at PNIRS, Cape Fear, NC, 2000.
- Balbin, E., Ironson, G., O' Cleirigh, C., Fletcher, M. A., Schneiderman, N., & Solomon, G. (2000, March). Optimism and asymptomatic status in the AIDS patient with very low CD4 counts. *Psychosomatic Medicine*, 62:136. Poster presented at the annual meeting of the American Psychosomatic Society, Savannah, GA., March, 2000.
- Ironson, G., Solomon, G., Balbin, E., O' Cleirigh, C., George, A., Schneiderman, N., & Woods, T. (2000, March). Religious behavior, religious coping, and compassionate view of others is associated with longterm survival with AIDS. *Psychosomatic Medicine*, 62:113. Poster presented at the annual meeting of the American Psychosomatic Society, Savannah, GA, March, 2000.
- O' Cleirigh, C, Ironson, G, Balbin, EG, Schneiderman, N, Fletcher, MA, Solomon, GF (2000). Adaptive Coping Strategies Distinguish Long-Term Survivors Of AIDS From An HIV+ Control Group Matched On CD4+ Cell Count. *Psychosomatic Medicine*, 62:136. Poster presented at American Psychosomatic Society, Savannah, GA, March, 2000.
- Cruess D, Antoni M, Klimas N, Maher K, Cruess S, Mahendra K, Lutgendorf S, Ironson G, Schneiderman N, Fletcher MA. (2000). Stress Management and immune system reconstitution in symptomatic HIV-positive men: Effects on transitional naïve cells. *Psychosomatic Medicine* 62:152. Poster presented at the annual meeting of the American Psychosomatic Society, Savannah, GA. March 2000

- Balbin, E., Ironson, G., Solomon, G., Williams, R., & Schneiderman, N. (1999, April). Low perceived stress and depression as protective factors in asymptomatic HIV+ people with CD4 counts under 50. Poster presented at the annual meeting of the Psychoneuroimmunology Society, Galveston, TX.
- Ironson, G., Balbin, E., Fletcher, M. A., Solomon, G., Guervara, P., & Schneiderman, N. (1999). Relative preservation of Natural Killer Cell Cytotoxicity in healthy AIDS patients with low CD4 counts. Paper presented at the annual meeting of the Psychoneuroimmunology Society, Galveston, TX.
- O'Cleirigh, C. M., Ironson, G. H., Balbin, E. G., Ohata, J., Schneiderman, N., Fletcher, M. A., & Solomon, G. (1999). Emotional expression is associated with long-term survival of patients with AIDS. Poster presented at the annual meeting of the Society of Behavioral Medicine, San Diego, CA.
- Ironson, G., Balbin, E., Steffen, P., Cruess, D., Baum, A., Schneiderman, N., & Fletcher, M. A. (1998, November 20-21). Changes in PTSD symptoms intrusive thoughts and NKCC longitudinally after Hurricane Andrew. Paper presented at the annual meeting of the International Traumatic Stress Society, Washington, DC.
- Ironson G, Balbin, G., Solomon, G., Steffen, P., Fletcher, M. A., Schneiderman, N. (1998, October). NKCC: Recovery from Hurricane Andrew after 4 years and comparison in long term survivors of HIV/AIDS. Invited, Ohio State.
- Freund, B., Ironson, G., & Williams, J. R. (1998, November). A comparison of two treatments for post traumatic stress disorder: A pilot study. Poster presented at the annual meeting of the American Association of Behavior Therapists, Washington, DC.
- Ironson, G., & Balbin, E. (1998, June). Stress and coping related to disease progression and long term survival with HIV. Paper presented at the annual meeting of the Academy of Behavioral Medicine Research, Cape Cod.
- Ironson, G. (1998, October). Massage and immunity. Invited keynote speaker. American Massage Therapy Association, Washington, DC.
- Ironson, G., Solomon, G., Balbin, E., Waage, T., O'Cleirigh, C., Baum, K., O'hata, J., Fletcher, M. A., & Schneiderman, N. (1998, April). Psychology of healthy survival with AIDS. Poster presented at the annual meeting of the Psychoneuroimmunology Society (PNIRS), Bristol, England.
- Ironson, G., Solomon, G., Balbin, E., O'Cleirigh, C., Stivers, M., Pavone, J., O'hata, J., Schneiderman, N., Klimas, N., & Fletcher, M. A. (1998, March). Characteristics of long term survivors of AIDS. Paper presented at the annual meeting of the American Psychosomatic Society, Clearwater, FL.
- Balbin, E., Ironson, G., O'Cleirigh, C., Pavone, J., Stivers, M., O'hata, J., Baum, K., Schneiderman, N., Fletcher, M. A., & Solomon, G. (1998, March). Life involvement is associated with long

term survival of patients with AIDS. Poster presented at the annual meeting of the Society of Behavioral Medicine, New Orleans, LA.

O'Cleirigh, C., Ironson, G., Pavone, J., Stivers, S., Balbin, E., O'hata, J., Baum, K., Schneiderman, N., Fletcher, M. A., & Solomon, G. (1998, March). Collaborative relationship with doctor is associated with long term survival with AIDS. Poster presented at the annual meeting of the Society of Behavioral Medicine, New Orleans, LA.

Cruess, D., Antoni, M. H., Kumar, M., Ironson, G., McCabe, P., & Schneiderman, N. (1998, March). Changes in symptoms of distress and sex hormones in symptomatic HIV+ gay men during a cognitive-behavioral stress management (CBSM) intervention. Paper presented at the Society of Behavioral Medicine, New Orleans, LA.

Penedo, F., Antoni, M. H., Durán, R., Ironson, G., Fletcher, M., & Schneiderman, N. (1998, March). Ethnic differences in intervention-associated changes in coping and dysphoria in HIV+ symptomatic gay men. Paper presented at the Society of Behavioral Medicine, New Orleans, LA.

Byrnes, D., Antoni, M. H., Goodkin, K., Ironson, G., Asthana, D., Efantis-Potter, J., Simon, T., Munajj, J., & Fletcher, M. A. (1998, March). Stressful events, pessimism, and NKCC in HIV+ Black women at risk for cervical cancer. Paper presented at the Society of Behavioral Medicine, New Orleans, LA.

Goldstein, A., LaPerriere, A., Klimas, N., Antoni, M. H., Ironson, G., Maik-Rachline, G., Talluto, C., Fletcher, M., & Schneiderman, N. (1998, March). Weekly adherence to exercise predicts changes in CD4+ counts, fitness and mood in early symptomatic HIV-1 infection. Paper presented at the Society of Behavioral Medicine, New Orleans, LA.

Kilbourn, K., Antoni, M. H., Wagner, S., Ironson, G., Carver, C. S., Kumar, M., & Schneiderman, (1998, March). Behavioral disengagement mediates elevations in depression and 24-hour urinary epinephrine output in HIV+ gay men exposed to Hurricane Andrew. Paper presented at the Society of Behavioral Medicine, New Orleans, LA.

Malow, R., Antoni, M. H., Wagner, S., Ironson, G., Ziskind, D., Jennings, T., Greenwood, D., Klimas, N., & Page, B. (1998, March). Barriers to adherence with anti-retroviral agents: A pilot with anti-retroviral agents: A pilot study with inner city HIV+ drug abusing men. Paper presented at the Society of Behavioral Medicine, New Orleans, LA.

Samuels, D., Greenwood, D., Antoni, M. H., Ironson, G., & Szapocznik, J. (1998, March). Effects of hassles and coping on change in CD4 count and CD4/CD8 ratio among African American HIV+ women. Paper presented at the Society of Behavioral Medicine, New Orleans, LA.

Penedo, F., Antoni, M. H., Szapocznik, J., Ironson, G., Zuckerman, M., Fletcher, M. A., & Schneiderman, N. (1998, March). Acculturation and immune function in gay HIV+ Hispanic and non-Hispanic men. Paper presented at the Society of Behavioral Medicine, New Orleans, LA.

- Penedo, F., Antoni, M. H., Ironson, G., Schneiderman, N., Fletcher, M., Hurwitz, B., & LaPerriere, A. (1998, March). Psychological distress, alcohol use, and immune function among symptomatic HIV+ gay men. Paper presented at the American Psychosomatic Society, Clearwater Beach, FL.
- Malow, R., Antoni, M., Schneiderman, N., Penedo, F. J., Ironson, G., Ziskind, D., Jennings, T. (1998, March). Barriers to adherence with antiretroviral agents: A pilot study with inner city HIV+ drug abusing women. Paper presented at the annual meeting of the American Psychosomatic Society, Clearwater, FL.
- Byrnes, D., Antoni, M. H., Goodkin, K., Efantis-Potter, J., Simon, T., Munajj, J., Ironson, G., Asthana, D., & Fletcher, M. (1998, March). Stressful life events are associated with higher levels of squamous intraepithelial neoplasia lesions in HIV+ Black women. Paper presented at the American Psychosomatic Society, Clearwater Beach, FL.
- Ironson, G (Chair) (March, 19-22, 1997). Psychoneuroimmunology paper session. Annual convention of the American Psychosomatic Society. Santa Fe, NM.
- Woods, TE, & Ironson, GH (March, 1997). Differential experience of religiosity and spirituality in medically ill patients. Psychosomatic Medicine, 59, 85.
- Antoni, M, Lutgendorf, S, Ironson, G, Fletcher, MA, & Schneiderman, N (March, 1997). CBSM intervention effects on mood and immunity in HIV+ gay men: The role of relaxation training, coping skills and social support. Psychosomatic Medicine, 59, 81.
- Baldewicz, T, Costello, N, Antoni, M, Lehman, J, Klimas, N, Ironson, G, Fletcher, MA, & Schneiderman, N (April, 1997). Emotional expression is related to greater psychological distress and IL-6 production in CFS patients. Paper presented at the Society of Behavioral Medicine meeting, San Francisco, CA.
- Kilbourn, K, Antoni, M, Wagner, S, Carver, C, Ironson, G, Fletcher, MA, & Schneiderman, N (April, 1997). Denial coping and Hurricane-related distress predict increases in serum neopterin in HIV+ gay men over the two years following Hurricane Andrew. Paper presented at the Society of Behavioral Medicine meeting, San Francisco, CA.
- Penedo, F, Antoni, M, Szapocznik, J, Ironson, G, Zuckerman, M, Fletcher, MA, & Schneiderman, N (April, 1997). Acculturation and immune function in gay HIV+ Hispanic and non-Hispanic men. Paper presented at the Society of Behavioral Medicine meeting, San Francisco, CA.
- Motivala, SJ, Hurwitz, BE, Fletcher, MA, Ironson, G, Klimas, N, Milanovich, JR, & Schneiderman, N (1997). Cardiovascular and immune reactivity to an evaluative speech stressor in Black, Hispanic, and white men and women. Paper presented at the eighteenth annual proceedings of the Society of Behavioral Medicine, San Francisco, CA.
- Byrnes, D, Antoni, M, Goodkin, K, Ironson, G, Asthana, D, Efantis-Potter, J, Simon, T, Munajj, J, & Fletcher, MA (June, 1997). Stressful life events, repressive coping, pessimism, and natural killer cell cytotoxicity in women with Human Immunodeficiency Virus and Human Papillomavirus. Paper presented at the National Conference on Women and HIV, Washington, DC.

Goldstein, A, LaPerriere, A, Klimas, N, Antoni, M, Ironson, G, Talluto, C, Mallik, G, Fletcher, MA, & Schneiderman N (April, 1997). Exercise improves depressed mood in early symptomatic HIV-1 infection. Paper presented at the Society of Behavioral Medicine meeting, San Francisco, CA.

Ironson, G. Changes in immune measures from two months to two years post Hurricane Andrew. Eighth International Montreux Congress on Stress. Montreux, Switzerland. 2/96.

Ironson, G., Cruess, D., Kumar, M., Wynings, C., Benight, C., Greenwood, D., Baum, A & Schneiderman N. Neuroendocrine and Immune correlates of Intrusive and Avoidant Thoughts. Paper presented at the annual meeting of the American Psychological Association. Toronto, Aug. 1996. (An article about this symposium was featured in November's Issue of the APA Monitor).

Ironson, G., Cruess, D., Steffan, P., Radovanov, J., Penedo, F., Greenwood, D., West, C., Fletcher, M.A., Baum, A., Rodriguez, M., Schneiderman, N. (March, 1996). Changes in immune measures from two months to two years post Hurricane Andrew. Citation poster presented at the American Psychosomatic Society. Williamsburg, VA.

Rodriguez, M., Ironson, G., Carver, C., Wynings, C., Greenwood, D., Schneiderman, N., & Baum, A. (March, 1996). Does coping mediate the relation between optimism and subjective well-being? Citation poster presented at the American Psychosomatic Society. Williamsburg, VA.

Oppenheimer, K., Ironson, G., LaPerriere, A., Llabre, M., Tejada, M. (March, 1996). Immune change in elite athletes following an episode of acute exercise: A meta-analysis. Poster presented at the American Psychosomatic Society.

Woods, T. Antoni, M.H., Ironson, G., & Kling, D. (March, 1996). Religiosity and its relationship to affective distress, immune and health status in HIV-infected gay men. Paper presented at the American Psychosomatic Society. Williamsburg, VA.

Antoni, M.H., Lutgendorf, S., Ironson, G., Fletcher, M.A., & Schneiderman, N. (March, 1996). CBSM intervention effects on social support, coping, depression and immune function in symptomatic HIV-infected men. Paper presented at the American Psychosomatic Society. Williamsburg, VA.

Wagner, S., Kilbourn, K., Antoni, M.H., Ironson, G., Baum, A., Fletcher, M.A., Schneiderman, N. (March, 1996). Social support, optimism, immunity and psychological distress in HIV+ men in the face of a natural disaster. Paper presented at the Society of Behavioral Medicine, Washington, DC.

Starr, K., Antoni, M.H., Penedo, F., Costello, N., Lutgendorf, S., Ironson, G., Schneiderman, N. (March, 1996). Cognitive and affective correlates of emotional expression in symptomatic HIV-infected gay men. Paper presented at the Society of Behavioral Medicine, Washington, DC.

Lutgendorf, S., Antoni, M.H., Ironson, G., Klimas, N., Starr, K., Schneiderman, N., & Fletcher, M.A. (March, 1996). Coping and social support predict distress changes in symptomatic HIV-

seropositive gay men following a cognitive behavioral stress management intervention. Paper presented at the Society of Behavioral Medicine, Washington, DC.

Penedo, F., Antoni, M.H., Starr, K., Ironson, G., Alferi, S., Fletcher, M.A., & Schneiderman, N. (March, 1996). Associations among dysfunctional attitudes, coping, social support and immune function in HIV+ gay men. Paper presented at the Society of Behavioral Medicine, Washington, DC.

Woods, T., Antoni, M.H., Ironson, G., & Kling, D. (March, 1996). Religiosity is associated with affective and immune status in HIV-infected gay men. Paper presented at the Society of Behavioral Medicine, Washington, DC.

Wynings, C. Ironson, G., Antoni, M.H., Burnett, K.J., Fletcher, M.A., Baum, A., & Schneiderman, N. (March, 1996). Loss, social support and depression in recovery from Hurricane Andrew. Paper presented at the Society of Behavioral Medicine, Washington, DC.

Samuels, D., Greenwood, D., Tejada, M., Ironson, G., Antoni, M.H., & Szapocznik, J. (March, 1996). Influence of daily hassles and coping strategies on immune functioning in African American HIV+ women. Paper presented at the Society of Behavioral Medicine, Washington, DC.

Steffen, P., Ironson, G., Antoni, M.H., Fletcher, M.A., Cruess, D., & Schneiderman, N. (March, 1996). Hostility, psychological distress and immune function immediately following Hurricane Andrew and at 2-year follow-up. Paper presented at the Society of Behavioral Medicine, Washington, DC.

Zuckerman, M., Antoni, M.H., Ironson, G., Fletcher, M.A., & Schneiderman, N. (March, 1996). Social support and its relationship to psychological and immune variables in HIV infection. Paper presented at the Society of Behavioral Medicine, Washington, DC.

Gellman M, Ironson G, Marks J, Spencer S, Czarnecki E, Durel L, Skyler, J & Schneiderman N. (1996) The relationship between insulin resistance and sodium sensitivity using multiple blood pressure measurements. Paper presented at the annual meeting of the Society of Behavioral Medicine, Washington DC

Cruess, D, Ironson G, Kumar, M, Antoni M, Steffen, P & Schneiderman N (1996). Depressive symptoms and serum prolactin among males following Hurricane Andrew. Paper presented at the annual meeting of the Society of Behavioral Medicine, Washington DC.

Ironson, G. (February, 1995). Recovery from a natural disaster: Post-traumatic stress and immune function following Hurricane Andrew. Invited speaker, UCLA, sponsored by Norman Cousins, PNI group.

Ironson, G. Wynings, C., Burnett, K., Greenwood, D., Carver, C., Benight, C., Rodriguez, M., Fletcher, M.A., Baum, A., & Schneiderman, N. (March, 1995). Predictors of recovery from Hurricane Andrew (2 year follow-up). Paper presented at the annual meeting of the Society of Behavioral Medicine, San Diego, California.

- Burnett, K. Ironson, G., Wyning, C., Greenwood, D., Benight, C., Carver, C, Baum, A., & Schneiderman, N. (March, 1995). Chronic disruption and family strain following Hurricane Andrew: The secondary disaster. Paper presented at the annual meeting of the Society of Behavioral Medicine, San Diego, California.
- Gellman M, Ironson GH, Spencer S, Durel LA, Marks JB, Thompson N, Skyler JS, & Schneiderman N. (March, 1995). The influence of sodium intake on ambulatory blood pressure in insulin resistant subjects. Paper presented at the annual meeting of the Society of Behavioral Medicine, San Diego, California.
- Spencer S, Leach S, Jenkins E, Yount, S, Benight C, Ironson G, Schneiderman N, & Durel L (March, 1995). Dietary salt and screening-based blood pressure reactivity in black and white men. Poster presented at the annual meeting of the Society of Behavioral Medicine, San Diego, California.
- Kilbourn K, Antoni, MH, Costello N, Ironson G, Fletcher MA, Baum A, & Schneiderman N. (March, 1995). Insult to injury: The dual role of illness-related and disaster-related coping efforts in determining adjustment to Hurricane Andrew among HIV+ gay men. Poster presented at the annual meeting of the Society of Behavioral Medicine, San Diego, California.
- Quillian, RE, Brickman A, Antoni MH, Rey G, Ironson G, McCabe P, Imia-Fins A, Klimas N, & Mirsky AF. (March, 1995). Neuropsychological functioning in chronic fatigue syndrome patients. Poster presented at the annual meeting of the Society of Behavioral Medicine, San Diego, California.
- Lutgendorf SK, Antoni MH, Ironson G, Klimas N, Starr K, Kumar M, Schneiderman N, & Fletcher MA. (March, 1995). Effects of behavioral stress management on depression coping, and immunity in symptomatic HIV+ men. Poster presented at the annual meeting of the Society of Behavioral Medicine, San Diego, California.
- Durel L, Spencer S, Jenkins E, Yount S, Benight C, Ironson G, Schneiderman N, & Leach S. (March, 1995). The effects of dietary sodium on urinary sodium and potassium excretion during sleep and wake states. Poster presented at the annual meeting of the Society of Behavioral Medicine, San Diego, California.
- Greenwood, D., Szapocznik, J., McIntosh, S., Antoni, M., Ironson, G., Clarington, L., Samuels, D., & Sorhaindo, L. (August, 1995). Mothers, families, and HIV/AIDS. Paper presented at the American Psychological Association, 103rd Annual Convention, New York.
- Greenwood, D., Samuels, D., Sorhaindo, L., McIntosh, S., Ironson, G., Antoni, M., Blake, R., & Szapocznik, J. (August, 1995). Social support networks of seropositive women with infants. Paper presented at the American Psychological Association, 103rd Annual Convention, New York.
- Samuels, D., Greenwood, D., Blake, R., Sorhaindo, L., Clarington, L., McIntosh, S., Ironson, G., Antoni, M., & Szapocznik, J. (August, 1995). Psychosocial adjustment in African American, post-partum, HIV-1 seropositive women. Paper presented at the American Psychological Association, 103rd Annual Convention, New York.

- West, C., Greenwood, D., Ironson, G., Schneiderman, N., Carver, C., Baum, A., & Radovanov, J. (August, 1995). Black/White differences in coping with the aftermath of Hurricane Andrew. Paper presented at the American Psychological Association, 103rd Annual Convention, New York.
- Greenwood, D., Szapocznik, J., Antoni, M., Ironson, G., McIntosh, S., Tejada, M., Samuels, D., Sorhaindo, L., & Clarington, L. (July, 1995). Stress, coping and family functioning in HIV+ African American women. Paper presented at the NIMH Office on AIDS Third Annual Meeting, Role of Families in Preventing and Adapting to HIV/AIDS, Chantilly, VA.
- Greenwood, D., Samuels, D., Sorhaindo, L., McIntosh, S., Ironson, G., Antoni, M., Blake, R., & Szapocznik, J. (February, 1995). Social support networks and satisfaction in African American, post-partum, HIV positive women. Paper presented at the First National Scientific Meeting on HIV infection in adult and adolescent women. Cosponsored by the NIMH, CDC, FDA, HRSA, SAMHSA, AFPR, & PHS Office on Women's Health, Washington, DC.
- Gutt, M., Marks, M.B., Weber, S.L., Miceli, G.R., Agramonte, R.F., Durel, L., Ironson, G., Spencer, S., Schneiderman, N., & Skyler, J.S. (1995). Does insulin sensitivity vary as a function of gender and ethnicity? Presented at the American Diabetes Association.
- Ironson, G., Schneiderman, N., Baum, A., Kumar, M., Burnett, K., & Fletcher, M. A. (May, 1995). Predictors of recovery from Hurricane Andrew. Paper presented at the American Psychiatric Association, Miami.
- David, D., Mellman, T., Mendoza, L. M., Kulick-Bell, R., Ironson, G., & Schneiderman, N. (May, 1995). Psychiatric morbidity following Hurricane Andrew. Paper presented at the American Psychiatric Association, Miami.
- Cruess, D., Ironson, G., Kumar, M., Wynings, C., Benight, C., Greenwood, D., Steffen, P., Baum, A., & Schneiderman, N. (April, 1995). Intrusive and avoidance thoughts and cortisol at two time points after Hurricane Andrew. Paper presented at the annual scientific meeting of the American Psychosomatic Medicine Society, New Orleans, LA.
- Steffen, P., Ironson, G., Burnett, K., Wynings, C., Greenwood, D., Rodriguez, M., Cruess, D., Carver, C., Baum, A., Fletcher, M., & Schneiderman, N. (April, 1995). Hostility correlates with distress, coping, immune and health measures following Hurricane Andrew. Paper presented at the annual scientific meeting of the American Psychosomatic Medicine Society, New Orleans, LA.
- Yount, S., Brickman, A., Ironson, G., & Rothberg, S. (April, 1995). Demographic, affective, and dispositional predictors of medical utilization in kidney transplant recipients. Paper presented at the annual scientific meeting of the American Psychosomatic Medicine Society, New Orleans, LA.
- Costello, N., Antoni, M.H., Ironson, G., Klimas, N., Fletcher, M.A., Klimas, N., Kumar, M. & Schneiderman, N. (April, 1995). Emotional expression, HPA axis and immune functioning in victims of Hurricane Andrew. Paper presented at the annual scientific meeting of the American Psychosomatic Medicine Society, New Orleans, LA.

- Lutgendorf, S., Antoni, M.H., Ironson, G., Kumar, M., Klimas, N., Schneiderman, N., & Fletcher, M.A. (April, 1995). Cognitive processing of stressful emotional material predicts changes in mood and immune functioning. Paper presented at the annual scientific meeting of the American Psychosomatic Medicine Society, New Orleans, LA.
- Lutgendorf, S., Antoni, M.H., Ironson, G., Kumar, M., Starr, K., Klimas, N., Schneiderman, N., & Fletcher, M.A. (April, 1995). Can relaxation modulate endocrine functioning even in progressed HIV disease? Paper presented at the annual scientific meeting of the American Psychosomatic Medicine Society, New Orleans, LA.
- Starr, K., Antoni, M. H., Lutgendorf, S., Costello, N., Penedo, F., Zuckerman, M., Lehman, J., Ironson, G. H., Fletcher, M. A., & Schneiderman, N. (April, 1995). Premorbid pessimism as related to style of cognitive processing, sexual behavioral, and HHV-6 antibody titers among HIV-1 seropositive symptomatic gay men. Paper presented at the annual scientific meeting of the American Psychosomatic Medicine Society, New Orleans, LA.
- Starr, K., Antoni, M. H., Costello, N., Lutgendorf, S., Penedo, F., Zuckerman, M., Lehman, J., Ironson, G. H., & Schneiderman, N. (April, 1995). The effects of group cognitive-behavioral stress management (CBSM) intervention on intrusive thoughts and high-risk sexual behavior in HIV+ symptomatic gay men. Paper presented at the annual scientific meeting of the American Psychosomatic Medicine Society, New Orleans, LA.
- Ironson, G. (1994). Psychological factors in HIV disease progression. Presented at the "Stress, Coping and AIDS" annual Stress and Coping symposium, University of Miami. Feb.
- Ironson, G., Wynings, C., Burnett, K., Greenwood, D., Carver, C., Benight, C., Rodriguez, M., Fletcher, M., Baum, A., & Schneiderman, N. (1994). Predictors of recovery from Hurricane Andrew (10 month follow-up). Paper presented at the annual meeting of the American Psychosomatic Society meeting, Boston, April.
- Ironson, G., Wynings, C., Burnett, K., Greenwood, D., Rodriguez, M., Carver, C., Baum, A., Fletcher, M., & Schneiderman, N. (1994). Anger and arguing correlate with distress, coping, immune and health measures following Hurricane Andrew. Poster presented at the annual meeting of the American Psychosomatic Society meetings. Boston, April.
- Benight, C., Antoni, M., Kilbourn, M., Ironson, G., Costello, N., Fletcher, M., & Schneiderman, N. (1994). The effect of perceived competence and responsiveness of the environment on psychological and physical health in HIV+ men following Hurricane Andrew. Poster presented at the annual meeting of the American Psychosomatic Society meeting. Boston, April.
- Lutgendorf, S., Antoni, M. H., Ironson, G., Starr, K., Klimas, N., Kumar, M., Cleven, K., Penedo, F., Schneiderman, N., & Fletcher, M.A. (April, 1994). Impact of avoidant thoughts on immune functioning in symptomatic HIV positive men. Paper presented at the annual scientific meeting of the American Psychosomatic Society, Boston, MA.
- Kilbourn K., Costello, N., Antoni, M. H., Ironson, G., Fletcher, M.A., Baum, A., & Schneiderman, N. (April, 1994). How are coping strategies that people use to handle major challenges related

to their immune and neuroendocrine responses? Paper presented at the annual scientific meeting of the American Psychosomatic Society, Boston, MA.

Marks, J.B., Thompson, N.E., Ironson, G.H., Durel, L.A., Yount, S.E., Gellman, M.D., Garza, R., Benight, C., Skyler, J.S., & Schneiderman, N., (1994). Sodium intake affects blood pressure in insulin resistant subjects. Presented at the annual meeting of the American Diabetes Association.

Durel, L. A., Leach, S. G., Yount, S., Jenkins, E., Ironson, G., Gellman, M., & Schneiderman, N. (March, 1994). Sodium effects on cardiovascular reactivity in white and black men. Paper presented at the annual scientific meeting of the Society of Behavioral Medicine, Boston, MA.

Leach, S. G., Durel, L., Ironson, G., Yount, S., Jenkins, E., Gellman, M., & Schneiderman, N. (March, 1994). Blood pressure status and sodium effects on cardiovascular reactivity. Paper presented at the annual scientific meeting of the Society of Behavioral Medicine, Boston, MA.

Costello, N., Kilbourn, K., Antoni, M. H., Ironson, G., Fletcher, M. A., & Schneiderman, N. (April, 1994). Social provisions, optimism, and distress levels in HIV+ gay men dealing with the aftermath of Hurricane Andrew. Paper presented at the annual scientific meeting of the Society of Behavioral Medicine, Boston, MA.

Kilbourn, K., Antoni, M. H., Costello, N., Ironson, G., & Schneiderman, N. (April, 1994). Are coping strategies people use to handle major stressors consistent? Hurricanes and HIV. Paper presented at the annual scientific meeting of the Society of Behavioral Medicine, Boston, MA.

Hinkle, Y., Antoni, M. H., Schneiderman, N., Ironson, G., Schneiderman, N., & Efantis, J. (April, 1994). Psychosocial correlates of stress and anxiety among African-American women who are HIV-positive and HIV-negative. Paper presented at the annual scientific meeting of the Society of Behavioral Medicine, Boston, MA.

Kilbourn, K., Costello, N., Antoni, M. H., Ironson, G., Fletcher, M. A., & Schneiderman, N. (April, 1994). The physiological and psychological impact of Hurricane Andrew on an HIV positive population as compared to other stressed populations. Paper presented at the annual scientific meeting of the Society of Behavioral Medicine, Boston, MA.

Kumar, M., Kumar, A. M., Antoni, M., Morgan, R., Hurwitz, B., Ironson, G., Gellman, M., Eisdorfer, C., & Schneiderman, N. (July, 1994). Neuroendocrine reactivity to challenge in HIV-1 seropositive and seronegative gay men. Paper presented at the Third International Congress of Behavior Medicine, Amsterdam.

Benight, C. C., Antoni, M. H., Ironson, G., Fletcher, M. A., Lutgendorf, S., Baum, A., & Schneiderman, N. (July, 1994). The effect of perceived competence and responsiveness of the environment on psychological and physical health in healthy and ill populations following Hurricane Andrew. Paper presented at the Third International Congress of Behavior Medicine, Amsterdam.

Ironson, G., Wynings, C., Burnett, K., Greenwood, D., Carver, C., Benight, C., Rodriguez, M., Fletcher, M., Baum, A., & Schneiderman, N. (July, 1994). Predictors of recovery from

Hurricane Andrew. Paper presented at the Third International Congress of Behavior Medicine, Amsterdam.

Ironson, G., Wynings, C., Greenwood, D., Burnett, K., Carver, C., Benight, C., Rodriguez, M., Fletcher, M., Baum, A., & Schneiderman, N. (November, 1994). Correlates of distress and immune function in the aftermath of Hurricane Andrew. Poster presented at the annual scientific meeting of the Psychoneuroimmunology Research Society, Key Biscayne, FL.

Greenwood, D. Evans, J., Ironson, G., Lollis, C., Blake, R., Keels, D., Fletcher, M.A., Kumar, M., Baum, A., & Schneiderman, N. Ethnic differences in psychological and immune responses in the aftermath of Hurricane Andrew. Poster presented at the annual scientific meeting of the Psychoneuroimmunology Research Society, Key Biscayne, FL.

Costello, N., Kilbourn, K., Antoni, M. H., Fletcher, M. A., Ironson, G., Baum, A., & Schneiderman, N. (November, 1994). The impact of Hurricane Andrew on HIV+ gay men: Anxiety, depression, coping, and social support relationships to disease progression marker neopterin. Poster presented at the annual scientific meeting of the Psychoneuroimmunology Research Society, Key Biscayne, FL.

Lutgendorf, S., Antoni, M. H., Ironson, G., Klimas, N., Kumar, M., Starr, K., Schneiderman, N., & Fletcher, M. A. (November, 1994). Neuroendocrine and immune effects of a psychosocial intervention in symptomatic HIV seropositive gay men. Poster presented at the annual scientific meeting of the Psychoneuroimmunology Research Society, Key Biscayne, FL.

Greenwood, D., Szapocznik, J., Blake, R., Ironson, G., McIntosh, S., Sorhindo, L., & Antoni, M. (July, 1994). Sociocultural adjustment in African American HIV positive postpartum women. Second Annual NIMH Conference on HIV, AIDS and the Family. Chantilly, Virginia.

Greenwood, D., Szapocznik, J., Blake, R., Ironson, G., McIntosh, S., Sorhindo, L., & Antoni, M. (July, 1994). Health care in African American women. Paper presented at the U.S. Dept. of Health and Human Services Office on Minority Health Conference. N. Miami Beach, FL.

Ironson, G. H. (1994). Adults' stress hormone levels and immune function following Hurricane Andrew. Paper presented at the American Psychological Association Annual Convention, Los Angeles, CA.

Ironson, G. H. & Burnett, K. R. (1994). Coping and social support in recovery in a community sample. Paper presented at the American Psychological Association Annual Convention, Los Angeles, CA.

Lehman, J. M., Antoni, M. H., Kilbourn, K., Costello, N. L., Brickman, A. L., Lutgendorf, S. K., Ingram, J., Ironson, G., & Klimas, N. (1994). Coping with Hurricane Andrew and chronic fatigue - Illness burden effects. Paper presented at the American Psychological Association Annual Convention, Los Angeles, CA.

Ironson, G. Health related effects of a major disaster - Stress and Hurricane Andrew. Presented at the annual meeting of the American Psychological Association, Toronto, August, 1993.

Ironson, G., Greenwood, D., Wynings, C., Baum, A., Rodriguez, M., Carver, C., Benight, C., Evans, J., Antoni, M., LaPerriere, A., Kumar, M., Fletcher, M. A., & Schneiderman, N. Social support, neuroendocrine and immune functioning during Hurricane Andrew. Presented at the annual meeting of the American Psychological Association, Toronto, August, 1993.

Ironson, G. The impact of Hurricane Andrew, and stress, cognitive difficulties, and immune abnormalities in chronic fatigue syndrome. Invited presentation, NIH, Bethesda, Maryland, April 1993.

Ironson, G., Antoni, M., Schneiderman, N., LaPerriere A., & Fletcher, M. A. Stress management interventions and psychological predictors in HIV. Presented at the American Psychiatric Association annual meeting, San Francisco, May 1993.

Ironson, G. The impact of Hurricane Andrew in a community sample. Paper presented at Stress, Coping, and Disasters, University of Miami, February 1993.

Benight, C. C., Ironson, G., Chesney, M., Haney, T., Boltwood, M., Yount S., Lagoze, H., Segall, G., & Taylor, B. The anger recall task: Evidence for construct validity and relationship to coronary artery disease status. Paper presented at the Society of Behavioral Medicine annual meeting, San Francisco, CA, March 1993.

Ironson, G. Group therapy interventions, psychoneuroimmunology and health outcomes in AIDS and cancer populations. Symposium chair, American Psychosomatic Society annual meeting, Charleston, March 1993.

Lutgendorf, S., Brickman, A., Antoni, M., Klimas, N., Patarca, R., Imia-Fins, A., Ironson, G., Quillian, R., van Riel, F., & Fletcher, M. A. Immune functioning predicts cognitive difficulties in chronic fatigue syndrome. Paper presented at the American Psychosomatic Society annual meeting, Charleston, March 1993.

Antoni, M. H., Mulder, Niels, M.D., Ironson, G., & Goodkin, K. Psychosocial interventions with HIV-infected gay men. Paper presented at the Society of Behavioral Medicine annual meeting, San Francisco, CA, March 1993.

Ironson, G., Field, T., Kumar, M., Kumar, A., Tetenman, C., & Berman, I. Effects of massage on neuroendocrine and immune measures. Paper presented at the Society of Behavioral Medicine annual meeting, San Francisco, CA, March 1993.

Yount, S. E., Ironson, G., Durel, L., Evans, J. D., Gellman, M. D., & Schneiderman, N. Influence of dietary sodium on challenge-induced blood pressure responses in normotensive men. Paper presented at the Society of Behavioral Medicine annual meeting, San Francisco, CA, March 1993.

Starr, K., Antoni, M., Rodriguez, M., Hurwitz, B., Ironson, G., Fletcher, Mary Ann, & Schneiderman, N. Immunologic reactivity to two different behavioral challenges among HIV-1 seropositive and seronegative gay men. Paper presented at the Society of Behavioral Medicine annual meeting, San Francisco, CA, March 1993.

- Lutgendorf, S. K., Antoni, M. H., Brickman, A., Patarca, R., Ironson, G., Klimas, N., Imia-Fins, A., Quillian, R., Penedo, F., van Riel, F., Miguez, M. J., & Fletcher, M. A. Symptom burden and depression severity parallel immune system dysregulation among chronic fatigue syndrome patients. Paper presented at the Society of Behavioral Medicine annual meeting, San Francisco, CA, March 1993.
- Ironson, G., Greenwood, D., Wynings, C., Baum, A., Rodriguez, M., Carver, C., Benight, C., Evans, J., Antoni, M., LaPerriere, A., Kumar, M., Fletcher, M. A., & Schneiderman, N. Social support, neuroendocrine and immune functioning during Hurricane Andrew. Presented at the annual meeting of the American Psychological Association, Toronto, August, 1993.
- Hinkle, Y. A., Antoni, M. H., Schneiderman, N., Ironson, G., Efantis, J., & Johnson, E. H. Perception of control over health and sexual behaviors among HIV-positive African-American women. Paper presented at the Society of Behavioral Medicine annual meeting, San Francisco, CA, March 1993.
- Phillips, D. J., Yount, S. E., Evans, J., Ironson, G. H., Gellman, M. D., Llabre, M. M., Schneiderman, N., Rogers, A. I., & Kumar, M. Relationship between challenge-induced catecholamine responses and postprandial gastrin release in normal, healthy males. Paper presented at the Society of Behavioral Medicine annual meeting, San Francisco, CA, March 1993.
- Ironson G., Antoni, M., Schneiderman, N., LaPerriere, A., & Fletcher M.A. Stress management interventions and psychological predictors in HIV. Second International Congress of Behavioral Medicine Hamburg, Germany, July 15-18, 1992.
- Ironson G. Behavioral issues and interventions in AIDS in the developed world (chair of symposium). Second International Congress of Behavioral Medicine Hamburg, Germany, July 15-18, 1992.
- Ironson, G., Simoneau, J., Antoni, M.H., Friedman, A., LaPerriere, A., Schneiderman, N., Klimas, N., & Fletcher, M.A. Distress, denial and low compliance predict disease progression in HIV-1 seropositive gay men. Presented at the American Psychosomatic Society, N.Y., April 1992.
- Ironson, G., Field, T., Kumar, A., Price, A., Fernandez, J. B., Hansen, R. N., Burman, I., & Kumar, M. Relaxation through massage is associated with decreased distress and increased serotonin levels. Presented at the American Psychosomatic Society, New York, April 1992.
- Lutgendorf, S., Ironson, G., Antoni, M. H., Esterling, B., LaPerriere, A., Schneiderman, N. Personality styles predict who benefits from a stress management intervention? Paper presented at the 50th American Psychosomatic Society annual meeting, New York, April 1992.
- Patarca, R., Klimas, N., Lutgendorf, S., Antoni, M. H., Ironson, G., Morgan, R., & Fletcher, M. A. Cytokine abnormalities in chronic fatigue syndrome patients with and without a concurrent diagnosis of major depressive disorder. Paper presented at the First International Chronic Fatigue Immune Dysfunction Syndrome (CFIDS) meeting, Albany, New York, October, 1992.

- Goodkin, K., Blaney, N., Feaster, D., Baum, M., Fletcher, M.A., Antoni, M.H., Ironson, G., Goldstein, D., Szapocznik, J., & Eisdorfer, C. The association of a stress moderator model and immunological measures in asymptomatic HIV-1 infected homosexual men. Paper presented at the conference on Perspectives in Psychoneuroimmunology, Columbus, OH. Sept. 1991.
- Ironson, G. et al. Psychological predictors of disease progression in seropositive gay men. Presented at APA, San Francisco 1991.
- Ironson, G., Taylor, C.B., Boltwood, M., Dennis, C., Bartzokis, T., Chesney, M. & Segall, G. Anger recall, exercise and ischemia in patients with coronary artery disease. Presented at the 99th annual meeting of the American Psychological Association, 1991.
- Antoni, M.H., Rodriguez, M., Starr, K., Ironson, G. et al. (1991). Immunologic and neuroendocrine responsivity to challenge in HIV-1 infected men. Presented at the American Psychological Association annual meeting, San Francisco, CA.
- Friedman, A.L., Antoni, M.H., Ironson, G., Helder, L., LaPerriere, A., & Schneiderman, N. (1991). Behavioral interventions, changes in perceived social support, and depression following notification of HIV-1 seropositivity. Presented at the Society of Behavioral Medicine annual meeting, Washington, DC.
- Antoni, M.H., Baggett, H.L., August, S., LaPerriere, A., Ironson, G., Klimas, N., Schneiderman, N., & Fletcher, M.A. (1991). Stress management intervention buffers distress responses and elevates immunologic markers following notification of HIV-1 seropositivity. Presented at the Society of Behavioral Medicine annual meeting, Washington, DC.
- Ironson, G., Segall, G.M., Dennis, C., Boltwood, M., Bartzokis, T., Chesney, M., & Taylor, B., Cardiovascular response to psychological stress compared to exercise as evaluated by radionuclide ventriculography. Presented at the Eleventh annual scientific meeting of the Society of Behavioral Medicine, Chicago, IL, April 1990.
- August, S.M., Antoni, M.H., LaPerriere, A., Baggett, H.L., O'Hearn, P., Schneiderman, N., Fletcher, M.A., & Ironson, G. Psychosocial and behavioral factors associated with perceived risk of HIV-1 infection. Presented at the Eleventh annual scientific meeting of the Society of Behavioral Medicine, Chicago, IL, April 1990.
- Ingram, F., LaPerriere, A., Antoni, M., O'Hearn, P., Schneiderman, N., Fletcher, M.A. & Ironson, G. Correlates of depression among healthy gay males awaiting notification of HIV-1 antibody test results. Presented at the Eleventh annual scientific meeting of the Society of Behavioral Medicine, Chicago, IL, April 1990.
- Ingram, F., Antoni, M., LaPerriere, A., O'Hearn, P., Fletcher, M.A., Schneiderman, N., & Ironson, G. High anxiety associated with immune suppression in healthy gay males regardless of HIV-1 antibody status. Presented at the Eleventh annual scientific meeting of the Society of Behavioral Medicine, Chicago, IL, April 1990.
- Ironson, G., Segall, G.M., Dennis, C., Boltwood, M., Bartzokis, T., Chesney, M., & Taylor, B., Cardiovascular response to psychological stress compared to exercise as evaluated by

radionuclide ventriculography. Presented at the Fourteenth Annual Western Regional Meeting of the Society of Nuclear Medicine, Monterey, CA, October, 1989.

Ironson, G. Psychological correlates of immunological changes in an AIDS risk group over time. Presented at the American Psychological Association, New Orleans, August, 1989.

Fried, L., Taylor, C.B., Kenardy, J., & Ironson, G. Are there spontaneous panic attacks? Presented at the American Psychological Association, New Orleans, August 1989.

Fletcher, M.A., Ironson, G., Laperriere, A., Simoneau, J., Klimas, N., & Schneiderman, N. Immunological and psychological predictors of disease progression in gay males at risk for AIDS. Presented at the V International Conference on AIDS, Montreal, June 1989.

Laperriere, A., Ironson, G., Antoni, M., Klimas, N., Schneiderman, N. & Fletcher, M.A. Aerobic exercise training attenuates the stress of a positive test for Anti- HIV-1. Presented at the V International Conference on AIDS, Montreal, June 1989.

August, S., Antoni, M., Ironson, G., Laperriere, A., Schneiderman, N & Fletcher, M.A. Psychosocial and behavioral components of belief of anti-HIV-1 status in Healthy gay males. Presented at the V International Conference on AIDS, Montreal, June 1989.

Ingram, F., Laperriere, A, Ironson, G., Antoni, M., Fletcher, MA, & Schneiderman, N. Influence of loneliness and social support on the effectiveness of a behavioral intervention with healthy males at risk for AIDS. Presented at the V International Conference on AIDS, Montreal, June 1989.

Ironson, G. Behavioral Interventions and immune function: Where we stand today. Presented at the Society of Behavioral Medicine, San Francisco, 1989.

Ironson, G., Laperriere, A., August, S., O'Hearn, P., Goldstein, D., Antoni, M., Schneiderman, N. & Fletcher, M.A. Correlations of immune function with mood and coping measures overtime in an AIDS risk group. Presented at the Society of Behavioral Medicine, San Francisco, 1989.

August, S., Ironson, G., Laperriere, A., Baggett, H., Antoni, M., O'Hearn, P., Goldstein, D., Ingram, F., Schneiderman, N., Carver, C., & Fletcher, M.A. Notification of HIV-1 antibody status: Coping and mood state in healthy gay men. Presented at the Society of Behavioral Medicine, San Francisco, 1989.

Laperriere, A., Ironson, G., O'Hearn, P., Caralis, P., Antoni, M., Ingram, F., Klimas, N., Baggett, H., Schneiderman, N., & Fletcher, M.A., Aerobic exercise training as a buffer of anxiety and depression in HIV infected individuals. Presented the Society of Behavioral Medicine, San Francisco, 1989.

Ingram, F., Laperriere, A., Antoni, M., O'Hearn, P., Baggett, H., August, S., Schneiderman, N., Fletcher, M.A., & Ironson, G. Effects of a behavioral intervention on coping behaviors in healthy males at risk for AIDS. Presented at the Society of Behavioral Medicine, San Francisco, 1989.

- Baggett, H., Antoni, M., August, S., Laperriere, A., Schneiderman, N., Ironson, G., & Fletcher, M.A. Frequency of relaxation practice, state anxiety, and immune markers in an HIV-1 high risk group. Presented at the Society of Behavioral Medicine, San Francisco, 1989.
- Ironson, G., Behavioral, Psychologic and Immunologic functions in AIDS risk groups. (Symposium Discussant). Presented at the American Psychological Association, Atlanta, August 1988.
- Fletcher, M.A., Ironson, G., Caralis, P., Laperriere, A., O'Hearn, P., Klimas, N. and Antoni, M., & Schneiderman, N. Behavioral intervention study in antibody HIV+ and HIV- men. Presented at the American Psychological Association, Atlanta, August 1988.
- Ironson, G., O'Hearn, P., LePerriere, A., Antoni, M. Ashman, M., Schneiderman, N., & Fletcher, M., Effects of news of HIV antibody status and immune function in healthy gay males. Presentation at the Society of Behavioral Medicine, Boston, April 1988.
- Laperriere, A., O'Hearn, P., Ironson, G., Caralis, P., Perry, A., Klimas, N., Schneiderman, N., & Fletcher, M.A. Exercise and immune function in healthy HIV antibody negative and positive gay males. Presentation at the Society of Behavioral Medicine, Boston, April 1988.
- Fletcher, M.A. O'Hearn, P., Ingram, F. Ironson, G., Laperriere, A., Klimas, N.A., & Schneiderman, N. Anticipation and Reaction to Ant-HIV test results: Effect on immune function in an AIDS risk group. IV International Conference on AIDS, Stockholm, Sweden, 1988.
- Fletcher, M.A., Caralis, P., Laperriere, A., Ironson, G., Klimas, N.G., Perry, A., Ashman, M., & Schneiderman, N. Immune function and aerobic training as a function of anti-HIV status in healthy gay males. IV International Conference on AIDS, Stockholm Sweden, 1988.
- Spitzer, S., Llabre, M., Ironson, G., Gellman, M., Weidler, D.J., & Schneiderman, N. Ambulatory blood pressure as a function of social situation, race, gender, and hypertensive status. Presentation at the Society of Behavioral Medicine, Boston, April 1988.
- Dodds, S., Fletcher, M.A., O'Hearn, P., Cole, P., Caralis, P., Ironson, G., Schneiderman, N. et. al. Inter- and Intra- personal factors in the recruitment and retention of research subjects for an AIDS intervention research study IIIrd International Conference on AIDS, Washington D.C., June 1987.
- Ironson, G., Gellman, M.D., Spitzer, S.B., Llabre, M., & Schneiderman, N. The prediction of home and work blood pressures from laboratory reactivity in black and white males and females. Poster presented at the Society of Behavioral Medicine, Washington, D.C., March 1987.
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Guion, R. and Ironson, G. Principles of work sample testing IV: Generalizability. Paper prepared for the U.S. Army, Contract No. DAHC 1977C0007, U.S. Army Research Institute, 1978.

Manuals

Antoni, M., Lutgendorf S., Costello N., Ironson, G., Schneiderman, N., and Fletcher, M. Cognitive/Behavioral Stress Management Intervention Manual for HIV High Risk Groups. University of Miami.

McKusick, L., Folkman, S., Chesney, M., Ironson, G., and Johnson, D. Coping Effectiveness Training Group Workbook. University of San Francisco CAPS.

Teaching

I currently teach two graduate courses (PSY 648 - Psychological Assessment in Medical Settings) and also clinical supervision (PSY 670). In addition to regular clinical supervision I direct (with B. Freund) a program for treating trauma victims at the psychology clinic, and we train four to ten students each year to treat these clients. I have also chaired or been a member of over 50 masters and dissertation committees. I was also awarded a teaching award from the University of South Florida where I taught Industrial Psychology, graduate statistics and measurement classes.

Computer evaluations from 648 (Psychological Assessment in Medical Settings) :

Overall evaluation is positive =

Strongly Agree =5/7=71%; Agree =2/7=29%, Neutral=0, Disagree=0 Strongly Disagree=0. Thus, 100% gave me a very positive overall evaluation, and no one gave me a negative evaluation.

I consider this overall evaluation to be outstanding.

Handwritten Comments from PSY 648 include: "I loved the course, It is one of the best courses I've taken in the whole program." "Great class, a lot of stimulating topics. The material was extremely interesting as was Dr. Ironson's presentation of the material." "One of the most practical classes I've had." "The course is very informative and contains useful clinical information" "Dr. Ironson was: "what a professor should be about: friendly, efficient, knowledgeable, available, clear and respectful" "very astute clinically; skillfully integrates her clinical experience with class discussion; asks very provocative questions - excellently matched to teaching this course; very warm and humorous" She presents material "very effectively". "Very knowledgeable. Enjoyed and found your clinical experience very helpful." "Dr. Ironson you were a pleasure to learn from." "Thanks for the one course this year that really stimulated me. You were very open to suggestions by the class and developed great rapport with us." "This course should be required of all Ph.D. students in Clinical Psychology

Manuscripts in preparation

Ironson G, O' Cleirigh C, Leserman J, Fordiani J et al. Emotional disclosure through augmented trauma writing is effective for women but not for men: Effects on PTSD symptoms, depression, Disease progression and physical symptoms of HIV.

Ironson G, Solomon G, Steutzle R, O' Cleirigh C, Balbin E, Klimas N, Schneiderman N, and Fletcher MA et al. The doctor matters: The doctor-patient relationship predicts HIV disease progression in HIV over 4 years

Ironson G, Solomon G, Balbin E, Klimas N, Schneiderman N, and Fletcher MA. The Doctor Matters: The doctor-patient relationship is associated with important medical outcomes in HIV..

Carrico A, Antoni M, Duran R, Ironson G, Fletcher MA, & Schneiderman N. Reductions in denial coping mediate decreases in depressed mood during CBSM with HIV-infected gay men treated with HAART

Ironson, G., Cruess, D., Kumar, M., et al. Posttraumatic stress symptoms, intrusive thoughts and disruption are longitudinally related to elevated cortisol and catecholamines following a disaster.

Meaning in life predicts slower disease progression in HIV.

The effectiveness of stress management for women with breast cancer: impact on cortisol, Natural Killer Cell Cytotoxicity, Spirituality and Post Traumatic Growth.

Predictors of substance abuse/dependence relapse in people with HIV.

Socioeconomic status predicts the development of Clinical AIDS and mortality