

## Workshop Faculty Biosketches

Dan Blazer, M.D., Ph.D. Dr. Blazer is J.P. Gibbons Professor Emeritus of Psychiatry and Behavioral Sciences at Duke University Medical Center. He is also Professor of Community and Family Medicine. In addition, he is Adjunct Professor in the Department of Epidemiology, School of Public Health at the University of North Carolina at Chapel Hill. He received his B.A. from Vanderbilt University, his M.D. from the University of Tennessee, his M.P.H from the University of North Carolina, and his Ph.D. from the University of North Carolina

Following nine years in academic administration as Chair of the Department of Psychiatry and Dean of Medical Education at Duke University School of Medicine, Dr. Blazer returned to teaching, research and practice in July of 1999. In 2002-03 he was a fellow at the Center for Advanced Studies of the Behavioral Sciences at Stanford University. He is the author or editor of 37 books, author or co-author of over 220 published abstracts and over 469 peer-reviewed articles. He is also the author or co-author of over 190 book chapters. Many of the book chapters and scientific articles are on the topics of depression, epidemiology, and consultation liaison psychiatry, especially with the elderly. Dr. Blazer's research has focused on the prevalence of physical and mental illness in the elderly.

Among the honors received by Dr. Blazer are the receipt of a Research Career Development Award from the National Institute of Mental Health, listing in Who's Who in America, Who's Who in American Men and Women of Science, and the Best Doctors in America, receipt of the Honored Teaching Professor in the Department of Psychiatry, fellowship in the American College of Psychiatry and Gerontological Society of America, Distinguished Life Fellowship in the American Psychiatric Association, Distinguished Alumnus at the School of Public Health at the University of North Carolina and the School of Medicine at the University of Tennessee. He was elected to membership in the Institute of Medicine in 1995.

Dr. Blazer was a member of the Epidemiology and Disease Control Review Committee at the NIH and served as its Chairman from July, 1988-June, 1989. He is a past Chairman of the Board and President of the American Geriatrics Society and past President of the Psychiatric Research Society. He has served on many editorial boards, including the *American Journal of Psychiatry* and currently on *JAMA Psychiatry*. He served as co-editor of *Aging and Mental Health* for twelve and is the editor of *Duke Medicine HealthNews*. He was a former member of the Council on International Affairs and the Council on Aging of the American Psychiatric Association. He was a member of the Psychiatry Test-Writing Committee of the National Board of Medical Examiners and a Councilor of the American Psychopathological Association. He has chaired many committees for the Institute of Medicine including review efforts of the Department of Defense to provide adequate medical care to Persian Gulf War Veterans, Testosterone Replacement Therapy in the Elderly, Cognitive Aging, and Hearing Health Care. He is Past-President of the American Association of Geriatric Psychiatry, the Psychiatric Research Society, and past chair of the membership committee of the IOM.

Dr. Blazer has received the Walsh McDermott Award for Lifetime Distinguished Service to the Institute of Medicine, the Distinguished Service Award from the American College of Psychiatrists, the Klemeier Award from the Gerontological Association for lifetime research

in gerontology, and the Eugene Hargrove Award from the North Carolina Psychiatric Association for lifetime contributions to research in psychiatry.

Benjamin R. Doolittle, M.Div., M.D. Dr. Doolittle is an Associate Professor of Internal Medicine and Pediatrics at Yale School of Medicine. He is the program director of the Yale Medicine-Pediatrics residency program and medical director of the clinic. As an ordained minister, he is also the Associate Pastor of Pilgrim Congregational Church in New Haven, CT. In the ministry, he supports an inner-city congregation with preaching and pastoral care. He is co-director of the Yale Program in Medicine, Spirituality, and Religion, a project which grew from his experience at Dr. Koenig's "Boot Camp." One of Dr. Doolittle's areas of expertise is "The Care-Giver's Soul: Burnout, Spirituality, and Coping among Physicians & Ministers," which he focuses on during the workshop.

Jill Hamilton, R.N., Ph.D. FAAN is an Associate Professor at Emory School of Nursing in Atlanta, Georgia. She previously held faculty positions at Johns Hopkins University and the University of North Carolina at Chapel Hill. She earned her BSN, MSN, and PhD in nursing from UNC Chapel Hill. Her postdoctoral training in the nursing care of older adults was completed at the Oregon Health & Science University. Dr. Hamilton's research interests include health disparities, social and cultural factors that influence health, and the coping strategies used among older African American cancer survivors and their families. She has developed measures of coping and spirituality and has conducted research to examine ways sociocultural factors influence how older African Americans use social support and spirituality. Dr. Hamilton is published on topics related to social support, religion, and quality of life among African Americans with life-threatening illness. Her most recent work on religious songs is published in the Journal of Religion and Health and Cancer Nursing. She was a Georgia Cancer Coalition Distinguished Cancer Scholar from 2003-2007 and a member of the 2014 Class of the UNC Thorp Faculty Engaged Scholars. Dr. Hamilton is currently a Fellow in the American Academy of Nursing and a Faculty Scholar of the Center for Spirituality, Theology & Health at Duke University. Dr. Hamilton was the recipient of the 2011 Oncology Nursing Society (ONS) Publishing's Division Award for Excellence in Writing Qualitative Research and her work on religious songs was featured in the November 2012 Thanksgiving edition of Good Housekeeping magazine. She has done original research on the effects of spiritual songs and verses from Scripture on coping with stress among older and younger African Americans. A qualitative researcher for over 20 years, she has received numerous NIH grants to support her work.

Warren Kinghorn, M.D., Th.D. Dr. Kinghorn is a psychiatrist and theologian whose work centers on the role of religious communities in caring for persons with mental health problems and on ways in which Christian communities engage practices of modern health care. Jointly appointed within Duke Divinity School (Associate Research Professor of Psychiatry and Pastoral and Moral Theology) and the Department of Psychiatry and Behavioral Sciences of Duke University Medical Center (Associate Professor of Psychiatry), he is a staff psychiatrist at the Durham VA Medical Center and core teaching faculty member of the Duke Psychiatry Residency Program. Within the Divinity School, he works closely with students and faculty members interested in exploring the ways in which theology and philosophy might constructively inform Christian engagement with modern medicine and

psychiatry. His current scholarly interests include the moral and theological dimensions of combat-related post-traumatic stress disorder, the applicability of virtue theory to the vocational formation of clinicians and clergy, and the contributions of the theology and philosophy of St. Thomas Aquinas to contemporary debates about psychiatric diagnosis, psychiatric technology, and human flourishing. Dr. Kinghorn completed his medical training at Harvard Medical School and his theological degree at Duke Divinity School.

Harold G. Koenig, MD, MHSc. Dr. Koenig completed his undergraduate education at Stanford University, his medical school training at the University of California at San Francisco, and his geriatric medicine, psychiatry, and biostatistics training at Duke University Medical Center. He is board certified in general psychiatry, geriatric psychiatry and geriatric medicine, and is on the faculty at Duke as Professor of Psychiatry and Behavioral Sciences, and Associate Professor of Medicine, and is on the faculty as an Adjunct Professor in the Department of Medicine at King Abdulaziz University, Jeddah, Saudi Arabia, and in the School of Public Health, Ningxia Medical University, Yinchuan, P.R. China. He is also a registered nurse (RN).

Dr. Koenig is Director of the *Center for Spirituality, Theology and Health* at Duke University Medical Center, and has published extensively in the fields of mental health, geriatrics, and religion, with more than 500 scientific peer-reviewed articles, nearly 100 book chapters, and over 50 books. He is the former editor of the Medline research journal, the *International Journal of Psychiatry in Medicine*. His research on religion, health and ethical issues in medicine has been featured on over 50 national and international TV news programs (including multiple times on NBC's The Today Show and ABC's Good Morning America), more than 100 national or international radio programs (including multiple NPR, BBC, and CBC interviews), and hundreds of national and international newspapers or magazines (including Reader's Digest, Parade Magazine, Newsweek, and Time).

In September 1998, Dr. Koenig was invited to give testimony before the U.S. Senate Committee on Finance concerning the benefits of religion and spirituality on health. In September 2008, he was invited to give testimony before the U.S. House of Representatives' Committee on Science & Technology. He has been interviewed by James Dobson on Focus on the Family and by Robert Schuller in the Crystal Cathedral on the Hour of Power. Dr. Koenig has been nominated twice for the Templeton Prize for Progress in Religion. He is the recipient of the 2012 Oskar Pfister Award from the American Psychiatric Association and the 2013 Gary Collins Award from the AACC. He is the lead author of the forthcoming *Handbook of Religion and Health*, 3<sup>rd</sup> ed., with Tyler VanderWeele (Harvard School of Public Health) and John R. Peteet (Harvard Department of Psychiatry). Dr. Koenig travels widely to give workshops and seminar presentations in the United States and around the world.

John P. Oliver, D.Min., BCC, ACPE supervisor. Dr. Oliver is the Director of Pastoral Care and a Clinical Pastoral Education Supervisor at Duke University Health System. John was raised in Colombia, South America. He and his wife Karin have three children. John earned his BA and BM degrees from Samford University, his Masters of Divinity from Southwestern Baptist Theological Seminary, and his Doctor of Ministry degree from Columbia Theological Presbyterian Seminary. John completed his Clinical Pastoral Education Supervisory Training at Duke University Medical Center and was for many years the Chief of Pastoral Services at the Durham Veterans Administration Hospital. John's doctoral work focused on pastoral care to those who have experienced traumatic events.

Much of John's energy has been dedicated to training clergy to care for people as they engage their spiritual resources. He has done primary research on knowledge about and attitudes of clergy toward those with PTSD. He speaks widely on this topic.

Redford B. Williams, M.D. Dr. Williams completed his A.B. at Harvard College, 1963; M.D. at Yale Medical School, 1967, Internship and Residency in internal medicine at Yale, 1967-70; and was at the NIMH from 1970-72. He is currently Professor of Psychology and Professor of Medicine and Director of the Behavioral Medicine Research Center at Duke University, and is Adjunct Professor of Epidemiology, School of Public Health at the University of North Carolina, Chapel Hill. Dr. Williams is cofounder, with Virginia Williams, Ph.D., of Williams LifeSkills, Inc., in 1997. With regard to his scientific record, Dr. Williams has over 150 peer-reviewed publications in scientific/medical journals; 9 books, including the best selling *Anger Kills: Seventeen Strategies to Control the Hostility that Can Harm Your Health* (co-authored with wife, Virginia Williams, Ph.D.) and new book, *Lifeskills*.

Dr. Williams has been president of three leading societies concerned with mind/body medicine (American Psychosomatic Society, Society of Behavioral Medicine, and Academy of Behavioral Medicine Research); founding recipient of Society of Behavioral Medicine's Upjohn Distinguished Scientist Award; continuous grant support from the National Institute of Mental Health since 1974 and from the National Heart, Lung and Blood Institute since 1977; has secured external funding in excess of \$1 million per year since joining Duke Faculty in 1972; has served on several National Institutes of Health advisory groups. His research has focused on role of psychosocial factors in cardiovascular disease, underlying biobehavioral mechanisms, behavioral interventions to ameliorate effects of psychosocial/biobehavioral factors in disease risk and prognosis, and, most recently, the effects of gene-environment interactions on the role of psychosocial and biobehavioral factors in disease processes.

Dr. Williams has appeared on the following national television shows: Good Morning America (several times); The Today Show (twice); Oprah; The Home Show; 20/20; ABC Evening News; CNN (several news interviews); Sonia Live (several times); Dateline NBC; and multiple local television appearances in major U.S. markets in conjunction with national book promotion tours. Dr. Williams has made regular appearances on People's Pharmacy on NPR. In addition, Dr. Williams is a "first call" source for national electronic and print media for any story dealing with anger, hostility and health in particular, and mind/body medical effects in general. According to a *New York Times* (24 June 2001) article on anger in the workplace, Dr. Williams is "widely regarded as the guru of anger management."