



### **CONTACT INFORMATION**

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### **EDUCATION**

Bachelor of Arts (Hons.) 2001	Departments of Psychology & Philosophy, York University Toronto ON
Masters of Arts 2003	Department of Counseling Psychology, University of Toronto Toronto ON
Predocotrual Internship 2009-2010	Department of Psychiatry, Harvard Medical School McLean Hospital, Belmont MA
Doctor of Philosophy 2010	Department of Psychology, Bowling Green State University Bowling Green OH
Postdoctoral Fellowship 2010-2011	Department of Psychiatry, Harvard Medical School McLean Hospital, Belmont, Massachusetts

### **ACADEMIC APPOINTMENTS**

Instructor 2006-2007	Department of Psychology, Bowling Green State University Bowling Green OH
Clinical Fellow 2009-2011	Department of Psychiatry, Harvard Medical School McLean Hospital, Belmont MA
Associate Professor 2011-	Department of Psychology, Yeshiva University Ferkauf Graduate School, Bronx NY
Assistant in Psychology 2011-	Department of Psychology McLean Hospital, Belmont MA
Instructor 2011-	Department of Psychiatry, Harvard Medical School McLean Hospital, Belmont MA

### **LICENSURE/REGISTRATION**

2011-	Health Service Provider in Psychology National Register (ID #53170)
2011-	Licensed Clinical Psychologist State of Massachusetts
2011-	Licensed Clinical Psychologist State of New York (License #019078)

### **CURRENT PROFESSIONAL APPOINTMENTS**

Director 2011-	Center for Anxiety <a href="http://www.centerforanxiety.org">www.centerforanxiety.org</a>
Voting Member 2011-	Awards Committee Association for Behavioral and Cognitive Therapies
Guest Editor 2011-	Depression Research & Treatment Special Issue: Religious & Spiritual Factors in Depression
Associate Supervisor 2011-	Dissertation Research, Department of Behavioural Sciences and Learning, Linköping University (Linköping, Sweden)
Associate Supervisor 2011-	Dissertation Research, Department of Psychology, Lisbon University Institute (Lisbon, Portugal)

Research Supervisor 2010-	Behavioral Health Partial Program McLean Hospital/Harvard Medical School
Clinical Director 2010-	Spirituality & Cognitive Behavioral Therapy Group Behavioral Health Partial Program McLean Hospital/Harvard Medical School, Belmont, MA
Research Director 2010-	Spiritual/Religious Predictors in an Acute Psychiatric Setting McLean Hospital/Harvard Medical School, Belmont, MA
Associate Editor 2010-	Special Issue on Spirituality & Health Journal of Behavioral Medicine
Chair 2009-	Spiritual & Religious Issues in Behavioral Change SIG Association for Behavioral and Cognitive Therapies www.abctspirituality.com
Director 2002-	JPSYCH Laboratory for Judaism and Mental Health www.jpsych.com

### **PAST PROFESSIONAL APPOINTMENTS – CLINICAL**

Clinician (Extern) 2002	Child and Family Clinic, Scarborough General Hospital Supervisor: Dr. Michael Schwartz
Clinician (Extern) 2003	READ Rehabilitation, Toronto, Ontario Supervisor: Dr. Shaun Scherer
Clinician (Extern) 2005	Center for Anxiety and Related Disorders, Boston University Supervisors: Drs. Lisa Smith (primary) & Heather Thomson-Brenner
Clinician (Extern) 2006-2007	Psychological Services Center Department of Psychology, Bowling Green State University Supervisors: Drs. Kenneth Pargament, William O'Brien, Joan Lawrence, & Robert Carels
Clinician (Extern) 2007-2008	Anxiety Treatment and Research Centre St. Joseph's Healthcare, Hamilton, Ontario Supervisors: Drs. Martin Antony and Karen Rowa
Clinician (Extern) 2008-2009	Eating Disorders and Addictions Clinic Centre for Addiction and Mental Health, Toronto, Ontario Supervisor: Dr. Emily Cripps

Clinician (Extern) 2008-2009	Psychological Trauma Program Centre for Addiction and Mental Health, Toronto, Ontario Supervisor: Dr. Nicola Fitzgerald
Clinician (Intern) 2009	Obsessive Compulsive Disorders Institute McLean Hospital/Harvard Medical School, Belmont, MA Supervisor: Dr. Szu Hui Lee
Predoctoral Intern 2009-2010	McLean Hospital/Harvard Medical School, Belmont, MA Supervisors: Drs. Gary Taylor (primary), Hyo-Jin Kim, Marc Zuckerman & Mark Goldblatt
Postdoctoral Fellow 2010-2011	Behavioral Health Partial Program McLean Hospital/Harvard Medical School, Belmont, MA
Clinical Supervisor 2010-2011	Obsessive Compulsive Disorders Institute McLean Hospital/Harvard Medical School, Belmont, MA

**PAST PROFESSIONAL APPOINTMENTS – RESEARCH/ADMINISTRATION**

Laboratory Coordinator 2005-2006	Spirituality & Religion Research Team (SPiRiT) Department of Psychology, Bowling Green State University
Research Assistant 2005-2006	Department of Psychology, Bowling Green State University Supervisor: Kenneth I. Pargament
Research Coordinator 2007-2008	Anxiety Treatment and Research Centre, St. Joseph’s Healthcare, Hamilton, Ontario
Coordinator 2007-2008	Anxiety Rounds Program Anxiety Treatment and Research Centre, St. Joseph’s Healthcare, Hamilton, Ontario
Assistant Chair 2008-2009	Spiritual and Religious Issues in Behavioral Change SIG Association for Behavioral and Cognitive Therapies

**AWARDS & HONORS**

2004-2008	Graduate Student Research Awards (\$2,500 Total) Department of Psychology, Bowling Green State University
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- 2007           Katzner Award for Graduate Research (\$1,000 Award)  
Bowling Green State University
- 2010           Psychologist Credentialing Scholarship (\$300 Award)  
National Register of Health Service Providers in Psychology
- 2010           Workshop Scholarship (\$1100 Award)  
Duke University Center for Spirituality, Theology & Health
- 2010           Elsie Ramos Memorial Student Research Award  
Association for Behavioral & Cognitive Therapies
- 2011           Biographical Entries  
Marquis Who's Who in America  
Marquis Who's Who in the World

### **ADDITIONAL TRAINING/FELLOWSHIPS**

- 2011           Visiting Fellow – Summer Research Institute in Geriatric Mental Health  
Weill Cornell Medical College, White Plains, NY
- 2011           Visiting Fellowship in Magnetic Resonance Imaging  
Athinoula A. Martinos Center for Biomedical Imaging  
Massachusetts General Hospital, Boston, MA

### **RESEARCH FUNDING & SUPPORT**

- 2003           Teaching Fellowship & Research Support  
\$15,000 – Or Chaim School, Toronto
- 2007-2009     JPSYCH Laboratory Research Support  
\$100,000 – Toronto Jewish Foundation
- 2010-2012     McLean Hospital Spirituality & Mental Health Initiative  
\$30,000 – Private donation, McLean Hospital Development Office
- 2011-2012     An Experimental Study of Jewish Spirituality & Mental Health  
\$2,500 – Funding Individual Spiritual Health (F.I.S.H.) Foundation
- 2011-2012     Core Religious Beliefs and the Coping Model  
\$4,000 – Glazer Institute
- 2011-2012     JPSYCH Laboratory Research Support  
\$25,000 – Private donation

## **THESES & DISSERTATIONS**

### **Masters Thesis (University of Toronto)**

2003        A Psychometric Instrument to Measure the Religious Jewish Construct Trust in God: A first step towards researching religious Jewish beliefs and psychology  
Advisor: Roy Moodley

### **Predoctoral Research Project (Bowling Green State University)**

2006        Religion, anxiety, depression and happiness in a Jewish community sample  
Committee: Kenneth I. Pargament (Advisor), Annette Mahoney, John Tisak & Timothy Murnen

### **Doctoral Dissertation (Bowling Green State University)**

2009        Title: A randomized controlled evaluation of a spiritually-integrated intervention for sub-clinical anxiety among Jews, delivered via the internet  
Committee: Kenneth I. Pargament (Advisor), Annette Mahoney, Dale Klopfer & Timothy Murnen

## **PUBLICATIONS**

*\* signifies author is a trainee*

### **In Preparation**

- **Rosmarin, D.H.**, \*Bigda-Peyton, J.S., \*Smith, N., & Björgvinsson, T. (in preparation). Can a brief assessment of patient spirituality prevent inpatient psychiatric hospitalization?
- **Rosmarin, D.H.**, \*Bigda-Peyton, J.S., & Björgvinsson, T. (in preparation). Spiritual predictors of cognitive behavioral therapy outcomes in an acute psychiatric setting.
- \*Baruch, D., **Rosmarin, D.H.**, \*Pirutinsky, S., Kanter, J.W. & Holt, C.L. (in preparation). Integrating religion into a behavioral model of depression.
- Krumrei, E.J., **Rosmarin, D.H.**, Pirutinsky, S., & Holt, C.L. (in preparation). Core spiritual beliefs and the coping model: Implications for research and practice
- \*Newman, C., Zemon, V., **Rosmarin, D.H.**, & \*Pirutinsky, S. (in preparation). Personal vs. non-personal spiritual struggles and their implications for anxiety and depression among Jews
- Krompinger, J., \*Bigda-Peyton, J.S., **Rosmarin, D.H.**, & Björgvinsson, T. (in preparation). The role of emotion regulation in acquisition of cognitive behavior therapy skills and symptom amelioration over treatment.

### **Under Editorial Review**

- Kuller, A.M., Libben, M., **Rosmarin, D.H.** & Björgvinsson, T. (submitted manuscript). Insight as a predictor variable in Cognitive-Behavioral Therapy for psychosis across symptom type: A U.S. hospital-based study.
- Levendusky, P. & **Rosmarin, D.H.** (invited chapter, submitted). *Cognitive Behavior Therapy: A rich but implicit relational framework*. In Abraham W. Wolf, Marvin R. Goldfried & J. Christopher Muran (Eds.) *Managing Negative Reactions to Clients: From Frustration to Compassion*. Washington, D.C.: American Psychological Association Press.

### In Press

- 1) **Rosmarin, D.H.**, Wachholtz, A., & Ai, A. (in press). Beyond descriptive research: Advancing the study of spirituality & health. *Journal of Behavioral Medicine*.
- 2) \*Pirutinsky, S., **Rosmarin, D.H.**, & Holt, C. (in press). Does positive religious coping moderate the relationship between emotional functioning and obesity? *Health Psychology*.
- 3) \*Pirutinsky, S., **Rosmarin, D.H.**, Pargament, K.I., & Midlarsky, E. (in press). Does negative religious coping accompany, precede, or follow depression among Orthodox Jews? *Journal of Affective Disorders*.
- 4) \*Pirutinsky, S., **Rosmarin, D.H.**, Holt, C., Feldman, R.H., Caplan, L.S., Midlarsky, E., & Pargament, K.I. (in press). Intrinsic religiosity as a buffer of the relationship between physical illness and depressive symptoms among Jews: Mediators and moderators. *Journal of Behavioral Medicine*.
- 5) Kertz, S.J., \*Bigda-Peyton, J.S., **Rosmarin, D.H.**, & Björgvinsson, T. (in press). Worry across diagnostic presentations: Prevalence, severity, and associated symptoms in a partial hospital setting. *Journal of Anxiety Disorders*.

### 2009

- 6) **Rosmarin, D.H.**, Pargament, K.I, Krumrei, E.J. & Flannelly, K.J. (2009). Religious coping among Jews: Development and initial validation of the JCOPE. *Journal of Clinical Psychology*, 65(7), 670-683.
- 7) **Rosmarin, D.H.**, Krumrei, E.J. & Andersson, G. (2009). Religion as a predictor of psychological distress in two religious communities. *Cognitive Behaviour Therapy*, 38(1), 54-64.
- 8) **Rosmarin, D.H.**, Bourque, L.M., Antony, M.A., & McCabe, R.E. (2009). Interpretation bias in Panic Disorder: Self-referential or global? *Cognitive Therapy and Research*, 33(6), 624-632.

- 9) **Rosmarin, D.H.**, Pargament, K.I., & Flannelly, K.J. (2009). Do spiritual struggles predict poorer physical/mental health among Jews? *International Journal for the Psychology of Religion*, *19*, 244-258.
- 10) **Rosmarin, D.H.**, Pargament, K.I., & Mahoney, A. (2009). The role of religiousness in anxiety, depression and happiness in a Jewish community sample: A preliminary investigation. *Mental Health Religion and Culture*, *12*(2), 97-113.
- 11) **Rosmarin, D.H.**, \*Pirutinsky, S., Pargament, K. I., & Krumrei, E. J. (2009). Are religious beliefs relevant to mental health among Jews? *Psychology of Religion and Spirituality*, *1*(3), 180-190.
- 12) \*Pirutinsky, S., **Rosmarin, D.H.**, & Pargament, K. I. (2009). Community attitudes towards culture-influenced mental illness: Scrupulosity vs. non-religious OCD among Orthodox Jews. *Journal of Community Psychology*, *37*(8), 949-958.

## 2010

- 13) **Rosmarin, D.H.**, Pargament, K.I., \*Pirutinsky, S., & Mahoney, A. (2010). A randomized controlled evaluation of a spiritually-integrated treatment for subclinical anxiety in the Jewish community, delivered via the Internet. *Journal of Anxiety Disorders*, *24*(7), 799-808.
- 14) **Rosmarin, D.H.**, \*Pirutinsky, S., & Siev, J. (2010). Recognition of scrupulosity and non-religious OCD by Orthodox and non-Orthodox Jews. *Journal of Social and Clinical Psychology*, *29*(8), 931-945.
- 15) **Rosmarin, D.H.**, Pargament, K.I. & Robb, H. (2010). Spiritual and religious issues in behavior change. *Cognitive and Behavioral Practice*, *17*(4), 343-347.
- 16) **Rosmarin, D.H.**, Krumrei, E.J., & Pargament, K.I. (2010). Do gratitude and spirituality predict psychological distress? *International Journal of Existential Psychology & Psychotherapy*, *3*(1), 1-5.
- 17) Pargament, K.I., & **Rosmarin, D.H.** (2010). *Pastoral Counseling*. In I. Weiner & E. Craighead, (Eds.) *The Corsini Encyclopedia of Psychology*. New York: John Wiley and Sons.
- 18) \*Pirutinsky, S., Rosen, D.D., Safran, R.S., & **Rosmarin, D.H.** (2010). Do Medical Models of Mental Illness Relate to Increased or Decreased Stigmatization of Mental Illness among Orthodox Jews? *Journal of Mental and Nervous Disease*, *198*(7), 508-512.

## 2011



- 19) **Rosmarin, D.H.**, \*Pirutinsky, S., Cohen, A., \*Galler, Y., & Krumrei, E.J. (2011). Grateful to God or just plain grateful? A study of religious and non-religious gratitude. *Journal of Positive Psychology*, 6(5), 389-396.
- 20) **Rosmarin, D.H.**, Auerbach, R.P., \*Bigda-Peyton, J., Björgevinnson, T., & Levendusky, P. (2011). Integrating spirituality into cognitive behavioral therapy in an acute psychiatric setting: A Pilot Study. *Journal of Cognitive Psychotherapy*, 25(4),
- 21) **Rosmarin, D.H.**, \*Pirutinsky, S., & Pargament, K.I. (2011). A brief measure of core religious beliefs for use in psychiatric settings. *International Journal of Psychiatry in Medicine*, 41(3), 253-261.
- 22) **Rosmarin, D.H.**, \*Pirutinsky, S., Auerbach, R.P., Björgevinnson, T., \*Bigda-Peyton, J., Andersson, G., Pargament, K.I., & Krumrei, E.J. (2011). Incorporating spiritual beliefs into a cognitive model of worry. *Journal of Clinical Psychology*, 67, 1-10.
- 23) Krumrei, E.J., & **Rosmarin, D.H.** (2011). *Processes of Religious and Spiritual Coping*. In Jamie D. Aten, Kari O'Grady, & Everett Worthington (Eds.) *Psychology of religion and spirituality for clinicians: Using research in your practice*. New York: Routledge.

#### **NON PEER REVIEWED PUBLICATIONS**

- 1) Björgevinnson, T., Levendusky, P., Auerbach, R.P., & **Rosmarin, D.H.** (March, 2010). Examining treatment efficacy in the naturalistic context of a partial hospital program. *McLean Hospital Alumni Newsletter*.
- 2) **Rosmarin, D.H.** (August, 2011). Have a little faith: Research on spirituality & mental health. *Aish.com*

#### **INVITED TALKS AND WORKSHOPS**

- 1) **Rosmarin, D.H.** (2010, January). *The basics of cognitive behavioral case formulation*. 3-hour clinical workshop at the meeting of the International Network of Orthodox Mental Health Professionals (NEFESH), New York, NY.
- 2) Robb, H. & **Rosmarin, D.H.** (2010, November). *Integrating spirituality into cognitive behavioral therapy*. 3-hour clinical workshop at the meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- 3) **Rosmarin, D.H.** (2011, November). *Integrating spirituality into cognitive behavioral therapy*. 4-hour clinical workshop at the Center for anxiety, New York, NY.

**NATIONAL/INTERNATIONAL CONFERENCE PRESENTATIONS (1<sup>st</sup> Author)**

\* signifies author is a trainee

- 1) **Rosmarin, D.H.**, Krumrei, E.J., & Pargament, K.I. (2008, July). *Are gratitude and spirituality protective factors against psychopathology?* Paper presentation at the meeting of the International Network on Personal Meaning, Toronto, ON.
- 2) **Rosmarin, D.H.**, Pargament, K.I., & Robb, H. (2008, November). *Do they work? The current status of clinical trials of spiritually-integrated treatments.* In **Rosmarin, D.H.** (Chair), *Spirituality and Religion: Are they really relevant to psychopathology and treatment?* Symposium presentation at the meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.
- 3) **Rosmarin, D.H.**, Siev, J., Pargament, K.I., & Mahoney, M. (2008, November). *Anxiety and depression among Orthodox Jews: Links to religious core beliefs and practices.* Poster presentation at the meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.
- 4) **Rosmarin, D.H.**, \*Pirutinsky, S., Pargament, K.I., & Krumrei, E.J. (2009, February). *Do religious doctrine and culture moderate the relationship between beliefs and distress?* Poster presentation at the meeting of the Society for Personality and Social Psychology (Psychology of Religion & Spirituality Preconference), Tampa, FL.
- 5) **Rosmarin, D.H.**, Pargament, K.I., Krumrei, E.J., & O'Brien, W.O. (2009, April). *Religious vs. demographic predictors of depression in two religious communities.* Poster presentation at the meeting of the Society of Behavioral Medicine, Montreal, Que.
- 6) **Rosmarin, D.H.**, \*Pirutinsky, S. & Pargament, K.I. (2009, November). *The relevance of religious core beliefs to the cognitive-behavioral model of worry.* Poster presentation at the meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- 7) **Rosmarin, D.H.**, Robb, H.B. (2009, November). *Upcoming special series in Cognitive and Behavioral Practice on spiritual/religious issues in behavior change.* Poster presentation at the meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- 8) **Rosmarin, D.H.**, \*Pirutinsky, S., & Siev, J. (2009, November). *Do Orthodox and Non-Orthodox Jews appraise symptoms of scrupulosity as OCD?* Poster presentation at the meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- 9) **Rosmarin, D.H.** (Chair) (2010, June). *The spiritual and the physical: How and why spirituality and religion are relevant to behavioral medicine.* Symposium presentation at the meeting of the World Congress of Behavioral and Cognitive Therapies, Boston, MA.

- 10) **Rosmarin, D.H.** & \*Pirutinsky, S. (2010, May). *Do medical models of mental illness relate to increased or decreased stigmatization among Orthodox Jews?* In Milevsky, A. (Chair). *Chosen but forgotten: The emerging state of research on Judaism and mental health*. Symposium presentation at the Association for Psychological Science Annual Convention, Boston, MA.
- 11) **Rosmarin, D.H.**, Pargament, K.I., Kelemen, L., Mahoney, A., & \*Pirutinsky, S. (2010, June). *Spiritually-integrated CBT for sub-clinical anxiety in a religious community: A randomized controlled trial in an international sample*. In **Rosmarin, D.H.** (Chair) *Disseminating our treatments to religious populations around the world: Spiritually-Integrated CBT*. Symposium presentation at the meeting of the World Congress of Behavioral and Cognitive Therapies, Boston, MA.
- 12) **Rosmarin, D.H.**, \*Pirutinsky, S., & Siev, J. (2010, June). *Recognition of scrupulosity and non-religious OCD in an international sample of Orthodox and non-Orthodox Jews*. In Rosmarin, D.H. & Siev, J. (Chairs) *Obsessive Compulsive Disorder and religion around the world*. Symposium presentation at the meeting of the World Congress of Behavioral and Cognitive Therapies, Boston, MA.
- 13) **Rosmarin, D.H.** & Robb, H. (Chairs), Oman, D., Spangler, D., Stanley, M., & **Rosmarin, D.H.** (2010, November). *The burgeoning science of integrating spiritually into Cognitive Behavioral Therapy*. Panel presentation at the meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- 14) **Rosmarin, D.H.**, Pargament, K.I., \*Pirutinsky, S., & Mahoney, A. (2010, November). *A randomized controlled evaluation of a spiritually-integrated treatment for subclinical anxiety in the Jewish community, delivered via the Internet*. Poster presentation at the meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.  
**Recipient of ABCT Elsie Ramos Memorial Student Research Award**
- 15) **Rosmarin, D.H.**, \*Pirutinsky, S. & Pargament, K. I. (2011, August). *Integrating religious beliefs into a cognitive model of worry*. In Smith, A. H. (Chair), *Beliefs: An Important but Under-Researched Dimension in the Psychology of Religion*. Symposium presentation at the 119th meeting of the American Psychological Association, Washington, DC.
- 16) **Rosmarin, D. H.**, \*Pirutinsky, S. & Pargament, K. I. (2011, August). *An 11th Century Jewish perspective on the etiology of anxiety and depression*. In Schnall, E. (Chair), *Ancient Jewish Wisdom for Modern Minds*. Symposium presentation at the 119th meeting of the American Psychological Association, Washington, DC.

**NATIONAL/INTERNATIONAL CONFERENCE PRESENTATIONS (non-1<sup>st</sup> Author)**

\* signifies author is a trainee

- 1) \*Bigda-Peyton, J.S., **Rosmarin, D.H.**, Kertz S.J., & Björgvinsson, T. (2011, November). *Cognitive, behavioral, or both? Mechanisms of change in an acute, depressed sample*. Poster presentation at the 45th annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
- 2) Björgvinsson, T., **Rosmarin, D.H.**, Kertz, S.J., & \*Bigda-Peyton, J.S. (2011, November). *Cognitive behavioral therapy in a managed care world: Examining treatment outcomes and mechanisms of change in the context of a partial hospital program*. In Hughes, M. (Chair), *Cognitive behavioral therapy in acute settings: examining treatment outcome, patient satisfaction, and best research practices*. Symposium presentation at the 45th annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
- 3) \*DeAmicis, A., \*Bigda-Peyton, J.S., \*McCue, A., \*Tang, J., **Rosmarin, D.H.** & Björgvinsson, T. (2011, November). *Symptom presentation and treatment outcomes in student and non-student patients in a partial hospital setting*. Poster presentation at the 45th annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
- 4) Kertz, S.J., \*Bigda-Peyton, J., **Rosmarin, D.H.**, & Björgvinsson, T. (2011, November). *Worry and generalized anxiety disorder in a partial hospital setting: prevalence, associated distress, and influence on treatment outcome*. Poster presentation at the 45th annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
- 5) Krompinger, J.W., \*Bigda-Peyton, J.S., **Rosmarin D.H.**, & Björgvinsson, T. (2011, November). *The importance of emotion regulation to symptom severity: Cognitive Behavioral Therapy skill acquisition in an acute psychiatric setting*. Poster presentation at the 45th annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
- 6) \*McCue, A., \*Bigda-Peyton, J.S., \*Yi-Ping-Tang, J., \*DeAmicis, A., **Rosmarin, D.H.**, & Björgvinsson, T. (2011, November). *Gender differences in treatment response for patients with borderline personality disorder in a CBT-based partial hospital program*. Poster presentation at the 45th annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
- 7) \*Tang, J.Y., \*Smith, N., \*DeAmicis, A., \*McCue, A., \*Bigda-Peyton, J.S., **Rosmarin, D.H.**, & Björgvinsson, T. (2011, November). *The effectiveness of CBT in a partial hospital setting among multicultural patients*. Poster presentation at the 45th annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
- 8) Björgvinsson, T., \*Bigda-Peyton, J.S., **Rosmarin, D.**, (2011, March). *A protocol for evaluating anxiety treatment outcomes in a naturalistic setting: Development, challenges,*

*and preliminary findings.* Symposium presentation at the 31<sup>st</sup> annual meeting of the Anxiety Disorders Association of America, New Orleans, USA.

- 9) \*Bigda-Peyton, J.S., Kertz, S.J., **Rosmarin, D.H.**, & Björgvinsson, T. (2011, March). *Does worry mitigate or enhance the effect of CBT on depressive symptoms?* Poster presentation at the 31st annual meeting of the Anxiety Disorders Association of America, New Orleans, USA.
- 10) Feldman, R. H., Holt, C., **Rosmarin, D. H.**, Caplan, L., Kuch, B., Pirtutinsky, S. & Pargament, K.I. (2011, March). *Health behaviors in the Jewish community: A comparison of Orthodox and non-Orthodox Jews.* Poster presentation at the American Academy of Health Behavior Meeting, Hilton Head, SC.
- 11) Björgvinsson, T., Auerbach, R.P., & **Rosmarin, D.H.** (2010, November). *Examining treatment efficacy in the naturalistic context of a partial hospital program.* In Sharp, C. (Chair), *Evidence based practice and practice based evidence in hospital settings: Methods, challenges and findings.* Symposium presentation at the meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- 12) \*Andersson, D., **Rosmarin, D.H.**, DiGiuseppe, R. & \*Pirutinsky, S. (2010, November). *ABCT members' attitudes towards spirituality & religion: Results from a recent survey.* Paper presentation at the annual meeting of the Spiritual/Religious Issues in Behavior Change Special Interest Group, Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- 13) \*Pirutinsky, S., **Rosmarin, D.H.**, Holt, C.L., Feldman, R.H., & Caplan, L.S. (2010, November). *Intrinsic religiosity as a buffer of the relationship between physical illness and depressive symptoms among Jews: Moderators and mediators.* Poster presentation at the meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- 14) \*Baruch, D., **Rosmarin, D.H.**, \*Pirutinsky, S., Kanter, J.W., Holt, C.L., Feldman, R.H., & Caplan, L.S. (2010, November). *The relevance of culturally-valued activities to levels of depression among Orthodox Jews.* Poster presentation at the meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- 15) \*Anderson, D., **Rosmarin, D.H.**, & DiGiuseppe, R. (2010, November). *Religion & spirituality among members of the Association for Behavioral & Cognitive Therapies (ABCT).* Poster presentation at the meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- 16) \*Schreck, M., Kertz, S., \*Bigda-Peyton, J. \*Pirutinsky, S., \*Galler, Y. & **Rosmarin, D.H.** (November, 2010). *Does religious affiliation moderate the relationship between gratitude and positive affect?* Poster presentation at the meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA

- 17) Auerbach, R.P. (Chair), Björgvinsson, T., **Rosmarin, D.H.** & Wang, J. (2010, June). *Examining treatment outcome in the context of a partial hospital program: Understanding the challenges associated with conducting research in a naturalistic setting.* Panel presentation at the meeting of the World Congress of Behavioral and Cognitive Therapies, Boston, MA.
- 18) Holt, C., **Rosmarin, D.H.**, Feldman, R., Caplan, L. & \*Pirutinsky, S. (2010, June). *Assessing spiritual health locus of control beliefs in a Jewish population.* Paper presentation at the 3<sup>rd</sup> Annual Meeting of the Society for Spirituality, Theology and Health, Durham, NC.
- 19) \*Pirutinsky, S., **Rosmarin, D.H.**, & Siev, J. (2009, November). *Religious culture as a moderator of the relationship between religious coping, depression and anxiety.* Poster presentation at the meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- 20) \*Pirutinsky, S., **Rosmarin, D.H.**, & Pargament, K.I. (2009, August). *Preliminary validation of a scale to measure stigma towards mental illness among Orthodox Jews.* Poster presentation at the meeting of the American Psychological Association, Toronto, Ont.

### **REGIONAL CONFERENCE PRESENTATIONS**

\* signifies author is a trainee

- 1) **Rosmarin, D.H.** (2003, June). *The creation of a psychometric instrument to measure the religious Jewish construct Trust in God.* Paper presentation at first annual conference of Critical Multicultural Practice: Counseling in the Context of Difference and Oppression, University of Toronto, Toronto, ON.
- 2) **Rosmarin, D.H.** (2005, March). *Trust in God and anxiety: An ancient Jewish psychological theory.* Paper presentation at the meeting of Orthodox Mental Health Professionals hosted by Horizon Psychological Services, Miami, FL
- 3) \*Newman, C., **Rosmarin, D.H.** & Zemon, V. (2010, May). *God loves me, God loves me not: Can individuals' Trust and Mistrust in God predict depression?* Poster presentation at the Yeshiva University Annual Behavioral & Social Sciences Research Day, New York, NY.
- 4) \*Pirutinsky, S., Midlarsky, E., & **Rosmarin, D.H.** (2010, November). *Do spiritual struggles accompany, cause, or result from depression among religious Jews?* Paper presentation at the 22<sup>nd</sup> Greater New York Conference on Behavioral Research, New York, NY.

- 5) **Rosmarin, D.H.**, \*Bigda-Peyton, J.S., Auerbach, R.P., Björgvinsson, T., & Levendusky, P. (2011, January). *Integrating spirituality into cognitive behavioral therapy in an acute psychiatric setting: A pilot study*. Poster presentation at the 2nd annual meeting of McLean Hospital/Harvard Medical School Research Day.
- 6) \*Bigda-Peyton, J.S., Kertz, S.J., **Rosmarin, D.H.**, & Björgvinsson, T. (2011, January). *Cognitive behavioral therapy for depressive symptoms: The moderating role of worry*. Poster presentation at the 2nd annual meeting of McLean Hospital/Harvard Medical School Research Day.
- 7) Björgvinsson, T., \*Schreck, M., \*Goines, J., **Rosmarin, D.H.**, Kopeski, L., Auerbach, R.P., & Bigda-Peyton, J.S. (2011, January). *Examining treatment outcomes in the context of a partial hospital program: Preliminary data on the efficacy of cognitive behavioral therapy for affective disorders*. Poster presentation at the 2nd annual meeting of McLean Hospital/Harvard Medical School Research Day.
- 8) Krompinger, J.W., \*Bigda-Peyton, J.S., **Rosmarin D.H.**, & Björgvinsson, T. (2011, January). *Dispositional emotion regulation is related to symptom severity and predicts CBT skill acquisition in an acute psychiatric setting*. Poster presentation at the 2nd annual meeting of McLean Hospital/Harvard Medical School Research Day.
- 9) \*Pirutinsky, S., **Rosmarin, D.H.**, & Holt, C. (November, 2011). *Religious coping moderates the relationship between emotional functioning and obesity*. The 23rd Greater New York Conference on Behavioral Research, New York, NY.

## **TEACHING, TRAINING & MENTORING**

### **Formal Teaching of Students in Courses**

- |           |  |
|-----------|--|
| 2005-2006 | Instructor: Introduction to Psychology<br>Department of Psychology, Bowling Green State University<br>Psychology Undergraduate Students<br>3 hrs/wk for 15 weeks   |
| 2011      | Guest Lecturer: Jewish Psychology<br>Religious Psychologies 101<br>Department of Child Psychiatry, Massachusetts General Hospital/Harvard Medical School, Instructor: Dr. Michael J. Murphy<br>90-minute lecture |
| 2004-2005 | Teaching Assistant: Introduction to Psychology<br>Department of Psychology, Bowling Green State University<br>Psychology Undergraduate Students<br>3 hrs/wk for 30 weeks   |

**Formal Teaching of Residents, Clinical Fellows and Research Fellows**

- 2009 Cognitive Behavioral Treatment of Panic Disorder with Agoraphobia  
Stanton Lecture Case Presentation, McLean Hospital/Harvard Medical School  
30-minute presentation & commentary
- 2011 Psychology of Spirituality/Religion (Judaism)  
Department of Child Psychiatry, Massachusetts General Hospital  
60-minute presentation
- 2011 CBT: A Rich but Implicit Relational Framework  
McLean Hospital/Harvard Medical School  
45-minute presentation

**Colloquia & Rounds Presentations**

- 2004 Trust in God: An Ancient Jewish Approach to Human Anxiety  
Spirituality & Psychology Research Team (SPiRiT), Department of  
Psychology, Bowling Green State University  
60-min presentation
- 2006 A Side-by-Side Comparison of Cognitive Behavioral Therapy and Acceptance  
and Commitment Therapy for Anxiety Disorders  
Department of Psychology, Bowling Green State University  
30-min presentation
- 2007 A Unified Protocol for Emotional Disorders  
Anxiety Treatment & Research Centre, St. Joseph's Healthcare  
60-minute presentation
- 2007 A Cognitive Model of Religious Beliefs and Anxiety  
Anxiety Treatment & Research Centre, St. Joseph's Healthcare  
2 x 60-min presentations
- 2011 Spiritual/Religious Resources & Struggles: Relevance for Borderline  
Personality Disorder  
BPD Rounds, McLean Hospital/Harvard Medical School  
60-minute presentation

**Research Supervisory & Training Responsibilities**

- 2009-2010 Supervisor of undergraduate student research in psychology  
Stern College/Yeshiva University  
Touro College
- 2009-present Supervisor for graduate student research in clinical psychology  
Columbia University  
University of Wisconsin, Milwaukee



Yeshiva University, Ferkauf School of Psychology

- 2010-present Primary supervisor of weekly diagnostics rounds  
Behavioral Health Partial Program  
McLean Hospital/Harvard Medical School
- 2010-present Supervisor for research projects initiated by psychology interns and staff  
Behavioral Health Partial Program  
McLean Hospital/Harvard Medical School

### **EDITORIAL ACTIVITIES**

#### **Editorial Positions**

- 2009-2010 Associate Editor for Special Issue, Cognitive & Behavioral Practice
- 2010-2011 Associate Editor for Special Issue, Journal of Behavioral Medicine
- 2011-present Associate Guest Editor, Depression Research & Treatment

#### **Ad Hoc Reviewing**

- |   |   |
|---|---|
| Canadian Medical Association Journal            | Cognitive and Behavioral Practice           |
| Cognitive Behavior Therapy                      | Counseling and Spirituality                 |
| International Journal of Psychiatry in Medicine | International Journal for Social Psychiatry |
| International Journal of Geriatric Psychiatry   | Journal of Behavioral Medicine              |
| Journal of Family Violence                      | Journal of Positive Psychology              |
| Sociology of Religion: A Quarterly Review       |   |

#### **Book Reviewing**

Guilford Press

### **MEMBERSHIP IN PROFESSIONAL SOCIETIES**

- 2006-present Association of Behavioral and Cognitive Therapies
- 2008-present APA Division 12, Section 3 (Society for a Science of Clinical Psychology)
- 2008-present Anxiety Disorders Association of America
- 2009-present Association for Psychological Science
- 2011-present American Psychological Association
- 2011-present International Obsessive Compulsive Disorder Foundation

### **PERSONAL STATEMENT**

To date, my program of research has examined functional links between spirituality/religion (S/R) and anxiety/affective symptoms. I have sought to move beyond the ubiquitous descriptive research in this area by developing and validating explanatory models of how both positive and negative S/R factors impact symptoms and treatment. I have also taken a clinical approach to this subject matter by focusing on the identification and measurement of clinically-relevant facets of S/R, the integration of S/R into treatment paradigms, and the dissemination of evidence-based treatments to S/R populations. I am passionate about my research and I bring a high level of energy and creativity to my work. To this end, over the past three years while engaging in a rigorous schedule of didactic and clinical training (20-35 hours/week) I kept up a steady pace of publishing written reports and delivering national/international conference presentations, and I have served as associate editor for special issues in two prominent peer-reviewed journals. I have also taken on numerous supervisory roles and leadership positions. At the current juncture, I would like to facilitate a shift in my career towards research on the neurobiological mechanisms by which S/R impacts mental health and functioning. In my new role as junior faculty (Instructor) in the Department of Psychiatry at McLean Hospital/Harvard Medical School, I aim to establish a laboratory dedicated to this important, yet often neglected, area of study. While a considerable body of literature has found S/R to be associated with decreased incidence and severity of mental disorders, virtually all research in this area has tested isolated questions of a descriptive nature and failed to examine *how and why* S/R might proximally and functionally impact human emotion and behavior. I therefore seek to examine theoretically-based models of how S/R may functionally affect mental health using modern neuroscience. I am truly excited to have arrived at a point in my career to take a pivotal step towards these goals, and I believe that my strong clinical-research background has prepared me well for this transition. Moreover, the outstanding and exceptionally talented faculty at McLean Hospital's NeuroImaging Center is uniquely suited to provide direction and support my early academic career. I aim to emulate my on-site research mentors, Drs. Scott Lukas, Staci Gruber, and Brent Forrester, in mastering the methods of designing and implementing neuroimaging (fMRI) paradigms, neuropsychological assessments, and management of large-scale research studies while disseminating research results to the scientific community and beyond. I also aim to emulate my clinical mentors at McLean, Drs. Phil Levensky and Throstr Bjorgvinsson, in their uncanny ability to juggle a myriad of administrative, clinical and research responsibilities. I further aspire to walk in the footsteps of my off-site mentors, Drs. Kenneth I. Pargament & Harold Koenig, in expanding the evidence-base for the study of human spirituality and mental health.

## **REFERENCES**

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Additional references are available upon request.