Dana E. King, M.D., M.S.



# **CURRICULUM VITAE**

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Office: Department of Family Medicine Medical University of South Carolina 295 Calhoun St, Charleston, SC 29425
Place of Birth: Charleston, West Virginia
Citizenship: United States
Marital Status: Married, 2 children

### **EDUCATION**

2001-2004	Medical University of South Carolina
	Degree: M.S., 2004, Master of Science, Clinical Research
1977-1981	University of Kentucky College of Medicine, Lexington, Kentucky
	Degree: M.D., 1981, with High Distinction, Alpha Omega Alpha
1973-1976	Miami University, Oxford, Ohio
	Degree: B.A., Chemistry, 1976, cum laude, Phi Beta Kappa

#### **POST-GRADUATE TRAINING**

2010-2011	Chair Development Fellowship Training, Association of Departments of
	Family Medicine (ADFM) (1 year)
2007	American College of Physicians Executive (ACPE) Leadership course (1 week)
2003-2004	Clinical Research Scholar (K30) 2003-2004 (scholarship to assist in completing Masters of Science in Clinical Research degree, MS)
1991-1992	Faculty Development Fellowship in Family Medicine, University of North Carolina, Chapel Hill
1983-1984	Co-Chief Resident, Baltimore, Maryland
1981-1984	Family Practice Residency, University of Maryland, Department of Family Medicine, Baltimore, Maryland

#### **BOARD CERTIFICATION**

2009-2016	Diplomate (Board Certification), Renewed
2002-2009	Diplomate (Board Certification), Renewed
1996-2003	Diplomate (Board Certification), Renewed
1990-1997	Diplomate (Board Certification), Renewed
1984	American Board of Family Medicine

#### **OTHER CERTIFICATION**

2010	NCQA-Primary Care in Diabetes
2011	NCQA—Primary care of Stroke

#### **LICENSURE**

1999-present	South Carolina, No. 21186 (DHEC 20-P522)
1990-present	North Carolina, No. 27931
1982-present	Maryland, No. D28782 (inactive status since 1999)

#### MILITARY- NA

### FACULTY APPOINTMENTS

#### Current

--Medical University of South Carolina (MUSC), Department of Family Medicine, Research Division, Charleston

2005-present Professor with tenure2004-2005 Associate Professor with tenure1999-2005 Associate Professor

#### Previous

--East Carolina University School of Medicine, Department of Family Medicine, Greenville,

North Carolina

- 1995-1999 Associate Professor, with tenure
- 1992-1999 Program Director, Rural Residency Training Program
- 1991-1995 Assistant Professor
- 1990-1991 Instructor (faculty)
- 1985-1990 Clinical Instructor (community office-based)

### ADMINISTRATIVE EXPERIENCE

### Current position

Medical University of South Carolina, Department Of Family Medicine, Charleston, SC

2007-present Vice Chair of the Department of Family Medicine

This is an <u>executive vice chair</u> position that includes the following responsibilities shared with the executive team of the Chair, Vice Chair, and Department Administrator: budget issues (approx \$12 million annually), personnel issues, strategic planning, and special projects. Recent activities:

WE CARE-- headed a team and developed a <u>clinical</u> accountability system for outpatient family medicine staff as an extension of the MUSC clinical excellence program, which resulted in dramatic improvements in patient satisfaction in our downtown clinic.

TEAM CARE--a novel <u>clinical</u> QI initiative that demonstrated a 350% increase in cancer screening rates for colon and breast cancer.

PREVENTION--a <u>community</u> project in partnership with the North Charleston

firefighters; we developed an assessment of a wellness initiative to improve firefighter fitness using a structured exercise program, with monitoring of BMI, lipids, and blood pressure before and after the intervention. PREVENTION GRAND ROUNDS--Created a new Prevention Grand Rounds series in the department that has attracted speakers from a variety of institutions and has lead to several grant collaborations. PREVENTION COURSE—developed a new 4<sup>th</sup> year medical student elective in Prevention and Public Health, to expose students to preventive medicine and population health in a variety of settings, including a FQHC and a health department. COLLABORATIVE RESEARCH—developed a new collaborative research initiative in the department during the last year that has produced 4 NIH submissions and 1 foundation grant proposal. FACULTY DEVELOPMENT—2011-- named as the Director of Faculty Development for the department. Developed a new formalized program; including a didactic teaching series, a procedural skills series, and an academic series; also managing a new program for faculty mentoring (2011) INFORMATICS—direct supervisor of the department's IT personnel; part of the MUSC Electronic Medical Record Selection Committee (2011) **Director, Research Division (Interim)** 

2011-presentDirector, Research Division (Interim)1999-presentClinician Investigator--Research Division

## **Previous**

East Carolina University School of Medicine, Department of Family Medicine,

Greenville, North Carolina

1992-1999 <u>Residency Program Director</u>, ECU Rural Residency---responsible for the creation, development, curriculum, and administration of a new rural residency program in the department for 18 residents (6-6-6).
 1990-1999 <u>Assistant Residency Director</u>--responsible for supervising a team of 3 attending physicians, 9 residents, 1 nurse practitioner, and 3 nurses in the Family Practice Center

## **OTHER PROFESSIONAL PRACTICE EXPERIENCE**

<u>Rural clinical practice</u>--Gates County Medical Center, Family Practice, including obstetrics Gatesville, North Carolina (National Health Service Corps (1984-87)

### <u>HONORS</u>

2011 Featured Research Poster, American Heart Association, EPINAM meeting, Atlanta, GA 2009 Best Research Paper of the Year--Second Place, Society of Teachers of Family Medicine (STFM), 2009 (King DE, Mainous AG III, Geesey M. Turning back the clock: adopting a healthy lifestyle in middle-age. Am J Med 2007; 120: 598-603.) 2001-present "Best Doctors in America" 2007 Who's Who Among America's Teachers 2007 Featured "Extended Session" Paper, Society of Teachers of Family Medicine (STFM) Research Forum, Annual Meeting, Chicago, 2007 2006 "Golden Apple" Award Nominee-clinical teaching, MUSC College of Medicine 2004-2006 Who's Who in Medicine and Healthcare (Marguis) "Distinguished Paper" (highest award category), NAPCRG, Banff, Alberta, 2003 Canada Clinical Research Scholarship recipient (K30 award) 2003 2001 "Extended Session" award paper, NAPCRG meeting, Halifax, Nova Scotia.

1998	Department of Family Medicine Award (ECU), "Best Research Paper."
1997	Department of Family Medicine Award (ECU), "Best Educational Paper".
1996	Department of Family Medicine Award (ECU), "Best Research Paper"
1996	Scientific Progress in Spiritual Research Conference - one of 60 national
	research scientists chosen to participate in this series of 3 invited conferences,
	sponsored by the National Institute of Healthcare Research and the John
	Templeton Foundation.
1996	National award of \$1,000, Templeton Award for Exemplary Papers, for "Beliefs
	and Attitudes of Hospital Inpatients about Faith Healing and Prayer." J Fam
	Prac, 1994; 39(4):349-352.
1995	One of only 10 recipients nationally to be selected to participate in the Grant
	Generating Project of the North American Primary Care Research Group
	(NAPCRG)
1990	`Practitioner Research Award (Third Place), North American Primary Care
	Research Group (NAPCRG)
1986	Regional Health Administrator's Award, Public Health Service, for excellence in
	service and research in a medically underserved area.
1983	Mead Johnson Award for Graduate Education in Family Practice - national
	Alternate (20 nationally, 2 alternates)
1981	Alpha Omega Alpha - National Medical Honorary
1981	Mosby Book Award - Fourth-year medical student excellence award
1980	Lange Book Award - Third-year medical student excellence award
1976	Phi Beta Kappa - National Honorary, collegiate

## **EDITORIAL POSITIONS**

### **Editorial Positions**

--<u>Editor</u>, International Journal of Psychiatry in Medicine (2005-present)

The journal is at the forefront of examining the interface between primary care clinical practice and psychiatry. The journal focuses on publishing original research regarding biomarkers, bioscience, psychiatric symptoms, and the psychosocial/spiritual aspects of clinical medicine. In 2011, the journal expanded from 4 to 8 issues a year.

### Editorial Boards:

--Southern Medical Journal (2002--present) --Special Advisory Committee for Spirituality/Medicine Project (2005-2008) --International Journal of Psychiatry in Medicine (2002--present)

### Federal Policy Boards/Reviewer-HRSA

--2011—National Quality Forum (NQF) Committee—Maintenance and Review: Cardiovascular --2010--Grant reviewer—Health Resources and Administration (HRSA), Pre-doctoral Training in Primary Care

### Reviewer for the following journals (since 2000):

--Preventive Medicine, Southern Medical Journal, American Family Physician, Annals of Family Medicine, European Heart Journal, Circulation, Teaching and Learning in Medicine, North American Primary Care Research Group (NAPCRG), Journal of Gerontology, Journal of General Internal Medicine, International Journal of Psychiatry in Medicine, Archives of Diseases of Childhood, Diabetes Care, American Journal of Cardiology, Obstetrics and Gynecology, Journal of Vascular Research, American Journal of Medicine, European Journal of Clinical Nutrition, Journal of Mixed Methods Research, British Journal of Nutrition, Journal of Diabetes and its Complications

### Program Committee:

--North American Primary Care Research Group (2004-2009)

## **EXTRAMURAL GRANTS**

<u>Federal</u>	
2011	NIH/NINR \$2,645,516 1 R01 NR012237-01A1 (Kelechi-PI)
	4/01/2011-3/31/2015
	Preventing Venous Leg Ulcers with Cryotherapy: A Randomized Clinical
	This study will utilize a randomized controlled clinical trial to test a custom
	cryotherapy wrap to reduce clinical symptoms, inflammation, and
	complications of chronic venous disease. King (Co-I) (1.2 calendar
	months)
2007 \$198,000	NINR— 1R21NR010604 - Theresa Kelechi, PhD, PI (MUSC- Nursing)
	Cryotherapy for chronic venous disorders.
	Randomized controlled clinical trial to develop a method to reduce clinical
	symptoms by using topical cryotherapy to target impaired microcirculation of the
	lower leg(s) in individuals with venous disease—King Co-I. (10%) (2 years).
2006 \$50,000	NIH –funded Multi-disciplinary Research Center (P5) –pilot study.
	"Management of Hip Osteoarthritis in African Americans with Co-morbid
	Conditions: the Effect of Four-Weeks of Manual Physical Therapy in Conjunction
	with Exercise on the Harris Hip Score." King Co-I (5%), (2 years).
2005 \$428,000	AHRQ, Lindrooth (PI) R01. "The Cause and Effect of Hospital Unit Entry
	and Closure." This project is a health services research study
	investigating the causes of hospital unit entry and closure, especially in
	regard to the opening of specialty heart service facilities. King Co-I (5%),
	(2 years.)
2004 \$1,281,795	NHLBI, R01 HL076271-01; "Dietary Fiber and Cardiovascular
	Inflammatory Markers." A study to evaluate the impact of a fiber
	supplement and a fiber-enriched diet on biomarkers of inflammation.
	( <b>PI-King 40%</b> )(3 years)
1997 \$325,000	HRSA Post-graduate Training in Family Medicine (Rural Residency).
	Principal Investigator. Department of Health and Human Services, (King
	<b>PI- 40%) (</b> 3 years)
1993 \$557,282	HRSA Graduate Training-Rural Residency. Principal Investigator.
	Bureau of Health Professions, Public Health Service (King PI -40%) (3
	years)
1992 \$59,087	R03 Treatment of acute bronchitis in primary care. DHHS, Agency for
	Health Care Policy and Research (AHCPR) (King PI- 20%) (2 years)
State, Foundation	, Corporate
2008 \$166,000	Delaware Valley Outcomes Research—Implementation and Analysis of a
· ·	Provider Education Program regarding Diagnosis and Screening for
	Bipolar Disorder – King-Co-I, (15%) (2 years).

- 2008 \$199,000
  2008 \$199,000
  Takeda Pharmaceuticals-- Investigator-initiated Research Grant.
  "Pioglitazone and Serum Asymmetric Dimethylarginine (ADMA) in Patients with Diabetes." A study to examine the effect of pioglitazone on ADMA and other inflammation and oxidative stress biomarkers.(King PI-15%)(1.5 years).
  2004 \$144,874
  A Prospective Study on the Effect of Beta Blocker Treatment on C-
- 2003 \$15,000 Spirituality and Health, **King Co-I**, (5%) (1 year)
- 2001 \$99,307 Advanced Research Training Grant. American Academy of Family Physicians (King PI- 30%)(2 years).

2001	\$62,000	SC Rural Health Research Center. Are Rural African-Americans at greater risk of undetected or uncontrolled diabetes?( <b>King Co-I</b> 5%) (1 year)
1999	\$3,000	The Effect of Automatic Chaplain Consultation on Medical Inpatients. Principal Investigator. South Carolina Family Practice Research Consortium, AHEC, ( <b>King PI-5%</b> )(1 year).
1999	\$61,069	An Evaluation of the Viability and Use of a Health Record for Persons with Diabetes Mellitus. <b>King Co-I, 6%</b> . Lifescan, Inc. (1 year)
1994	\$165,112	Development of computerized record for prenatal care. Co-Principal Investigator. Kate B. Reynolds Charitable Trust. (King-PI, 20%)(2 years)
1994	\$30,000	Computerized Medical Records Grant in Residency Teaching. Principal Investigator. MedicaLogic, Inc. (King-PI,10%) (1 year)
1994	\$1,250	Student/Mentor Research Project, NCAFP
1991	\$2500	Mycoplasma in asymptomatic patients. Medical Diagnostic Technologies, Inc. (King PI, 20%)(1 year)

## **INTRAMURAL GRANTS**

\$5000	Intramural grant from Family Medicine and MUSC Digestive Disease
	Center to support a study of the impact of fiber on ADMA levels.
	(PI, 1 year)
\$2500	Health Sciences Foundation grant for support of the Spirituality and
	Health Group ( <b>PI</b> )(1 year)
\$2500	YES grant from MUSC Foundation for collaborative study with Dept.
	of Pediatrics ( <b>Co-PI</b> ) (1 year)
\$5000	Steroids in Acute Bronchitis. MUSC Center for Health Care Research
	( <b>PI</b> , 5%,1 year).
	\$2500 \$2500

## COMMITTEES

National positions

National Quality Forum (NQF) Steering Committee for Endorsement/maintenance of Quality Measures: Cardiovascular Project

2011

North American Primary Care Research Group (NAPCRG)

2004-2009	NAPCRG Program Committee (national)
1998-2002	Pfizer Research Award Committee (national)

### Local/Institutional positions

Medical University of South Carolina Physician Liaison for UMA Practice Plan Compliance 2007-present 2002-present Member, MUSC Medical School Admissions Committee Member, CTRC (was the GCRC) Advisory Committee 2004-2010 Member, MUSC Practice Partner (Electronic Medical Record) Advisory 2005-2007 Council 2002-2004 Member, fund-raising team (YES Campaign) for the MUSC Foundation Member, MUSC Faculty Senate 2002-2004 Co-Chair and founder, Spirituality and Health Interest Group 2001-present 2001-2002 Vice Chairman, Trident IRB 2000-2002 Institutional Review Board (IRB)—Trident Medical Center

### MUSC- Department of Family Medicine

2007-present	Department Compliance
2006-present	Academic Promotions Committee
2004,2010	Chair, Patient Flow Committee
2002	Chair, Academic Portfolio Task Force
2001-2002	Chair, Research Personnel Committee
2001	Inpatient Task Force

#### ECU (Brody) School of Medicine

1997-1999 Medical School Electronic Medical Records Committee

1990-1997 Medical School Admissions Committee

ECU Department of Family Medicine

- 1994-1999 Executive Committee
- 1992-1994 Strategic Planning Task Force
- 1992-1994 Chairman, Rural Health Task Force
- 1991-1992 Vice Chair, Manuscript Review Committee
- 1991-1995 Curriculum Committee
- 1991-1993 Pharmacy and Therapeutics Committee
- 1990-1993 Chairman, Ambulatory Quality Assurance
- 1990-Present Member, OB Prenatal Grant Group

Pitt County Memorial Hospital, Greenville, NC

1996, 1991-1993 Cardiac Rehabilitation Physician Advisory Committee

#### Roanoke-Chowan Hospital, Ahoskie, North Carolina

1989-1990	Chairman, Pharmacy and Therapeutics
1987-1989	By-Laws

1001 1000	Dy Laws
1987-1989	Quality Assurance

- 1987-1989 Chairman, Credentials Committee
- 1987-1988 Utilization Review
- 1987-1988 Chairman, Division of Family Practice
- 1985-1986 Chairman, Department of Primary Care

## **PROFESSIONAL SOCIETIES**

#### National positions:

1990-present	Society of Teachers of Family Medicine
2002-2006	Co-chair, Spirituality and Health Group (national)

1983-Present	North American Primary Care Research Group (NAPCRG)
1988-1990	Board Member (national), Practitioner Representative
1998- 2002	Pfizer Awards Review Committee (national)
2004-2009	Program Committee (national position)

#### Regional positions:

North Carolina Academy	of Family Physicians
1992-1996	Chairman, Research Committee (state NCAFP)
1990-1996	Committee on Research

#### Other activity and memberships:

2005-present	American Heart Association (Epidemiology and Prevention)
1999-present	Charleston County Medical Society
1990-1999	Pitt County Medical Society

- 1985-2007 Christian Medical Dental Society/Association
- 1990-1999 --Advisor, Student Chapter, ECU
- 1984-1990Hertford County Medical Society
- 1981-Present American Medical Association
- 1981-Present American Academy of Family Physicians --Core Content Review –author (national), 2003-2009 --National Annual Review Speaker, 1998

## MAJOR TEACHING ACTIVITIES

## Undergraduate Medical Education

<u>Family Medicine Clerkship</u>—preceptor for third year students, 1990-present Doctoring Course—Clinical Methods and Interviewing, 1999-2000

Parallel Curriculum—Evaluator—1999-2001

<u>Clinical Medicine and Spirituality</u>-- established a new Fourth Year medical school elective, emphasizing taking a spiritual history, rounding with chaplains and Hospice; Course Director, 2001-present

Fourth Year Psychiatry-monthly lecture/discussion leader, 2000-2005

<u>Simulation Center</u>- Heart Sounds for medical students; starting IV's for residents, 2010-present <u>Prevention and Public Health</u>—established a new Fourth Year medical school elective, to expose students to preventive medicine and population health in a variety of settings, including a FQHC and a health department. Course Director, 2011-present

## **Graduate Medical Education**

--Precepting Family Medicine residents-outpatient (10% time)

--Precepting Family Medicine residents-inpatient (10% time)

--Family Medicine Lectures to residents (multi hours per year) and director of the Spirituality and Medicine content (Behavioral Science curriculum) for residents

--Residency Program Director, Rural Residency Program (ECU), 1992-1999

## **Continuing Medical Education teaching activities (recent)**

--Assistant Director of the Course, and participant in CME courses offered by MUSC (Intensive Review, various topics; coordinator for Diabetes/HTN 2010, and for GI disease 2011) --American Academy of Family Physicians (AAFP) (6-8 hours of workshops/presentations at each site on "COPD/Lung Disease" and "Prevention," annually at AAFP Board Review Course, Greensboro, NC, 1996-2009)

--Directed a group an ABFM SAM module on Asthma, Kiawah Review, June 2010.

## MENTORING

Faculty Mentoring

2009-present: Mentor for three junior faculty: (W Gonsalves MD, promoted to Associate Professor and now named an Assistant Dean; Ivar Frithsen MD MS, Assistant Professor; Eric Matheson MD MS, Assistant Professor)

Medical and Graduate Student Mentoring

- 2008-2009 Tina Ellis—research advisor for physician's assistant graduate student;
   "Medication Use for Diabetes, Hypertension, and Hypercholesterolemia from 1988-1994 TO 2001-2006" (Clinical Grad Student Winner, MUSC Student Research Day, November 19, 2008); presented at the American Heart Association (Epidemiology) meeting in Tampa, FI, March 13-14, 2009; publication in Southern Medical Journal.
- 2004-2007 Jeremy Crisp—medical student; recipient of a MUSC Graduate Studies Summer Research Fellowship, for the study "Curriculum Survey of FP Residency Programs"—--second place award, MUSC Student Research Day, Nov 5, 2004;

--paper published; King DE, Crisp J. Spirituality and healthcare education in family practice residency programs. <u>Family Medicine</u> 2005;37(6):399-403.

--Poster presented at the Annual Meeting of the North American Primary Care Research Group, for Quebec City, Quebec, October 2005; "Factors Affecting Blood Pressure Control in Outpatients", Southern Med J 2006; 99(11): 1221-1223.

--Paper published, "Case Discussion—Do Not Neglect the Spiritual History," Southern Med J 2007.

- 2005 Karen Donawerth—Physical Therapy graduate student at Elon University in NC, summer research intern; co-author, poster presented at the annual meeting of the North American Primary Care Research Group, Quebec City, Quebec, October 2005 ("Factors Affecting Blood Pressure Control in Outpatients").
- 2003 Josh Watson, Caroline Stephens—advisor for third year medical students
- Brian Wells, MD (FP resident), Projects: (1) "Prednisone in Acute Bronchitis," (presented at the annual meeting of NAPCRG, Nov 2002) (2) "Do Physicians take a Spiritual History before Recommending Gastrostomy Tubes or Do Not Resuscitate?" (AFP journal), and 3) King DE, Wells BJ. End of life issues and spiritual histories. Southern Med J, 2003, 96(4): 391-393.
- 2001 Luis Insignares, MD (FP resident), "Evaluation of a Pencil and Paper Direct Medical Translator," presented at FP Resident Research Day, MUSC/Trident
- 2000 Beth Platz (MS\_II), "Automatic Chaplain Consultation: a Randomized Trial," presented at MUSC Student Research Day; research letter published in SMJ, 2003.
- 1998 Mark Albertino (Post-grad), ECU
- 1997 John Nardella (Post-grad), ECU
- 1995 Jody Osborne (Post-Grad), presented at Student Research Day, ECU
- 1994 Carol Benson (MS-II), ECU
- 1993 Elizabeth Boyer (MS-II), presented at Student Research Day, ECU

## MAJOR CLINICAL INTERESTS AND RESPONSIBILITIES

Family Medicine, acute and chronic care of children and adults, with an emphasis on prevention (included obstetrics 1984- 2004). Responsibilities include call, outpatient, and inpatient services (30-40% time).

## HOSPITAL APPOINTMENTS

1999-Present	Active, Medical University Hospital, Charleston, SC
1999-Present	Active, Trident Regional Hospital, Charleston, SC
1990-1999	Pitt County Memorial Hospital, Greenville, NC
1984-1990	Roanoke-Chowan Hospital, Ahoskie, NC

# **PUBLICATIONS**

## Peer-Reviewed

- 1. King DE, Mainous Ag III, Matheson EM, Everett CJ. Impact of healthy lifestyle on mortality in people with normal blood pressure, LDL cholesterol, and C-reactive protein. <u>EJCPR</u> 2011, in press.
- 2. King DE. Atherosclerosis—Challenging the assumptions. Southern Med J, in press.
- 3. Matheson EM, King DE, Everett CJ. Healthy lifestyle habits and mortality in overweight and obese Individuals. JABFM 2011, in press.
- 4. Post RE, Mainous AG III, King DE. Dietary fiber for the treatment of type 2 diabetes mellitus: a meta-analysis. JABFM 2011, in press.
- 5. King DE, Player M, Everett CJ. The impact of pioglitazone on ADMA and oxidative stress markers in patients with type 2 diabetes. <u>Primary Care Diabetes</u> 2011, in press.
- 6. King D, Freedy J, Carek P. Editorial: A New Milestone for IJPM. IJPM. 2011;41(1):1-2.
- 7. Matheson EM, Mainous AG III, Everett CJ, King DE. Tea and coffee consumption and MRSA nasal carriage. <u>Ann Fam Med</u>; 2011;9: 299-304.
- 8. Kelechi T, Zapka J, Mueller M, King DE. The effect of a cryotherapy gel wrap on the

microcirculation of skin affected by Chronic Venous Disorders. <u>J Advanced Nurs</u> 2011; Jun 1365-2648.

- 9. Mainous AG III, Baker R, Everett CJ, King DE. Impact of a policy allowing over-the counter statins. <u>Qual Prim Care</u>; 2010;18(5):301-6.
- 10. Anandarajah G, Craigie F, Hatch R, Kliewer S, Marchand L, King DE, Hobbs R, Daaleman
  - T. Towards competency-based curricula in patient-centered spiritual care: recommended competencies for family medicine resident education. <u>Academic Med</u>; 2010; 85:1897-1904.
- 11. King DE, Player MS. Cardiovascular disease in older adults: the role of fiber. <u>Aging</u> <u>Health</u>, 2010, 6(2): 211-216.
- Everett CJ, King DE, Player MS, Matheson EM, Post RE, Mainous AG III. Association of urinary polycyclic aromatic hydrocarbons and serum C-reactive protein. <u>Environmental</u> <u>Research</u> 2010; 110:79-82.
- Player M, Mainous AG III, Diaz V, King DE. Moderate alcohol intake is associated with decreased risk of insulin resistance among individuals with vitamin D insufficiency. <u>Nutrition</u> 2010: 26:100-105.
- 14. Gangemi JD, King DE. The potential for nutrigenomics in prevention of metabolic syndrome. <u>J SC Academy of Science</u> 2009; 6(3).
- King DE, Ellis TM, Everett CJ, Mainous AG III. Medication use for diabetes, hypertension, and hypercholesterolemia from 1988-1994 to 2001-2006. <u>South Med J</u> 2009; 102(11):1127-32.
- 16. King DE, Ranwala D, Gangemi D. Grapes' antioxidant properties and their potential for widespread nutraceutical use. J Applied Sci and Tech, 2009, in press.
- 17. King DE. Inflammation and C-reactive protein: does magnesium play a role? <u>Magnesium Research</u>, 2009; 22(2):57-59.
- 18. King DE, Mainous AG III, Carnemolla M, Everett CJ. Adherence to healthy lifestyle habits in US adults, 1988-2006. <u>The American Journal of Medicine</u> 2009, 122: 528-534.
- 19. King DE, Delegge M. The impact of fiber supplementation on ADMA levels. <u>Nutrition</u> <u>Clin Pract</u> 2009; 24:80-83.
- 20. Mainous AG III, Diaz VA, King DE, Everett CJ, Player MS. The relationship of hepatitis antibodies and elevated liver enzymes with impaired fasting glucose and undiagnosed diabetes. J Am Board Fam Med 2008; 21: 497-503.
- 21. Mainous AG III, Everett C, Diaz V, King DE, Player M. Importance of a patient's personal health history on assessments of future risk of coronary heart disease. J Am Board Fam Med 2008; 21: 408-413.
- 22. Matheson E, Mainous AG, King DE. The association between hay fever and stroke in a cohort of middle aged and elderly adults. J Am Board Fam Med 2008; 21(3):179-183.
- 23. King DE, Mainous AG III, Geesey. Adopting moderate alcohol consumption in middleage: subsequent cardiovascular events. <u>Am J Med</u> 2008; 121:201-206.
- 24. King DE, Mainous AG III, Geesey M. Variations in L-Arginine intake follow Demographic and lifestyle factors that may impact cardiovascular risk. <u>Nutrition</u> <u>Research</u> 2008; 28:21-24.
- 25. Gillum RF, King DE, Obesian TO, Koenig HG. Frequency of attendance at religious services and mortality in a U.S. national cohort. <u>Annals Epidemiol</u> 2008; 18(2): 124-129.
- 26. King DE, Mainous AG III, Egan BM, Woolson RF, Geesey MS. The effect of psyllium fiber supplementation on C-reactive protein: the Trial to Reduce Inflammatory Markers (TRIM). <u>Annals of Family Medicine</u> 2008; 6:100-106.
- 27. Everett CJ, King DE, Wells BJ, Frithsen IL, Mainous 3rd AG. Serum magnesium and cancer mortality. *In* F. Columbus ed. Nutrition for the middle-aged and elderly. Nova Science Publishers, Inc. Hauppauge, NY, 2007.
- 28. King DE, Mainous AG III, Egan BM, Player M, Geesey MS. The use of statins and blood pressure. <u>Am J Hypert</u> 2007; 20:937-941.

- 29. Player M, Mainous AG III, King DE, Geesey M. Psychosocial factors and progression from prehypertension to hypertension or coronary artery disease. <u>Annals of Family</u> <u>Medicine</u> 2007; 5:403-411.
- 30. King DE, Mainous AG III, Geesey M, Ellis T. Magnesium intake and C-reactive protein levels in children. <u>Magnesium Research</u> 2007; 20(1): 32-36
- King DE, Egan BM, Woolson RF, Mainous AG III, Al-Solaiman Y, Jesri A. Effect of a highfiber diet vs. a fiber-supplement diet on C-reactive protein. <u>Arch Int Med</u> 2007;167:502-506.
- 32. King DE, Crisp JR. Case Discussion: do not neglect the spiritual history. <u>South Med J</u>, 2007;100(4):426
- 33. King DE, Mainous AG III, Geesey M. Turning back the clock: adopting a healthy lifestyle in middle-age. <u>Am J Med</u> 2007; 120: 598-603.
- 34. King DE. Early use of insulin in type 2 diabetes—the time is now. <u>South Med J</u> 2007;100(2):127.
- 35. King DE, Everett CJ, Mainous AG III, Liszka HA. Long-term prognostic value of resting heart rate in people with prehypertension. <u>Am J Hypert</u> 2006;19(8):796-800.
- 36. King DE, Mainous AG III, Geesey M, Egan BM, Rehman S. Magnesium supplement intake and C-reactive protein levels in adults. <u>Nutrition Research 2006</u>; 26(5): 193-196.
- 37. King DE. Teaching Points—A 2-minute Mini-lecture. Menopause and Life Transitions. <u>The Teaching Physician</u> 2006;5(2):3-4.
- 38. King DE, Crisp JR. Factors associated with poor blood pressure control among outpatients. <u>South Med J</u> 2006; 99(11): 1221-1223.
- 39. King DE. Spirituality, health, and medical care of adults. <u>South Med J</u> 2006; 99(10):1166-1167.
- 40. Everett CJ, King DE. Serum magnesium and the development of diabetes. <u>Nutrition</u> 2006; 22: 679.
- 41. King DE, Egan BM, Mainous AG III, Geesey ME. The effect of extended-release metoprolol succinate on C-reactive protein levels in persons with hypertension. <u>J Clin Hypertens</u> 2006 Apr;8(4):257-260.
- 42. Hueston WJ, King DE, Geesey ME. Serum biomarkers for cardiovascular inflammation in subclinical hypothyroidism. <u>Clin Endocrinology</u> 2005; 63(5):582-587.
- Cummings DC, King DE, Mainous AG III. Combining serum biomarkers: the association of CRP, insulin sensitivity, and homocysteine with cardiovascular disease in the general U.S. population. <u>Europ J of Cardiovasc Prev and Rehab</u> 2005;13(2):180-185.
- 44. King DE, Cummings D, Whetstone L. Attendance at religious services and subsequent mental health in midlife women. <u>IJPM</u> 2005; 35(3): 287-297.
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### Scholarly Books:

101. Koenig HG, King DE, Carson VB.. Handbook of Religion and Medicine, 2<sup>nd</sup> Edition,

Oxford University Press, 2011, in press.

- 102. King DE, Hunter MH, Harris J (Book). Dealing with the Psychological and Spiritual Aspects of Menopause: Finding Hope in the Mid-Life. New York, Haworth Press, 2005.
- 103. King DE (Book). Faith, Spirituality, and Medicine: Toward the Making of the Healing Practitioner. New York, Haworth Press, 2000.

# Chapters in Scholarly Books and Monographs:

- 104. King DE. (Chapter) Personal reflections. In: Faith, Medicine, and Science. Eds.: Jeffrey Levin and Harold G. Koenig; Haworth Press, New York, 2005.
- 105. Hunter M, King DE. (Chapter) Non-hormonal, psychological, and spiritual facets of menopause. In: Women's Health in Mid-Life, JoAnn Rosenfeld, Ed.; Cambridge University Press, 2004.
- 106.King DE (chapter). Spirituality and Medicine. In: Fundamentals of Clinical Practice, Second Edition. Eds Mengel, Holleman, Fields. New York, Plenum, 2002.
- 107. King DE, Hunter M. (Chapter) Psychological and Spiritual Aspects of Menopause. In: Clinics in Family Practice; Philadelphia, W.B. Saunders; 2002.
- 108. Hunter M, King DE. (Chapter) Management of COPD. In: Respiratory Disease in Primary Care, Hueston, Ed.; McGraw Hill, New York, 2002.

## Non Peer-Reviewed

- 1. King DE, Peragallo-Dittko V, Polonsky WH, Prochaska JO: Strategies for improving self-care. Patient Care, February 15, 1998, 91-111.
- 2. King DE, Bremer CC: Why not do research in your office? <u>NC Fam Phys</u>, Fall 1992, 43(4): 28-29.

# PRESENTATIONS

# Invited Presentations (selected)

- 1. King DE Invited lecture, Healthy Habits Decline and the Impact on Public health," Wayne State School of medicine, Department of Family Medicine and Public Health Sciences, May 27, 2011.
- 2. King DE. Invited Lecture, "The Benefits of Healthy Habits throughout Adulthood," MeadWestvaco Company, Charleston, September 21, 2010.
- 3. King DE. Grand Rounds, USC School of Public Health, "Healthy Lifestyles and their Impact on Public Health," December 2009.
- 4. King DE. Keynote Speaker. Diabetes Update. "Healthy Habits for Healthy People.' MAHEC conference, Asheville, NC, May 5, 2009.
- 5. King DE. Keynote address, "Following the Healthy Habits," NC AHEC "Healthy People, Healthy Communities" conference, Greensboro, NC, October 24, 2008.
- 6. King DE. Summer Research Seminar Course on Spirituality, Theology and Health, Duke Medical Center. July and August sessions, 2008-present.
- 7. King DE. Plenary. Annual Meeting of Region III American Dietetic Association Educators. Charleston, SC. March 27, 2008.
- 8. King DE. Keynote address, "Living a Healthy Lifestyle-Turning Back the Clock." NC Statewide AHEC Directors conference, Hendersonville, NC, October 24, 2007.
- 9. King DE. Featured on national web pod cast on Healthy Lifestyles (fitnessrocks.org).
- 10. King DE. Featured on the nationally syndicated radio program "Healthy Living," Cooper Aerobic Center, with host Todd Witthorne, August 4, 2007.
- 11. King DE. Keynote Address, First Annual Conference on Aging, Mountain AHEC, Asheville, NC; "Healthy Aging," June 15, 2007.
- 12. King DE. Invited lecture, American College for the Advancement of Medicine, May 13, 2007, Chicago. "Magnesium (and other nutrients) and C-reactive Protein."
- 13. King DE. Invited lecture, Health Services Series, MUSC, "Spirituality and Health: What is the Evidence?" December 7, 2006.
- 14. King DE. Annual James G. Jones Lecture, "Family Medicine Research: The Truth is out

There," Department of Family Medicine, Brody School of Medicine, East Carolina University, November 2, 2006.

- 15. King DE. SC Dietetic Association Annual Convention, Keynote Speaker, "Dietary Factors in Cardiovascular Inflammation," October 14, 2005.
- 16. King DE. SC Academy of Family Physicians Meeting. "Questions Patients Ask About Pregnancy," Myrtle Beach, SC, July 22, 2005.
- 17. King DE. Invited Speaker, Grand Rounds, Pinnacle Health Hospital System. "Practical Approach to Spirituality and Health," Harrisburg, PA, May 20, 2004.
- 18. King DE. Invited Speaker, The Importance of Attentiveness to Spirituality in the Clinical Setting, and Update on Recent Research," University of South Carolina School of Medicine, Second year CAM series, January 22, 2004.
- 19. King DE. Invited Speaker, "Spirituality and End of Life Care," Annual Meeting of the SC Assoc. of Community Residential Programs, Myrtle Beach, SC., October 17, 2003
- 20. King DE. Invited Speaker, "Spirituality and End of Life Care," SC Assoc. of Community Residential Programs, Charleston, SC., May 1, 2003.
- 21. King DE. Presentation. Review of Research in Spirituality and Medicine. Annual Meeting of the SC Medical Association, April 25, 2003, Charleston, SC.
- 22. King DE. Invited Speaker. The Role of Spirituality in Clinical Encounters. Annual Meeting of the South Carolina Osteopathic Medical Society. April 12, 2003.
- 23. King DE. <u>Keynote address</u>: Spirituality and Health. For the New Jersey Academy of Family Physicians Annual Meeting, Long Branch, NJ, June 8, 2002.
- 24. King DE. <u>Keynote Address</u>: Aging and Mental Health Conference, "The Importance of Spirituality Mental Health Care," sponsored by the Aurora Foundation; Columbia, SC, March 15, 2002.
- 25. King DE. <u>Keynote Address</u>, regional meeting of the International Occupational Therapists for Christ; Waxhaw, NC, Sept 29, 2001.
- 26. King DE. Guest on "Beyond Reason," a nationally syndicated radio show in Nashville, TN, May 17, 2001.
- 27. King DE. Invited Speaker for the Annual Clinical Focus Lecture, "Antibiotic Treatment of Respiratory Infections," AAFP, Kansas City, April 26, 2001
- 28. King DE. <u>Keynote Address</u>, Annual Meeting of DHEC Social Work, "Is Attentiveness to Spirituality Important?" Myrtle Beach, SC, April 19, 2001;
- 29. King DE. Invited Grand Rounds, University of Maryland, Department of Family Medicine, "Update on Research in Religious Commitment and Health," January 18, 2001.
- 30. King DE. Speaker, Valley Regional Health System, January 17,2001, "The Ethics of Spiritual Inquiry in the Clinical Encounter."
- 31. King DE. Speaker, Regional Conference, "The Health and Healing of Persons," Institute of Religion and Health, Charleston, SC, October 7, 2000.

### Peer-Reviewed Presentations—National/International conferences (since 2000)

- King DE, Matheson EM, Mainous AG III, Everett CJ. Impact on Mortality of Healthy Lifestyle habits in Low Risk Populations. Presented at the American Heart Association – Nutrition/Epidemiology meetings, March 23, 2011, Atlanta, GA.
- 2. King DE, Player M, Everett CJ. The impact of Pioglitazone on ADMA and Oxidative Stress Markers in Patients with Diabetes. Presented at the Annual Meeting of the North American Primary Care Research Group, Nov 14, 2010, Seattle, WA.
- Matheson E, King DE, Everett CJ. The Association between Healthy Lifestyle Habits and Mortality in Obesity. Presented at the Annual Meeting of the North American Primary Care Research Group, Nov 14, 2010, Seattle, WA.
- King DE, Berk L, Nelson B, Prowse M, Shaw S. The Association between Stress, Religiosity, and CVD Risk. Presented at the Annual Meeting of the North American Primary Care Research Group, Nov 17, 2009, Montreal, Quebec, CA.
- 5. King DE, Ellis T, Everett CJ, Mainous AG. Medication Use for Diabetes, Hypertension, and Hypercholesterolemia, 1988-2006. Poster at the 49<sup>th</sup> American Heart Association

Cardiovascular Disease, Prevention and Epidemiology Meeting, Palm Harbor, Florida, March 13-14, 2009.

- 6. King DE, Arch G Mainous III, Mark Carnemolla. Healthy Lifestyle Trends in the U.S., 1988-2004, Evidence of Worsening Health Habits. Presented at the Annual Meeting of the North American Primary Care Research Group, Puerto Rico, November 18, 2008.
- Anandarajah G, Craigie F, Daaleman T, Hatch R, Hobbs R, King DE, Kliewer S, Marchand L. Developing Core Competencies in Spirituality and Patient Care for Family Medicine Residency Education. Annual STFM Meeting, Baltimore, Maryland, April 29-30, 2008.
- King DE, Mainous AG III, Geesey M. Adopting Moderate Alcohol Consumption in Middle Age: Subsequent Cardiovascular Events. Poster at the 48<sup>th</sup> American Heart Association Cardiovascular Disease, Prevention and Epidemiology Meeting, Colorado Springs, Colorado, March 11, 2008.
- King DE, Mainous AG III, Egan BM, Woolson RF, Geesey M. The Effect of Psyllium Fiber Supplementation on C-reactive Protein: The Trial to Reduce Inflammatory Markers. Presented at the Annual Meeting of the North American Primary Care Research Group, Vancouver, Canada, October 21, 2007.
- 10. King DE, Mainous AG, Egan BM, Woolson RF, Geesey M. Effect of a High-fiber diet vs. a fiber supplemented diet on C-reactive protein, Annual Meeting of the Society of Teachers of Family Medicine, Chicago, April 28, 2007.
- 11. King DE, Mainous AG III, Geesey M. Turning back the clock: the effect of adopting a healthy lifestyle in middle age. Presented at the Annual Meeting of the North American Primary Care Research Group, Tucson, Arizona, October 17, 2006.
- 12. King DE, Egan BM, Mainous AG III, Geesey ME. The effect of extended-release metoprolol succinate on C-reactive protein levels in persons with hypertension; Annual Meeting of the Society of Teachers of Family Medicine, San Francisco, May 7, 2006.
- 13. King DE. Dietary Fiber and C-reactive Protein in People with Diabetes, Hypertension, and Obesity, Annual Meeting of the North American Primary Care Research Group, Quebec City, Quebec, Canada, October 16, 2005.
- 14. King DE, Crisp J. Spirituality and Healthcare Education in Family Practice Residency Programs. Annual Meeting of the Society of Teachers of Family Medicine, New Orleans, May 3, 2005.
- 15. King DE, Mainous, AGIII, Geesey M. Dietary Magnesium and Elevation of C-reactive Protein Levels. Annual Meeting of the North American Primary Care Research Group, Orlando, Florida, October 11, 2004.
- 16. King DE, Egan BM, Mainous AG, Geesey M. Research Forum. Elevation of C-reactive Protein in People with Prehypertension. Annual Meeting of the Society of Teachers of Family Medicine, May 16, 2004, Toronto, Canada.
- 17. King DE, Egan BM, Geesey M. Dietary Fat, Fiber, and C-reactive Protein. Distinguished Paper, presented at the Annual Meeting of the North American Primary Care Research Group, October 27, 2003, Banff, Alberta, Canada.
- 18. King DE, Blue A, Mallin R, Thiedke C. Assessment of a Spiritual History-Taking Curriculum in First Year Medical Education. Poster Presentation, Annual Meeting of the Society of Teachers of Family Medicine, September, 2003, Atlanta, GA.
- 19. King DE, Pearson WS. Religious Attendance and Continuity of Care. Presented at the Research Conference of the International Center for the Integration of Health and Spirituality, Bethesda, MD (NIH Natcher Center), April 1, 2003
- 20. King DE, Hueston WJ, Mainous AG. Prednisone in Acute Bronchitis. Presented at the Annual Meeting of the North American Primary Care Research Group, New Orleans, LA, November18, 2002.
- Weismiller D, King DE, Harris J. Beating the Odds: Clinician Investigators in Family Medicine. Workshop presented at the annual meeting of the North American Primary Care Research Group, Halifax, Nova Scotia, Canada, Oct 15, 2001.
- 22. King DE, Mainous AG, Steyer TE, Pearson W. C-reactive protein, Religious Attendance, and Cardiovascular Inflammatory Markers, presented at a special <u>Extended Session</u> of the

annual meeting of the North American Primary Care Research Group; Halifax, Nova Scotia, Canada, Oct 15, 2001.

- 23. King DE, Mainous AG, Yu H. Uncontrolled and undiagnosed hypertension: are rural African Americans at greater risk? Presented at the Annual Meeting of the North American Primary Care Research Group, Amelia Island, Florida, November 6, 2000.
- 24. King DE, Matthews DA, Olive K. Workshop on Spirituality and Health, WONCA Europe meeting, Vienna, Austria, July 3, 2000.

#### EXTRAMURAL PROFESSIONAL ACTIVITIES (national)

2005-present	Advisory Board, Boehringer Ingelheim Pharmaceuticals, Respiratory
	(COPD)
2000-2005	Editorial Advisory Board, Haworth Pastoral Press, Binghamton, NY
2000-2002	National Advisory Board, EthicAd.org, Atlanta, GA
1996-1999	National Council, National Diabetes Education Initiative, Secaucus, NJ
1998–1999	Accreditation Council for Graduate Medical Education, Residency Review
	Committee for Family Practice, Site Visitor, Chicago, IL

#### **COMMUNITY AND INTERNATIONAL SERVICE**

2005-present	Volunteer at the ECCO CARES free community clinic, monthly
August 2005	Medical mission, led a 7-person medical team from MUSC and Trident
•	Medical Center to Quito, Ecuador for 1 week, with First Baptist Church
	Mount Pleasant
March 2004	Medical Ministry International, led a 7-person medical team from MUSC to Peru for 1 week
March 2001	Medical Ministry International, led a 6-person medical team from MUSC to Ecuador for 2 weeks
1996-1999	Annual Charity Basketball Game (player/fund-raising, Med-Law Classic)
July 1997	Medical Ministries International, 2 weeks, Jamaica
Feb 1995	Medical Group Mission, 2 weeks, Jamaica
May 1993	Medical Group Mission, 2 weeks, Jamaica
1991-1995	Baptist Medical/Dental Van, North Carolina, Physician Volunteer
1991-1995	Greenville Community Shelter Clinic, Physician Volunteer
Oct 1990	Medical Group Mission, 2 weeks, Jamaica
Nov 1988	Medical Group Mission, 2 weeks, Jamaica
1987-1990	Ahoskie Annual Charity Basketball Game, Organizer (raised \$1500 annually for the Battered Women's Shelter)
May 1986	Christian Medical Society Medical Group Mission, 2 weeks, Jamaica
1985-Present	Christian Medical Dental Association
1985-1990	Gates County Lions Club, Gates County Rural Health Services,
	Gates County High School Health Professions Club and other local groups, Speaker
1985-1990	S.A.F.E. (program for sheltering battered women), Physician Board Member
October 1984	Roanoke-Chowan Area Breast Cancer Awareness Week in conjunction with local health department