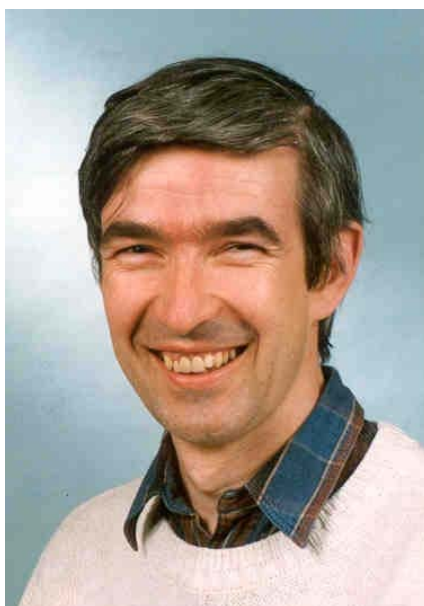


The Reverend Professor Christopher CH Cook, M.D., Ph.D.



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Education

Higher Education:

King's College, London	1974-1977
St George's Hospital Medical School, London SW17	1977-1980
South-East Institute of Theological Education (SEITE)	1997-2000 (Part-time)
University of Kent at Canterbury	2001-2003 (Part-time)
Durham University	2006-2010 (Part-time)

Qualifications:

BSc, Upper 2nd Class Honours, Physiology	1.8.77
MB, BS.	7.1.81
AKC (Associate of Kings College)	5.10.82
MRCPsych.	2.1.87
Certificate in Aviation Medicine	24.5.91
MD	19.4.95

Diploma in Christian Theology & Ministry	29.8.00
MA in Applied Theology, with distinction	28.11.03
FRCPsych	6.2.07
PhD	30.6.10

I am a certified MBTI (Myers-Briggs Type Indicator) trainer.

Previous & Current Appointments

House Physician, General Medicine & Gastroenterology	St James Hospital, London SW12 Dr TC Northfield & Dr BFA Swynnerton	12.1.81-31.7.81
House Surgeon, General Surgery	Royal Cornwall Hospital, Truro Mr NJ Barwell	1.8.81-31.1.82
Locum SHO, General Adult Psychiatry *	Guys Hospital, London SE1 Dr AH Fry	1.3.82-31.3.82
SHO, General Adult Psychiatry *	Greenwich District Hospital, London SE10 Dr AC Smith	1.4.82-30.9.82
SHO, General Adult Psychiatry *	Guys Hospital, London SE1 Dr PK Bridges	1.10.82-31.3.83
Locum Clinical Assistant, Day Hospital Psychiatry	Greenwich District Hospital, London SE10 Dr AC Smith & Dr HK Rose	5.4.83-12.4.83
SHO, Accident & Emergency Medicine	St James Hospital, London SW12 Dr JE O'Donovan	13.4.83-12.10.83
Locum SHO, Geriatric Medicine	St John's Hospital, London SW11	14.10.83-28.10.83
Registrar (Guy's Rotation), Day Hospital Psychiatry *	Greenwich District Hospital, London SE10 Dr AC Smith & Dr HK Rose	31.10.83-31.12.84
Registrar, Psychiatry of Mental Handicap*	Grove Park Hospital, London SE12 Dr N Bouras	1.1.85-30.6.85
Registrar, Research & Drug Addiction / Alcoholism *	Guy's Hospital Medical School, London SE1 Dr MS Lipsedge/Prof JP Watson	1.7.85-31.12.85
Registrar, Psychiatry Research *	Guy's Hospital Medical School, London SE1 Dr MS Lipsedge/Prof JP Watson	1.1.86-26.4.87

* Posts held as part of Guys SHO/Registrar Psychiatry Rotation

Locum Consultant, Psychogeriatrics	Tooting Bec Hospital, London SW17	27.4.87-14.6.87
Lecturer in Drug & Alcohol Dependence (Honorary Senior Registrar 10.10.89- 16.11.90)	Departments of Academic Psychiatry & Clinical Pharmacology, University College & Middlesex Hospital School of Medicine, London W1 Prof R Rosser & Prof B Prichard	15.6.87-16.11.90
Student Officer	No.239 SERE Course, RAF College Cranwell	18.11.90-21.12.90
Unit Medical Officer (General Practice) Senior Registrar, General Adult Psychiatry	Regional Medical Centre, RAF Lyneham, Wiltshire Psychiatric Centre, Princess Alexandra Hospital, RAF Wroughton, Wiltshire Dr M Waters & Wg Cdr G Turnbull	22.12.90-26.1.91 & 1.4.91-14.7.91 27.1.91-31.3.91 & 15.7.91-19.11.91
Consultant Alcohol Treatment Unit	Psychiatric Centre, Princess Alexandra Hospital, RAF Wroughton, Wiltshire	20.11.91-20.10.94
Consultant and Senior Lecturer	National Addictions Centre, Maudsley Hospital and Institute of Psychiatry, London	21.10.94-19.1.97
Consultant Psychiatrist	Civil Aviation Authority, Gatwick	1996-2002 (Part-time)
Professor of the Psychiatry of Alcohol Misuse and Consultant Psychiatrist	University of Kent at Canterbury, and East Kent Community NHS Trust	20.1.97-30.8.03 (Part-time from 22.9.97)
Chaplain and Professorial Fellow	St Chad's College, University of Durham	1.9.03- 31.01.05
Honorary Professorial Fellow	Dept of Theology & Religion, University of Durham	1.10.03-1.10.06
Anglican priest / team member, St Antony's Priory	Society for the Sacred Mission (Part time: 0.2 wte)	1.1.06-30.9.08
Lecturer in Spirituality & Pastoral Studies	Cranmer Hall, St John's College, Durham (Part time)	1.10.07 – 30.9.11
Current employment:		
Professorial Research Fellow	Dept of Theology & Religion, Durham University	From 1.8.05
Consultant in Substance Misuse	Tees, Esk & Wear Valleys NHS Foundation Trust	From 1.12.05

Current Appointments

Project for Spirituality, Theology & Health

My current activities in Durham University are focussed in my role as Director of the Project for Spirituality, Theology & Health (<http://www.dur.ac.uk/spirituality.health/>). In 2005, I was awarded part-time funding over two years, by the Vice-Chancellor of Durham University, in order to establish this project. The project is collaborative between the Department of Theology and Religion and the School of Medicine & Health and it is currently funded by a grant from the Guild of Health. I supervise a number of students engaged in doctoral research, in spirituality, theology and health and in 2012-2013 our new MA/MSc programmes in Spirituality, Theology & Health will receive their first intake of students.

I continue to work on a part-time basis as a Consultant psychiatrist in the National Health Service and I am Chair of the Executive committee of the Spirituality Interest Group at the Royal College of Psychiatrists. These appointments help to link the activities of the Project for Spirituality, Theology & Health to the realities of health service delivery and provide a clinical and professional base for my academic work.

Publications

Books

Edwards G, Marshall EJ, Cook CCH. *The Treatment of Drinking Problems*, Cambridge University Press, 3rd Edition, 1997 (Also published in translation in Portuguese in 1999 & in Italian in 2000)

Edwards G, Marshall EJ, Cook CCH. *The Treatment of Drinking Problems*, Cambridge University Press, 4th Edition, 2003 (Also published in translation in Portuguese in 2005)

Cook CCH. *Alcohol, Addiction and Christian Ethics*, Cambridge University Press, 2006

Cook C. *The use and misuse of alcohol*, Grove Books, Cambridge, 2007

Cook CCH and Moore, A. *Alcohol and Other Addictions*, Kevin Mayhew, 2009

Cook CCH, Powell A, Sims, ACP (Eds). *Spirituality and Psychiatry*, Royal College of Psychiatrists Press, London, 2009

Cook, Chris, *Finding God in a Holy Place: Explorations of Prayer in Durham Cathedral*, Continuum, London, 2010.

Cook, CCH. *The Philokalia and Mental Wellbeing: On Thoughts and Prayer*, James Clarke, Cambridge, 2011

Book Chapters/Contributions

1. Cook CCH, Gurling HMD, 1990, Candidate Genes and Favoured Loci for Alcoholism. pp 227-236 in Banbury Report 33: *Molecular Genetics and Biology of Alcoholism*. Cold Spring Harbor Laboratory, New York.
2. Cook CCH, Gurling HMD, 1990, 'The Genetic Aspects of Alcoholism and Substance Abuse: A Review', Chapter 4 in *The Nature of Drug Dependence*, Ed Edwards G & Lader M, Oxford University Press, pp75-111.
3. Cook CCH, Gurling HMD, 1991, 'Genetic Factors in Alcoholism', Chapter 5 in *The Molecular Pathology of Alcoholism*, Ed Palmer N, Oxford University Press, pp182-210
4. Cook CCH, 1994, 'Aetiology of Alcohol Misuse', Chapter 6 in *Seminars in Psychiatry: Alcohol & Drug Misuse*, Royal College of Psychiatrists, London, pp94-125.
5. Cook CCH, 1999, Position paper on risk contributed to *Tackling Alcohol Together*, Ed D Raistrick, D; Hodgson, R; Ritson, B, Free Association, London
6. Smith, G; Cook, CCH, 2000, 'Alcohol and drug misuse'. Chap. 25. In: *Fitness for Work: The Medical Aspects*. 3rd ed. (Eds: Cox, RAF; Edwards, FC; Palmer, K) Oxford, Oxford, pp480-493.
7. Cook, CCH; Gurling, HMD, 2001, Genetic predisposition to alcohol dependence and problems. Chap. 13. In: *International Handbook of Alcohol Dependence and Problems*. (Eds: Heather, N.; Peters, TJ; Stockwell, T) Wiley, Chichester, pp257-279.
8. Cook, C, 2002, Mental health and mental illness. In: *The New Dictionary of Pastoral Studies*. (Eds: Carr, W; Capps, D; Gill, R; Obholzer, A; Page, R; van Deusen Hunsinger, D; Williams, R) SPCK, London, pp218-220.
9. Cook, CCH; Bell, G, 2002, Substance misuse/addiction: Drugs. Chapter 13 in: *Work and Mental Health: An Employers' Guide*. (Eds: Miller, DM; Lipsedge, M; Litchfield, P) Gaskell, London, pp105-108.
10. Cook, CCH, 2003, I've been told that some people are genetically disposed to have 'addictive personalities'. Is there an accepted theory of addiction? Chap. 2.3. In: *Addiction: Questions and Answers for Counsellors and Therapists*. (Eds: Reading, W; Jacobs, M) Whurr, London, pp16-19.
11. Bonner, AB; Thomson, AD; Cook, CCH, 2004, Alcohol, nutrition, and recovery of brain function. Chapter 9 in *Nutrition and Alcohol: Linking nutrient interactions and dietary intake*. (Eds: Watson, RR; Preedy VR) CRC, Boca Raton, pp145-172
12. Cook, CCH, 2004, Alcohol misuse. Chapter 15 in *Health Care Needs Assessment*. (Eds: Stevens, A; Raftery, J; Mant, J; Simpson, S) Radcliffe, Oxford, pp305-365.
13. Cook, CCH, 2006, Personal responsibility and its relationship to substance misuse. Chapter 6 in *Mad, Bad or Sad? A Christian approach to antisocial behaviour and mental disorder*. (Eds Beer, DM; Pocock, ND) Christian Medical Fellowship, London, pp148-160
14. Carlton, OH; Cook, CCH, 2007, Alcohol and drugs misuse. Chapter 24 in *Fitness for Work: The medical aspects*. (Eds: Palmer, KT; Cox, RAF; Brown, I) Oxford University Press, Oxford, pp527-545

15. Moss, R; Cook, CCH; Sandoz, J, 2008, Maintenance and Relapse Prevention. Chapter 12 in *Foundations of Addiction Counseling*. (Eds Capuzzi, D & Stauffer, MD). Allyn & Bacon, Boston, pp268-282
16. Cook, CCH; 2008, Alcohol and Other Addictions. Chapter in *The Christian Handbook of Abuse, Addiction & Difficult Behaviour*. (Eds Geary, B & Bryan, J). Kevin Mayhew, Stowmarket, pp83-111
17. Cook, CCH; 2008, Spirituality and Alcohol Dependence, Chapter 22 in *Identification and Treatment of Alcohol Dependency*. (Ed Martin CR). M&K Update Ltd, Keswick, pp289-302
18. Sims, A; Cook, CCH, 2009, Spirituality in Psychiatry. Chapter 1 in *Spirituality and Psychiatry* (Eds Cook, C; Powell, A; Sims, A). Royal College of Psychiatrists Press, pp1-15
19. Cook, CCH, 2009, Substance Misuse. Chapter 8 in *Spirituality and Psychiatry* (Eds Cook, C; Powell, A; Sims, A). Royal College of Psychiatrists Press, pp139-168
20. Verhagen, PJ & Cook, CCH (2010) Epilogue: Proposal for a World Psychiatric Association Consensus or Position Statement on Spirituality and Religion in Psychiatry. In Verhagen, PJ, Praag, H MV, López-Ibor, JJ, Cox, JL & Moussaoui D. (Eds.) *Religion and Psychiatry: Beyond Boundaries*. Oxford, Wiley-Blackwell, pp615-631
21. Cook, C. C. H. (2010) Sexuality and Spirituality. In Greer, J. M. & Geary, B. (Eds.) *Sexual Issues: Understanding and Advising in a Christian Context*. Stowmarket, Kevin Mayhew, pp381-408.
22. Cook, C. (2010) Spiritual and Religious Issues in Treatment. In Marshall, E. J., Humphreys, K. & Ball, D. M. (Eds.) *The Treatment of Drinking Problems*. 5th ed. Cambridge, Cambridge. 227-235.
23. Cook, CCH (2010) Spirituality, mental health – substance use. Chapter 13 in Cooper, DB (Ed) *Developing Services in Mental Health – Substance Use*. Radcliffe, Oxford. pp 171-180
24. Moss, R; Cook, CCH (2011) Maintenance and Relapse Prevention. Chapter 13 in Capuzzi, D, Stauffer, MD (Eds) *Foundations of Addictions Counseling*. 2nd Edition, Pearson, Upper Saddle River. pp260-277

Peer Reviewed Journal Articles

1. Cook CCH, 1985. 'Leukaemia in the family', *British Medical Journal* 291, 1810-1811
2. Glatt MM & Cook CCH, 1987, 'Pathological Spending as a Form of Psychological Dependence', *British Journal of Addiction*, 82, 1257-1258
3. Cook CCH, Scannell TD, Lipsedge MS, 1988, 'Another Trial that Failed', *Lancet*, i, 524-525
4. Cook CCH, 1988, 'The Minnesota Model in the Management of Drug and Alcohol Dependency: miracle, method, or myth? Part I. The Philosophy and the Programme', *British Journal of Addiction*, 83, (6), 625-634
5. Cook CCH, 1988, 'The Minnesota Model in the Management of Drug and Alcohol Dependency: miracle, method, or myth? Part II. Evidence and Conclusions', *British Journal of Addiction*, 83, (7), 735-748
6. Cook CCH, Walden RJ, Graham BR, Gillham C, Davies S, Prichard BNC, 1991, 'Trace

- element and vitamin deficiency in alcoholic and control subjects', *Alcohol & Alcoholism*, 26, 541-548.
7. Fletcher KD, Price D, Cook CCH, 1991, Problem Drinking and Family History. *British Journal of Addiction*, 86, (10), 1335-1341.
 8. RAF Medical Branch, Division of Psychiatry, 1993, 'The Management of Hostages after Release', *Psychiatric Bulletin*, 17, 35-37.
 9. Cook CCH, Gurling HMD, Curtis D, 1993, 'DOLINK - A computer program to facilitate management of genetic data and analyses', *Annals of Human Genetics*, 57, 307-310.
 10. Cook CCH, Gurling HMD, 1994, 'The D2 Dopamine Receptor Gene and Alcoholism: A Genetic Effect in the Liability for Alcoholism', *Journal of the Royal Society of Medicine*, 87, 400-402.
 11. Cook CCH, Palsson G, Turner A, Holmes D, Brett P, Curtis D, Petursson H, Gurling HMD, 1996, 'A genetic linkage study of the D2 dopamine receptor locus in heavy drinking and alcoholism', *British Journal of Psychiatry*, 169, 243-248.
 12. Turner A, Lawrence J, Chen AC-H, Cook CCH, Gurling HMD, 1997, 'Frequency of the A1/A2 alleles of the D2 dopamine receptor (DRD2) gene in a screened, British, Caucasian control group', *Addiction Biology*, 2, 207-213.
 13. Cook CCH, Goddard D, Westall R, 1997, 'Knowledge and experience of drug use amongst church affiliated young people', *Drug and Alcohol Dependence*, 46, 9-17.
 14. Cook CCH, 1997. 'Aircrew alcohol and drug policies: a survey of commercial airlines'. *International Journal of Drug Policy* 8, 153-160.
 15. Cook CCH, Thomson AD, 1997, 'B complex vitamins in the prevention and treatment of Wernicke-Korsakoff syndrome', *British Journal of Hospital Medicine*, 57, 461-465.
 16. Thomson AD, Cook CCH, 1997, 'Parenteral thiamine and Wernicke's encephalopathy: the balance of risks and perception of concern', *Alcohol & Alcoholism*, 32, 207-209.
 17. Cook CCH, 1997, 'Alcohol and Aviation', *Addiction*, 92, 539-555.
 18. Cook CCH, 1997, 'Alcohol policy and aviation safety', *Addiction*, 92, 793-804.
 19. Hughes J, Cook CCH, 1997, 'Disulfiram in the Management of Alcohol Misuse - A Review', *Addiction*, 92, 381-395.
 20. Cook CCH, Hallwood PM, Thomson AD, 1998, B vitamin deficiency and neuropsychiatric syndromes in alcohol misuse. *Alcohol & Alcoholism*, 33, 317-336
This paper was selected as one of 100 seminal papers to mark 100 years of journal publishing by Oxford University Press
See <http://www.oxfordjournals.org/news/centenary.html#Alcohol and Alcoholism>
 21. Sheridan J, Cook C, Strang, J, 1999, 'Audit of the in-patient management of opioid withdrawal using lofexidine hydrochloride', *Journal of Substance Use*, 4, 29-34.
 22. Hope LC, Cook CCH, Thomson AD, 1999, 'A survey of the current clinical practice of psychiatrists and Accident and Emergency specialists in the United Kingdom concerning vitamin supplementation for chronic alcohol misusers'. *Alcohol and Alcoholism*, 34, 862-867.
 23. Gurling, HMD, Cook, CCH, 1999, 'The genetic predisposition to alcohol dependence',

Current Opinion in Psychiatry, 12, 269-275

24. Dunn, N, Cook, CCH, 1999, 'Psychiatric aspects of alcohol misuse', *British Journal of Hospital Medicine*, 60, 169-172
25. Cook, CCH, 2000, 'Prevention and treatment of Wernicke-Korsakoff syndrome', *Alcohol & Alcoholism*, 35, Suppl. 1, 19-20.
26. Cook, C, 2000, 'Alcohol genetics: will the promise be fulfilled?', *Addiction Biology*, 5, 405-410
27. Cook CCH, Hope L, Gurling H, 2000, 'Ascertainment of families for a linkage study of alcoholism', *Addiction Biology*, 5, 187-194.
28. Burin MRMJ, Cook CCH, 2000, 'Alcohol withdrawal and hypokalaemia: a case report', *Alcohol & Alcoholism*, 35, 188-189.
29. Sharma D, Albery IP, Cook C, 2001, 'Selective attentional bias to alcohol related stimuli in problem drinkers and non-problem drinkers', *Addiction*, 96, 285-295.
30. Hope LC, Cook CCH, 2001, 'The role of Christian commitment in predicting drug use amongst church affiliated young people', *Mental Health, Religion & Culture*, 4, 109-117.
31. Hope LC, Cook CCH, Stephenson G, 2002, 'Exploration of the perceptions of social climate for three types of substance abuse treatment programmes in England', *Therapeutic Communities*, 23, 18-32.
32. Peters TJ, Cook CCH, 2002, 'Obesity as a cause of "false-positive" alcohol misuse laboratory investigations', *Addiction Biology*, 7, 443-446.
33. Thomson AD, Cook CCH, Touquet R, Henry JA, 2002, "The Royal College of Physicians Report on Alcohol: Guidelines for managing Wernicke's Encephalopathy in the Accident and Emergency Department", *Alcohol & Alcoholism*, 37, pp513-521.
34. Cook CCH, 2003, 'William James' varieties of religious experience and Jungian varieties of human nature: The nature of the relationship between religious experience, belief and psychological type', *Journal of Beliefs & Values*, 24, pp139-154
35. Cook CCH, 2004, 'Psychiatry and mysticism', *Mental Health, Religion & Culture*, 7, pp149-163
36. Cook CCH, 2004: 'Addiction and spirituality', *Addiction*, 99, pp539-551
37. Guerrini I, Cook CCH, Kest W, Devitgh A, McQuillin A, Curtis D, Gurling HMD, 2005: 'Genetic linkage analysis supports the presence of two susceptibility loci for alcoholism and heavy drinking on chromosome 1p22.1-11.2 and 1q21.3-24.2', *BMC Genetics*, 6, 11
38. Jackson P, Cook CCH, 2005: 'Introduction of a spirituality group in a community service for people with drinking problems', *Journal of Substance Use*, 10, (6), 375-383
39. Cook, CCH, 2007: 'AA's first European experience and the spiritual experience of AA' (Editorial), *Addiction*, 102, 846-847
40. Cook CCH, Tarbet H, Ball D, 2007: 'Classically intoxicated', *BMJ*, 335, 1302-1304
41. Thomson AD, Cook CCH, Guerrini I, Sheedy D, Harper C, Marshall EJ, 2008: 'Wernicke's Encephalopathy revisited', *Alcohol & Alcoholism*, 43, 174-179

42. Thomson AD, Cook CCH, Guerrini I, Sheedy D, Harper C, Marshall EJ, 2008: 'Wernicke's Encephalopathy: 'Plus ca change, plus c'est la meme chose'', *Alcohol & Alcoholism*, 43, 180-186
43. Dein S, Cook CCH, Powell A, Eagger S, 2010: 'Religion, Spirituality and Mental Health', *The Psychiatrist*, 34, 63-64
44. Cook, CCH, 2010: Spirituality, secularity and religion in psychiatric practice. *The Psychiatrist*, 34(5), 193-195
45. Cook, CCH, 2011: The Faith of the Psychiatrist. *Mental Health, Religion & Culture*, 14, 9-17.
46. Cook, CCH, Powell, A, Sims, A & Eagger, S, 2011: Spirituality and Secularity: Professional Boundaries in Psychiatry. *Mental Health, Religion & Culture*, 14, 35-42.
47. Poole R & Cook CCH, 2011: Praying with a patient constitutes a breach of professional boundaries in psychiatric practice. *British Journal of Psychiatry*, 199, 94-98.

Policy Papers

1. Chandrakumar, M; Matson, S; Peppiatt, AY; Rake, MO; Milner, DM; Cook, CCH; Darnley, HJ; Snell, TD; Dove, S; Bartlett, GD, 1999, *Guidelines for the management of alcohol misuse in primary care and secondary care*, East Kent Health Authority
2. Church of England, 1999, *Alcohol Misuse: A Briefing Paper*
3. Cook, CCH, 2011, *Recommendations for Psychiatrists on Spirituality & Religion*, Position Statement PS03/2011, Royal College of Psychiatrists, London

Other (non-peer reviewed) publications

1. Cook, C, 1989, 'Methadone: Its role in recovery?', *Addiction Counselling World*, 1 (1), p17
2. Cook, C, 1990, 'Damage limitation – Methadone's role in recovery: Part 2', *Addiction Counselling World*, 1 (2), pp12-13.
3. Cook, CCH, 1990, 'Is chemical alcoholism a genetic disease? Part 1: The evidence for 'nature' v 'nurture', *Addiction Counselling World*, 1 (3), pp4-5
4. Cook, C, 1990, 'Is chemical alcoholism a genetic disease? Part 2: What is inherited', *Addiction Counselling World*, 1 (4), pp4-5
5. Cook, CCH, 1990, 'Alcoholic susceptibility', *Addiction Counselling World*, 1 (6), pp4-5
6. Cook, CCH, 1993, 'Aetiology and genetics of alcoholism: A review', *Alcohol Abuse*, in the Duphar *Current Approaches* series.
7. Cook, C, 1995, 'Medical aspects of the 'Toronto phenomena'', *Journal of the Christian Medical Fellowship*, 41 (2), pp11-13.
8. Cook, C, 1996, 'Genetic factors in drinking disorders', *Alcoholism* (Newsletter of the Medical Council on Alcoholism), 15 (5), pp1-2
9. Cook, C, 1996, 'We should not abuse our position of trust', *Journal of the Christian Medical Fellowship*, 42 (2), pp10-11.
10. Cook, C, 1997, 'Demon possession and mental illness', *Nucleus* (Christian Medical Fellowship

student journal), July, pp13-17.

11. Tate, A; Chick, J; Colvin, P; Cook, C; Fuggle, R; Godfrey, C; Jeffries, C; Marshall, J; Nutt, D; Swage, T, 1997, *Guidelines for the management of alcohol problems in primary care and general psychiatry*, UK Alcohol Forum (Published by Tangent Medical Education, High Wycombe).
12. Cook, C, 1997, 'Alcohol and stress', *Understanding Stress Anxiety and Depression*, 2 (1), pp18-21.
13. Cook, C, 1997, 'Alcohol and anxiety', *Understanding Stress Anxiety and Depression*, 2 (2), pp14-15.
14. Cook, C, 1998, 'An interview with Dr Terry Spratley', *Ego* (Journal of the Division of Psychiatry & Psychology of the United Medical & Dental Schools of Guy's & St Thomas's), October, pp18-20
15. Cook, C, 1999, Editorial, *Targeted Therapeutic News*, May (43), p1
16. Cook, C, 1999, 'Alcohol and situational hazards', *Alcoholism* (Newsletter of the Medical Council on Alcoholism), 18 (2), pp1-3
17. Cook, CCH, Ruston, G, 1999, *Fancy a drink?*, Hope UK & Amethyst Centre for Alcohol Concern. (This is an educational publication on alcohol, primarily directed at young people)
18. Cook, CCH & Thomson, AD, 2000, 'The Wernicke-Korsakoff Syndrome can be treated', *Alcoholism* (Newsletter of the Medical Council on Alcoholism), 18 (2), pp1-3
19. Tate, A; Ball, D; Chick, J; Cook, C; Cooper, A; Drummond, DC; Fuggle, R; Harding-Price, D; Kahn, A; Lingford-Hughes, A; Marshall, J; Nutt, D; Swage, T; Tegerdine, N, 2001, *Guidelines for the management of alcohol problems in primary care and general psychiatry*, 2nd Edition, UK Alcohol Forum (Published by Tangent, High Wycombe).
20. Cook, C, 2001, 'Take care on the cannabis laws!', *The Church of England Newspaper*, Friday November 2, p11
21. Cook, C, 2005, 'A theology of the use and misuse of alcohol', *Borderlands*, Summer, (4), pp32-34 (A version of this article also appeared in *Alcohol Alert*, (2), 2006, pp20-23)
22. Cook, C, 2005, 'Problem drinking – the bigger picture', *Triple Helix*, Summer, (32), pp8-9
23. Cook, C, 2006, 'Spirituality and psychiatry today: the work of the Spirituality Special Interest Group in the Royal College of Psychiatrists', in 'Reaching the Spirit', *Social Perspectives Network Study Day, Paper 9*, Social Perspectives Network, London, 2006, p33
24. Powell, A, and Cook, C, 2006, 'Spirituality and Psychiatry Special Interest Group of the Royal College of Psychiatrists', in 'Reaching the Spirit', *Social Perspectives Network Study Day, Paper 9*, Social Perspectives Network, London, 2006, pp34-35
25. Cook, C, 2007, 'Considering the link between spirituality and addiction', *SCANbites*, 4, (3), pp10-11
26. Cook, C, 2008, 'The *Philokalia* and Mental Wellbeing', *Society of the Sacred Mission European Province Magazine*, November, pp4-5.
27. Cook, C, 2010, 'Durham Project for Spirituality, Theology & Health', *Way of Life*, the

quarterly magazine of the Guild of Health, 43 (3), pp4-5

28. Cook, C, 2011, 'Spirituality, Theology & Mental Health', Way of Life, the quarterly magazine of the Guild of Health, 44 (1), pp28-30

Membership of Professional Bodies

I am fully registered with the General Medical Council (Reg. No. 2689469) with a license to practise.

I am currently a member of:

- The Royal College of Psychiatrists
- The British Medical Association
- The Society for the Study of Addiction
- The Medical Council on Alcohol
- The Medical Defence Union

I am an associate member of the Bishop John Robinson Fellowship (linking pastoral theology with mental health care).

Services to Charitable Bodies

1990-1993	Trustee	Addiction Recovery Foundation
1991-1997	Executive Committee Member	Evangelical Coalition on Drugs (ECOD)
1992-1994	Chairman of Management Committee	Willows Christian Counselling and Listening Service, Swindon
1993-1997	Director	Yeldall Christian Centres, Reading
1994-present	Desk evaluator & occasional consultant	Tear Fund
1996-2000 (1997-2000)	Executive Committee Member (Membership Secretary)	Society for the Study of Addiction
1997-present	Scientific/Theological Adviser	Hope UK
1997-2003	Governor	King's School, Rochester
2000-2010	Director	UK Alcohol Forum
2000-present	Adviser	Institute of Alcohol Studies
2002-2003	Executive Committee Member	Canterbury Diocesan Fellowship of Health & Healing
2006-2008	Team member	St Antony's Priory, Durham (an ecumenical spirituality project of the Society for the Sacred Mission)
2004-present	Trustee	Brain Damage Research Trust

2004-present	Executive Committee Member (Chair from June 2009)	Spirituality in Psychiatry Special Interest Group, Royal College of Psychiatrists
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Ordained Ministry

I am an ordained priest in the Church of England. I was ordained Deacon in Canterbury Cathedral on 1 October 2000, and I was ordained Priest, also in Canterbury Cathedral, on 29 September 2001.

1999-present	I have assisted and advised the Board for Social Responsibility (now the Board for Mission & Public Affairs) of the Archbishop's Council of the Church of England in matters related to drug and alcohol misuse. I drafted the briefing paper for Bishops on the subject of alcohol misuse: Church of England, 1999, <i>Alcohol Misuse: A Briefing Paper</i>
2000-2003	<i>Non-stipendiary Assistant Curate in the Parish of Otham with Langley, in the Diocese of Canterbury</i> St Nicholas', Otham, followed a broadly central/catholic tradition, whilst St Mary's, Langley, was more central/evangelical. Both were village churches in a rural setting, although St Nicholas' church was set on the edge of one of the newer Maidstone housing estates.
2003-2005	<i>Chaplain to St Chad's College, Durham</i> St Chad's College follows a modern catholic tradition within the Church of England and as an Anglican foundation is an independent college within the University of Durham.
2005-2008	Bishop of Durham's <i>Permission to Officiate</i>
2008-2011	Licensed by the Bishop of Durham for my work as <i>Tutor in Pastoral Studies</i> at Cranmer Hall, St John's College, Durham.

Spirituality

My academic work and my Christian vocation over many years have increasingly been focussed around my interests in spirituality.

In both healthcare and pastoral contexts, I have seen how important spirituality is for medical professionals, clergy and patients in the understanding and management of a wide range of mental and physical disorders. In my 2004 paper on Addiction & Spirituality in *Addiction*, I proposed a working definition of spirituality which later provided the focus for an edited volume, *Spirituality and Psychiatry*, published by the Royal College of Psychiatrists Press in 2009:

Spirituality is a distinctive, potentially creative and universal dimension of human experience arising both within the inner subjective awareness of individuals and within communities, social groups and traditions. It may be experienced as relationship with that which is intimately 'inner', immanent and personal, within the self and others, and/or as relationship with that which is wholly 'other',

transcendent and beyond the self. It is experienced as being of fundamental or ultimate importance and is thus concerned with matters of meaning and purpose in life, truth and values.

I understand this generic approach to spirituality as completely consonant with more specific traditions of spirituality, such as those identified within the world's major faith traditions. My Christian understanding of spirituality is as a participation in the life, death and resurrection of Jesus of Nazareth. For me, spirituality is enriched through regular spiritual disciplines and practices (such as the daily office), retreats, spiritual reading and spiritual direction. I have been especially influenced by the Ignatian and Carmelite traditions of spirituality.

23 December 2011