

Aisha (Laureen) Hamdan, Ph.D.
a.k.a.
Aisha Utz

Assistant Professor of Clinical Psychology
King Saud bin Abdulaziz University
for Health Sciences
National Guard Health Affairs
Riyadh, Saudi Arabia

hamdanl@ksau-hs.edu.sa

Educational History

West Virginia University of Morgantown, West Virginia
Major: Child Clinical Psychology
Degree: Ph.D.

Minnesota State University of Mankato, Minnesota
Major: Clinical Psychology
Degree: M.A.

Oklahoma State University of Stillwater, Oklahoma
Major: Psychology
Minor: Business Administration
Degree: B.S., Summa Cum Laude

Minnesota State University of Mankato, Minnesota
Major: Business Administration – International Business
Degree: B.S., Summa Cum Laude

American Open University of Falls Church, Virginia
Major: Islamic Studies
Degree: Bachelor's Degree

Professional Experience

Assistant Professor of Clinical Psychology, College of Medicine, King Saud bin Abdulaziz University for Health Sciences, Riyadh, Saudi Arabia
September 2010 - present

- Teaching-Behavioral Sciences, Health Professions Education
- Counseling-students
- Development of Well-Being Center
- Research

Assistant Professor, College of Medicine, University of Sharjah
Sharjah, United Arab Emirates
August 2005 – August 2010

- Teaching – Behavioral Sciences, Psychology, Medical Sociology, Ethics in integrated PBL curriculum
- Curriculum development for Behavioral Sciences
- Member of foundation faculty for the College
- Research – Religiosity/Spirituality and Mental Health, Diabetes and Mental Health, Women’s Mental Health
- Service to university and community
- Student advising

Clinical Psychologist, Deanship of Student Affairs-Women,
University of Sharjah
Sharjah, United Arab Emirates
October 2004 – June 2005

- Assessment and counseling of university students
- Personal, social, educational, and vocational issues
- Design and facilitation of seminars and workshops
- Consultation with faculty, staff, and family members
- Consultation with mental health professionals in community
- Development of resources for students, faculty, and staff
- Maintenance of accurate records pertaining to counseling sessions

Senior Student Counselor, Learning and Counseling Center,
American University of Sharjah
Sharjah, United Arab Emirates
September 2003 – May 2004

- Assessment and counseling of university students
- Personal, social, educational, and vocational issues
- Design and facilitation of seminars and workshops
- Consultation with faculty, staff, and family members
- Consultation with mental health professionals in community
- Development of resources for students, faculty, and staff
- Development of policies and guidelines for counseling services
- Maintenance of accurate records pertaining to counseling sessions
- Supervision and guidance of other student counselors

Assistant Professor, College of Family Sciences, Zayed University
Abu Dhabi, United Arab Emirates
August 2002 – June 2003

- Teaching – Individual and Family Assessment, Global Perspectives of Family Policy, Individual and Family Intervention

- Research – Development of spirituality in children, Relationship between spirituality and mental health, Eating Disorders in Arab women
- Supervision of internship students
- Service to university and community

Assistant Professor, Department of Psychology, University of St. Thomas
St. Paul, Minnesota
January 1999 – May 2002

- Teaching – Clinical Psychology, Counseling and Psychotherapy, Motivation and Emotion, Lifespan Development, Infancy and Childhood, General Psychology, Personality Theories, Psychological Testing and Assessment, Social Psychology, Adulthood and Aging
- Student advising
- Administration and service

Adjunct Faculty, Department of Psychology, University of St. Thomas
St. Paul, Minnesota
September 1997 – January 1999

- Teaching – Lifespan Development, Infancy and Childhood, Social Psychology, General Psychology

Clinical Psychology, Knapp Rehabilitation Center, Hennepin County Medical Center,
Minneapolis, Minnesota
March 1996 – December 1996

- Individual psychotherapy
 - Family psychotherapy
 - Professional consultation
 - Psychological assessment
- Supervisor: Dr. Erwin Concepcion, Licensed Psychologist

Adjunct Faculty, Department of Psychology, College of St. Catherine
St. Paul, Minnesota
September 1996 – December 2001

- Teaching – Lifespan Developmental Psychology; General Psychology

Scholarly Activities

Journal Articles

Hamdan, A., & Tamim, H. Breastfeeding as a protective factor against postpartum depression. Manuscript submitted for publication.

Hamdan, A., & Tamim, H. (2011). Psychosocial risk and protective factors for postpartum depression in an Arab context. *Archives of Women's Mental Health*, 14(2), 125-133.

Hamdan, A., & Oman, D. Religiosity, spirituality, and mental health: Review of research with Muslim populations, explanatory mechanisms, and future directions. *The International Journal for the Psychology of Religion*. Manuscript submitted for publication.

Sulaiman, N. D., **Hamdan, A.**, Tamim, H., Al-Badri, D., & Young, D.Y.L. The prevalence and correlates of depression and anxiety in a sample of diabetic patients in Sharjah, United Arab Emirates. *BMC Family Practice Journal*, *11*(1), 80. <http://www.biomedcentral.com/1471-2296/11/80>.

Sulaiman, N. D., **Hamdan, A.**, Al-Badri, D., & Young, D.Y.L. (2009). Diabetes knowledge and attitudes towards prevention and health promotion: Qualitative study in Sharjah, United Arab Emirates. *International Journal of Food Safety, Nutrition & Public Health*, *2*(1), 78-88.

Hamdan, A. (2009). Mental health needs of Arab women. *Health Care for Women International*, *30*(7), 595-613.

Hamdan, A., Hawamdeh, S., & Hussein, A. (2008). The prevalence and correlates of depressive symptoms among Arab women in a primary healthcare setting. *International Journal of Psychiatry in Medicine*. *38*(4), 453-467.

Hamdan, A. (2008). Cognitive restructuring: An Islamic perspective. *Journal of Muslim Mental Health*, *3* (1), 99-116.

Hamdan, A. (2007). A case study of a Muslim client: Incorporating religious beliefs and practices. *Journal of Multicultural Counseling and Development*, *35*, 92-100.

Arndorfer, R. E., Allen, K. D., & **Aljazireh, L.** (1999). Behavioral health needs in pediatric medicine and the acceptability of behavioral solutions: Implications for behavioral psychologists. *Behavior Therapy*, *30* (1), 137-148.

Aljazireh, L. (1993). Historical, environmental, and behavioral correlates of juvenile offending by male adolescents: A critical review. *Behavioural Sciences and the Law*, *11*, 423-440.

Books

Utz, A. (2012). *The Prick of a Thorn: Coping with the Trials and Tribulations of Life*. Riyadh, Saudi Arabia: International Islamic Publishing House.

Utz, A. (2011). *Psychology from the Islamic Perspective*. Riyadh, Saudi Arabia: International Islamic Publishing House.

Hamdan, A. (2009). *Nurturing Emaan in Children*. Riyadh, Saudi Arabia: International Islamic Publishing House.

Hawkins, R. P., Mathews, J. R., & **Hamdan, L.** (1999). *Measuring behavioral health outcomes: A practical guide*. New York: Kluwer Academic/Plenum Publishers.

Book Chapters

- Utz, A.** (2011). Conceptualizations of mental health, illness and healing. In M. Amer & S. Ahmed (Eds.), *Counseling Muslims: Handbook of Mental Health Issues and Interventions*. New York, NY: Routledge.
- Hamdan, A.** (2010). A comprehensive contemplative approach from the Islamic tradition. In T. G. Plante (Ed). *Contemplative Practices in Action: Spirituality, Meditation, and Health*. Westport, CT: Praeger/Greenwood, in press.
- Hamdan, A.** (2008). Domestic conflict and violence. In L. S. Nasir & A. W. Abdul-Haq (Eds.), *Care of the Arab patient: A psychosocial approach*. United Kingdom: Radcliffe Publishers.

Book Reviews

- Hamdan, A.** Book Review of *Clinical Manual of Cultural Psychiatry* by Russell F. Lim in *Journal of Muslim Mental Health*. In press.
- Hamdan, A.** (2008). Book Review of *Spiritually Oriented Psychotherapy* by Len Sperry and Edward P. Shafranske in *Journal of Muslim Mental Health*, 3, (2), 245-247.

Magazine Articles

- Hamdan, A. (2009). The hidden terror: Psychological impact of war. *The University Forum Magazine*, University of Sharjah.
- Hamdan, A. (2009). Managing test anxiety. *The University Forum Magazine*, University of Sharjah
- Hamdan, A. (2008). Traps of university life. *The University Forum Magazine*, University of Sharjah.
- Hamdan, A. (2008). Managing distress: An Islamic perspective. *The University Forum Magazine*, University of Sharjah.
- Hamdan, A. (2007). Creating an active learning environment. *The University Forum Magazine*, University of Sharjah.
- Hamdan, A. (2007). Study skills for success. *The University Forum Magazine*, University of Sharjah.
- Hamdan, A. (2006). The enduring bond of sisterhood. *Aljumuah Magazine, Guide to an Islamic Life*. Madison, WI: Al-Muntada Al-Islami.

- Hamdan, A. (2006). Assisted Reproductive Technology. (Feature article). *Aljumuah Magazine, Guide to an Islamic Life*. Madison, WI: Al-Muntada Al-Islami.
- Hamdan, A. (2006). Nurturing ourselves. *Aljumuah Magazine, Guide to an Islamic Life*. Madison, WI: Al-Muntada Al-Islami.
- Hamdan, A. (2005). Charity: Its realm and importance. (Feature article). *Aljumuah Magazine, Guide to an Islamic Life*. Madison, WI: Al-Muntada Al-Islami.
- Hamdan, A. (2005). Spiritual, psychological, and social benefits of fasting during Ramadan. *Aljumuah Magazine, Guide to an Islamic Life*. Madison, WI: Al-Muntada Al-Islami.
- Hamdan, A. (2005). Emotional changes after the birth of a baby. *Aljumuah Magazine, Guide to an Islamic Life*. Madison, WI: Al-Muntada Al-Islami.
- Hamdan, A. (2004). Hijab: Modesty, liberation, protection. (Feature article). *Aljumuah Magazine, Guide to an Islamic Life*. Madison, WI: Al-Muntada Al-Islami.
- Hamdan, A. (2004). The balancing act: Work and home. *Aljumuah Magazine, Guide to an Islamic Life*. Madison, WI: Al-Muntada Al-Islami.
- Hamdan, A. (2004). The comfort of homebirthing. *Aljumuah Magazine, Guide to an Islamic Life*. Madison, WI: Al-Muntada Al-Islami.
- Hamdan, A. (2003). The beauty of a woman. *Aljumuah Magazine, Guide to an Islamic Life*. Madison, WI: Al-Muntada Al-Islami.
- Hamdan, A. (2003). Coping with prejudice and discrimination. *Aljumuah Magazine, Guide to an Islamic Life*. Madison, WI: Al-Muntada Al-Islami.
- Hamdan, A. (2003). Counseling needs of Muslim women. *Aljumuah Magazine, Guide to an Islamic Life*. Madison, WI: Al-Muntada Al-Islami.
- Hamdan, A. (2003). Eating Disorders in young women. *Aljumuah Magazine, Guide to an Islamic Life*. Madison, WI: Al-Muntada Al-Islami.
- Hamdan, A. (2003). The old woman in the park. *Aljumuah Magazine, Guide to an Islamic Life*. Madison, WI: Al-Muntada Al-Islami.
- Hamdan, A. (2003). The value of a righteous woman. *Aljumuah Magazine, Guide to an Islamic Life*. Madison, WI: Al-Muntada Al-Islami.
- Hamdan, A. (2003). Tips for teaching teens. *Aljumuah Magazine, Guide to an Islamic Life*. Madison, WI: Al-Muntada Al-Islami.
- Hamdan, A. (2003). The empowerment of women; But at what price? *Aljumuah Magazine, Guide to an Islamic Life*. Madison, WI: Al-Muntada Al-Islami.
- Hamdan, A. (2002). The children are crying, crying everywhere... *Aljumuah Magazine, Guide to an Islamic Life*. Madison, WI: Al-Muntada Al-Islami.

- Hamdan, A. (2002). Fasting, children, and role of the parents. *Aljumuah Magazine, Guide to an Islamic Life*. Madison, WI: Al-Muntada Al-Islami.
- Hamdan, A. (2002). Entering the marital bond IV (Wedding night). *Aljumuah Magazine, Guide to an Islamic Life*. Madison, WI: Al-Muntada Al-Islami.
- Hamdan, A. (2002). Developing Muslim identity in youth (Feature article). *Aljumuah Magazine, Guide to an Islamic Life*. Madison, WI: Al-Muntada Al-Islami.
- Hamdan, A. (2002). Preparing youth for puberty: Talking to teenagers about sexuality. *Aljumuah Magazine, Guide to an Islamic Life*. Madison, WI: Al-Muntada Al-Islami.
- Hamdan, A. (2002). Immunizations: Harmful to your child? (Feature article). *Aljumuah Magazine, Guide to an Islamic Life*. Madison, WI: Al-Muntada Al-Islami.
- Hamdan, A. (2002). Islamic perspective on Angels (Feature article). *Aljumuah Magazine, Guide to an Islamic Life*. Madison, WI: Al-Muntada Al-Islami.
- Hamdan, A. (2002). Obedience to parents. *Aljumuah Magazine, Guide to an Islamic Life*. Madison, WI: Al-Muntada Al-Islami.
- Hamdan, A. (2002). Entering the marital bond I. *Aljumuah Magazine, Guide to an Islamic Life*. Madison, WI: Al-Muntada Al-Islami.
- Hamdan, A. (2002). Entering the marital bond II. *Aljumuah Magazine, Guide to an Islamic Life*. Madison, WI: Al-Muntada Al-Islami.
- Hamdan, A. (2002). Entering the marital bond III. *Aljumuah Magazine, Guide to an Islamic Life*. Madison, WI: Al-Muntada Al-Islami.
- Hamdan, A. (2002). The waleemah (Wedding party). *Aljumuah Magazine, Guide to an Islamic Life*. Madison, WI: Al-Muntada Al-Islami.
- Hamdan, A. (2002). Fitrah: Hope for positive parenting. *Aljumuah Magazine, Guide to an Islamic Life*. Madison, WI: Al-Muntada Al-Islami.
- Hamdan, A. (2002). Qiyam al-Layl (The Night Prayer) (Feature article). *Aljumuah Magazine, Guide to an Islamic Life*. Madison, WI: Al-Muntada Al-Islami.
- Hamdan, A. (2001). Quiz for new mothers. *Aljumuah Magazine, Guide to an Islamic Life*. Madison, WI: Al-Muntada Al-Islami.
- Hamdan, A. (2000). Spouse abuse: Tearing relationships apart (Feature article). *Aljumuah Magazine, Guide to an Islamic Life*. Madison, WI: Al-Muntada Al-Islami.
- Hamdan, A. (2000). Preparing for motherhood. *Aljumuah Magazine, Guide to an Islamic Life*. Madison, WI: Al-Muntada Al-Islami.

- Hamdan, A. (2000). Infertility: The struggle to conceive. *Aljumuah Magazine, Guide to an Islamic Life*. Madison, WI: Al-Muntada Al-Islami.
- Hamdan, A. (2000). Tips for a happy and successful marriage. *Aljumuah Magazine, Guide to an Islamic Life*. Madison, WI: Al-Muntada Al-Islami.
- Hamdan, A. (2000). Muslim women in the work world. *Aljumuah Magazine, Guide to an Islamic Life*. Madison, WI: Al-Muntada Al-Islami.
- Hamdan, A. (2000). Deceptions of this life: Wealth and possessions. *Aljumuah Magazine, Guide to an Islamic Life*. Madison, WI: Al-Muntada Al-Islami.
- Hamdan, A. (1999). A day in the life of a Muslim woman. *Aljumuah Magazine, Guide to an Islamic Life*. Madison, WI: Al-Muntada Al-Islami.
- Hamdan, A. (1999). Managing stress in your life. *Aljumuah Magazine, Guide to an Islamic Life*. Madison, WI: Al-Muntada Al-Islami.
- Hamdan, A. (1999). Adolescence: Turmoil or transition. *Aljumuah Magazine, Guide to an Islamic Life*. Madison, WI: Al-Muntada Al-Islami.
- Hamdan, A. (1999). Being fair and just with our children. *Aljumuah Magazine, Guide to an Islamic Life*. Madison, WI: Al-Muntada Al-Islami.
- Hamdan, A. (1999). Practical tips for parenting young children. *Aljumuah Magazine, Guide to an Islamic Life*. Madison, WI: Al-Muntada Al-Islami.
- Hamdan, A. (1999). Tips for parenting during middle childhood. *Aljumuah Magazine, Guide to an Islamic Life*. Madison, WI: Al-Muntada Al-Islami.
- Hamdan, A. (1999). Is your home an Islamic home? *Aljumuah Magazine, Guide to an Islamic Life*. Madison, WI: Al-Muntada Al-Islami.
- Hamdan, A. (1999). Menstruation and Qur'an. *Aljumuah Magazine, Guide to an Islamic Life*. Madison, WI: Al-Muntada Al-Islami.
- Hamdan, A. (1999). Relating to non-Muslim relatives. *Aljumuah Magazine, Guide to an Islamic Life*. Madison, WI: Al-Muntada Al-Islami.
- Hamdan, A. (1999). Away from home. *Aljumuah Magazine, Guide to an Islamic Life*. Madison, WI: Al-Muntada Al-Islami.
- Hamdan, A. (1999). Cooking in Ramadan. *Aljumuah Magazine, Guide to an Islamic Life*. Madison, WI: Al-Muntada Al-Islami.
- Hamdan, A. (1998). Developing dhameer. *Aljumuah Magazine, Guide to an Islamic Life*. Madison, WI: Al-Muntada Al-Islami.
- Hamdan, A. (1998). Bonding begins at birth. *Aljumuah Magazine, Guide to an Islamic Life*. Madison, WI: Al-Muntada Al-Islami.

- Hamdan, A. (1998). The marital relationship in Islam. *Aljumuah Magazine, Guide to an Islamic Life*. Madison, WI: Al-Muntada Al-Islami.
- Hamdan, A. (1998). The relationship between responsibility and discipline. *Aljumuah Magazine, Guide to an Islamic Life*. Madison, WI: Al-Muntada Al-Islami.
- Hamdan, A. (1998). Communication skills. *Aljumuah Magazine, Guide to an Islamic Life*. Madison, WI: Al-Muntada Al-Islami.
- Hamdan, A. (1998). Knowledge- On the road to paradise. *Aljumuah Magazine, Guide to an Islamic Life*. Madison, WI: Al-Muntada Al-Islami.
- Hamdan, A. (1998). My dear sister in Islam. *Aljumuah Magazine, Guide to an Islamic Life*. Madison, WI: Al-Muntada Al-Islami.
- Hamdan, A. (1998). Sisterhood in Islam. *Aljumuah Magazine, Guide to an Islamic Life*. Madison, WI: Al-Muntada Al-Islami.
- Hamdan, A. (1998). Social network for new Muslims. *Aljumuah Magazine, Guide to an Islamic Life*. Madison, WI: Al-Muntada Al-Islami.
- Hamdan, A. (1998). Inner modesty. *Aljumuah Magazine, Guide to an Islamic Life*. Madison, WI: Al-Muntada Al-Islami.
- Hamdan, A. (1998). Emotional and social development in early and middle childhood. *Aljumuah Magazine, Guide to an Islamic Life*. Madison, WI: Al-Muntada Al-Islami.
- Hamdan, A. (1998). Emotional and social development in infancy. *Aljumuah Magazine, Guide to an Islamic Life*. Madison, WI: Al-Muntada Al-Islami.

Presentations

- Hamdan, A., & Oman, D. (March 2011). *The Role of Religiosity in the Mental Health of Muslim Women*. Paper presentation at the 4th World Congress on Women's Mental Health, Madrid, Spain.
- Hamdan, A., Tamim, H. (March 2011). *Psychosocial Risk and Protective Factors for Postpartum Depression in an Arab Context*. Poster presentation at the 4th World Congress on Women's Mental Health, Madrid, Spain.
- Hamdan, A., Tamim, H. (March 2011). *Breastfeeding as a Protective Factor against Postpartum Depression*. Poster presentation at the 4th World Congress on Women's Mental Health, Madrid, Spain.
- Hamdan, A., Tamim, H. (March 2011). *The Integration of Religiosity/Spirituality into the Psychotherapeutic Process*. Poster presentation at the 4th World Congress on Women's Mental Health, Madrid, Spain.

- Hamdan, A., & Oman, D. (October 2010). *Religiosity, Spirituality, and Mental Health: Overview of Research with Muslim Populations and Explanatory Mechanisms*. Paper presentation at the 1st International Psychiatry ("Mental Health in a Soci-Cultural Perspective), Khobar, Kingdom of Saudi Arabia.
- Salem, M. O. & Hamdan, A. (March 2010). *Spiritual and Religious interventions in Psychiatry and Psychotherapy*. Workshop at the 1st International Conference for Psychological Sciences and Applications, United Arab Emirates University, Al-Ain, United Arab Emirates.
- Hamdan, A., & Tamim, H. (March 2010). *Psychosocial Risk and Protective Factors for Postpartum Depression in an Arab Context*. Paper presentation at the 1st International Conference for Psychological Sciences and Applications, United Arab Emirates University, Al-Ain, United Arab Emirates.
- Hamdan, A., & Oman, D. (March 2010). *Religiosity, Spirituality, and Mental Health: Overview of Research with Muslim Populations and Explanatory Mechanisms*. Paper presentation at the 1st International Conference for Psychological Sciences and Applications, United Arab Emirates University, Al-Ain, United Arab Emirates
- Hamdan, A. (October 2009). *Psychological Needs of the Medically Ill*. Invited paper presentation at the 1st Dubai Mental Health Nursing Conference, Rashid Hospital, Dubai, UAE.
- Hamdan, A., Hawamdeh, S., & Hussein, A. (August 2009). *The Prevalence and Correlates of Depressive Symptoms Among Arab Women in a Primary Healthcare Setting*. Paper presentation at the 117th American Psychological Association Convention, Toronto, Canada.
- Hamdan, A. (August 2009). *Spirituality and Mental Health: Review of Research with Muslim Populations and Suggestions for Future Directions*. Poster presentation at the 117th American Psychological Association Convention, Toronto, Canada.
- Hamdan, A. (August 2009). *The Role of Islamic Spirituality and Tradition in the Healing of Community*. **Invited paper presentation** at the 5th Critical Multicultural and Diversity Counseling and Psychotherapy Conference, University of Toronto, Toronto, Canada.
- Hamdan, A. (August 2009). *The Role of Repentance and Forgiveness in Psychotherapy: Wisdom from Islam*. Paper presentation at the 5th Critical Multicultural and Diversity Counseling and Psychotherapy Conference, University of Toronto, Toronto, Canada.
- Hamdan, A., Hawamdeh, S., & Hussein, A. (March 2009). *The Prevalence and Correlates of Depressive Symptoms Among Arab Women in a Primary Healthcare Setting*. Poster presentation at the 5th Annual Scientific Research Forum, University of Sharjah, United Arab Emirates.
- Hamdan, A. (February 2009). *The Relationship between Spirituality and Mental Health: Review of Research with Muslim Populations*. Presentation at the 2nd Conference

of the International Association of Muslim Psychologists, University of Sharjah, United Arab Emirates.

Hamdan, A. (May 2008) *The Prevalence and Correlates of Depressive Symptoms Among Arab Women in a Primary Healthcare Setting*, Presentation at the 4th Annual Scientific Research Forum, University of Sharjah, United Arab Emirates.

Hamdan, A. (April 2008). *The Psychology of Smoking: Why is it so Hard to Quit?* Presentation at the Quit Smoking Action Plan organized by College of Dentistry, University of Sharjah, United Arab Emirates.

Hamdan, A. (April 2008). *The Integration of Spirituality into the Psychotherapeutic Process with Elderly Clients*. Workshop at the Abu Dhabi International Aging Conference (Sponsored by the Family Development Foundation and Shaikha Fatima bint Mubarak, Abu Dhabi, United Arab Emirates.

Hamdan, A. (April 2008). *Spousal Abuse: Identification and Effects*. Family Maltreatment Workshop at College of Medicine, University of Sharjah, Sharjah, United Arab Emirates. 150 health care professionals from Ministry of Health attended.

Hamdan, A., Hawamdeh, S., & Hussein, A. (March 2008). *The Prevalence and Correlates of Depressive Symptoms Among Arab Women in a Primary Healthcare Setting*. Poster presentation at the 3rd International Congress on Women's Mental Health, Melbourne, Australia.

Hamdan, A. (February – March 2008). *Psychosocial Aspects of Health and Illness*, eight lectures for Arab Board of Medicine, Community Medicine, University of Sharjah.

Hamdan, A. (February 2008). *The Role of Spirituality in Coping with Trauma: An Islamic Perspective*, Presentation at the First International Conference on Mental Health Services and Essential Health Care in Post War Disasters: Current and Future Focus, Abu Dhabi, United Arab Emirates.

Hamdan, A. (February 2008) *Prevalence and Correlates of Depressive Symptoms Among Arab Women in a Primary Healthcare Setting*, Presentation at International Conference of Al-Noor Hospital: Psychiatry in General Practice, Abu Dhabi, United Arab Emirates.

Hamdan, A. (May 2007) *Spirituality Interventions in Psychotherapy – Islamic Protocols*, Workshop presented at the International Symposium on Psychiatry, Saudi-German Hospital, Jeddah, Saudi Arabia.

Hamdan, A. (April 2007). *Domestic Violence in the Arab Context*, Workshop presented at Counseling Arabia, Dubai Women's College, Dubai, UAE.

Salem, M. O. & Hamdan, A. (December 2006). *Psychiatry and Religion Workshop*, presented at the National Neuroscience Conference, Dubai, UAE.

- Hamdan, A. (May 2006). *Integrating Spirituality into the Counseling Process*, Workshop presented at Counseling Arabia Conference, Sharjah Women's College, Sharjah.
- Salem, M. O. & Hamdan, A. (April 2006). *Spirituality in Psychiatric Practice and Psychotherapeutic Interventions*, Workshop presented at the Arab Psychiatry Conference, Bahrain.
- Salem, M. O. & Hamdan, A. (April 2006). *Spirituality in Psychiatric Practice and Psychotherapeutic Interventions*, Workshop presented for psychologists and psychiatrists in Dubai.
- Hamdan, A. (April 2006). *Stress of Health Workers*. Seminar presented for World Health Day, College of Health Sciences, University of Sharjah.
- Hamdan, A. (2005). *Test Taking Tips*. Seminar presented at the College of Medicine, University of Sharjah.
- Hamdan, A. (2005). *Tips for Being a Successful Student in an Active and Collaborative Learning Environment*, Seminar presented at the College of Medicine, University of Sharjah.
- Hamdan, A. (April 2005). *Prevention and Management of Stress: An Islamic Perspective*. Seminar presented for World Vision International in cooperation with Dubai Community Health Center, Dubai, UAE.
- Hamdan, A. (March 1 – April 12, 2005). *Parent Training Course*. 7-week workshop course presented at the School of Creative Science, Sharjah, UAE.
- Hamdan, A. (April 2005). *Managing Stress and Anxiety*. Workshop presented at the University of Sharjah, UAE.
- Hamdan, A. (April 2005). *Overcoming Test Anxiety*. Workshop presented at the University of Sharjah, UAE.
- Hamdan, A. (April 2005). *Test Taking Skills*. Workshop presented at the University of Sharjah, UAE.
- Hamdan, A. (March 2005). *Enhancing Concentration and Memory*. Workshop presented at the University of Sharjah, UAE.
- Hamdan, A. (March 2005). *Time Management*. Workshop presented at the University of Sharjah, UAE.
- Hamdan, A. (March 2005). *Study Skills for Success*. Workshop presented at the University of Sharjah, UAE.
- Hamdan, A. (March 2005). *Behavioral Problems in Children*. Workshop presented at Cocoon (Women's Clinic), Sharjah, UAE.

- Hamdan, A. (February 2005). *How to Be a Successful Student*. Workshop presented at the University of Sharjah, UAE.
- Hamdan, A. (February 2005). *Adolescence: Renegotiating Parent-Child Relations*. Workshop presented at Cocoon (Women's Clinic), Sharjah, UAE.
- Hamdan, A. (December 2004). *Nurturing Yourself*. Workshop presented at Cocoon (Women's Clinic), Sharjah, UAE.
- Hamdan, A. (December 2004). *Changes in You After Birth*. Workshop presented at Cocoon (Women's Clinic), Sharjah, UAE.
- Hamdan, A. (December 2004). *Welcome to Motherhood*. Workshop presented at Cocoon (Women's Clinic), Sharjah, UAE.
- Hamdan, L. (September 2004). *Assessment of Child Sexual Abuse*. Workshop presented for Emirates Psychological Association at Dubai Police Officers Club, Dubai, UAE.
- Hamdan, A. (June 2004). *Clinical Interviewing of the Child*. Workshop presented for Emirates Psychological Association at Rashid Hospital, Dubai, UAE.
- Hamdan, A. (June 2004). *Functional Behavior Assessment*. Workshop presented for Emirates Psychological Association at Rashid Hospital, Dubai, UAE.
- Hamdan, A. (May 2004). *Counseling the Muslim Client: Understanding Beliefs and Values for Effective Service*. Full-day workshop presented at Counseling Arabia Conference, Sharjah Women's College, Sharjah, UAE.
- Hamdan, A. (May 2004). *Counseling the Muslim Client: Understanding Beliefs and Values for Effective Service*. Seminar presented at Counseling Arabia Conference, Sharjah Women's College, Sharjah, UAE.
- Hamdan, A. (April-May 2004). *The World of My Child/Youth*. Workshops presented at the School of Creative Science, Sharjah, UAE.
- Hamdan, A. (April 2004). *Hijab: More Than a Religious Symbol*. Seminar presented at the American University of Sharjah, UAE.
- Hamdan, A. (April 2004). *Anxiety and Stress*. Workshop presented at the American University of Sharjah, UAE.
- Hamdan, A. (March 2004). *Public Speaking*. Workshop presented at the American University of Sharjah, UAE.
- Hamdan, A. (March 2004). *Anger Management*. Workshop presented at the American University of Sharjah, UAE.
- Hamdan, A. (February 2004). *Healthy Eating and Eating Disorders*. Panel discussion presented at the American University of Sharjah, UAE.

- Hamdan, A. (December 2003). *Anxiety and Stress*. Workshop presented at the American University of Sharjah, UAE.
- Hamdan, A. (October 2003). *Modesty and Dress*. Workshop presented at the American University of Sharjah, UAE.
- Hamdan, A. (October 2003). *Improving Study Skills*. Workshop presented at the American University of Sharjah, UAE.
- Hamdan, A. (December 2002). *Islam: A Religion of Peace and Tolerance*. Seminar presented at Zayed University for faculty and staff (approximately 50 participants).
- Hamdan, A. (September 2002). *Women and Family in Islam*. Seminar presented at Zayed University for faculty and staff. (approximately 40 participants).
- Armstrong, S., Garcia, F., Hamdan, L., Haynes, H., & Kamilar, S. (2002). *Spiritually-based Therapeutic Interventions: Diverse Voices and Approaches*. Panel presentation at the Minnesota Psychological Association, Bloomington, MN.
- Hamdan, L. (2002). *Special Issues Related to Counseling With a Muslim Population*. Roundtable discussion at the Minnesota Psychological Association, Bloomington, MN.
- Hamdan, L. (2002). *The Varieties of Intelligence: Psychology*. Paper presented at The Intelligence and Wisdom Conference, University of St. Thomas, St. Paul, MN.
- Hamdan, L. (2002). *Perspectives on Wisdom from Islam*. Paper presented at The Intelligence and Wisdom Conference, University of St. Thomas, St. Paul, MN.
- Hamdan, L. (2002). *An Introduction to Islam and the Role of Women in Islam*. Paper presented at the Minnesota Women's Consortium, St. Paul, Minnesota.
- Hamdan, L. (2002). *Women in Islam*. Paper presented for the Elderly Learning Institute at the University of Minnesota, Minneapolis, Minnesota.
- Hamdan, L. (2002). *Comparison of Christian/Islamic Theology and the Role of Women in Islam*. Paper presented at the Mount Olivet Retreat Center, St. Paul, Minnesota.
- Hamdan, L. (2001). *Forum on Islam and Muslims*. Paper presented at the University of St. Thomas, St. Paul, MN.
- Hamdan, L. (2000). *The status of women in Islam*. Paper presented at the University of Minnesota, Minneapolis, MN.
- Hamdan, L. (1999). *The concept of God in Islam*. Paper presented at the University of Minnesota, Minneapolis, MN.
- Hamdan, L. (1998). *The status of women in Islam*. Paper presented at the University of Minnesota, Minneapolis, MN.

- Aljazireh, L., and Fremouw, W. J. (1993). *Attitudes and cognitive distortions of male adolescent sexual offenders*. Poster presented at the 3rd International Congress on the Treatment of Sex Offenders, Minneapolis, MN.
- Hawkins, R. P., Almeida, M. C., Aljazireh, L., Meadowcroft, P. A., & Cohen, S. H. (1993). *Follow-up evaluation of a foster-family-based treatment program: Comparison with other interventions*. Paper presented at the annual meeting of the Association for Behavior Analysis, Chicago, IL.
- Aljazireh, L. (1992). *A peer-mediated approach to the treatment of conduct-disordered adolescents*. Poster presented at the annual meeting of the Association for Behavior Analysis, San Francisco, CA.
- Aljazireh, L. (1991). *Juvenile residential programs*. Paper presented at a Working Conference: Assessing and Treating Intellectually Disabled Sex Offenders, Burlington, VT.
- Aljazireh, L. (1990). *A peer-mediated approach to the treatment of conduct-disordered adolescents*. Paper presented at the annual meeting of the Minnesota Association for Behavior Analysis, Minneapolis, MN.
- Jauss, J., Aljazireh, L., & Fenrick, N. (1988). *Social skills training and contingency management with preschool children*. Paper presented at the Minnesota Association for the Education of Young Children, Bloomington, MN.
- Stotts, A., Aljazireh, L., & Fenrick, N. (1988). *Use of a three phase self-recording procedure to enhance the organizational skills of sixth grade children*. Symposium presented at the annual meeting of the Minnesota Association for Behavior Analysis, Mankato, MN.
- McNeil, D. W., Rainwater, A. J., & Aljazireh, L. (1986). *Development of a methodology to measure fear of pain*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Chicago, IL.

* Previous name for publications and presentations was Aljazireh, L.

Professional Membership

International Association for Women's Mental Health, United States, Full Member
 World Islamic Association for Mental Health, International
 International Association of Muslim Psychologists, International
 Arab Families Working Group Scholars Database (invitation), International
 Encyclopedia of Women and Islamic Cultures Scholars Database (invitation),
 International

Editorial Activities

Associate Editor, Faith-Based Practice Section. *Journal of Muslim Mental Health*, September 2009 - present

Editorial Board, *Journal of Multicultural Counseling and Development*,
March 2008 - present

Guest reviewer, *Journal of Multicultural Counseling and Development*,
March – April 2007

Guest reviewer, *Journal of Muslim Mental Health*, February-March
2007.

Contributing Editor, *Aljumuah Magazine: Guide to an Islamic Life*.
Madison, WI, Spring 2002 – present.

Research Grants

The Effects of Family Values and Religiosity on Marital Satisfaction and Commitment, Family Functioning, and Child Behavior in Emirati Families (April 1, 2010 – March 31, 2012). Competitive Grant from Emirates Foundation, Grant # 2010/052, AED 155,400

Psychosocial Correlates of Postpartum Depression in an Arab Context: A Prospective Cohort Study. (2007-2010). Competitive Grant from College of Graduate Studies and Research, University of Sharjah, UAE. Project #060909, AED 40000.

The Prevalence and Correlates of Depressive Symptoms among Arab Women in a Primary Health Care Setting. (2005-2007). Seed Grant from College of Graduate Studies and Research, University of Sharjah, UAE. Project #060904, AED 9000.