

## 2016 Duke Spirituality & Health Research Class

Mark K Addison, M.D., M.P.H. Mark received his B.S. (Psychology/Natural Science) from the University of Alabama in Birmingham (UAB), M.D. from the University of South Alabama, and M.P.H. from UAB. He has practiced Internal Medicine and Pediatrics in Cullman, Alabama since 1991, and has been president of Cullman Medical & Pediatric Associates since its founding in 1996. He practices at Cullman Regional Medical Center where he was Chief of Pediatrics from 1992-2003, and currently serves as Chairman – Department of Medicine. His current research interest is fatherless families and how they might be strengthened by faith-based communities in concert with government. E-mail: private.

Nema C.M. Aluku. Nema is the Health Planning and Program Specialist at World Renew Eastern and Southern Africa Ministry Teams. She has over 15 years' experience in community development and HIV programming in Sub Saharan Africa. She holds a doctor of philosophy in religious studies (first class honors) from the Catholic University of Eastern Africa. A Master of Arts Degree in Sociology specializing in Rural Sociology and Community Development, Master in Public Health specializing in Health Policy and Planning from the University of Nairobi and a Bachelor of Arts Degree in Community Development from Daystar University. Her research interest is on cultural and religious influence on integrated community transformation. Email: [naluku@worldrenew.net](mailto:naluku@worldrenew.net).

Nasim Bahadorani. I am a doctoral candidate in public health majoring in health promotion and education. My masters degree is in biomedical science and I have clinical research training in molecular biology. I am currently writing papers to publish on my dissertation research, which determined the effect of the Islamic Sufi practice of Tamarkoz® on reducing perceived stress, increasing positive emotions and increasing daily spiritual experiences in university students. My research interests include studying how spirituality and religious practices dynamically effect the biochemical, cellular, molecular and biophysics pathways that induce sustainable positive changes which impact wellbeing, increases compassion and ultimately result in healthy functioning and relations. E-mail: [nasimbl@gmail.com](mailto:nasimbl@gmail.com).

Anne C. Bauer, M.D. My background and training is in General and Adolescent Psychiatry. I worked for many years as a public sector psychiatrist in a broad representation of clinical organizations from outpatient, to clinic, to intensive outpatient and both private and public psychiatric hospital settings. In addition I have had a career in public administrative psychiatry working as a clinical director for a state mental health authority. Currently I am in a full time position as a Field Director for The Joint Commission (JCAHO) working with the psychiatric program and supervise nurse and physician surveyors who complete accreditation surveys. I have begun to explore the intersection between spiritual care provided by chaplains and healthcare outcomes. But again I am in the learning stages. I do hope to develop research and write something on the topic of spiritual health even though I believe it has yet to be defined. E-mail: [AnneCBauer48@gmail.com](mailto:AnneCBauer48@gmail.com).

Saloumeh Bozorgzadeh, Ph.D. Dr. Saloumeh Bozorgzadeh is a Clinical Psychologist in Chicago. She completed her M.A. at The Chicago School of Professional Psychology and her

Psy.D. at Argosy University. Her training was with high-risk adolescents and their families, specifically substance abuse at Families and Adolescents in Recovery and self-injury and eating disorders at Alexian Brothers Behavioral Health Hospital. Though she taught for seven years, Dr. Bozorgzadeh currently works in a group practice and has maintained an adjunct faculty position at The Adler School of Professional Psychology. Her current research interests involve the practical application of Sufism into Psychology. E-mail: [saloumeh.psyd@gmail.com](mailto:saloumeh.psyd@gmail.com).

Rev. R. Lorraine Brown, MDiv, CPHP, RN. Rev. Brown, serves in the United Methodist Church, a graduate of Children's Hospital School of Nursing in Boston, holds a Certificate of Public Health Practice (CPHP) from John's Hopkins. has been the director for federally funded Hemoglobinopathy Programs in DC and in 2015 awarded a Pastoral Study Project (PSP) grant from Louisville Institute to study parents 18-25 years of age facing spiritual concerns while learning to care for their child living with sickle cell disease. She uses God-given gifts of nursing, health educator, and pastor, asking "how do we understand spirituality in individuals 18-28 years of age living with medical condition such as sickle cell disease." Email: [rlcbsbjr@verizon.net](mailto:rlcbsbjr@verizon.net).

Nancy M. Bugbee, Psy.D-c, MBA, BCCC. Nancy is the CEO and CoFounder of the Institute for Life & Care (ILC) in Greenwood Village, Colorado. The mission of ILC is to strengthen those who serve others (eg, helping professionals, leaders and family caregivers) through transformational education and training, personal growth and guidance. A Board Certified Clinical Chaplain, Nancy is the author of an integrative (bio-psycho-social-spiritual) health model called THRIVING FROM WITHIN, which is the platform for ILC curriculum. TFW is largely based on the Logotherapy of Viktor Frankl. Her particular research interest is studying the parallel process that connects the wellbeing of the caregiver to the wellness and quality of life of the care receiver. E-mail: [nmsg1@aol.com](mailto:nmsg1@aol.com).

Corinne Byerlay. Corinne is a graduate student in the Master of Arts, Theology, Spiritual Care and Psychotherapy program at Wilfrid Laurier University in Waterloo, Ontario, Canada. Corinne specializes in the treatment of trauma and related co-morbid disorders. Her research interests focus on the neurobiology of trauma and spirituality, the role of spirituality in healing trauma, Equine-Assisted Psychotherapy (EAP) for youths at risk due to developmental trauma and Interpersonal Neurobiology (IPNB) as a modality for treating trauma survivors. She volunteers as a disaster relief chaplain and is a member of the Gender Violence Task Force, Supports and Services Subcommittee at Wilfrid Laurier University. Corinne is a member of the Association of Professional Chaplains (APC), the Canadian Counselling and Psychotherapy Association (CCPA), the Ontario Association of Consultants, Counsellors, Psychometrists and Psychotherapists (OACCPP), and the International Association of Trauma Professionals (IATP). E-mail: [byer1672@mylaurier.ca](mailto:byer1672@mylaurier.ca).

Michael G. Christakis, M.D. I am a physician with training in Internal Medicine. My current position is that of a primary care "float" at VA Maine Healthcare System. I have worked in the VA for 21 years as a front line internist, teaching residents and medical students for most of those years. I have a particular interest in moral injury, trauma, and in general, chaplaincy and pastoral care in the outpatient setting. My research interests include enhancement of the awareness, understanding and communication of the chaplaincy program option in the primary

care setting, and consider it a treatment option for all of our patients. E-mail: [Michael.Christakis@va.gov](mailto:Michael.Christakis@va.gov)

Joseph D. Chun, M.D. I attended MIT undergrad and then UCLA School of Medicine from 1980-1984. I did 2 years of residency in Anatomic and Clinical Pathology at Wadsworth-UCLA VA Hospital, combined residency in Internal Medicine and Pediatrics at LA County-USC Medical Center, followed by fellowship in Allergy and Clinical Immunology at UCLA Medical Center. While at UCLA, I was introduced to Psychoneuroimmunology. I started private practice in Orange County in 1993, and then I took courses in Theology at Talbot School of Theology in La Mirada, CA. I also took courses in Relational Psychology at Trinity College of Graduate Studies in CA, then more classes in spiritual formation at Talbot's Institute for Spiritual Formation. My desire is to study/learn more on how mind, body, spirit, and relationship work together, especially by studying the modern science and seek to bring about healing. E-mail: [chunjoseph@yahoo.com](mailto:chunjoseph@yahoo.com).

Angela Clark, MDiv, BCC. As a Board Certified Chaplain, I am the Spiritual Care and Education Department Director at CHS Pineville Hospital of the Carolinas HealthCare System. I have 15 years of experience with CHS after two other career endeavors as High School Math teacher and Minister with Children and Families. I have a BS in Math and a Master of Arts in Christian Education. I coordinate our department's monthly Research Article Journal Club and will be part of a team that brings Research Literacy and Research to our Residency curriculum. E-mail: [angela.clark@carolinashhealthcare.org](mailto:angela.clark@carolinashhealthcare.org).

Dondi Costin, D.Min., Ph.D. Chaplain Costin has served as an active duty military chaplain the past 20 years, after serving the previous 10 as an Air Force industrial engineer (6 years) and assistant professor of aerospace studies (4 years). He has served in numerous chaplain positions, including senior Air Force chaplain in Southwest Asia and senior Air Force chaplain in the Pacific. He's currently assigned to the Pentagon. An Air Force Academy graduate, he holds five master's degrees, a D.Min., and a Ph.D. in Leadership. His research interests include the role of faith and spirituality in fostering resiliency for military members and their families. E-mail: [dondivickey@aol.com](mailto:dondivickey@aol.com).

Katherine Daley. I am a Sophomore Health Sciences and Religion double major at Furman University. I currently have a modest background in general health sciences, health and wellness, and nutrition as well as Judeo-Christian studies. I have high holistic health aspirations, and am looking for a way to blend both my love for nutrition and theology into a future career. I am predominantly interested in functional medicine and ultimately either owning my own practice or working for a practice that incorporates clinical nutrition, exercise, and spiritual counseling as treatment for patients with chronic disease. E-mail: [kate.daley@furman.edu](mailto:kate.daley@furman.edu).

Lisa L. Daley, BSN. I am a registered nurse with a BSN from UNC-G. Most recently I have co-lead several trauma therapy as well as art therapy groups for women recovering from childhood sexual abuse at Horizon's, a substance abuse recovery program in Chapel Hill. In 2014 I completed a year long lay counseling certificate through the Allender Center to better engage our clients in recovery groups. I'm very interested in research supporting the integration of body,

mind and spirit and specifically how spirituality can be addressed even in state and federally funded programs with evidenced based data to back it up. E-mail: [lisadaley@icloud.com](mailto:lisadaley@icloud.com).

Rev. Jennifer C. Dill, MDiv, BCC. Jennifer went to seminary at Gardner-Webb University where she received a Master of Divinity with a concentration in Pastoral Care and Counseling. She has completed her CPE Internship and two years of residency through the Association of Clinical Pastoral Education. She is ordained in the Baptist faith and endorsed through Cooperative Baptist Fellowship. She is also board certified through the Association of Professional Chaplains and working toward the Hospice and Palliative Care Specialty Certificate. Jennifer is now working as a Full-Time Palliative Care Chaplain in Greenville, SC. She continues to do this work in Palliative Care, where many ideas about research come to mind. One area of research has to do with the “Language of Miracles.” She would like to know if the use of the word “miracle” is more prevalent in certain parts of the country, such as the South, or is it just a well-known concept. Also, I would like to know if people who speak of miracles use the term out of full belief and faith, or just as a coping mechanism. Another research interest comes around the language of “fighting” within the context of a medical diagnosis. E-mail: [JDill2@ghs.org](mailto:JDill2@ghs.org).

J. Nicholas "Nick" Dionne-Odom, PhD, RN. Nick is a postdoctoral fellow in the School of Nursing at the University of Alabama at Birmingham (UAB). His clinical experience includes over 10 years in critical care nursing, a year in clinical ethics consultation, and 4 years in palliative care health coaching. His program of research is focused on developing and testing palliative care health coaching interventions to support rural/underserved family caregivers of care recipients with advanced cancer and heart failure. Dr. Dionne-Odom is also interested in the role and application of spiritual coping, cognitive psychology, and naturalistic decision-science to family caregiver decision-making. E-mail: [dionneod@uab.edu](mailto:dionneod@uab.edu).

Linda D. Drawhorn, RN, MS. Linda Drawhorn is a Masters prepared Registered Nurse with a major in community health. She has been involved in various research projects in several roles including Clinical Research Nurse and Project Manager. The majority of this research has been directed to treatment and management of sickle cell disease as well as the psycho-social implications of living with the disease. Currently she is involved as Co-investigator in the research study entitled “The Role and Influence of Spirituality for Young Parent(s) Receiving a Diagnosis of Sickle Disease in Their Newborn Child “. E-mail: [drawhornl@yahoo.com](mailto:drawhornl@yahoo.com).

Gulden P. Esat, PhD candidate. After I received my master’s from UMASS, as a school psychologist, I took time off from academia and raised my two sons while working as a counselor. In the year 2012, I returned back to academic life as a PhD student at Marmara University in Turkey, more enthusiastic than before. I am collecting the final data of my dissertation thesis about a local concept of happiness called “huzur” in Turkish which can be translated as “peace of heart”. Following my dissertation study, I would like to focus on the topic of “communication of heart and mind” at the individual level which will lead to the state of being in peace within self and in peace with others as well. E-mail: [guldenesat@hotmail.com](mailto:guldenesat@hotmail.com).

Patricia Frisch, Ph.D., LPC, LLC. Patricia is a retired pastoral counselor, independent researcher, and author. As a Wiley Press author, she has published in *Crosscurrents* and the

*Rheumatologist*. She has also contributed poetry and author notes in the *Naturally Kiawah Magazine*. From 1992 until 2008 she was a pastoral counselor and established two pastoral counseling centers. She has a fellowship from the Addiction Recovery Institute, Ph.D. in pastoral counseling from Loyola University of Maryland, and M.A. in pastoral counseling from La Salle University. Her research interests are for her own spirituality approaches for bipolar disorder, D/AHOL, and PTSD. E-mail: [pffrisch@gmail.com](mailto:pffrisch@gmail.com).

Liudmila Gamaiunova, PhD candidate. I am a PhD student at University of Lausanne at the Faculty of Theology and Religious Studies, the Institute of Social Sciences of Contemporary Religions (ISSRC), branch Psychology of Religion. I hold two Masters degrees: in pedagogics from Tula State Lev Tolstoy Pedagogical University, Russia, and religious studies (Psychology of Religion) from University of Lausanne, Switzerland. At the moment I am working on an interdisciplinary PhD project on mindfulness meditation and acute stress response, which is being implemented between Faculty of Psychology of University of Geneva and Faculty of Theology and Religious Studies, University of Lausanne. My main interests at the moment include cognitive schemas, psychoneuroimmunology, contemplative practices, mix-methods approaches. I am trained both in quantitative and qualitative analyses, and need to reinforce knowledge on designs and implementation of CRT. E-mail: [Liudmila.Gamaiunova@unil.ch](mailto:Liudmila.Gamaiunova@unil.ch).

Robert Gauger, MDiv. Bob is a chaplain at Baptist South Hospital in Jacksonville, FL.. He completed his Clinical Pastoral Education at Baptist Hospital, Jacksonville, FL. in 2014. Prior to becoming a chaplain, Bob served 27 years in churches in various capacities. Bob graduated from Southern Seminary, Louisville, KY. (1986) with a MCM degree and from Regent University, Virginia Beach, VA. (2012) with a DMin degree. Bob has several articles published in the Journal of Pastoral Care and Counseling, and PDResources (Online Continuing Education for Healthcare Professionals). Bobs current research interest involves reconciling Maslow's heirarchy of needs within a traditional hospital environment. E-mail: [rwgauger@comcast.net](mailto:rwgauger@comcast.net).

Rev. Linda Grant. Linda grew up in the Air Force. She has traveled widely and has lived all over the United States, Puerto Rico, and Venezuela. Linda holds Bachelors of Arts degrees in Humanities and Psychology from the University of Texas at Austin. She received her Master of Divinity from Harvard Divinity School. She is an ordained priest in the Ecumenical Catholic Communion. In addition to serving as a parish priest, she has been a Chaplain for seventeen years; she is Board Certified in the Association for Professional Chaplains. Linda is also an ACPE Certified Supervisor of Clinical Pastoral Education. She currently serves as Associate Manager of Clinical Pastoral Education at Penn State Hershey Medical Center, where she supervises CPE students and is the Pastoral Services Liaison to and Preceptor for Penn State Hershey Children's Hospital. E-mail: [lgrant1@hmc.psu.edu](mailto:lgrant1@hmc.psu.edu).

Gregory H. Hathaway, MDiv. I'm a certified Supervisor with the Association of Clinical Pastoral Education working at Carolinas HealthCare System NorthEast, a 450 bed hospital in Concord, NC. In that role, I manage our Clinical Pastoral Education program for interns and resident chaplains and also support front line hospital staff in building resilience and mitigating the personal impact of stress, burnout and compassion fatigue. My research interests include studying the impact of mindfulness, self-compassion and integrative health modalities on reducing work-related stress for healthcare workers, studying the impact of chaplain presence on

patient experience (both directly and indirectly) in the hospital setting. E-mail: [Gregory.Hathaway@carolinashealthcare.org](mailto:Gregory.Hathaway@carolinashealthcare.org).

Sara L. Hester, MSW, MDIV, BCC. Sara has worked in healthcare, ministry or both since 1989. She holds both an MSW and an MDIV and is currently pursuing an MBA. She has worked with most patient populations as either a social worker or a chaplain. In addition to being a dialysis social worker and hospice chaplain, Sara has covered various inpatient units on a regular basis and has spent 9 years as the solo in-house social worker or chaplain providing evening and weekend coverage at large teaching hospitals. Currently she is the UAB chaplain responsible for Emergency, Trauma and Burns. Her current interest is to find better ways of identifying patients and families who need pastoral support so that efforts can be directed to minister to them. E-mail: [sarahester@uabmc.edu](mailto:sarahester@uabmc.edu).

Patricia S. Hong, BA. Patricia is a RA at the University of California San Francisco. She has a BA in Art History from Wake Forest University. She has been conducting ethnographic mixed methods research in predominantly Korean American church communities to examine perceptions of autism and psychiatric disorders. In the past, she assisted with an intervention project designed to prevent child maltreatment recidivism among young children in protective custody who were being considered for reunification with their birth parents. She also assisted with a study investigating a potential biomarker for chronic stress in children. She speaks Korean and is learning Khmer. E-mail: [patricia.s.hong@gmail.com](mailto:patricia.s.hong@gmail.com)

Rachel D. Kalthoff, MA. Rachel received her Bachelor of Arts degree from Hillsdale College in 2013 and her Master of Arts degree in Early Christian Studies from the University of Notre Dame in 2015. She is currently a student at the University of Michigan's MEDPREP program, a pre-medical post-baccalaureate program for individuals pursuing a non-traditional path to medicine. Her research interests are palliative care and medical ethics. She is particularly interested in how sensitivity to a patient's spiritual concerns influences the delivery of end of life care. E-mail: [rdamaris@umich.edu](mailto:rdamaris@umich.edu).

Angela M. Kazhuvidayil, M.D. Angela is a Colombian Pediatrician. She graduated from the Medical School of the University of Antioquia, Colombia in 1994, and completed residency in Pediatrics in 2002. She worked until 2004 in Emergency Room and Hospitalization. In 2005, she moved to USA and got married. Since then, she has been a wife and a mother. Now, Angela is getting ready to go back to work. She has always believed in the relationship between Spirit-Mind-Body and the quality of health. She is interested in researching about an integral approach and its effects on children with chronic conditions. E-mail: [amlr18@yahoo.com](mailto:amlr18@yahoo.com).

Janet Kuhlmann, R.N. I am a South African born adult female now residing in Botswana. After Cambridge I trained in General nursing, Midwifery and intensive care Diploma between 1979 and 1985 (SA). This was followed by Bachelor of Nursing Education (1993 -University of Botswana) Masters (Intensive care nursing 1999- Wits university S.A). Have been working most part of my life as a bedside nurse and an educator in SA, National health institute in Botswana and University of Botswana. Presently has a contract job with Boitekanelo college of Paramedics teaching Health Law & Ethics and Primary health care. Presently working on a Phil/PhD proposal to look at Post Under Graduates nurses preparedness to render spirituality and spiritual

care to patients- focus is on the nursing curriculum at University of Botswana. E-mail: [jkuhlmannk@gmail.com](mailto:jkuhlmannk@gmail.com).

Martha D. LaRiviere, PhD student. New to the field of couple and family therapy, I come from a background of coaching and religious volunteerism. After retiring from coaching, my focus turned to the field of couples and family therapy. I have an M. A. degree from William James College. I am now completing my first year a Ph.D. Marriage and Family program at Antioch University New England. I have trained through practicums and internships at these two colleges and am pursuing my state of Maine licensure. My research interests include religion and spirituality as an MFT, and spiritual coping within families. E-mail: [mlariviere@antioch.edu](mailto:mlariviere@antioch.edu).

Debra Lee, PhD, RN. Debra has 33 years of experience as a nurse, including roles in coronary care, cardiac rehabilitation, critical care research, nursing administration (Magnet Coordinator), clinical and classroom teaching and currently as dean for the School of Nursing and Health Sciences at Malone University in Canton, Ohio. Her research interests center on spirituality and relationships in the context of critical care. Debra completed her PhD in 2011; her dissertation was "The role of relationships during chronic critical illness". She presented her findings to participants at the 2012 national meeting of the Midwest Nursing Research Society. E-mail: [dlee@malone.edu](mailto:dlee@malone.edu).

Alex Lion, D.O., MPH. Dr. Lion is a dual fellow in Pediatric Hematology / Oncology and Clinical Ethics at Riley Children's Hospital in Indianapolis. His primary interest is the integration of faith and spirituality in pediatric cancer care. Addressing patient preferences for spiritual care and ethical questions which arise from the physician-patient relationship is the focus of his fellowship research project. He attended Fresno Pacific University, where he obtained a dual major in ministry and pre-health. He attended Touro University College of Osteopathic Medicine, where he obtained a Masters in Public Health simultaneously. His scholarly work focused on ethics in research. E-mail: [liondomph@gmail.com](mailto:liondomph@gmail.com).

Xiaofang Liu, PhD student. Xiaofang Liu is currently a Ph.D. student at the Graduate School of Social Services at Fordham University, New York. Previously, she received her MSW at The University of Hong Kong, worked for eight years as a social work coordinator in a national hospice program and taught part-time at universities in Mainland China. Her research interests are spirituality and spiritual care in palliative and end-of-life care, bereavement and cultural understandings of spirituality among the Chinese population. Her plan is to become an educator and researcher in the palliative and end-of-life care and spirituality field in the future, particularly integrating western and Chinese culture and wisdom. E-mail: [XLiu89@fordham.edu](mailto:XLiu89@fordham.edu).

John K. Lou. John serves as a coordinator and teaching assistant in Advanced Medical Ethics for 3<sup>rd</sup> year medical students at Loma Linda University, Loma Linda, California, and also manages the Center for Christian Bioethics at Loma Linda University. He has a BA in business administration and an MA's in Ministry and Theological Studies. He is an aspiring psychiatrist who intends to do research studying religious practices and neurodegenerative diseases, particularly Alzheimer's Disease and Dementia. Additional interest is in neuroethics and the neuroscience of personhood. E-mail: [jlou@llu.edu](mailto:jlou@llu.edu).

Elizabeth E. MacDougall, Ph.D. Elizabeth earned a Ph.D. in clinical psychology from Fairleigh Dickinson University, followed by a post-doctoral fellowship in medical psychology at Johns Hopkins. She began her professional career as a geropsychology consultant, and she continues to maintain a small geropsychology consulting practice. She served as a faculty member at Loyola University Maryland for 11 years before joining the faculty at Hood College (Frederick, Maryland) in 2011. Elizabeth is an associate professor at Hood, directing their thanatology and gerontology graduate programs. Her research interests include geriatric cognitive assessment, the assessment of death attitudes, and the assessment of religion/spirituality in older adults. E-mail: [macdougall@hood.edu](mailto:macdougall@hood.edu).

Sanjay Mathur. I am a software business analyst, have worked as a President for the Hindu Temple of Rochester from 2012 to 2015. I am also an Advisor to the Hickey Center of Interfaith Dialogue at Nazareth College. I have completed one unit of CPE, now enrolled in the second unit at the University of Rochester. I have also been a participant at the Hindu Christian Dialogue help at our Temple. I wish to study the importance religiosity and spirituality to cope with illness in Hindus Temple environment as this belief will manifest in hospital environment too. I noticed that there is a lot of research on Christianity and Islamic religion and its association to patient coping but none on Hinduism. My aim is to share the research across the Hindu community in US and across the globe. E-mail: [mathur.sanjay@gmail.com](mailto:mathur.sanjay@gmail.com).

Lindsay McCabe. I currently hold two positions, one as a mental health crisis intervention specialist, and the other as a student research assistant with a social research firm. My goal is to bridge the gap between these two areas of interest, particularly since our firm plans to branch out into public health. My personal ambition is to facilitate our survey development by incorporating my personal interest in studying religion's relationship to well being in diverse settings within the upcoming year. I am hoping this journey will aid in my preparation for a master's degree program in global mental health with a concentration on emotional coping mechanisms. E-mail: [lmccabe01@gmail.com](mailto:lmccabe01@gmail.com).

Beth Muehlhausen, Ph.D., M.Div. Dr. Beth Muehlhausen holds a doctorate in social work as well as a Master of Divinity. She is a Licensed Clinical Social Worker and a Board Certified Chaplain. She is ordained in the Christian Church Disciples of Christ. She currently works as a staff chaplain and researcher at St. Vincent Hospital, a Level 1 Trauma hospital, in Indianapolis, Indiana. Her research methodology is Hermeneutical Phenomenology. Her dissertation was a qualitative study looking at persons who obtain dual degrees in social work and divinity. She is currently working with the Trauma Research team at her hospital on a qualitative project "Spirituality in the Context of Vicarious Trauma." E-mail: [BMUEHLHA@stvincent.org](mailto:BMUEHLHA@stvincent.org).

R. Margaret Mwilu, MA. I am a Methodist Minister in England, UK, where I pastor three churches as well as Youth Ministry. I hold a BA (Hons) degree from Birmingham University and MA degree in Contextual Theology from Manchester University, England, UK. For my MA degree my research topic was "Theological Challenges posed by Postnatal Depression." Due to my past experience in dealing with Postnatal Depression, I have great interest to further explore the relationship between Spirituality and Postnatal Depression. I also have keen interest in

dementia and would like to explore ways of developing dementia friendly churches to give adequate spiritual care. E-mail: [rkm2681@aol.com](mailto:rkm2681@aol.com).

Alaa Saeed Nazzal, M.D. Dr. Nazzal graduated in 2014 from Faculty of Medicine at Batterjee Medical College for Science & Technology in Jeddah, Saudi Arabia. He joined residency training program in internal medicine at International Medical Center (IMC) in Jeddah. He is training for a master's degree in Islamic Sciences at Beirut Islamic University on spirituality and religion. He is as a healing center manager at IMC which empowers health care providers to implement a holistic approach to healing through educational programs and scientific research. Dr. Nazzal is co-founder and director of Al-Ahilla Program which is an educational community established on 2009 to enable health care providers to be efficient, effective and holistic through interactive meetings and workshops presented by pioneers' professors from all over the world. He is interested on spirituality and meaning of life as an important element of health and wellbeing. E-mail: [nazzal\\_89@hotmail.com](mailto:nazzal_89@hotmail.com).

Ronald K. Norman. Ron is pastor of the Bridge Church Of God In Christ, which belongs to the Church Of God In Christ, Inc., (COGIC) which, in turn, is headquartered in Memphis, Tennessee. COGIC is a Pentecostal Holiness Christian denomination with a predominantly African-American membership. COGIC is the largest Pentecostal denomination and the fifth largest Christian denomination in the U.S. Ron is in the process of writing his project thesis for the Association of Chicago Theological Schools Doctor of Ministry in Preaching Program ("Healthy Preacher / Healthy Preaching: Creating a Healthier Congregation"). He is trying to find methods and procedures to encourage, motivate and implement, through preaching, a new level of health awareness to, initially a small African American church in the inner city of Atlanta, Georgia and then to the larger community. E-mail: [rkn43@yahoo.com](mailto:rkn43@yahoo.com).

Maxine Notice, LPC. I received my bachelor's degree from the University of Maine at Presque Isle in Psychology. I went on to study Mental Health Counseling at CUNY City College. I am a Nationally Certified Counselor, and currently hold a license for clinical mental health counseling in the state of New York, and New Hampshire. I work as a clinician at Riverbend Counseling Associates, and am currently a doctoral student at Antioch University New England, where I study Marriage and Family Therapy. My research interests include finding ways to appraise the effectiveness of utilizing spiritually based therapeutic interventions with couples. E-mail: [maxinenotice@yahoo.com](mailto:maxinenotice@yahoo.com).

Faith Farnoosh Nouri, PhD, LPC-S, NCC, BCC. Farnoosh (Faith) Nouri is a Licensed Professional Counselor. She has been practicing in Dallas, Texas since 1997. Farnoosh is an Adjunct Professor at Texas Woman's University. Her major area of research has been in the area of electromagnetic after-effects of near-death experiences. She has been practicing Sufism since 1988 and has witnessed mental, emotional, and physical health benefits from Sufi meditation and practices on herself and others. Farnoosh is interested in conducting and publishing research on the impact of Sufi practices on wellness in general and specifically on mental, emotional, and physical health. E-mail: [fmnouri@lifepulsecenter.com](mailto:fmnouri@lifepulsecenter.com).

Shannon O'Connell-Persaud, BSN, PhD candidate. I obtained a Bachelors of Arts degree in Business Administration in 1985. I returned to undergraduate study to obtain my Bachelors of

Science degree in nursing and graduated in 2013. The fall after graduation from the BSN program, I was admitted in the PhD in nursing program at South Dakota State University. My research interest is in nursing education, simulation, and end of life care. I recently have been trained in End of Life Nursing Education Consortium (ELNEC). I hold an adjunct position in the nursing department at Western Iowa Tech Community College and work in an intensive care unit specializing in trauma and neuro. E-mail: [sop1410@gmail.com](mailto:sop1410@gmail.com).

Aignald Panneflekk, Ed.D. Dr. Aignald Panneflekk has a BA in Theology of the Colombian Adventist University, a Masters of Science in Public Health, a Master of Arts in Counseling and Guidance and a Doctorate in Education from Loma Linda University. He worked for 13 years as an Seventh-Day Adventist minister and went on to work with the Ministry of Education, Science Culture and Sports of Curacao as a policy advisor, head of the Education section and also interim Director of the Department of Education. He recently retired from the Ministry of Education. Currently he works on a volunteer basis as the Education and Health Ministries Director of the Dutch Caribbean Union of Seventh-Day Adventists. His interests are research in the areas of family life, education and health, especially as they relate to the population of Curacao. Policy advisor in Ministry of Education, Curacao. E-mail: [aignald.panneflekk@gmail.com](mailto:aignald.panneflekk@gmail.com).

Seth Paradis, Ph.D. Seth is Professor and founding Director of the Biokinetics program and the Wellbeing Committee at Bethel University in St. Paul, Minnesota. The program is known for strategic curriculum, clinical hands-on work, award-winning student research, and outreach. Seth completed his undergraduate degree from Gustavus Adolphus College, Masters of Science degree from the University of Wisconsin-La Crosse in Human Performance-Biomechanics and Doctoral degree from The University of Pittsburgh in Exercise Physiology (Neuromuscular Research Laboratory). Building off his orthopedic research and integrative medicine course curriculum, Seth is beginning to examine the body's endocrine response to daily stress and how it relates to faith, disease, and wellbeing. E-mail: [s-paradis@bethel.edu](mailto:s-paradis@bethel.edu).

Rev Stephen S. Payson. Stephen is currently a chaplain resident at Penn State Hershey Medical Center and will serve in 2016-17 as the next Chaplain Fellow for Pediatric Oncology. Before coming to Hershey Medical Center, he served in congregational ministry for 20 years in Mifflinburg, PA, and remains a minister in the Orthodox Presbyterian Church. Stephen and his wife, Catalina, have four adult children and still reside in central Pennsylvania. He is looking forward to conducting clinical research as the next Chaplain Fellow in an area yet to be determined. E-mail: [spayson@hmc.psu.edu](mailto:spayson@hmc.psu.edu).

Esteban Quiyono-Escobar, Ph.D. Dr. Quiyono-Escobar is married to Olena Kolokolova and has a teenager daughter, Eli. He has worked as a campus chaplain for more than 20 years. He has a BA in theology, a Master's in Education, and a PhD in Religious Education. He has also worked as a Bible teacher for undergraduate students during his more than 24 years teaching courses such as "The Life and Teachings of Jesus" and "Doctrines and Teachings of the Bible," among others. Currently, Dr. Quiyono-Escobar is senior chaplain for the School of Health Sciences and Bible teacher at Montemorelos University in Montemorelos, Mexico, and is associate pastor for the Montemorelos University Church. His main research interest focus is on the connection between spirituality/religiosity and integrative well-being (physical and mental health) among college students. E-mail: [equiyono@um.edu.mx](mailto:equiyono@um.edu.mx).

Daniel Saugh, M.Div. My background is in chaplaincy, public health, and not mental health and psychotherapy. I have served as a pastor for over 15 years, a military chaplain for over 7 years and a police chaplain for over 4 years. I am currently training to be a psychotherapist. I am also currently a PhD Student at Wilfred Laurier University in Ontario, Canada in the spiritual care and psychotherapy program. My research interests are in the area of: mental health promotion, moral injury, spiritual recovery of the soul, spiritual resilience dealing with changes (emotional, cognitive, behavioral) and how to heal trauma and help a person on the path to wholeness. E-mail: [dsaugh@llu.edu](mailto:dsaugh@llu.edu).

Cindy Schmidt, Ph.D. Dr. Schmidt completed her Ph.D. at the University of Connecticut exploring the impact of childhood trauma on spirituality and religiosity in young adulthood. She has directed outcome evaluation studies in education and medical care settings. Dr. Schmidt practiced psychology for over 15 years after completing a post-doctoral residency with the Behavioral Health in Medicine Integration Project at Central Vermont Medical Center, and a clinical internship at the Center for Children, Youth, & Families at Fletcher Allen Healthcare in Vermont. In her current position as Assistant Professor of Behavioral and Clinical Medicine at the American University of the Caribbean, she teaches and designs workshops for medical students to improve their communication skills with assessing and discussing religious and spiritual needs in their patients. She is initiating outcome evaluation research of these workshops. E-mail: [CSchmidt@aucmed.edu](mailto:CSchmidt@aucmed.edu).

Lawrence G. Seidl. Lawrence is vice president of mission and ministry for the hospitals which make up the South state portion of Centura health, a joint operating agreement between Adventist health system in Catholic health initiatives. He has been ministry for 30 years having led three organizations into upstream thinking about the role of faith, spirituality values and health outcomes. In 2004, he was one of 10 international winners for the spirit and work award bestowed on participants in Switzerland. He is working actually to develop partnerships between churches that the American landscape in our health care cathedrals back as early as the Carter administration. His passion research is to explore how the social and theological underpinnings of American feed communities can be intertwined into new models for the delivery of healthcare. E-mail: [LawrenceSeidl@Centura.Org](mailto:LawrenceSeidl@Centura.Org)

Angela L. Shine, LMSW. Angela, a twenty (20) year mastered level social worker is originally from Nashville, TN, but now resides in Columbus, MS. She is the CEO of Radical, Inc., a 501(c)3 organization which is a nationwide network to promote mental health awareness, and address social issues by supporting community organizations with resources, strategies and research. Additionally, she is the creator and host of 'Faith N Mind' a weekly national mental health awareness television talk show for the (MIND, body & spirit). Furthermore, she has worked as a school social worker, school-based therapist, community organizer, family service worker, and case manager. Recently, she completed a Community Research Fellows program and hope to begin working on her research interest of understanding interfaith organizations, and the relationship between spiritual beliefs, attitudes and integrated health approaches. E-mail: [radical1@tds.net](mailto:radical1@tds.net).

Zachary Smothers. I am currently a Master of Biomedical Science student at the Duke University School of Medicine. As part of this program, I am serving as a research assistant to Dr. Harold Koenig and Dr. John Oliver. In this research we are studying the impact that spirituality may have on moral injury in veterans with PTSD symptoms. I hope to attend this workshop to further my knowledge on how spirituality research is conducted. Additionally I want to continue to learn the methods by which spirituality research is conducted, and to supplement my current research. E-mail: [zachary.smothers@duke.edu](mailto:zachary.smothers@duke.edu).

Anya Spielberg, MPH, MA. Anya is new to the calling of chaplaincy after previous careers in mental health counseling, non-profit program management, and hospital administration. Anya began her career working in international public health in southeast Asia, but settled down in Portland, Oregon. After going back to school to update her counseling skill set and add theology training to the mix, she completed four units of CPE at Sacred Heart Medical Center (SHMC) in Spokane and was hired to create a psychiatry chaplaincy program. SHMC receives patients from a tri-state rural area, yet struggles to attract sufficient mental health providers. As a result, care relies heavily on “telepsychiatry.” Anya’s research interest relates to quantifying the value of chaplain ministry in a psychiatric setting that is highly dependent on video psychiatry. E-mail: [anyaspiegelberg@gmail.com](mailto:anyaspiegelberg@gmail.com).

Joan J. Sweeney. Joan has been a chaplain resident with Catholic Health Services of Long Island since September 2015 and will complete her residency and her fourth unit of Clinical Pastoral Education as of August 31, 2016. She received an M.A. in Pastoral Counseling and Spiritual Care from Fordham University in May. In addition, she holds an A.B. in Economics from Stonehill College and an M.B.A. in Accounting from Babson College. Joan has been an accounting professor for the past twenty nine years at Long Island colleges. Her experience in chaplaincy training has enabled Joan to see the positive effects that spiritual care has on patients. Initially, Joan would like to research the relationship between spiritual care and decreased depression in post-surgical cardiac patients. Given her accounting and finance background, she would ultimately like to research the financial contribution of spiritual care to quicker patient recovery and hence, reduced hospital stays. E-mail: [profsweeney@yahoo.com](mailto:profsweeney@yahoo.com).

Amanda Troy, Ph.D. Raised in central NC, I completed a BS in biology at High Point University and an MS in nutrition at UNCG. I taught 7<sup>th</sup> grade science in Asheboro City Schools for three years before completing a PhD in anatomy at the Penn State College of Medicine. My thesis focused on gut sensory signaling of the vagus nerve. While wrapping up, I accepted a position as assistant professor of anatomical sciences at Liberty University College of Osteopathic Medicine where I have been since Summer 2014. My research interests are educational research within the anatomical sciences including teaching techniques in the lecture hall and laboratory settings. E-mail: [aetroy@liberty.edu](mailto:aetroy@liberty.edu).

Vitaliy Voytenko, Psy.D. Vitaliy is a psychologist transitioning from a primarily clinical position at Pine Rest Christian Mental Health Services ( in Michigan) to a core faculty position in the PsyD Program at Wheaton College (in Illinois). He has led the development of a depression center for excellence at Pine Rest and, as a result, developed a strong interest in treatment resistance in depression. More specifically, since he has taught religion and spirituality in psychiatry to psychiatric residents, and is interested in studying how R/S could either

contribute to treatment resistance or, on the contrary, enhance treatment effectiveness. He is also interested in studying the impact of refractory mental illness on a person's spirituality. E-mail: [vitaliy.voytenko@wheaton.edu](mailto:vitaliy.voytenko@wheaton.edu).

Amina White, M.D., M.A. Dr. White is an Associate Professor of Obstetrics and Gynecology at UNC Chapel Hill. She completed her education at Yale University, Harvard Medical School, and Georgetown University where she trained as an OB/GYN resident and later obtained a Master's Degree in Liberal Studies with a concentration in Ethics. Dr. White subsequently completed a bioethics fellowship at the National Institutes of Health. Her research on the challenges of caring for vulnerable patient populations has explored trauma-informed practices for abuse survivors, counseling in the setting of a poor prenatal diagnosis, and the ethics of including pregnant women in clinical trials. E-mail: [amina\\_white@med.unc.edu](mailto:amina_white@med.unc.edu).

Janis Winchester. Forensic Scientist (Retired) from the Florida Department of Law Enforcement after 38 years working in the Crime Laboratory, Inspections, and Training Academy. Developed curriculum for law enforcement, corrections, and correctional probation officers. Coordinated with subject matter experts on mental illness, suicide, and law enforcement responses. Helped secure grant funding over the years. Received a BA University of Florida; MSPA and Educational Research Florida State University; Florida Gulf Coast University audit student. Certified Aquatic Fitness Professional. Shroud of Turin researcher (attended 2nd International Conference on the Shroud). Assist as a Eucharistic Minister for the Sick and Homebound. My research examines the effect of religion/spirituality as a way to develop a personalized strategy of stress reduction given a greater knowledge of the love and mercy of God. E-mail: [gettingwellness4u@gmail.com](mailto:gettingwellness4u@gmail.com).

William H. Wiley. After a career in business I returned to graduate school to obtain a masters in counseling psychology. My wife and I attended and recently graduated from The Seattle School of Theology and Psychology. I am particularly appreciative of the school's efforts to integrate the two disciplines of theology and psychology, which can work together to enhance the life of the student as well as those we work with. Currently, as a counseling intern at UNC Horizons, I have the privilege of working with a group of wonderful women who are committed to maintaining their recovery as they learn to care for themselves and their children. I have a deep interest in understanding and working in an environment in which spirituality and psychology combine to offer transformative care to victims of trauma. E-mail: [william.wiley@theseattleschool.edu](mailto:william.wiley@theseattleschool.edu).

Ruth Wiley. My passions have been in the care-giving field including working as a labor and postpartum doula while also raising our three children. I enjoy dabbling in interior design and writing as well. My husband and I share the distinct pleasure of being grandparents to five beautiful grandchildren and each completing a Masters degree in Counseling Psychology in 2015. Currently I work as an intern at UNC Horizons/Seattle school of Theology & Psychology My interest in the connection between medicine, faith and healing began for me in the early eighties when I began reading Paul Tournier's works. I am continually amazed as I learn how humans are created to heal in the context of relationship to God and others. E-mail: [ruth.wiley@theseattleschool.edu](mailto:ruth.wiley@theseattleschool.edu).

Patricia P. Wilson, C.S. (Patty); Christian Science practitioner; attending as a non-researcher; located in Raleigh, NC; professionally engaged in the public practice of Christian Science for over 30 years; patients are restored physically, mentally and morally through consecrated prayer, spiritual understanding, and adherence to the metaphysical principles found in the Bible and the Christian Science textbook, *Science and Health with Key to the Scriptures* by Mary Baker Eddy. Bachelor's Degree in Education (music/ art), 1953; Primary Class Instruction in Christian Science, 1955; Master's Degree in International Services, 2015; Member, First Church of Christ, Scientist in Boston, Massachusetts since 1948. E-mail: [cshealing@gmail.com](mailto:cshealing@gmail.com).

Gwen C. Zimmerly, M.A. My B.S. is from Lipscomb University and my M.A. in MFT is from the University of Mobile. I was an adjunct psychology instructor at the University of Mobile and Faulkner University and counselor for an EAP and Victory Health Partners. Previously I taught English and Spanish in a Christian high school. Prior to that, I spent two years earning a certificate of substance abuse and alcoholism at St. Herman's Theological Seminary in Kodiak, Alaska. My research focuses on a day of rest, clinical depression/anxiety, premarital and marriage education, and a Biblical view of today's term, self-forgiveness. E-mail: [gwenzimmerly@att.net](mailto:gwenzimmerly@att.net).