

2011 Duke Spirituality & Health Research Class (July)

Gina Andrade Abdala, RN, MPH. Gina is currently in a doctorate degree program (with Miako Kimura as advisor) at the Nursing School-University of Sao Paulo, Brazil. At this moment she is also a professor, mentoring some students at the Nursing Program of Northeast Brazil College. Her research interest is related to religiosity and quality of life in aged people. She is doing some research on Parish Nursing in Brazil as a partner of the Institute of Parish Nurse Resource Center (IPNRC) and Brazil Adventist University of Sao Paulo (UNASP-SP) with the mentoring of Mary Slutz. E-mail: gina.abdala@usp.br.

Octavio Areas, M.Div, PCC. Octavio is skilled in cross cultural, multi-faith and developmentally sensitive pastoral care. Completed 4 CPE units (first year) and 3 unit (second year) of specialty on Burn Services Unit at Wake Forest University Baptist Medical Center Pastoral Care Department. M Div and Pastoral Care and Counseling from Gardner Webb University. Ordained minister by Hebron Baptist Church, San Jose, Costa Rica (1987) Experienced in International Missions training Christian ministers, e.g. South Africa, Costa Rica, Argentina, Uruguay, Cuba, Honduras, Mexico and Kenya. Endorsed by the North American Mission Board, SBC. Provisional Certified Chaplain APC (July 2010) Staff Chaplain at the Regional Medical Center at Memphis (well known as the MED or Elvis Presley Trauma Level I Trauma Center 270 beds). Octavio is interested in the impact of shock trauma events (gun shot wounds, fall, motor vehicle accidents, stabbing, burns and others) and faith developmental stages (how people cope according their religious faith and socio/cultural background? E-mail: oareas@the-med.org.

Jon Arnold, MDiv. Jon received his M.Div. from Fuller Theological Seminary and is a BCC with the Association of Professional Chaplains. He is currently the Manager of Pastoral Care at Cape Canaveral Hospital/ Viera Hospital in Florida where he has been awarded a 3-year \$70,000 health system grant to develop Faith Community Nursing programs in 2 local churches. The research he is proposing will hopefully capture the benefits for congregant, church and hospital. Jon hopes these findings develop into a cost-efficient and more effective model of health care through their publication. E-mail: Jon.Arnold@health-first.org.

Angelina (Ina) Dolores Berlinger, B.S., M.S. Angelina is homemaker and wife of William Gottlob Berlinger III, M.D. I was officer manager for his private medical practice, 1995-2004. Research involvement was in the field of biology during undergraduate and graduate studies. We share an affiliation with a ministry linking spiritual root issues with chronic diseases. I am interested in assisting him in his proposed research. Hence, the workshop will enhance my skills to provide beneficial assistance to his investigation. E-mail: theycount@verizon.net.

William G. Berlinger III, M.D. Bill is Clinical Associate Professor of Internal Medicine at Drexel University College of Medicine, is affiliated with a ministry which has linked certain spiritual root issues (such as bitterness, fear, envy, rejection, and accusing spirits) with the development of chronic disease. He wishes to use research techniques to quantify and publish series of case reports where removal of the influence of these spirits has resulted in freedom from

these diseases. He eventually hopes to involve internal medicine residents and medical students at Drexel University in this research endeavor. E-mail: theycount@verizon.net.

Saul Boyarsky, M.D., J.D. Obtained his medical degree from the University of Vermont College and J.D. from Washington University at St. Louis School of Law. He is a Senior Research Associate at the Duke Kenan Institute for Ethics, and a Research Associate Honoris Causa at the Duke Center for Jewish Studies. He has been a member of 48 different legal, medical, and bioengineering professional societies, and chaired or was a member in 50 different government agencies, professional societies, boards of trustees, and national research organizations. He was the founder and 1st president of the Urodynamics Society and of the Urology Lawyers Council. He held medical or engineering professorships at four major universities. He has received distinguished academic awards for his pioneering work in urodynamics from the Urodynamics Society, the International Continence Society, and University of Vermont Medical Alumni Association. Dr. Boyarsky has published over 150 journal articles, and authored or edited 8 books. He is now revising his latest book, "Realizing God for the Future: A Personal Vision and Credo." E-mail: saulboyarsky@gmail.com.

Erik Campano. I am formerly a local news anchor for the National Public Radio program All Things Considered in New York and Connecticut, and before that for the international service of German Public Broadcasting in Bonn, where I hosted and reported the world news and had a particular interest in topics on science and religion. Two years ago I switched my career path to medicine, and have completed two years preparatory study for medical school at the University of Paris, France. I am now planning to start a premed postbac program in New York City and to continue my medical education in the United States. As an undergraduate I studied cognitive science at Stanford with a minor in religious studies, and spent one of those years in England focusing on psychology of religion. E-mail: campano@stanfordalumni.org.

Rita (Jeanne) Childs, MA, BCC. Jeanne Childs is an NACC Board Certified Chaplain working in a pioneering chaplaincy position at the Dartmouth Centers for Health and Aging, Aging Resource Center in Lebanon, New Hampshire. She provides spiritual care, primarily by leading support groups for family caregivers and older adults struggling with loss and change. She also visits frail elderly referred by geriatricians at the Dartmouth Hitchcock Medical Center. Formerly, Jeanne was a small business marketer, graphic designer and writer. She also has experience as a secondary classroom teacher and personnel trainer. A life-time seeker of the good, she is passionate about empowering those she serves to cope successfully and hopefully with burdens which drag their spirits. E-mail: Rita.J.Childs@hitchcock.org.

John Delconte. I have a BS in biology from Union College and an MS in behavioral neuroscience from Rensselaer Polytechnic Institute. Today, I work as a medical writer in the pharmaceutical industry. My research interests include behavioral approaches for reducing stress, improving workplace productivity, and increasing health. In particular, I'd like to compare the effectiveness of a mindfulness-based stress reduction program with a Buddhist religious practice and movement-meditation programs, such as Tai Chi and yoga. I am interested in making these practices more readily available in work and school settings by connecting researchers, trainers, and institutions. E-mail: johndelconte@gmail.com.

Mary Rute G. Esperandio, I am a Brazilian professor in the Post-Graduation Program in Theology at Pontifcia Universidade Catlica do Paran - PUCPR - in the State of Paran - Brazil. I have been conducting research on "Contemporary Subjectivity, Spirituality and Health" (focusing religious coping; pastoral care and counseling; drug addiction and spirituality; depression among pastors...). In our context in Brazil, research focusing the relationship between religion and health (and the use of religious coping) has scarcely been explored, and the majority is based on phenomenological methods. So, I would like to learn how to conduct research in this area. E-mail: mresperandio@gmail.com.

Rabbi Jodie Futornick, MA, BCC. I have been a staff chaplain at Advocate Good Shepherd Hospital in Barrington, IL for five years. My AB is from Princeton University (1984), MA and rabbinic ordination from the Jewish Theological Seminary (1989), and I am currently finishing an MA in Bioethics and Healthcare Policy at Loyola of Chicago (anticipated graduation December 2011). In addition, I have completed ten units of CPE training: South Carolina Academy of Clinical Pastoral Education (1), Advocate Lutheran General Hospital (3), Northwest Community Hospital (3) and Cincinnati Children's Hospital (3) I am a Board Certified Chaplain in the Association of Professional Chaplains. My clinical assignments are primarily in Oncology and Bioethics. My major research interests are in psycho-oncology and cancer survivorship, specifically the chaplain's role in supporting and guiding people through the stages of living with cancer. E-mail: jmf3579@mac.com.

Holly Gaudette, MDiv. I am currently the staff chaplain, focusing in Palliative Care, at NYU Langone Medical Center in New York City. I earned a BA in Religious Studies and Outdoor Education from the University of New Hampshire, and an MDiv from Duke University Divinity School. I completed internships at the University of North Carolina Medical Center and the Federal Medical Center at FCC Butner. After graduate school, I did a CPE Residency in Palliative and End of Life Care at Duke Medical Center. These days, my interests are primarily in the ways that spirituality informs illness, particularly around the end of life and in palliative care settings. E-mail: Holly.Gaudette@nyumc.org.

Grace E. Ghansah, MPH, CHES. Grace had her undergraduate education at Kwame Nkrumah University of Science and Technology in Ghana, her master of public health at University of South Carolina, and is currently working on her doctorate in Public Health at East Tennessee State University. She has worked as an adjunct faculty at the College of Public Health in East Tennessee State University and has taught several undergraduate courses. She has also helped to develop an International Health course for the college. She is an active member of the Tennessee Cancer Coalition and has been involved with cancer control activities from a religious perspective. For her dissertation, she is researching the relationship between religion and cancer. She is also a certified health education specialist. E-mail: ghansah@goldmail.etsu.edu.

Rev. Jack D. Giddens, D.Min, BCC, CTP. Dr. Giddens is a Regional Chaplain with Covenant Hospice of Pensacola, Florida, a Behavioral Therapist with Baptist Behavioral Medicine, and an Adjunct Professor of Philosophy at the University of West Florida. Dr. Giddens holds D.Min. and M.Div. degrees from Denver Seminary, and an M.A. from Dallas Theological Seminary. Dr. Giddens also completed three years of post-doctoral continuing education at the Benson-Henry Institute for Mind/Body Medicine at Harvard Medical School, and clinical pastoral

education residency at Baptist Healthcare of Pensacola. Dr. Giddens is also a board certified chaplain with the Association of Professional Chaplains, a certified transpersonal psychotherapist with the European Transpersonal Association, and an ordained minister of the Evangelical Free Church of America. Dr. Giddens' special interest is in creating a suffering scale for chaplains in assessing hospice patients, and in the integration of spirituality with medicine. E-mail: jdgiddens@aol.com.

Shannon Gwin. I am a graduate student at the University of Oklahoma pursuing a master's degree in Health Promotion in the Health and Exercise Science Department. Following my master's coursework my thesis study will begin Fall 2011. The emphasis of my thesis is on the topic of clergy health behavior, specifically "what factors predict whether clergy will be sufficiently or insufficiently moderately physically active." Other interests include impacts on the health of those influenced in the congregation and identifying whether improved physical health may or may not enhance the spiritual lives of individuals. I am currently a teaching assistant instructing 3 courses of Individual Fitness and also have five years of experience as a Certified Recreation Therapist in a hospital facility. I intend to achieve a PhD in Health Promotion and continue in academic research on the subject of spirituality, religion, and health. E-mail contact: Shannon.Gwin-1@ou.edu.

Robert (Bob) Hamilton, M.Div, BCC. Bob is director of Pastoral Care Services for the Moses Cone Health System, a position he has held for 31 years. He is also an Episcopal Priest, a Board Certified Chaplain with the Association of Professional Chaplains, has a BA in Religion and Philosophy from High Point University, and an M.Div from Duke and the Episcopal Seminary in Virginia. He has served on the Ethics Committee for the Health System for 20 years and coordinates the Consult Service and the Ethics Education efforts. For many years he has had an interest in the potential benefit of doing research in our institution on the interface of spiritual needs and how the quality of care and support for these needs impacts the patient and family experience, including emotional/health benefits. E-mail: BOB.HAMILTON@mosescone.com.

Anita Hill. Pastor Anita Hill has a Bachelor of Science in Education and a Nursing License from the University of Minnesota, a Master of Social Work from St. Louis University, a post graduate Certification in Psychology for Advanced Training in working with Autistic and Schizophrenic Adolescents. She also has attended the St. Louis University graduate School of Theology and is currently in her 20th year of Christian ministry. As Vice President of Be in Health Global, Incorporated she oversees all ministry programs including curriculum, researching the connection between spiritual, mental and physical illness, and the For My Life Program Outcome Study. E-mail: ahill@beinhealth.com.

Karen Kuchan. Karen was born and raised in Southern California, holds a PhD in Intercultural Studies and is completing a professional doctorate in Pastoral Psychotherapy. A published author, educator and practitioner of spiritual direction, Karen is studying the interrelationship between spiritually-integrative counseling and a relational-contemplative practice called *Imago Divina*. Research and scholarship centers on the use of British object relations, intersubjective, and attachment theories in general and relational-cultural therapy in particular as a illuminative heuristic framework for understanding and enhancing religio-spiritual experience and its healing potential. Karen is the Executive Director of *Alive at the Center*, an urban abbey

community, counseling center and training & research institute in Pasadena, California. E-mail: kkuchan@sbcglobal.net.

James T. Luoma, RN, BSN, M.Div., D. Min. Candidate. Since serving in the Vietnam War, I have been impacted by the effects of suffering on people. I am a Registered Nurse having worked in Critical Care and Geriatric Care. I am an ordained Christian Minister and employed as a Clinical Staff Chaplain with the U. S. Department of Veterans affairs Medical Center in Dayton, Ohio. I earned a Bachelor of Science in Nursing Degree from Wright State University, Dayton, Ohio (1985). I earned a Master of Divinity Degree in Pastoral Leadership and Counseling from Cincinnati Christian University Seminary (2008), and am currently writing my dissertation for my Doctorate in Ministry Degree from Ashland, Ohio Theological Seminary. My research interests include education and application of biblical practices of healing in medical center chaplaincy and health care providers. E-mail: jluomo1@msn.com.

Tenesa McCaskill-Gainey, RN/PT-MSN, FNP. Tenesa has been a registered nurse for 10 years, and is pursuing a MSN with a family nurse practitioner focus at UNC-Chapel Hill, where she anticipates graduation in May 2013. She is an experienced RN in Coronary ICU and Disease Management. Her vision revolves in the integration of Faith & Health. She hopes to find the existing evidence of improvement in health, and overall management of health disparities with the inclusion of faith based principles. She will review literature and interview various health ministries to find the characteristics that result in improved outcomes. These characteristics will be applied to a focus group for measurement. Such research would be instrumental in evidence based health ministries. E-mail: tenesamcg@gmail.com.

Vanessa Miller, PhD. I have more than 20 years in healthcare. This includes work as a clinician, entrepreneur, and researcher. I am trained as a Community Health Clinical Nurse Specialist. I also have a DrPH in Public Health—health management and policy. I am currently employed as an Assistant Professor at California State University, Fullerton (CSUF). I am interested in the phenomenon of policy resistance as the primary factor in health disparities. I have hypothesized that economic and moral decay in some African American communities is related to policy resistance, and role displacement of the African American male. E-mail: vmiller@Exchange.FULLERTON.EDU.

Thomas Pillion, M.D. Dr. Pillion was raised Catholic. He studied theology at the Franciscan University of Steubenville and then philosophy at the IAP in Liechtenstein and the University of Dallas. He worked as both a high-school teacher and a research assistant before entering medical school at the University of Texas. Dr. Pillion is currently completing a residency in Psychiatry at UNC and will spend his final year as a Community Psychiatry fellow. He is interested in how mental, emotional, and behavioral problems are conceptualized from within both religious and psychiatric paradigms, and how greater collaboration can be achieved while avoiding the extremes of reductionism. E-mail: TPillion@unch.unc.edu.

Mauro Pontes, M.D., Ph.D. Dr. Pontes is a physician who completed his cardiology fellowship in 1992 and a doctoral degree in endocrinology/diabetes in 2009, and is associate professor at the Universidade Federal de Ciências Médicas de Porto Alegre, Brasil. He coordinates the Research Center in Cardiology at the Hospital São Francisco, which is collaborating with the research

program at Duke University. This research center has an interest in the field of religion/spirituality and cardiac disease, under the guidance of Dr. Fernando A. Lucchese, and we plan to establish a research program in this field. E-mail: maurop001@gmail.com.

Katia G. Reinert, RN, PhD candidate. Katia is a family nurse practitioner currently in her first year as a PhD student at the Johns Hopkins School of Nursing. She has a strong interest in the area of religion/spirituality and health. Katia has been involved in a clinical role treating patients in primary care as well as a health leader and educator for faith communities. She received a BSN degree from the Washington Adventist University, and a MSN degree from the Catholic University of America as a family nurse practitioner and public health clinical nurse specialist. She has worked 9 years in critical care nursing, and 6 years in internal medicine as a clinician, and has also worked as a Faith Community Nursing (FCN) coordinator for Adventist HealthCare training nurses and also lay health leaders in congregations to lead an effective health ministry. More recently she has been appointed the Health Ministries director for the 7th Day Adventist Church in North America. Her research interest and dissertation will examine the relationship between spirituality/religion and mental health outcomes (depression, PTSD, alcohol and drug abuse) in Adventist women survivors of violence and abuse. E-mail: kreiner1@son.jhmi.edu.

Ratonia C. Runnels, MSW. Ratonia is a Licensed Master Social Worker, Assistant Instructor, and PhD candidate at the University of Texas at Austin School of Social Work. Her research interests focus on the intersection of spirituality and culture and its impact on social work research, education, and practice. Ms. Runnels has extensive training and experience in community outreach, counseling, training, and advocacy in the fields of HIV/AIDS and substance abuse prevention. She has written and co-authored scholarly works on topics such as church-based mental health services, spirituality among trauma survivors and women with chronic illness, and has presented at several national and international conferences. She is also a Council on Social Work Education Substance Abuse and Mental Health Services Administration (SAMHSA) Minority Fellow. E-mail: ratoniarunnels@hotmail.com.

Lynnette Leidy Sievert, Ph.D. My undergraduate background was in Nursing and Spanish. I worked as a hospital nurse in Albuquerque before moving to upstate New York for a PhD in Biological Anthropology. I study women's health and, after carrying out research on menopause in Bangladesh, I have become seriously interested in the relationship between religion and women's health. I am currently a Professor of Anthropology at UMass Amherst. Most of my research has been on the topic of menopause, primarily in Hawaii, Mexico, Paraguay, and Bangladesh. E-mail: leidy@anthro.umass.edu.

James V. Snyder, MD. Jim wishes to assist systematic evaluation of spiritually-oriented approaches to disease intervention, especially as developed by Rev. Henry Wright; his particular interest is in the mechanism of and processes that lead to relief. Training and practice were in critical care medicine at the University of Pittsburgh Medical Center, from which he retired in 2007. He is professor emeritus in critical care medicine from UPMC. Orientation while in practice was to allopathic medicine; now it is more toward complementary and holistic approaches. E-mail: snyderjv@me.com.

Letha A. Tetrick Since graduating from the University of South Carolina, I have been working at the Medical University of South Carolina in research. I began research in the OB/GYN Department and later transferred to the Pediatric Neurology Department to work with Dr. Turner on his research projects. While working with Dr. Turner I have been able to observe clinical cases and the importance of obtaining patient history. We have found that many individuals manifest physical symptoms that are deeply rooted to their mental, emotional, and spiritual well-being. We are looking to move forward with our studies and learn more about the connectedness of the mind, spirit, and body. E-mail: tetrickl@musc.edu.

Eileen Theroux. I am a clinical research nurse coordinator at Baystate Medical Center in Springfield Mass. BMC is an academic, research and teaching hospital that serves as the western campus of Tufts University School of Medicine. I have been involved in HIV/AIDS research for about 10 years working with pediatric, adolescent, perinatal and adult populations. My current position is in the department of Infectious Diseases as study coordinator for two NIH sponsored studies. I received my BA from Smith College in 1982 and BSN from the University of Massachusetts, Amherst in 1993. I am now dually enrolled in the MSN Program at the University of Massachusetts, Amherst and the MA in Applied Theology at Elms College. I am interested in exploring research opportunities at BMC in spirituality and health through collaboration with the Department of Spiritual Services and/or HIV programs. E-mail: Eileen.Theroux@baystatehealth.org.

Tricia Treft, D.Min. Tricia is a board certified chaplain, and manager of Pastoral Care at Adventist Hinsdale Hospital. She holds a M.Div, and a D.Min in Pastoral care from McCormick Theological Seminary (D.Min.). She is currently completing an M.A. in Counseling. Her research interests include cardiac patients emotional and spiritual well-being and interventions that will impact depression scores; and interest in the wellbeing of care-givers and the possible correlation impacting the patients well-being. E-mail: Tricia.Treft@ahss.org.

Robert (Rusty) P. Turner, M.D. A pediatric neuroscientist boarded in clinical neurophysiology, neurology, neurodevelopmental medicine, neurorehabilitation, and pediatrics, I am grateful for many unique experiences leading to interest in the Religion, Spirituality and Health Program. Medical training included residency in pediatrics and two fellowships in neurosciences and clinical neurophysiology. Post-graduate training in biostatistics/epidemiology (2001-2003) and seminary/Biblical linguistics (2003-2005) have added further breadth and focus. My clinical focus is pediatric epilepsy/neurophysiology. Teaching of students/residents, and clinical research trials in music/epilepsy occupy the remainder of my time. Believing causes of epilepsy are deeper than treatments can cure, I hope to develop an integrated/multidisciplinary approach to study, assessment and treatments of health/disease within “spiritual-psychological/soul-physical” and neuroscientific domains. E-mail: turnerrp@musc.edu.

Jillaine VanEssen, MTh. I have a Master of Theological Studies from Duke Divinity School ('10) and just finished my first year of a Masters in Social Work at UNC. My concentration in my MSW is with the developmentally disabled population. Before entering Divinity school I lived in a L'Arche Community in Washington DC. L'Arche is a worldwide non-profit that brings together those living with and without developmental disabilities to create home with a focus on building relationships of mutuality, and growth and friendship. I am currently leading a group of people that is exploring the possibility of starting a L'Arche here in the triangle area. E-mail: jkvanessen@gmail.com.

Victoria M Venable. Victoria is a third year doctoral student in the College of Social Work at the Ohio State University with a research focus on the role of the church in the rehabilitation of minority juvenile sexual offenders. Victoria earned her undergraduate degree from the University of Tennessee, Knoxville in Psychology and her graduate degrees in Social Work and Public Policy and Management from The Ohio State University. Victoria is a clinical fellow in the SAMHSAs Minority Fellowship Program through the Council on Social Education. Victoria was also a clinical social worker for 5 years in an outpatient juvenile sex offender treatment program in Columbus, OH.

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Mary Carter Waren, D.Min. Dr. Waren serves as Interim Dean and Associate Professor in the School of Theology and Ministry at St. Thomas University in Miami, Florida. She holds the BA in Music, MA in Pastoral Ministries, and the Doctorate of Ministry. Her principal area is sacramental theology, which has led to work in ritual studies, especially it intersects with rituals of death and dying. She is the principal trainer with two Catholic hospitals in Miami in the Legacy Program, designed to address the Catholic culture and ethos of a Catholic hospital when the founding congregation of sisters are no longer a visible presence. E-mail: mwaren@stu.edu.

Kristi LC Wilkum. Kristi is a doctoral candidate in the Department of Communication at Purdue University. Her primary interest is in the role family and interpersonal relationships play in helping an individual cope with a long-term, disruptive loss. More specifically her research attempts to identify the message, individual and situational characteristics that produce effective forms of support. Kristi's primary lines of research have focused on the role of religion in comforting messages and support after miscarriage. E-mail: kwilkum@purdue.edu.