

2011 Duke Spirituality & Health Research Class (August)

Henry Baird. I am currently a rising senior at Duke University with a major in psychology, concentrating on social/personality psychology, and a minor in religion, with a concentration in New Testament studies. My academic and work experience has given me a strong interest in counseling, especially through the lens of spirituality. Academically, I have taken classes in research methods and statistics of psychology. Professionally, I have interned in the hospital, worked as a counselor at a Christian camp, and served in other ministry opportunities both stateside and abroad. I am strongly interested in pursuing the interaction between religion/spirituality and mental health, ranging from illnesses such as depression to personal well-being. Email: baird.henry@gmail.com.

Raphael M. Bonelli, M.D., D.Med.Sc. Dr. Bonelli completed medical school at the University of Vienna, Austria, in 1994. After medical school, he completed a residency in neurology from 1995-1997 in the department of neurology and psychiatry at the Hospital BhB Eggenberg, Graz, Austria. Dr. Bonelli then underwent training in systematic psychotherapy (analysis) from 1996-2005. He joined the faculty in 2005 as a staff scientist and Associate Professor of Psychiatry at the University Clinic for Psychiatry at Graz, and became the director of the neuropsychiatric outpatient clinic there. Over the past six years, he has done world-renowned research on Huntington's disease. He was elected president of the 1st, 3rd, 4th, 5th, and 6th Austrian Huntington Congress, and was president of the International Congress on Religiosity in Psychiatry and Psychotherapy in 2007 held in Salzburg. In 2010, he joined the faculty at the Sigmund Freud University in Vienna as Professor of Social Psychiatry, and in 2011 was nominated as director of the neuropsychiatry research group at that university. Dr. Bonelli is widely published in the area of Huntington's Disease. E-mail: rm.bonelli@gmail.com.

Joseph C. Cappar, D.Min. Rev. Cappar is Director of Missions and Baptist Center Ministries Director, New River Baptist Association, Jacksonville, NC. He obtained his BA from Palm Beach Atlantic University, his MDiv from Southern Baptist Theological Seminary, and his DMin from Louisville Presbyterian Theological Seminary. After college and seminary, Rev. Cappar entered the U.S. Navy and completed his professional doctorate early in his 27-year career as an active duty chaplain. His doctoral project focused on separation anxiety among shipboard Navy personnel. Since retiring from active duty, entering denominational work, and enrolling in a PhD program, Dr. Cappar's research interest has become focused on senior adults, primarily, the relationship between personal vocation, meaning, or purpose-in-life and body-mind-spirit well-being. E-mail: capparjc@yahoo.com.

Dora L. Clayton-Jones RN MSN CPNP. Dora is a PhD student in nursing at Marquette University. She received her B.S.N. from the University of Wisconsin-Madison and her M.S.N. from Marquette University with a focus on the Clinical Nurse Specialist/ Pediatric Nurse Practitioner Track. She has served as a nursing instructor for Concordia University, Marquette University, and Milwaukee Area Technical College. Her dissertation research will explore how adolescents living with sickle cell disease describe religiosity and spirituality. Her research and scholarly interests include spirituality in the nursing curriculum, child and adolescent health, and resiliency. E-mail: dora.jones@marquette.edu.

Susan Drouilhet, MS, LMT, is a Life and Wellness Coach with a background in Integral Health Care and Energy Medicine. A graduate of Coach University, she has also been a licensed massage therapist since 1992 and holds a Master of Science degree in Energy Medicine (2000). Publications include "Defining Energy Medicine," published (2004) by the International Society for the Study of Subtle Energies and Energy Medicine (ISSSEEM). The research question that Ms. Drouilhet is currently examining concerns the relationship between authenticity and healing: in other words, how does authenticity (e.g., alignment with one's values and life purpose) affect well being? E-mail: susan.drouilhet@gmail.com.

Qingyun DU, MS. I am Qingyun DU from China. Currently I work as an instructor in the psychology department, southern medical university, Guangzhou, China, which I started almost four years ago. I got my bachelor degree of education in Beijing Normal University in 2004. Then I went to Germany to keep on study psychology and got my master degree there. I'm interested in the relationship between spirituality and mental health. To study the power of human spirituality, I compared the developmental process of both early age child and elder people, try to find out comparable evidence to prove that the affect of spirituality on human mental health. I am also interested in hypnosis, which I think is a best way to show the power of spirituality on human and I got the certificate from the IHNMA as a registered hypnotherapist. E-mail: schoenentag@foxmail.com.

Tina Gauthier, PhD candidate. Tina began CPE training in 2005 at NYU Hospital, and continued chaplain residencies at New York Presbyterian Hospital, and Sharp Memorial Hospital in San Diego. In 2007 she began a PhD of religious studies in Buddhism at University of the West in Los Angeles. She is now in her 3rd year, beginning the dissertation process. She volunteers at the Children's Hospital Los Angeles and has decided to bring together chaplaincy and Buddhism by conducting research on mindfulness in the medical setting. Tina has been practicing Zen Buddhism for 8 years, and currently resides at the Zen Center of Los Angeles. E-mail: tinagauthier2001@hotmail.com.

Ann Hellman, RN, PhD candidate. I am an Assistant Professor at Tennessee Technological University Whitson-Hester School of Nursing in Cookeville, Tennessee. I received my BSN from TTU School of Nursing and MSN in Nursing Education from University of Phoenix. I specialize in Women's Health. In addition to teaching, I remain an active clinician because of satisfaction received in providing direct patient care. I am currently pursuing my doctorate degree in nursing at East Tennessee State University in Johnson City, Tennessee. My research focus is on spirituality's influence on positive resilience factors of adult female sexual abuse and assault survivors. I plan to eventually incorporate research on sexual abuse survivors' behaviors manifested during childbirth." E-mail: AHellman@tntech.edu.

Melvin L. Jones, MDiv, BCC. I am a board certified chaplain with the Association of Professional Chaplains since 1997. I am Christian by faith and Methodist by ordination. I became an Itinerant Elder in the African Methodist Episcopal Church in 1991. I have six units of CPE and currently serve as a professional mentor in my duty station's pilot CPE program. I have served Hines VA Medical Center, in Hines Ill, since Easter of 2007. As a non-military veteran of loss and trauma I realize that Posttraumatic stress disorder (PTSD), depression, and grief are

important health care concerns for veterans and their families experiencing the consequences of significant loss and trauma. Spiritual, emotional, and psychological pain under grid a sense of meaninglessness and hopelessness in those suffering profound loss and trauma. The most effective treatment for complicated grief in veterans and their families affected by significant loss and trauma is unknown. Lament processing using a narrative approach through Acceptance Commitment Therapy (ACT) has significant potential to be efficacious in improving QOL through the growth of spiritual resilience. E-mail: Melvin.Jones3@va.gov.

Simon Jones. Simon is an outdoor program worker at Out Doors Inc, a community managed mental health organization based in Melbourne, Australia. Out Doors utilizes contact with the natural environment and outdoor adventure activities in its programs to contribute to the recovery of participants. Simon is also a Masters student at Monash University conducting research into the relationship between spirituality and mental health, wellbeing and recovery in the natural environment. With a background and training in Christian ministry, outdoor recreation and education, Simon is interested in how spirituality may be explored in the natural environment within a holistic approach to mental health. E-mail: simon@outdoorsinc.org.au.

Kizombo L. Kalumbula, MA. Kizombo is co-founder and co-pastor of Tabernacle Community Church in Grand Rapids, Michigan. He is also the director of International Berean Ministries also headquartered in Grand Rapids. He obtained a B.R.E from Grace Bible College, B.S. in Business from Davenport University, and an M.A. in Professional Counseling from Liberty University. He is currently, pursuing a Ph.D. in Health Psychology (Behavioral Medicine) from NorthCentral University. His professional career has been in counseling, pastoral ministry, and teaching psychology courses. He is a member of International Critical Incidence Stress Foundation. His research interests include the intersection of spirituality and health, soul care, spirituality and stress management, and critical incident stress management. He is currently researching the effects of spirituality on health: the role of faith communities in health promotion and disease prevention. E-mail: kalumbula@sbcglobal.net.

YeounSoo Kim-Godwin RN, MPH, Ph D. I am a professor in the School of Nursing at University of North Carolina at Wilmington. As a Korean native, I came to the US in 1992 and I completed my Ph D degree at the University of South Carolina (USC) in 1999. My program of research is in community and transcultural nursing with a vulnerable population focus, and I am considering switching my area of research to “spirituality.” I hope to expand my previous job/education experience in Korea and to bridge my master’s thesis, the “Kingdom of God and Healing Ministry”(Asian Center for Theological Seminary) to the concept of healing/caring. E-mail: kimy@uncw.edu.

Elizabeth Marshall, M.D., FAAFP. I graduated from Bowdoin College in 1978 majoring in Religion. I attended Dartmouth Medical School and completed a residency in Family Practice in 1991. I then worked as clinical faculty for the University of Wisconsin prior to returning home to the Pacific Northwest. While working for the Everett Clinic I have been pursuing a Masters in Theology at Fuller Seminary. My particular interest lies in ethics and care of the suffering individual. I have been speaking locally for medical staff, and am currently preparing training for our 300 physician clinic on end of life care as the director of the Life and Wishes Task Force.

I am married with two daughters and love to play in the Pacific Northwest. E-mail: emarshall@everettclinic.com.

Priscilla K. Minkin, M.Ed. Priscilla also has a MA Theology and is in a Clinical Pastoral Education program at Dartmouth Hitchcock Medical Center 2009-2010 and Fletcher Allen Healthcare 2010-2011. She grew up in NC and currently lives in Montpelier, VT. She has been a classroom teacher, a teacher of anti-Judaism in NT as well as theological ethics. She is married with three adult children and two grandchildren. She has traveled through most Christian denominations and is in the process of converting to Judaism. She loves listening to the stories of the patients and families she meets, and is interested in how spiritual care providers can impact the emotional stress of family members making end of life decisions for loved ones. E-mail: p.minkin@myfairpoint.net.

Sophia Lyn Nathenson, M.S. Sophia is a doctoral candidate in Medical Sociology at the University of Utah, and received her B.S. in Psychology and Spanish from the University of Tulsa. She currently teaches courses in demography and sociology at the University of Utah and Westminster College. She has conducted qualitative and quantitative research on religion, alternative medicine, and health behavior. Her current research examines the role of religiosity, prayer and meditation in mental health and survival in cancer patients. Her long-term goals include conducting applied research related to resiliency-building programs for patients and families dealing with chronic illness. E-mail: sophie.nathenson@soc.utah.edu.

Akivah Northern, M.Div. Akivah Northern brings a unique blend of educational and professional experiences to her current research at New York Theological Seminary. As a Hospice Chaplain, Pastoral Counselor, Preacher, Radio Host and Community Educator, Akivah has seen first-hand the power that faith in God can bring to those who suffer from illness, disease and abuse. Akivah studied medicine for two years at Howard University College of Medicine and received her Masters of Divinity from Yale University. Her current interest is in exploring and defining the sources and physiological signs of existential and ontological well-being. Many faith communities impart to their members a sense of purpose and meaning to life and even to suffering. How do they accomplish this and are there biological indicators of this well-being? Exploring the sources and vehicles of health promoting religious practices are the goal of this research. Specifically, Akivah will examine the role storytelling and sacred narratives play in helping people understand and heal from intergenerational trauma and abuse. She hopes the outcome of her research will be to identify sacred narrative as a medicine - an evidence based religious practice of several faith traditions - and to define it as spiritual determinant of health. E-mail: AkivahNorthern@aol.com.

Joy Brunson-Nsubuga, MA, LMFT, LCAS-P. Joy is a native of South Carolina. She graduated with a master's degree in marriage and family therapy with a certificate in addictions counseling from Appalachian State University. She currently holds full licensure as a Licensed Marriage and Family Therapist and a provisional license as a Licensed Clinical Addictions Specialist. Joy resides in Cary, North Carolina and is employed as a therapist at Southlight, Inc. Her future goals include applying to the PhD program in Medical Family Therapy at East Carolina University as well as researching chronic pain, effective treatment, and its affects on the family system. E-mail: Branson-NsubugaJ@southlight.org.

Holly C. Oxhandler. Holly completed her BS in psychology from University of Houston in 2007 and is currently a dual MSW/PhD student at the University of Houston Graduate College of Social Work. From 2008-2009, Holly worked at Baylor College of Medicine with Dr. Melinda Stanley and co-authored a manualized CBT intervention for older adults with anxiety/depression that integrates spirituality into treatment. Holly currently works with Drs. Danielle Parrish and Andrew Achenbaum, studying evidence-based practice and spirituality. She is interested in developing and testing evidence-based interventions that integrate spirituality into treatment, and assessing clinicians attitudes, beliefs, and integration of spirituality in practice. E-mail: holly.case@me.com.

Elizabeth Primus M.B., M.Phil., D.A. I practiced medicine in Trinidad & Tobago, in the fields of Internal Medicine and Cardiology, and Anesthesiology and lectured in Pharmacology at the University of the West Indies. I have acquired a Bachelors degree in Natural Science, Medicine and Surgery, Masters in Pharmacology and Diploma in Anesthesiology at the University of the West Indies. I served as a missionary for ten years with Youth With A Mission in Medical Missions and in Biblical Education. I have recently worked as Research Officer with the Doctors Inn Research Group conducting research in cardiology in Trinidad. I plan to work with Be In Health Global and am interested in research on healing of mental, emotional and physical disease. E-mail: eprimj@gmail.com.

David Saunders. I am an MD/PhD candidate at Emory University and Weill Cornell Medical College studying religion at Emory and preparing to become a psychiatrist at Cornell. I am currently pursuing my PhD in West and South Asian Religions within the Graduate Dept. of Religion and will return to my third and fourth years of medical school next year, after which I will practice psychiatry and complete my dissertation on religion and psychotherapy. Presently, I am working with Kerry Ressler, the director of the Grady Trauma Project, a multi-faceted study initially looking at the genetic and trauma related risk factors associated with PTSD. It has now expanded to include numerous and diverse side projects. My particular arm of the study takes a look at the religious coping mechanisms of those who have undergone significant trauma within their lifetimes and who may or may not currently suffer from PTSD (and a number of other afflictions). E-mail: david.c.saunders@gmail.com.

Catalina Sieverson. I graduated with a certificate in psychology from Universidad del Desarrollo in Chile in January 2010, after five years of study (equivalent to a master's degree in counseling). I performed academically well and have been assistant research professor at in psychology at the Universidad del Desarrollo since graduation. As extracurricular activity I am doing a theology course and participating in pastoral activities. I work as researcher in a non-profit institution at Research Unit and at Universidad del Desarrollo in the Research Unit of Family and Youth from Psychology Faculty. Most of my time doing research is supported by public funds, which studies "Religion and Spirituality as Protective Factor in Depressive Women with Suicidal Risk". E-mail: catasierverson@gmail.com.

Laurelle C. Warner. Laurelle is chair and Assistant Professor at La Sierra University Department of Social Work. She recently began doctoral studies in Social Work-Social Policy and Research

at Loma Linda University in California and her research interest is in spirituality and social policy. E-mail: lwarner@llu.edu.

Suzanna Waters-Castillo, Ph.D., MSSW. Suzanna is a Faculty Associate in the Department of Community Health - Division of Continuing Studies at the University of Wisconsin-Madison and directs the Mental Health and Older Adult Continuing Education Program. She received her BA, MS and PhD from UW Madison. Dr. Castillo conducts applied research and teaches in the field of gerontology with emphasis on late life mental disorders, geriatric care management service delivery and ethno-geriatrics. As an educator she teaches academic courses to students at UW Madison and continuing education to professionals in the field of gerontology and geriatrics. Dr. Castillo is a national and internationally recognized lecturer. She is a member of the Wisconsin Geriatric Psychiatry Initiative, is a Board Member of the Wisconsin Alzheimers Alliance and a member of the International Association of Geriatric Psychiatry. E-mail: scastillo@dcs.wisc.edu.

Rev. Dr. Dale A. Young. Rev. Dr. Young is currently the Director of Congregational Health, a department of Pastoral Care Services of Baptist Health South Florida. As a clinically trained staff chaplain, Dr. Young developed Congregational Health-- a faith/health partnership that builds capacity for congregation-based health ministries. His doctoral research that focused on baby-boomer spirituality was presented at the 3rd Annual Meeting of the Society for Spirituality, Theology and Health. He has developed a Care Teams program with 20 partnering congregations that provides practical and spiritual support to discharged patients. The research project will evaluate the effectiveness of this model. E-mail: DaleY@baptisthealth.net.