

2008 Duke Spirituality & Health Research Class (July)

Annette L. Becker MS, RN. She received her BS in Nursing from Hartwick College and MS in Nursing from Binghamton University. She is an Assistant Professor of Nursing at Utica College in Utica, NY where she teaches psychiatric mental health nursing and an elective entitled "Care of the Human Spirit". Annette has presented on the topic of teaching spirituality and health in the academy. She will pursue a Doctorate of Nursing Science in Nursing Education and Leadership at the Sage Colleges Fall of 2008 and expects that this workshop will provide a foundation for future study in the area of spirituality and health . E-mail: abecker@utica.edu.

Crystal Blount is a doctoral candidate in the Department of Psychology at the University of Notre Dame whose dissertation is titled: "The Habit of Surviving: Implications for African Americans coping with race related stress." Her interests include research on how race, ethnicity, and social class impact the relationship between coping strategies and health outcomes with regard to race related stressors. Assessment of religious coping within the African American community is a critical aspect of this research. She has a Masters in Counseling Psychology, and a Masters in Pastoral Care & Counseling from Garrett Evangelical Theological Seminary in Evanston, IL. E-mail: cblount@nd.edu.

Anne Brener, LCSW. In May 2008, I will be ordained as Rabbi by Hebrew Union College-Jewish Institute of Religion-LA, where I serve on the Kalsman Institute on Judaism and Health's Steering Committee. I am Professor of Ritual and Human Development at the Academy for Jewish Religion-California. I will continue at HUC-JIR as a doctoral student exploring the role of ritual in prophylaxis and healing and am eager to train a scientific lens on this work. I have Masters's Degrees in Social Work, Jewish Communal Service, and Communications and authored Mourning & Mitzvah (1993 & 2001) and articles on Pastoral Care and Spiritual Direction. E-mail: mekamot@aol.com.

Donna Carrazzone, RN, AHN-C, FNP. My background has been in nursing for the past 22 years including 16 years of being a Family Nurse Practitioner. I have graduated from Columbia University as a FNP and have just finished by core courses from Fairleigh Dickinson University in NJ for a Doctorate in Nursing Practice. My Evidence Base Practice Project for completion from the program is in Traumatic Brain Injury, and is currently waiting IRB approval. For the past 10 years I have elevated my studies in Holistic Nursing and have become certified as an Advanced Holistic Nurse, Reiki Master, and Hypnosis Consultant. I currently have a small Holistic Practice and teach as an adjunct professor. It is my interest in research and intention for this workshop, to find and conduct research that will help me to integrate Holistic and Spiritual modalities into my lectures, seminars and practice. E-mail: donnacarr@optonline.net.

Jane Casey, MD. I am a Consultant Psychiatrist, specialising in Old Age Psychiatry, employed for the last 6 years at the Auckland District Health Board, as a specialist in the Mental Health Service for Older People. I worked in Canterbury Hospitals in New Zealand for 10 years prior to this, as a Consultant Psychiatrist and Psychogeriatrician and Senior Psychogeriatric Registrar. I worked for 4 years as the Senior Lecturer in old age psychiatry for the University of Otago. I obtained my MBChB from the University of Auckland in 1986; I am Fellow of the Royal

Australian and New Zealand College of Psychiatrists (FRANZCP) since 1993 and a Member of the Faculty of Psychiatry of Old Age from 1999. In my time under the mentorship of Professor Peter Joyce at the Christchurch Medical School my primary role was the designer and coordinator of a post-graduate diploma in the psychology and psychiatry of the elderly and the coordinator of the then new curriculum for 4th year medical students. I also published in personality disorder in the elderly and depression in the elderly during that period. My goals in attending this workshop are to broaden my knowledge, rejuvenate my research interests, and develop the tools to incorporate spiritual assessment and understanding into clinical practice. E-mail: jcasey@adhb.govt.nz.

Zachary Clements. I am pursuing a dual degree D.O./M.A. (Master in bioethics), and am planning to do some research with faculty in the area of Religion and Health. Undergraduate Education: BSN, RN--Viterbo University---La Crosse, WI. Graduate Education: Kansas City University of Medicine and Biosciences Class of 2012: Dual Degree(D.O./M.A.)-Doctor of Osteopathic Medicine/Masters in Bioethics. Work Experience: Worked a year as a RN on a Neurology floor at North Memorial Hospital-Robbinsdale, MN Currently working as a RN in the ICU/CCU at Franciscan Skemp Mayo Health System. Military Experience: Currently a 2LT in the Army Reserve as a nurse officer in a Combat Support Hospital. Research Interests: I have not narrowed my research interests yet. I have spoken with the chair of Bioethics at KCUMB as to collaborate together on research in the realm of Religion and Health. After reading the book: The Link Between Religion and Health, I would like to research the psychoneuroimmunology aspects of certain diseases such as Rheumatoid arthritis, Hostility syndrome, Cancer, etc. E-mail: cleme116@umn.edu.

Punita Ghandi. I did my MS and BS in Human Development from the University of Mumbai (Bombay), India. Currently, I am a doctoral student in Counseling Psychology at Indiana University-Bloomington, with a double minor in Inquiry Methodology and Business/Consulting. I am an associate instructor and teach graduate and undergraduate courses at IU-Bloomington and Indiana University-Purdue University, Indianapolis, IN. Also, I have been gaining experience as a counselor at different counseling centers for over 3 years. I will begin my year-long counseling internship at Duke University from August 1, 2008. E-mail: pgandhi@indiana.edu.

Connie Graham, corporate chaplain. Attended Seminary at the Interdenominational Theological Center after completing a 20 year career in the U S Navy, graduating in 2000 with a Master of Divinity. I completed a BS degree in Vocational Education, emphasis on Education Training and Development. Currently, I am enrolled in the Doctor of Ministry program at the Interdenominational Theological Center at the project proposal phase. After completing a total of five units of Clinical Pastoral Education (CPE), I served for as the Chaplain in a long term care center for more than 4.5 years. Since that time (1.5)m years I have served as a regional chaplain/consultant for UHS-Pruitt Corporation, serving hospice, home health agencies, nursing homes, providing spiritual care and training to residents, caregivers and family and staff. My research interest centers around Spirituality , Caregivers and Alzheimer's Disease and Related Dementia's. E-mail: ckgraham@uhs-pruitt.com.

Joseph Hama, BCC, Pastoral Care, Baylor Health Care system, earned his M.RE (Educational Admin), M.Div. (Theology) & Ph.D. (Pastoral Care & Counseling) from Southwestern Baptist Theological Seminary, Fort Worth. He is an ordained Baptist minister endorsed for service by the Baptist General Convention of Texas, and board-certified by APC. For the last eleven years he served as the Emergency, Surgical & Trauma services chaplain at Baylor University Medical Center. Currently, he is the Pastoral Care Coordinator for Baylor's LTAC Unit, Baylor Specialty Hospital in Dallas. Research Interests: Spirituality & grief in Diaspora communities; Intercultural communication and trust in healthcare delivery systems among Diaspora minorities; Spiritual Distress in elderly patients. E-mail: JosephHa@BaylorHealth.edu.

R. David Hayward, Ph.D. Dr. Hayward is a 2008-2009 post-doc fellow in the Center for Spirituality, Theology and Health at Duke University Medical Center. He received his PhD from the University of Nevada at Reno in social psychology. His research interests involve religion and well-being, and other areas surrounding mental health. E-mail: david.hayward@gmail.com

Mia AK Hilborn. Ordinations: priest, Church of England (2002), United Reformed Church minister (1989-2002). Qualifications: O levels (14); A levels (government and politics, economics, computer science, pure maths); BSc economics and psychology (City); MA theology (Oxon); training certificate in URC ministry (Mansfield College). Ministries: Birmingham, Nottingham, London. Healthcare chaplaincy: Barts and the London, Free Church and paediatric chaplain (1997-2001); Guy's and St Thomas' Hospitals, London Fire Brigade, Hospitaller, head of department (2001-present): paediatrics, trauma, staff support, diversity. Experience: small local audits and surveys. Goal: increase personal/team's research capacity and knowledge base, to create a research department. E-mail: Mia.Hilborn@GSTT.NHS.UK.

Christopher Howard, PsyD (cand), LMFT, is a licensed marriage and family therapist practicing in California, and a third year clinical psychology student at Antioch University in Santa Barbara, CA. He is currently testing a model of posttraumatic growth in trauma clinicians and am utilizing spirituality as a predictor variable. The personal characteristics of the clinicians are hypothesized to be the most poignant predictors of growth. Elucidating specific factors regarding the spirituality of the health care provider, applying the findings to clinical practice and writing grants are of great interest to him. E-mail: chris_howard@antiochsb.edu

Brenda Jamerson, PharmD. Dr. Jamerson is Research Pharmacist at the Geriatric Research Education and Clinical Center, Veterans Administration Medical Center. She is also Associate Professor and Director, Clinical Research Center at the Campbell University School of Pharmacy. Dr Jamerson earned her Doctor of Pharmacy degree from Ohio State University, Columbus, Ohio and completed her post-doctoral fellowship training at the University of North Carolina, Chapel Hill. Before joining Campbell University and the VAMC, she was Director, Depression/Dependence, Medical Affairs, GlaxoSmithKline. Her current research interests are in the field of pharmacogenetics and outcomes research which overlaps several areas (ie, faith practices in health, psychiatry,

pain research). She is adhoc reviewer for several journals in the field of internal medicine and geriatrics. Her interests include volunteering for programs which provide health education to older adults and seniors.

Rev. Dr. Dennis Kenny. Dr. Kenny is a psychologist, theologian, and spiritual caregiver. He is the founding Director of the Institute for Health and Healing, of the California Pacific Medical Center chosen by Natural Health magazine as the leading holistic hospital in the U.S. The Institute is one of the leading Integrative Medicine programs in the country. He is the author of "Promise of the Soul". He currently is the Director of Pastoral Care and soon to be Director of Disease Reversal, & Healing Service programs at the Cleveland Clinic. E-mail: kennyd2@ccf.org.

Mark J. Knoper, MDiv, PhD, BCC. From the age of seventeen Dr. Knoper pursued an interest in cross-cultural ministry by serving with church and para-church organizations in the United States, Puerto Rico, Mexico and Asia. He earned a BA and an MDiv from Calvin College and Seminary. He then lived in Taiwan for eight years providing theological education and pastoral care in Taiwan and China. In 2003, he graduated from Trinity International University with a PhD in Intercultural Studies. His dissertation Ilonggo Religious Beliefs and Practices was based on ethnographic research in the Philippines. In 2004, he completed a CPE residency at Seton Health in Austin, Texas. Currently, he is a pediatric chaplain at Children's Hospital in Birmingham, Alabama where he serves on trans-disciplinary teams in the Burn Center, Special Care and Intensive Care units. He is board certified with the Association of Professional Chaplains (APC) and a member of the Alabama Chaplains Association, the Center for Bioethics and Human Dignity, and the American Society of Missiologists. . E-mail: Mark.Knoper@chsys.org

Ashley Leak, RN, MSN. Ashley Leak is a doctoral student at the University of North Carolina at Chapel Hill School of Nursing. She received her Bachelor's and Master's degrees of Science in Nursing, with a focus in Nursing Administration, from the University of North Carolina at Greensboro. She has practiced nursing for 5 years in oncology, geriatrics, and nursing education. Ashley is a second-year T32 National Research Service Award (NRSA) Predoctoral Fellow for developing interventions to prevent and manage chronic illness. Ashley's research interest is understanding the role of spirituality in cancer survivorship for older African Americans. Her exploratory work was published in Cancer Nursing. E-mail: anleak@email.unc.edu.

Nina Lewin. I am Associate Researcher at the School of Clinical Medicine, Paediatrics & Child Health, Birth to Twenty Research Programme, Faculty of Health Sciences, University of Witwatersrand, Johannesburg, South Africa. I come from social and physical anthropology background with sociology of religion. My training unofficially comes from heritage research, which required assessing economic, social, environmental and historical impact of developments. My current research interest is traditionalism and its adaptation to a global urban modernity. I am a researcher in the longitudinal birth cohort study, Birth to Twenty, based in Soweto following a post-apartheid generation into adulthood. I am working on the slum fast food culture and in particular the dynamics behind the significant and disparate rise in lower income, young women's obesity risk E-mail: Nina.Lewin@wits.ac.za.

Lawrence Benjamin Lewis, Ph.D. Dr. Lewis is assistant professor of psychology at Loyola University New Orleans. He teaches courses in cognition, human development, and the relationship between mind, brain, and culture. His research is focused on cognitive development and the psychology of spirituality. Current interests include the relationship between personality traits and various behaviors and attitudes centered around a person's spiritual life and the effects of spiritual background on an individual's perception and cognitive abilities. E-mail: lewis@loyno.edu.

Richard (Dick) T. Maddox, BCC. I have a BS in chemical engineering and an MS in Environmental Health Engineering, and served for 16 years as an environmental engineer with state government, consulting companies, and a large corporation. I graduated from Brite Divinity School in 1992, completed eight units of CPE in the Texas Medical Center, and served in local churches for ten years. In 2003, I became the staff chaplain assigned to the pediatric services at U.T.M.D. Anderson Cancer Center. My research interests are primarily in pediatrics, including spiritual assessments, coping skills, death and dying, and staff compassion fatigue. E-mail: rtmaddox@mdanderson.org.

Marie L McKee, LMSW. I am currently working as a Case Manager/Chaplain at a large Chicago Metropolitan behavioral health hospital. My areas of interest include Spirituality and Mental Health Recovery. As part of my responsibilities, I perform psychosocial assessments on various populations, ranging in age from children to geriatrics. In addition, I facilitate spirituality groups in our outpatient, partial hospitalization programs and with our inpatient populations, as well as meeting with inpatients individually. I volunteer with a local hospice, facilitating bereavement groups. As a social worker and chaplain, I believe in the transformative power of spirituality in mental health recovery. Empowering people to develop spiritually is my passion! E-mail: mariekee2002@yahoo.com.

Sandy McLaughlin, M.D. I graduated from the U.S. Naval Academy in 2001 and from medical school at the Uniformed Services University (Bethesda, Maryland) in May 2008. I began my psychiatry internship in June at Naval Medical Center Portsmouth, Virginia. I am a Christian, and I hope to begin faith-based research as an intern, perhaps by distributing a survey to patients in various clinics at the hospital (e.g., mental health, internal medicine, hematology-oncology, nephrology, infectious disease), inquiring about their religious beliefs and practices, how they think their faith affects their health, and if/how they might desire having their faith incorporated into their care. E-mail: ssmclaughlin@gmail.com.

Robert L. Moore, EdD. Dr. Moore is a licensed psychologist (health service provider) and an associate professor at Argosy University, Nashville. He received his doctorate from Vanderbilt University and a master's from Church of God Theological Seminary. He is currently writing a chapter on Pentecostal spirituality and psychology as a member of a team under a Templeton grant. After 21 years, Dr. Moore closed his private practice to pursue scholarly interests in the areas of spirituality and mental health. More specifically, he is interested in investigating the efficacy of classical and neo-Pentecostal healing modalities in reducing psychological and psychosomatic conditions. Dr. Moore is also pursuing a second doctorate in Health Psychology to facilitate his research. E-mail: rlmoore@argosy.edu.

Dr. Carolyn J. Nickerson, Associate Professor, Coordinator, MSN & Post Master's Certificate Program, Duquesne University School of Nursing. Education: BSN - Georgetown University (1972); MSN - University of Utah (1979); EdD - Penn State University (1991); MA - Loyola College in Maryland (2003). I have been engaged in nursing, midwifery (as Navy officer), educational administration, educational research, nursing education, & spiritual/retreat direction. Dr. Nickerson is a “border dweller” in mid-life seeing her interests at the intersections of many disciplines. After practicing nursing and midwifery, I studied higher education and felt new life breathed into me! I began to see what immersion in narrow western thought had wrought in my own spirit. As a married woman and professional, I engage in a wide variety of work that brings fresh insights about the meaning of experiences. Since completing a second masters in spiritual/pastoral care, I engage in retreat/spiritual direction. At Duquesne, I engage in spirituality research. E-mail: nickersonc@duq.edu.

Dimitri Putin. Born in Russia, Dimitri Putilin came to the USA in 1990. His interest in computers and the dot-com boom initially led him to the computer industry, where he worked as a systems and network engineer, eventually founding his own consulting company. Returning to college, Dimitri earned a B.A. in Psychology, Summa Cum Laude with Highest Honors in Psychology in 2006. Dimitri is currently a graduate student in Duke University's Clinical Psychology Ph.D. program. His research interest is in the effects and mechanisms of influence of spirituality on positive emotionality and life satisfaction. Dimitri lives in Durham with his wife Dikki, a former South African diplomat. E-mail: dimitri.putilin@duke.edu.

Tim Rodden, MDiv, MA, BCC. Chaplain, Director of Pastoral Services, Christiana Care Health System, Newark, DE. CPE: Worcester State Hospital, 1990; Foundations Pastoral Counseling Center, 1991; Long Island College Hospital, 1995; Albert Einstein Medical Center, 2002. MA Pastoral Counseling, La Salle University, Philadelphia (1992). MDiv: Union Theological Seminary NYC (1984). Research interests include: Spiritual Assessment with for non chaplain health professionals; Utilization of a CPE chaplain residency program in carrying out substantive research; Effect of professional chaplaincy on the bottom line in an acute care setting (length of stay). E-mail: TRodden@Christianacare.org.

Chaplain D'vorah Rose, RN, MA, is with the Jewish Chaplaincy at Stanford University Medical Center, and is an Adjunct Lecturer in the Integrated Health Practices and Geriatric Clinical Nurse Specialist Programs at Dominican University-California. D'vorah also teaches Continuing Education courses for healthcare providers. Her courses and research interests focus on integrating spirituality and healthcare practice, spirituality and aging, and spiritual care for the healthcare provider. She is particularly interested in the healthcare provider and spiritual distress. D'vorah graduated from the University of Wisconsin-Madison and the Reconstructionist Rabbinical College. She is currently a student with the ALEPH Rabbinic Program. E-mail: drose@stanfordmed.org.

Dr. Lisa Satanovsky. Lisa holds a doctorate in education from Washington University in St. Louis. Trained in qualitative research and educational theory, Lisa focuses on creativity, critical literacy and social, historical and philosophical foundations of education. Her research specializations have included reflective teaching, writing workshops, pedagogies of ethnicity and

the philosophy of John Dewey. She teaches and coordinates for the evening graduate program in American Culture Studies at Washington University. In her next research project, she will examine spiritual narratives of illness written by cancer patients, and the role such narratives may play in formal and informal medical education. E-mail: lsatanov@artsci.wustl.edu.

Pauline S. Sawyers, Ph.D. I am an associate professor of psychology at Oakwood University, a Seventh-day Adventist HBCU in Huntsville, Alabama. Previously, for six years I was an assistant and associate professor of counseling and psychology at Psychological Studies Institute, a Christian graduate counseling program in Chattanooga, Tennessee. I also have several years' experience in individual and family counseling. I am interested in learning how to conduct systematic research involving religion, spirituality and mental, emotional and relationship health. My dissertation involved father adolescent religious value congruence. I have developed a Biblical model of gender differences and a biological model of spiritual development which I plan to test empirically. E-mail: psawyers@oakwood.edu.

Dennis E. Schell, Ph.D. In 1973 I began my first career as a Lutheran parish pastor near Baltimore, Maryland but soon realized dissatisfaction. Through a long and arduous transition, I earned my M.A. degree in counseling psychology at Loyola College in Maryland and on to my Ph.D. in Human Development at University of Maryland in 1988. The transition included part-time work as a clinical psychologist and director of a pastoral counseling center. In 1986 I began teaching at Mount Vernon College in Washington D.C. which lead to tenure, etc. Subsequently, Mount Venron failed financially and was subsumed into the George Washington University where I now continue to teach in the psychology department. In 1998 I developed a new course entitled, "The Psychological Study of Sprituality" which I teach annually and began a research project. The project, "Predictors of Spirituality", is at the data entry stage (I ran 800 subjects) and I hope to have some results by the end of summer. I'd like to continue investigating along these lines. E-mail: dschell@gwu.edu.

Roberta Schweitzer, PhD, RN. Degree in music followed by BSN, MSN and PhD in Nursing. Also completed Postgraduate Certificate in Psychodrama/Group Psychotherapy, and a Postdoctoral Research Fellowship in Health-Related Quality of Life in Chronic Illness at UCLA. Clinical practice was in mental health counseling and psychotherapy. Currently involved with Faith Community Nursing development. Currently, I am an Assistant Professor at Purdue University School of Nursing. During my Postdoc I became aware of the phenomenon of spirituality and healing present in women with severe, debilitating Rheumatoid Arthritis. In spite of pain and suffering many described a sense of wellbeing in their lives. Since then I have explored this phenomenon in people living with chronic illness using qualitative methodology (interviews and focus groups). My goal is to develop and test spiritually based interventions to enhance coping with chronic disabling illnesses. Research interests include spirituality and healing, CAM use, coping with chronic illness, and aging. E-mail: Rschweit@purdue.edu.

Kendra A. Smith, Ph.D. Dr. Smith has been a licensed psychologist at Counseling and Wellness Services at UNC-Chapel Hill since 2002. She offers individual therapy using an integrative interpersonal & feminist theoretical orientation. Her clinical interests

include gender issues, LGBT culture and identities, recovery from sexual assault, and spiritual wellness. In addition, she serves as Coordinator for Peer Education Programming, works as Assistant Project Director for a federally-funded suicide prevention program, and is liaison to UNC's Lesbian, Gay, Bisexual, Transgender, and Queer Center. Kendra grew up on the Eastern Shore of Maryland's Chesapeake Bay and attended Cornell University, where she received her B.S. in Human Development & Family Studies / Women's Studies. She worked for five years in New York City, coordinating entitlements for homeless adults with mental illness and training hospital volunteers, while she earned her Master's degree in Psychology at the New School for Social Research. She completed her doctorate in counseling psychology at the University of Missouri-Columbia with her pre-doctoral internship at the University of Utah. E-mail: kendras@email.unc.edu, Kendra_Smith@unc.edu.

Donna Spruijt-Metz, Ph.D. Dr. Spruijt-Metz is Assistant Professor of Research at University of Southern California Keck School of Medicine. Her research focuses on human motivation and pediatric obesity. Current studies include a longitudinal study on puberty, insulin dynamics, mood and physical activity in minority girls (funder: NCI), a study looking at the acute impact of simple carbohydrate versus complex carbohydrate meals on behavior, insulin dynamics, gut peptides, and stress (NCHMD), and a study using Guided Imagery to reduce stress in overweight youth (NCCAM). She teaches a class on Religion and Health. Spruijt-Metz has a master's degree in Psychology (University of Amsterdam) and a Ph.D. in Medical Ethics/Adolescent Health (Vrije Universiteit Amsterdam). E-mail: dmetz@usc.edu.

Sara Stratton, BCC. As the minister daughter of a physicist and a biologist, and the wife of a paramedic, my sense of the divine has developed in concert with my understanding of the physical and empirical. I am a Board Certified Staff Chaplain at Carolinas Medical Center in Charlotte, NC. I am also a recorded minister in the Society of Friends and have an M.Div. My foci at CMC are organ donation and women's health. I specialized in the use of imagery in pastoral care during my CPE residency at Wake Forest and have a strong interest in CAM – particularly meditation and imagery. E-mail: Sara.Stratton@carolinashealthcare.org.

Donald Walker, Ph.D., is an Assistant Professor and Director of Research at the Psychological Studies Institute in Atlanta, GA. He is a graduate of Fuller Theological Seminary's clinical Ph.D. program. His research interests are in spirituality and psychotherapy process, training in religious and spiritual issues, religion and parenting, and spirituality and child trauma. His current work focuses on adapting empirically supported treatments for children for use with religious populations. He maintains a small private practice serving children, adolescents, and their families, particularly in the areas of Attention-Deficit/Hyperactivity Disorder and child trauma. E-mail: dwalker@psy.edu.

Jo Clare Wilson, BCC. A native of Nashville, TN, attended Austin Peay State University graduating in '74 with a BS majoring in Psychology/Philosophy and a minor in English Literature. In the fall of '75 I entered Vanderbilt Divinity School graduating in '78 with a Masters of Divinity. I completed a 2 year residency in Clinical Pastoral Education in Denver, CO at Presbyterian Medical Center and was certified as a supervisor in ACPE (Association for Clinical Pastoral Education) in '80. I worked over the next 28 years in 4 hospital settings, a

mental health center and proprietor of my own business which included writing and administering a Robert Woods Johnson grant for educating and training care teams in congregations about AIDS. I have written chapters in 2 books about Spirituality and Health. I currently work for The HealthCare Chaplaincy, Inc. serving at Griffin Hospital (a Planetree facility) as Director of Pastoral Care and Education. HealthCare Chaplaincy is committed to research in the field of spiritual care and I am interested in research about the specific behaviors and qualities of spiritual practice as it impacts an individual's health practices. E-mail: jcwilson@griffinhealth.org.

Garret B. Wyner, PhD, completed his BA, MA, and PhD in Philosophy at the University of Southern California, and is presently in the Clinical Psychology (PsyD) program at Antioch University, Santa Barbara. Dr. Wyner made a living as a licensed home designer and builder, while raising two sons and teaching courses in philosophy and religion at the University of Judaism and other schools in Southern California. Wyner's first book, *A Journey of Hope: In Search of a Religion of the Heart* (foreword by Dallas Willard), is an autobiographical case study describing the author's search for spiritual integration in a spiritually fragmented world. E-mail: gwynner@creativealtruism.org.