

2006 Duke Spirituality & Health Research Class (July)

Elizabeth Allen, M.D., is Assistant Professor, Behavioral and Developmental Pediatrics, Wake Forest University School of Medicine. Dr. Allen is an Assistant Professor of Developmental and Behavioral Pediatrics at Wake Forest University School of Medicine. She completed medical school and residency at the University of North Carolina and fellowship at the University of Maryland. Clinically, she treats children and adolescents with behavior problems, such as Attention Deficit Hyperactivity Disorder and Autism Spectrum Disorders. She has published research on parental perception of child vulnerability in former premature infants. She is a cancer survivor who is active in healing ministry through the Order of St. Luke. Her research interests include the relationship between faith and health in families of children with behavioral and developmental problems. Contact: eallen@wfubmc.edu

Sandra Austin, Ed.D, MSW. Dr. Austin is an Assistant Professor at the School of Social Welfare at the University at Albany, State University of New York and teaches in the macro practice sequence. Her scholarship focuses on the role of community institutions in the support of the social, economic and physical well being of low-income women and their families. Her current research focus is on the role of the Black Church's its health ministry in promoting health awareness and healthy behaviors She currently collaborating with several Black churches on developing a Type 2 diabetes self management education program. Contact: saustin@albany.edu

Cherry M. Beasley, MS, RCNS, FNP. Cherry Maynor Beasley, a PhD student in Nursing at East Carolina University, currently teaches at the University of North Carolina at Pembroke. Her interest in spirituality and health care stems from her studies, practice as an FNP, and Lumbee Indian cultural heritage. Cherry is interested in the interrelationship between spirituality and health care delivery from the providers perspective, particularly nurses' use of the three diagnosis related to spiritual care, characteristics of nurses who engage in spiritual care, how spiritual assessment and care is taught in nursing programs, and the use of the terms "spirituality" and "religion" in nursing literature. In addition she is interested in the historical timeline and influences of the different theories of religion on health care practice. Contact: Cherrybeasley@bellsouth.net

Dr. Johannes Bek de Goede (Juan Bek). Training: Licenced and "Lector" in Theology, Salamanca, Spain, 1963. Doctorandus in Theology, Catholic University, Nijmegen, Holland, 1965. MA in Clinical Psychology, University of Puerto Rico, 1980. Ex-Dean (after 18 years) of the Evangelical Seminary of Puerto Rico. Current Position: coordinator of the DMin (Doctor of Ministry) program of the Evangelical Seminary. Also in charge of the Seminary courses in Spirituality and Psychology of Religion. Faculty member of the Five Day Academy of Spiritual Formation of the United Methodist Church. Special interest: prepare our doctoral candidates to do their thesis research on pastoral care and family life. Contact: drjbek@se-pr.org

Patricia E. Benner R.N., Ph.D., FAAN, I hold the Thelma Endowed Chair in Ethics and Spirituality at University of California, San Francisco and coordinate the Thelma Shobe Endowed Lectureship on Ethics and Spirituality at UCSF. I am interested in research on the role of Spirituality in promoting health and coping with illness and suffering. My research focuses on ethics, and stress and coping related to health.. I co-authored the book *The Primacy of Caring: Stress and Coping and Health* with Dr. Judith Wrubel in 1989 and have conducted research using this interpretive phenomenological approach to stress, coping, suffering and well-being. I am currently involved in a study of experiential learning of nurses working in the combat zones of Afghanistan and Iraq. Contact: Patricia.Benner@ucsf.edu.

Linda Beuscher, RN, MSN, is a board certified gerontological nurse practitioner. She is employed by the University of Arkansas for Medical Sciences (UAMS), Department of Geriatrics/ Long Term Care Division. Linda completed her Masters degree in nursing (MSN) at Vanderbilt University, in 1996. Currently, she is a nursing PhD candidate at UAMS. Linda is the recipient of the John A Hartford Foundation Building Academic Geriatric Nursing Capacity Scholar. She is also a member of the Sigma Theta Tau, National Conference of Gerontological Nurse Practitioners, and The Gerontological Society of America. Her research interests are spiritual/religious coping and dementia. Contact: BeuscherLindaM@uams.edu

Orman W (Wayne) Boyd, LTC, USACHPPM. Wayne Boyd is an Army LTC and currently serves as the Behavioral Health Program Manager for the Center for Health Promotion and Preventive Medicine. He has served as a unit Chaplain, a Medical Ethicist, a Confinement Chaplain, and a Resource Manager during his career. He has deployed to Iraq, Saudi Arabia, Panama, Korea, and Cuba. His academic education includes CPE at Walter Reed Army Medical Center, an MA in Medical Ethics from the University of Washington, an MDiv from Golden Gate Baptist Theological Seminary, and a BS from Austin Peay State University. Military education includes the Command and General Staff College and the Combined Arms and Services Staff School. Contact: orman.boyd@us.army.mil

Janet Brodie, R.N., is on the community health nursing faculty at Kennesaw State University, Marietta, GA. She is a nurse practitioner, certified holistic nurse and HeartMath stress-management coach. She is most interested in the relationship between health and spirituality, and is currently preparing to work with a group of pastors to determine whether stress management training will change health outcomes in this group. She is also preparing a pilot study to determine whether stress-management training will affect undergraduate nursing continuation rates, GPA's, and continuation of nursing employment after graduation. Contact: jbrodie@kennesaw.edu

Anita Concia is a junior at Florida International University, premed in biology and religious studies. Anita Concia worked at the University Of Miami School Of Medicine (presently the Miller School of Medicine) in the department of Rheumatology and Immunology as the manager of the division for five years. She attends Florida International University with a 3.2 GPA; a junior with a major in Biology and a minor in Religious Studies. Anita is an active member of AED, Pre-Health Honor Society. Also is a founder of the Pre-Physician's Assistant Club (2003-2004), Orthodox Christian

Fellowship. Anita is a former student of Bible Study Fellowship, also a volunteer for various outreach programs and ministries, as counselor and mentor. She believes that her experiences in the diverse religious and health care settings have inspired her work and studies. She is interested to research the effects of health with the practices of the Eastern Orthodox Christian Church. Contact: Aconc001@fiu.edu.

Brent R. Coyle, M.D. My training is in psychiatry with my first participation in research related to spiritual factors as a new faculty member at Wilford Hall Air Force Medical Center in San Antonio, TX. I have worked with residents examining the role of spiritual conflict in acute psychiatric care as well as wishes and expectations for a spiritual role in psychiatric treatment. While a training director for 9 yrs at East Tennessee State University, my area of academic focus was on this interface of Spirituality and Mental Health. In 2002, I left academics, per se (although I still hold a clinical faculty position) to assume a Medical Director and “hospitalist” role. In the last 4 years, I have been actively developing computerized assessment and intervention tools that have a spiritually inclusive element to them. They are now being adapted to the web (Mytherapysession.com). My current interest is in capturing useful data on the web site as people choose spiritual interventions and incorporate spiritual care elements as a part of their psychotherapeutics. Outcome-based research comparing secular vs. spiritually inclusive care would ultimately be very valuable. Contact: BCoyle@bmnet.com.

Dennis M. Davidson, M.D., Ph.D., M. Div. Educated and trained in engineering (U.S. Naval Academy), medicine (Univ. Michigan), cardiology (Stanford), health psychology (UC Irvine) and religion (Graduate Theological Union, Berkeley), his interest in the health/spirituality interface has been heightened by his service in Vietnam, in mission hospitals in Madagascar, in refugee camps, and in hospitals serving immigrants and the homeless. His doctoral dissertation focused on depressive symptoms and social support in medical and surgical cardiac patients. Current interests include the influence of various spiritual traditions and their related religious practices on multi-factorial assessment of physical and mental health outcomes. Dr. Davidson is now Clinical Professor of Medicine, UC Irvine. Contact: dennismdavidson@aol.com.

J. Scott Dixon, MSW. Scott will complete his course work this coming school year for the PhD. in Social Work from Fordham University in Manhattan, New York. He has a MSW from Temple University and a MA in Theology from Regent University. He has nearly twenty-five years of combined experience working in various aspects of the mental health field and faith-based community development. He is currently a professor in the Social Work Department at Nyack College in Manhattan. His research interests include the effectiveness of spiritually modified mental health interventions and faith-based models of empowerment. He is currently engaged in research regarding the effectiveness of inner healing prayer on emotional distress. Contact: scottdixon2000@hotmail.com

Rev'd. Bob Flanagan. The Rev'd. Bob Flanagan is Associate Rector at St. Matthew's Church in Bedford, New York. He also works as Chaplain at Four Winds Hospital, an acute care, residential psychiatric facility for children and adults. He was trained in hospital chaplaincy at Fletcher-Allen Health Care in Burlington, Vermont. After working 15 years for Northwestern Mutual Life, Bob graduated from the Virginia Theological Seminary (Alexandria) in 2003. He

holds a B.A. from Trinity College (Hartford, CT), where he was captain of the varsity heavyweight crew team. He lives in Bedford with his wife and two children and enjoys writing, movies and fly fishing. Interest is in religious therapeutic writing. Contact:

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Brick Johnstone, Ph.D., is neuropsychologist and a Professor and Chair of the Department of Health Psychology at the University of Missouri-Columbia. He is also the director of the Spirituality and Health project of the MU Center for Religion, the Professions, and the Public (funded by the Pew Charitable Trusts). His research interests include the neuropsychology of spirituality and the use of spirituality/religion to assist persons with chronic disabilities in adjusting to their life-long impairments. Contact: JohnstoneG@health.missouri.edu

Candace Huber, RN, MPH. Director, Center for Community Health Ministry, Florida Hospital. Candace Huber is the Director for The Center for Community Health Ministry and Parish Nurse Institute at Florida Hospital in Orlando, Florida. Previous to this position, Candace worked as a clinician, health educator, and has developed and directed a variety of home health agencies in Maryland and Florida. She received her BSN and MPH from Loma Linda University, in Loma Linda, California. She received her Parish Nurse Preparation and completed a Fellowship in Parish Nursing from Marquette University. Having worked in health ministry for over 30 years, she has been a featured speaker for the Reformed Theological Seminary, Central Florida Health Educators, SDA North American Division Health Ministry Summit, and for the Adventist Health System. Contact: Candace.huber@flhosp.org.

Anne Jenkins, PhD, is at Winston-Salem State University, Department of Occupational Therapy, and is an Assistant Professor. As an occupational therapist for thirty-five years, I realize that my clients need something to give them hope and meaning, in addition to skilled intervention strategies. Five years ago, I lacked instruction to meet the spiritual needs of my clients. This revelation coupled with several personal tragedies compelled me to pursue my ministerial call. With training and experience in occupational therapy and ministry, I feel I can advocate now for spirituality in healthcare management.

Contact: jenkinsa@wssu.edu

Hellena Moon MDiv. Education: B.A. in Political Science (Boston College); Master of Arts in Regional Studies East Asia (Harvard University); Master's of Divinity (Harvard Divinity School). I will be starting a PhD this fall 2006 at Emory University (Graduate Division of Religion). Work Experience: Human rights and women's rights organizations in Berkeley, CA and in Seoul, South Korea. Clinical Pastoral Education units at the Boston Medical Center, Brigham & Women's Hospital, M.D. Anderson Cancer Center, Dana Farber Cancer Institute and Stanford Hospital. Staff chaplain at the Dana Farber Cancer Institute and the University of Chicago Hospital. Currently, I serve on Emory's IRB (Biological Sciences Division) and work as a per diem chaplain at St. Mary's Hospital in Athens, GA. My interests for this research workshop are to learn how to conduct scientific research in spiritual care/spiritual practices among individuals with trauma, terminal illness and those who are marginalized in health care. Contact: hmoon@post.harvard.edu.

Masafumi Nakata is a graduate assistant at Loyola University, Chicago in Pastoral studies. My educational background includes an MA in counseling with strong emphasis on cognitive-behavioral psychotherapy and educational psychology as well. Stemming from educational background, I focus on patient education and learning in my serviced. I am now expanding my counseling background into clinical pastoral care while pursuing an MA in pastoral studies at Loyola University Chicago while working as a graduate assistant. My research interest includes narrative medicine, application of Morita Therapy into clinical pastoral care, and association among spirituality, attitude and quality of life. I am interested both in qualitative and quantitative methods as I strive to find a balance between clinical practicality and scientific validity of my service and research. Contact: route66mn@yahoo.com

Sister Margaret O'Donnell, from Canada, acquired her education spending thirty three years living, working and sharing life with people living with challenges, twenty in a setting with a spiritual foundation, thirteen in a setting with a secular foundation. Recently, she acquired a Masters of Science degree in Pastoral Care and Counselling, in response to the acute and unmet spiritual needs of those entrusted her, stimulating creation of a senior manager's Spiritual Health Committee, two research projects, and further study to see how 'spiritual health' could be advanced as a discipline in training institutions and service delivery systems. Contact: margodonnell@shaw.ca

Jennifer Shepard Payne, LCSW, is a third-year doctoral student at UCLA's School of Social Welfare in Los Angeles, California. Jennifer received a BA in Psychology from UCLA in 1987 and an MSW from California State University, Long Beach in 1992. She has had over fifteen years of clinical and administrative social work experience. Her last professional position was as a Supervising Psychiatric Social Worker with the Los Angeles County Department of Mental Health. Jennifer is a Licensed Clinical Social Worker, an ordained national evangelist with the Pentecostal Assemblies of the World, and the founder/ CEO of a non-profit organization called Direct To God, Inc., which links needy individuals to faith-based social service programs. Jennifer's doctoral degree work includes a desire to engage in faith-based intervention research with oppressed populations, and to obtain expertise in regards to evaluation research of innovative community-based mental health programs. Contact: phoenix2b@yahoo.com.

Ramona Reynolds, MDiv. I am a Clinical Pastoral Education Associate Supervisor at Florida Hospital in Orlando, a 7-campus, 1800 bed hospital system in Central Florida. As a CPE Supervisor I am currently developing a curriculum of pastoral education that is based on Florida Hospital's CREATION Health principles - a whole person health perspective. Florida Hospital has seven CPE Residents who will participate in this curriculum this fall, as well as 55 part-time students who will be exposed to aspects of the curriculum. As a faculty, we are hoping to develop some sort of research or measure as to the effectiveness of this curriculum, to determine any changes in the student's: level of knowledge of the principles, attitudes about whole person health, and behaviors. As well, by making these principles a focus of the curriculum, we will be examining how increased knowledge or awareness in the pastoral care provider may impact the assessment of the patient and the pastoral care offered. My academic background: BA in

Journalism and Marketing; M.Div in Christian Education and Families; Certification as an ACPE, Inc. Associate Supervisor. Contact: ramona.reynolds@flhosp.org

Renee Oscarson, Ph.D. I'm an Associate Professor of Human Development and Family Studies and Coordinator of the Gerontology Minor at South Dakota State University. I was raised on a farm in North Dakota and attended colleges in Minnesota and North Dakota. Following the completion of an M.S., I taught at a tribal college in South Dakota which led to an interest in American Indian health issues. I enjoyed (most of) a doctoral program in Child Development and Family Studies at Purdue University, graduated in 1994, and have been at SDSU for almost eleven years. Contact: renee.oscarson@sdstate.edu

Svetlana Safronova, M.D., psychiatry resident from Wake Forest University, I have had an interest in the subject of religion, spirituality and health for a very long time. I also have a good familiarity with world religions and their philosophy as my hobby. Contact: ssafrono@wfubmc.edu.

Zulema E. Suarez, M.S.W., Ph.D., has an M.S.W from New York University School of Social Work and a doctorate in clinical practice and public policy from The University of Chicago School of Social Service Administration. Dr. Suarez has extensive teaching and clinical experience. She has published in the areas of access to health care among Hispanic populations, natural helping-networks, and culturally diverse and spiritually-sensitive practice. Her current interests include: spiritual and religious coping of minority women, psychosocial and spiritual pathways to health and mental health, the impact of meditation on health and mental health outcomes, post-traumatic growth, and forgiveness. She anticipates further exploring some of these topics through qualitative and quantitative research methods. Contact: suarez2@adelphi.edu

Anne Tree, BSc. Cert. Ed., B. Phil. (Education), MAT, is academic research assistant to the President, Fuller Theological Seminary. I currently work for the President of Fuller Seminary as his Research Assistant. I hold a Masters in Theology, BSc. in Biological Sciences, BPhil in Education and a Certificate in Education. My career has centered on teaching, research and hospice chaplaincy. For most of my life I have lived in the UK where I was born and came to the U.S in 1999 for graduate school. My research interests include Pediatric Palliative Care, Medical and Theological Education, the relationships between "disorientation" and depression in minority populations among seminary students, Congregational health and the theology of Disability. Contact: atree@fuller.edu.

Kate White, MD, graduated from UNC School of Medicine 1993, initially training in Radiation Oncology, later entering IM training. When serious illness intervened, I left residency to tend to my health. I completed four years of cloistered Tibetan Buddhist spiritual retreat in 9/2004. Post retreat I directed a hospice in rural Appalachia, taught Palliative/Spiritual Medicine to medical and nursing students, and attended the Harvard Program in Palliative Medicine and Education. Research interests: role of the subjective in symptom control, using spiritual practice as intervention; consciousness in the developing fetus; spiritual needs of seriously ill children; medical education. Currently applying for Psychiatry residency. Contact: dharmadoctor@yahoo.com